

# 2017 SELWYN COMMUNITY EDUCATION

*Something for Everyone*

*High quality, low cost courses in*

- Accounting & Money
- Art & Craft
- Children & Teens
- Computer Skills
- Cooking
- ESOL - English
- Health, Well-being & Fitness
- History, Architecture & Society
- Home, Garden & DIY
- Interior Design & Textiles
- Languages & Travel
- Music, Dance & Drama
- Personal Development
- Photography
- Tours & Walks
- Writing

*Join Us!*



[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

# 2017 SELWYN COMMUNITY EDUCATION

The Selwyn Community Education Team:

**Anne Cave** (Director) - **Helen Carroll** - **Mandy Beezley**

Night Supervisors: **Vera Hawkins** and **Rachel Kann**

We welcome you to our 2017 programme  
and look forward to having you join us this year.

## 3 Easy Ways to Enrol

Please Note: Your place is secured only once payment is received. **Enrol early to ensure your place – Don't miss out!**

### 1 ONLINE

Visit our website with secure  
DPS online enrolment option  
and email receipting.  
[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)  
Visa / Mastercard  
or by bank transfer.



### 2 PHONE

Telephone **521 9623** with course  
details and Visa or Mastercard,  
or ask for our account number  
for direct deposit via  
internet banking.



### 3 IN PERSON

Our office is at Selwyn College:  
**203 Kohimarama Road,  
Kohimarama.**  
Payment options: cash,  
cheque, eftpos, Visa  
or Mastercard.



STAY UP TO DATE!



203 Kohimarama Road, Kohimarama

Phone: 09 521 9623 Email: [info@selwyncomed.school.nz](mailto:info@selwyncomed.school.nz)

[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

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Check out the latest additions and updates at  
[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

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Can't find what you're looking for here?

Tell us! We're always open to suggestions.



# THINK Talks!

Our very popular Think Talks continue in 2017 with a series of talks given by specially invited speakers.

Called on to be fresh, riveting and original, these speakers will ignite your curiosity and challenge your perspective on matters of substance, before responding to your comments and questions from the floor.

With a similar format to the ground-breaking TED Talks, this series is sure to spark some crisp debate.



For more information on the speakers please visit our website.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



Sign up for our newsletter at: [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

Announcements of speakers and dates will be posted as soon as they have been confirmed.

## WE NEED ART, BUT WHAT FOR?

| Professor Brian Boyd – The University of Auckland

Why do humans create and appreciate art? Has art played a role in the biological survival of our species? Brian will discuss these questions posed at The Museum of Old and New Art in Hobart (often called the most interesting art museum in the world) in 2016.

| Tuesday | 21 February | 7:30pm – 8:30pm | Selwyn College Library

► Registration essential, at [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz) ● Gold Coin entrance fee on arrival

## WHITE-COLLAR AND BLUE-COLLAR FINANCIAL CRIME IN NZ

| Dr Lisa Marriott – Victoria University of Wellington.

Lisa Marriott will report on research findings showing that individuals in New Zealand are likely to receive different treatments in the justice system depending on whether their crime is 'white-collar' or 'blue-collar'. The presentation will also report on a range of other situations where individuals who have fewer resources will be treated more harshly than those who have greater resources.

| Tuesday | 14 March | 7:30pm – 8:30pm | Selwyn College Library

► Registration essential, at [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz) ● Gold Coin entrance fee on arrival

## THE LAND OF MILK AND HONEY?

| Dr Avril Bell – The University of Auckland.

While New Zealand was once considered a 'land of milk and honey', after more than thirty years of neoliberalism many in our society are excluded from opportunities to live well. This talk will focus on some of the key arguments about social inequalities presented in a new collection of papers written by many of the country's leading social scientists – *A Land of Milk and Honey? Making Sense of Aotearoa New Zealand*.

| Tuesday | 11 April | 7:30pm – 8:30pm | Selwyn College Library

► Registration essential, at [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz) ● Gold Coin entrance fee on arrival



## ANATOMY OF THE MINDFUL BRAIN

| Eileen Luders – Associate Professor, UCLA School of Medicine, USA

Dr. Luders will first introduce the phenomenon of neuroplasticity, the brain's remarkable capacity to adapt and change in response to internal or external demands. Then she will demonstrate how the study of mindfulness fits into this field of research. More specifically, she will present outcomes from an ongoing science project designed to analyse brain features in long-term meditation practitioners.

| Date TBA - See website for updates | 7:30pm – 8:30pm | Selwyn College Library

► Registration essential, at [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz) 🟡 Gold Coin entrance fee on arrival

## OBESITY AND POLICY – WHAT WORKS?

| Dr Martin Wilkinson – Associate Professor The University of Auckland.

Is it bad for people to be fat? Would policies to reduce obesity rates make people better off? This talk will give some surprising philosophical reasons for the answer 'maybe not'.

| Tuesday | 20 June | 7:30pm – 8:30pm | Selwyn College Library

► Registration essential, at [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz) 🟡 Gold Coin entrance fee on arrival

## COMMUNIST CHINA IN A WORLD OF DEMOCRACIES

| Dr Stephen Noakes – Lecturer, The University of Auckland.

This talk explores how one-party rule persists in China despite mounting pressure for reform from both international and domestic sources. Taking the 1989 Tiananmen Square uprising as its starting point, it examines how institutional and ideological innovations by successive generations of communist party leadership forestall systematic collapse (as in the case of the Soviet Union), and work to protect and preserve the non-democratic status quo.

| Tuesday | 25 July | 7:30pm – 8:30pm | Selwyn College Library

► Registration essential, at [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz) 🟡 Gold Coin entrance fee on arrival

## THE TRUTH ABOUT LANGUAGE

| Professor Michael Corballis – Emeritus Professor, The University of Auckland.

From the Bible to Chomsky, it has been argued that language is unique to humans, and emerged in a single miraculous step. This is contrary to Darwin's theory of evolution. I will argue instead for a naturalistic account, based on the gradual evolution of such faculties as mental time travel and empathy, and on the development of expression through bodily gestures.

| Tuesday | 22 August | 7:30pm – 9:30pm | Selwyn College Library

► Registration essential, at [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz) 🟡 Gold Coin entrance fee on arrival

## ETHICAL CLOTHING

| Associate Professor Niki Harre – The University of Auckland.

There are considerable human and environmental costs associated with producing clothes. These include the poor conditions and low wages of garment workers and the pollution caused by the manufacture and disposal of clothes. This talk will discuss two sides to Western consumption. Firstly, why it is that new clothes are considered an essential identity statement to so many people, and secondly, why we ignore the considerable damage caused by the abundant and cheap clothes that fill our stores. Ethical eating and sustainable transport are regular topics of conversation – it is time to get talking about wearing clothes that promote human and ecological flourishing.

| Tuesday | 19 September | 7:30pm – 8:30pm | Selwyn College Library

► Registration essential, at [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz) 🟡 Gold Coin entrance fee on arrival

## POLITICAL GAMES: QUESTIONS, ANSWERS AND THE POWER STRUGGLES BETWEEN JOURNALISTS AND POLITICIANS

| Professor Geoffrey Craig –  
Director of Research at the School of Communication Studies, Auckland University of Technology.

This talk will examine the power struggles that occur between politicians and journalists in interrogative exchanges. It will discuss the nature of contemporary political performance and consider the functions of political journalism. Examples will be drawn from the 2017 New Zealand election campaign.

| Tuesday | 31 October | 7:30pm – 8:30pm | Selwyn College Library

► Registration essential, at [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz) 🟡 Gold Coin entrance fee on arrival

## AUCKLAND MEDICAL RESEARCH FOUNDATION PRESENTS A CURRENT TOPIC IN MEDICAL RESEARCH

| Please check our website closer to November for the allocated speaker.

We will be sharing our research benefits and breakthroughs in this talk by hosting a researcher who has recently been successful in our highly competitive funding round. They will describe the clinical impact of their research, the nature of contestable funding in their work, and how their research leads to human health benefits.

| Tuesday | 14 November | 7:30pm – 8:30pm | Selwyn College Library

► Registration essential, at [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz) 🟡 Gold Coin entrance fee on arrival



# Accounting & Money

## Learn how to manage your money and finances more effectively

Are you a small business owner or someone who wants to manage your own finances and reduce your reliance on an accountant?

Perhaps you'd like to become an entrepreneur and start your own business? Sign up for one of our Accounting or Money courses and get the basics covered first.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

## Accounting – The Balance Sheet Explained

| Price: \$65 | Tutor: Bill Ferguson

Find out what the Balance Sheet and Profit and Loss tell the owner, banker and investor. Learn how to unlock key business information and use it to your advantage. Understand the signals and their consequences.

| Tuesday | 6 June | 7:00pm - 9:00pm | 3 week course

## Accounting – The Basics

| Price: \$96 | Tutor: Bill Ferguson

Understanding accounting concepts will help you successfully read, create and comprehend financial reporting. You will gain useful practical knowledge of accounting principles and methods. Prior accounting knowledge is not required.

| Tuesday | 14 March | 7:00pm - 9:00pm | 4 week course  
| Tuesday | 24 October | 7:00pm - 9:00pm | 4 week course

## Creating Your Future – Life and Work After 50 (Day)

**NEW!**

| See Personal Development – Page 95

## How to be Found on the Internet

| See Computer Skills – Page 30

## How to Make More Money – Think Like an Entrepreneur

| Price: \$94 | Tutor: Sam Airy

Learn how to start or buy a business and make it make you lots of money! Discover the skills of becoming an entrepreneur. This course will cover many aspects of business, including how to: choose a business; get started; build your business to profitability; market and promote your service or product; keep records, and work with your accountant.

| Monday | 20 February | 7:00pm - 9:00pm | 8 week course  
| Monday | 8 May | 7:00pm - 9:00pm | 8 week course  
| Monday | 7 August | 7:00pm - 9:00pm | 8 week course  
| Monday | 16 October | 7:00pm - 9:00pm | 8 week course



## How to Master Saving & Budgeting

**NEW!**

| Price: \$89 | Tutor: Andrea Jewett

There are two major principles for building wealth: budgeting and saving. This course has been specially designed with tried and true methods to show you how to make a budget that actually works and one you can naturally stick to. Find out how you can implement a new savings regime that will be tailored to your lifestyle and goals, regardless of the economic forecast.

| Tuesday | 16 May | 7:00pm - 8:30pm | 6 week course

## How to Start an Online Business

| See Computer Skills – Page 30

## Microsoft Excel – Beginners / Intermediate / Advanced

| See Computer Skills – Page 31

## Planning a Financial Future

**NEW!**

| Price: \$98 | Tutor: Dylan Mann

The rules for successful wealth creation start with cashflow security but also follow basic economic rules that are easy to learn. In this course we will consider issues such as tax structures, investments, KiwiSaver, estate planning, risk and reward, shares and property. You will leave the course knowing how to make informed financial decisions.

| Wednesday | 8 March | 7:00pm - 8:30pm | 6 week course

## Retirement Basics – Planning to Stop Work Sooner

**NEW!**

| Price: \$49 | Tutor: Dylan Mann

Retirement is choosing to stop work because we want to, not because we have to. This course is designed to give you the knowledge and exposure to the different options with a licensed financial adviser skilled in retirement planning.

| Tuesday | 15 August | 7:00pm - 8:30pm | 3 week course

## WordPress Bootcamp

| See Computer Skills – Page 33

## Xero: Web-based Accounting

| See Computer Skills – Page 33



# Art & Craft

## Enjoy expressing yourself through art and craft-making skills

Experience the fun and satisfaction of seeing your creative flair take shape, whether with paint, paper, fabric, beads or even driftwood.

Discover dozens of ways to express yourself while creating something beautiful.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)





# Painting



## Abstract Painting For Beginners

NEW!

| Price: \$107 | Tutor: Anton Chapman |  Bring your own materials

Would you like to explore abstract painting and develop your creative skills? Join Anton and build your confidence to use paint as an extension of your own creative process.

| Tuesday | 16 May | 7:00pm - 9:00pm | 6 week course

## Art Studio with Marjorie (Day)

| Price: \$262 | Tutor: Marjorie MacLean |  Bring your own materials

This art studio is held at the **Orakei Community Centre**. It is the perfect opportunity to pursue your art practice under the expert guidance of artist Marjorie MacLean. Experienced and beginner artists are welcome. Just bring your materials and enjoy the opportunity to get some one-on-one encouragement.

Monday	27 February	12:30pm - 3:30pm	7 week course
Monday	15 May	12:30pm - 3:30pm	7 week course
Monday	7 August	12:30pm - 3:30pm	7 week course
Monday	30 October	12:30pm - 3:30pm	7 week course

## Botanical Drawing and Painting (Weekend)

| Price: \$205 | Tutor: Sandra Morris |  Bring your own materials

Love plants? Have a favourite you'd like to sketch? This workshop is an introduction to plant illustrations and is ideal for anyone interested in drawing and painting the botanical world. Held at Selwyn College.

| Sat, Sun | 17 June | 9:00am - 4:00pm | 2 day course

## Botanical Drawing and Painting at the Auckland Botanic Gardens (Weekend)

| Price: \$215 | Tutor: Sandra Morris |  Bring your own materials

This workshop is an introduction to plant illustrations and is ideal for anyone interested in drawing and painting the botanical world. The workshop will be held at the Auckland Botanic Gardens in Manurewa.

| Sat, Sun | 4 November | 10:00am - 4:00pm | 2 day course

## Brush Calligraphy for Beginners

NEW!

| Price: \$83\* | Tutor: Pedro Marques |  \*Includes Materials

Are you a card maker, a type-lover or do you want to learn a new creative skill? Come and learn about the correct tools, brushes and inks and leave being able to create beautiful compositions with hand-made letters.

| Wednesday | 22 March | 7:00pm - 9:00pm | 4 week course

## Painting with Acrylics – Beginners

| Price: \$107 | Tutor: Anton Chapman |  Bring your own materials

Have fun discovering your artistic talents. This practical course is for both painters with little or no experience and those with some experience. You will gain confidence in painting with acrylic paints and extend your practice.

| Tuesday | 8 August | 7:00pm - 9:00pm | 6 week course

## Painting with Acrylics – Next Steps

| Price: \$107 | Tutor: Anton Chapman |  Bring your own materials



Extend your acrylic painting practice.

Tuesday	21 February	7:00pm - 9:00pm	6 week course
Tuesday	31 October	7:00pm - 9:00pm	6 week course

## Painting for Beginners – with Acrylics (Weekend)

NEW!

| Price: \$75 | Tutor: Anton Chapman |  Bring your own materials

Join Anton Chapman for an introduction to this fun medium, and get the confidence to start dabbling at home.

| Saturday | 1 April | 10:00am - 4:00pm | 1 session





## Painting in Oils and Acrylics (Weekend)

| Price: \$75 | Tutor: Marjorie MacLean |  Bring your own materials

Uncover painting possibilities: develop your skills with creative exercises designed to increase your knowledge of colour, tone, scale and composition.

Saturday	17 June	10:00am - 4:00pm	1 session
Saturday	4 November	10:00am - 4:00pm	1 session

## Painting with Watercolours – Beginners

| Price: \$128 | Tutor: Grant Waugh |  Bring your own materials

Discover the amazing qualities of painting with watercolours with experienced artist, Grant Waugh.

Monday	20 February	7:00pm - 9:00pm	8 week course
Monday	7 August	7:00pm - 9:00pm	8 week course

## Painting with Watercolours – Next Steps

| Price: \$107 | Tutor: Grant Waugh |  Bring your own materials 

For those that have some watercolour experience or have attended the beginners class. This course will take you to the next level.

Monday	8 May	7:00pm - 9:00pm	6 week course
Monday	16 October	7:00pm - 9:00pm	6 week course

## Painting with Watercolours – Workshop (Weekend)

| Price: \$75 | Tutor: Grant Waugh |  Bring your own materials or buy from the tutor

Learn the basics to begin your journey into watercolours. Beginners and experienced watercolour painters will walk away with a completed painting.

Sunday	3 September	10:00am - 4:00pm	1 session
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# Other Art Courses

## Art Gallery Tours (Day)

| See Tours & Walks – Page 103

## Art-Making for Children

| See Children & Teens – Page 23

## Beautiful Beaded Jewellery

**NEW!**

| Price: \$95 | Tutor: Kathy Skellern |  Materials included.  Some tools required.

Beaded jewellery makes wonderful and very personal gifts for friends and family. This course will teach you the basics of beading and you will leave with a beautiful creation of your own.

Sunday	18 June	10:00am - 4:00pm	1 session
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## Celebrate Christmas with Flowers (Weekend)

| Price: \$90\* | Tutor: Kerry Mitchell |  \*Price includes \$20 materials fee

Create floral arrangements to decorate your home and to help celebrate the festive season. In this one-day course you will learn to make gorgeous wreaths and table displays using both traditional and contemporary techniques. Fresh flowers and accessories provided.

Sunday	5 November	10:00am - 3:00pm	1 session
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## Ceramic Jewellery (Weekend)

**NEW!**

| Price: \$135 | Tutor: Kate McLean |  \*Price includes \$25 materials fee 

Come along and create your own tiny artworks. Turn them into brooches or necklaces using Japanese tissue transfers for decoration or use your own personal designs.

Saturday	17 + 24 June	10:00am - 4:00pm + 10:00am - 1:00pm	2 week course
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This programme will be constantly reviewed and amended during the year. Please check our website for latest updates.

[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



## Children's Book Illustration – Character Development (Weekend)

| Price: \$249 | Tutor: Sandra Morris  Bring your own materials

Have you got an idea for a storybook character? Discover techniques to create and develop your very own storybook characters. Learn the process of illustrating, developing and producing a children's picture book.

Sat, Sun	1 April	9:00am - 5:00pm	2 day course
Sat, Sun	2 September	9:00am - 5:00pm	2 day course

## Children's Book Illustration – Storyboarding and Making a Dummy Book (Weekend) NEW!

| Price: \$220 | Tutor: Sandra Morris  Bring your own materials 

A follow-on course for those who have attended Children's Book Illustration – Character Development or those who have a picture story book (original or borrowed) to work with.

Sat, Sun	18 November	9:30am - 4:30pm	2 day course
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## Contemporary & Abstract Drawing NEW!

| Price: \$128 | Tutor: Kathryn Tulloch  Bring your own materials

This course is for people who are interested in drawing and want to experiment beyond realism. It will introduce ideas and methods employed by contemporary artists in an accessible and practical way with a focus on the process rather than on the final work.

Tuesday	14 February	6:15pm - 8:15pm	8 week course
Tuesday	1 August	6:15pm - 8:15pm	8 week course

## Decoupage NEW!

| Price: \$79 | Tutor: Lynn Walters  \*Price includes \$35 materials fee

Decoupage is a versatile craft that allows you to decorate almost any surface with paper, card or magazine cutouts. Come along and with expert guidance, gorgeous printed tissue and glue you can decoupage your own tray. All materials are provided.

Sunday	2 April	9:00am - 12:30pm	1 session
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## Demystifying Modern Art NEW!

| Price: \$52 | Tutor: Andrew Rankin

Confused by modern art? Do you wonder why a few lines or circles can be interpreted as art and feel as though you are missing out on something? Join Andrew Rankin as he helps you understand the language of contemporary art.

Saturday	17 June	10:00am - 2:00pm	1 session
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## Discover a World of Art and Travel

NEW!

| See Languages & Travel – Page 87

## Drawing for Beginners

| Price: \$128 | Tutor: Kathryn Tulloch  Bring your own materials

A practical course designed to give you the basic skills of drawing in a positive and encouraging environment. No experience necessary!

Monday	13 February	6:30pm - 8:30pm	8 week course
Monday	31 July	6:30pm - 8:30pm	8 week course

## Drawing for Beginners (Weekend) NEW!

| Price: \$75 | Tutor: Kathryn Tulloch  Bring your own materials

A practical course designed to give you the basic skills of drawing in a positive and encouraging environment. No experience necessary!

Saturday	1 April	10:00am - 4:00pm	1 session
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## Drawing for Beginners – Next Steps (Weekend) NEW!

| Price: \$128 | Tutor: Kathryn Tulloch  Bring your own materials

Build on skills learned in the beginners course to develop a deeper set of drawing skills.

Tuesday	9 May	6:30pm - 8:30pm	8 week course
Tuesday	17 October	6:30pm - 8:30pm	8 week course





## Fun with Floral Design (Weekend)

Price: \$95\* | Tutor: Kerry Mitchell  \*Price includes \$20 materials fee

Learn the basics of floristry with a special arrangement using oasis foam. The design will be made with fresh seasonal flowers and participants will be able to take home their creation!

Sunday	2 April	10:00am - 4:00pm	1 session
Sunday	18 June	10:00am - 4:00pm	1 session
Sunday	3 September	10:00am - 4:00pm	1 session

## Gibbs Sculpture Farm Visit (Day)

See Tours & Walks – Page 104

## Gorgeous Gift Wrapping (Weekend)

Price: \$53\* | Tutor: Sarah Thorne  \*Price includes materials

Come and learn from a professional stylist how to turn your gifts into works of art. Discover the latest wrapping techniques using fabric squares which are environmentally friendly, how to tie the perfect bow and how to wrap unusually shaped presents.

Saturday	17 June	10:00am - 12:30pm	1 session
Sunday	5 November	10:00am - 12:30pm	1 session

## Graphic Design – Beginners

Price: \$128 | Tutor: Ben Hillless 

Know the basics of InDesign and Photoshop but want to take your skills to the next level and expand your creativity? Come and learn from a professional graphic designer and get the inspiration you need for your next project.

Tuesday	8 August	7:00pm - 9:00pm	4 week course
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## Introduction to Digital Textile Design (Weekend)

NEW!

See Interior Design & Textiles – Page 76

## Making Soap (Weekend)

NEW!

See Home, Garden & DIY – Page 72

## Mexican Hair Decorations

NEW!

Price: \$90\* | Tutor: Silvia Gomez-Tineda  \*Price includes \$12 materials fee

Love the colourful Frida Kahlo look? Want to learn to make your own floral headbands? Join Silvia and let her teach you some of the secrets of making these gorgeous head pieces. Designed for adults but younger students welcome with a parent.



Saturday	4 November	10:00am - 4:00pm	1 session
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## Mosaics (Weekend)

Price: \$150 | Tutor: Barbara Mahoney  Bring your own materials

Everyone has a creative side. Unleash yours and be proud of what you can achieve with colour and your own imagination. You don't need to be artistic – your individuality will shine through by your own use of colour and materials, e.g. tiles, broken crockery, shells, glass or decorative stones. Turn an ugly object into something beautiful. Create a unique piece for your garden or patio.

Sat, Sun	17 June	10:00am - 4:00pm	2 day course
Sat, Sun	4 November	10:00am - 4:00pm	2 day course

## Pottery

Price: \$189 | Tutor: Matt McLean  \*Price includes \$75 materials fee 

Have you ever wanted to work with clay, but not known where to start? Come and learn a range of skills that you can adapt to help fulfil your creative ideas. Whether functional pottery or sculptural ceramics is your thing, there's plenty here for you! Now an eight-week course due to popular demand. Clay and firing included.

Tuesday	14 February	7:00pm - 9:00pm	8 week course
Tuesday	9 May	7:00pm - 9:00pm	8 week course
Tuesday	1 August	7:00pm - 9:00pm	8 week course
Tuesday	17 October	7:00pm - 9:00pm	8 week course
Wednesday	15 February	7:00pm - 9:00pm	8 week course
Wednesday	10 May	7:00pm - 9:00pm	8 week course
Wednesday	2 August	7:00pm - 9:00pm	8 week course
Wednesday	18 October	7:00pm - 9:00pm	8 week course



## Pottery Intensive (Weekend)

| Price: \$175 | Tutor: Matt McLean |  \*Price includes \$60 materials fee | 

In this weekend course you will be introduced to the exciting possibilities of working with clay. Join master potter Matt McLean and spend a weekend indulging your creativity.

Sat, Sun	1 April	10:00am - 4:00pm	2 day course
Sat, Sun	17 June	10:00am - 4:00pm	2 day course
Sat, Sun	2 September	10:00am - 4:00pm	2 day course
Sat, Sun	4 November	10:00am - 4:00pm	2 day course

## Sculptures and Murals in the Central City

**NEW!**

| See Tours & Walks – Page 104

## Secrets of Italian Architecture (Day and Evening)

| See History, Architecture & Society – Page 67

## Sketching Animals at the Zoo (Weekend)

| Price: \$151 | Tutor: Sandra Morris |  \*Price includes zoo admittance |  Bring your own art materials

Would you like to learn the skills to draw wildlife? Here is a unique opportunity to spend a day at the zoo with experienced wildlife illustrator, Sandra Morris.

Saturday	2 December	9:30am - 4:00pm	1 session
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## Soft Stone Sculpture (Weekend)

| Price: \$130 | Tutor: Gillian Elmslie |  \*Price includes materials | 

Create your own masterpiece to enhance your garden or interior spaces. The soft stone sculpture is one of the most accessible mediums to work with as ideas can be quickly realised and easily modified.

Saturday	1 April	11:00am - 4:00pm	1 session
Saturday	2 September	11:00am - 4:00pm	1 session

## Talking About Art – at the Auckland Art Gallery (Weekend)

| Price: \$79 | Tutor: Charlotte Maguire

Would you like to be able to talk about art? Join Charlotte at the Auckland Art Gallery to learn the tools to study artworks, break them down into object, subject and context, and build both analytical and creative dialogue around these understandings. You will look at a range of key NZ artworks and how ideas have changed over time.

Sunday	28 May	10:00am - 4:00pm	1 session
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## The Art of Paper Collage – Chine Collé (Weekend)

**NEW!**

| Price: \$85 | Tutor: Nuala Gregory |  \*Price includes \$20 materials fee

Collage is a forgiving, quick and effective form of art-making that allows you to create your own images from a variety of sources. Chine collé is a very old form of collage using paper materials, which came to prominence again in modern art via artists such as Matisse and his celebrated use of paper cut-outs. You will learn to assemble unique collaged artworks in your preferred genre and to a theme of your own choosing.

Saturday	2 September	10:00am - 4:00pm	1 session
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## The Great Italian Artists

| See History, Architecture & Society – Page 68

## THINK Talks! We Need Art But What For?

| See Think Talks! – Page 5

## Weaving Beautiful Baskets (Weekend)

**NEW!**

| Price: \$230 | Tutor: Nicola Basham |  \*Price includes \$50 materials fee | 

Have fun making natural baskets using cane, bark, driftwood and seagrass. You'll learn to work with a variety of materials and weave them into practical containers. You will need to bring some tools and materials for this course.

Sat, Sun	17 June	9:30am - 4:30pm	2 day course
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## West Auckland Art Tour

**NEW!**

| See Tours & Walks – Page 104





# Children & Teens

Let your children explore exciting ways to engage with the world – indoors and out

Our courses encourage children and teens to harness their creativity and extend their talents in a challenging, non-competitive environment. They'll be able to explore music, dance, art and cooking through a range of interesting workshops.



A variety of exciting **school-holiday classes** will be available during the year. Please visit our website to find out more.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



# After School



## Art-Making for Children

Price: \$195\* | Tutor: Kathryn Tulloch



\*Price includes all materials

A creative, open-ended class focused on experimenting with different art-making processes – all the while having loads of fun! Class numbers limited to 12 students.

Monday	20 February	3:45pm - 5:45pm	8 week course
Monday	8 May	3:45pm - 5:45pm	8 week course
Monday	7 August	3:45pm - 5:45pm	8 week course
Monday	16 October	3:45pm - 5:45pm	8 week course

## Beginners' Drama – for Children 8-10 Years

Price: \$152 | Tutor: June Renwick

This is a wonderful opportunity for children to be introduced to the elements of acting by a highly experienced drama teacher.

Wednesday	15 February	3:30pm - 5:30pm	8 week course
Wednesday	10 May	3:30pm - 5:30pm	8 week course
Wednesday	2 August	3:30pm - 5:30pm	8 week course
Wednesday	18 October	3:30pm - 5:30pm	8 week course

## Drama Production – for Children 9-12 Years – Level 1

Price: \$152 | Tutor: June Renwick

Following on from our popular Beginners course, Drama Production Level 1 is for those children who want to expand their acting skills.

Thursday	16 February	3:30pm - 5:30pm	8 week course
Thursday	11 May	3:30pm - 5:30pm	8 week course
Thursday	3 August	3:30pm - 5:30pm	8 week course
Thursday	19 October	3:30pm - 5:30pm	8 week course

## Drama Production – for Children 9-12 Years – Level 2

Price: \$152 | Tutor: June Renwick

Following on from Drama Production Level 1, this Level 2 course is the next stage for those children who want to expand their acting skills and are ready to move up.

Friday	17 February	3:30pm - 5:30pm	8 week course
Friday	12 May	3:30pm - 5:30pm	8 week course
Friday	4 August	3:30pm - 5:30pm	8 week course
Friday	20 October	3:30pm - 5:30pm	8 week course



## Drama: Audition Strategies – for Children 9-16 Years

**NEW!**

| Price: \$90 | Tutor: June Renwick

This course is for aspiring young actors who have talent, passion and discipline and want to learn the skills to get that part in a production or even an advertisement!

| Tuesday | 21 March | 3:45pm - 6:45pm | 3 week course

## Piano Keyboards – Beginners – for Children 8+ Years

| Price: \$138 | Tutor: Sriyani Peiris

Learn to read music and play keyboards in 30-minute small group sessions.

Monday	13 February	4:30pm - 5:00pm	16 week course
Monday	31 July	4:30pm - 5:00pm	16 week course

## Piano Keyboards – Advanced – for Children 8+ Years

| Price: \$76 | Tutor: Sriyani Peiris

Practice reading music and playing keyboards in 30-minute small group sessions.

Monday	13 February	8 week course	5:00pm - 5:30pm or 5:30pm - 6:00pm
Monday	8 May	8 week course	5:00pm - 5:30pm or 5:30pm - 6:00pm
Monday	31 July	8 week course	5:00pm - 5:30pm or 5:30pm - 6:00pm
Monday	16 October	8 week course	5:00pm - 5:30pm or 5:30pm - 6:00pm

## Yoga – for Children 6-10 Years

| Price: \$92 | Tutor: Lekshe Chodron

Fun classes using story and adventure to support learning through imitating, playing and singing.

Wednesday	15 February	4:00pm - 5:00pm	8 week course
Wednesday	18 October	4:00pm - 5:00pm	8 week course

## Yoga – for Children 6-10 Years (Weekend)

**NEW!**

| Price: \$25 | Tutor: Lekshe Chodron

Fun classes using story telling to introduce children to the delights of yoga.

Saturday	17 June	10:00am - 12:00pm	1 session
Saturday	2 September	10:00am - 12:00pm	1 session



# School Holidays



## Aspiring Young Bakers – for Children 8-12 Years

| Price: \$125\* | Tutor: June Renwick



\*Price includes \$12 ingredients fee



The focus of this course is on baking. While making squares, cakes and muffins the young chefs will learn all about kitchen and food safety, reading recipes, measuring and using electric kitchen appliances – and of course cleaning up!

| Thur, Fri | 5-6 October | 9:00am - 1:30pm | 2 day course

## Aspiring Young Cooks – for Children 8-12 Years – Course 1

| Price: \$125\* | Tutor: TBA



\*Price includes \$12 ingredients fee



This school holiday course will give young students the opportunity to learn cooking skills in a fun and safe environment. While learning to cook a range of healthy meals, they will also learn about nutrition, presentation, knife skills and of course cleaning up!

Tue, Wed	18 April	9:00am - 1:30pm	2 day course
Tue, Wed	11 July	9:00am - 1:30pm	2 day course
Tue, Wed	3 October	9:00am - 1:30pm	2 day course

## Aspiring Young Cooks – for Children 8-12 Years – Course 2

| Price: \$125\* | Tutor: TBA



\*Price includes ingredients fee



The second in the series of school holiday cooking courses will give young students the opportunity to build on skills acquired in the first course.

Wed, Thur	26 April	9:00am - 1:30pm	2 day course
Tue, Wed	18 July	9:00am - 1:30pm	2 day course
Tue, Wed	10 October	9:00am - 1:30pm	2 day course

## Coding and Programming – for Children 8-11 Years

**NEW!**

| Price: \$69\* | Tutor: Melvin Din



\*Price includes all materials

Ever played Mario on Play-Doh or piano on bananas? Alligator clip the internet to your world using Makey Makey, an innovative electronic circuit board which replaces the conventional computer keyboard.

| Wednesday | 4 October | 10:00am - 4:00pm | 1 session





## Come Fly With Me – Making Magical Wings

NEW!

| Price: \$68\* | Tutor: Charlotte Maguire |  \*Price includes all materials

Let's explore wings and their amazingly intricate patterns and shapes! Working in the style of artist Kelsey Montague, let's create our own personalised wings in white on black-painted MDF. And finally, we will experiment with photographing ourselves with our pair of wings. Up, up and away, come fly with me whatever you want to be! For children aged 6-12.

| Friday | 21 April | 9:00am - 3:00pm | 1 session

## Creative Woodwork and Electronics

NEW!

| Price: \$69\* | Tutor: Melvin Din |  \*Price includes all materials

Love electronics? Come along and learn how to use wood and electronics to make models. Parents or grandparents are welcome to come along as well. For children aged 8-11.

| Wednesday | 26 April | 10:00am - 4:00pm | 1 session

## Flight and Rocketry

| Price: \$75\* | Tutor: Melvin Din |  \*Price includes all materials

Love rockets? Come and make a parachute than can land an egg from a tall building, make a model aeroplane and launch an air-powered rocket. For children aged 8-11, and parents or grandparents are welcome too.

| Wednesday | 19 July | 10:00am - 4:00pm | 1 session

## Hair Styling – for Children 7-12 Years

| Price: \$45 | Tutor: Karyn Nola-Job |  \*Price includes accessories

Learn to do different hair styles at home using clips, braids, ribbons and elastics.

| Friday | 21 April | 10:00am - 12:00pm | 1 session  
| Friday | 6 October | 10:00am - 12:00pm | 1 session

## Interactive Robotic Challenge

NEW!

| Price: \$69 | Tutor: Melvin Din

Join us to assemble a 60cm tall meccanoid G15 robot from scratch. We will programme it with a mobile phone or an iPad and it will move and dance through learned intelligence. For children aged 8-11, and parents or grandparents are welcome too.

| Wednesday | 12 July | 10:00am - 4:00pm | 1 session

## Inventions for Climate Change

NEW!

| Price: \$68\* | Tutor: Charlotte Maguire |  \*Price includes all materials

Learn about climate change, the impact it has on people and place, and how artists are making artwork about this. Together we will use materials and imagery to create inventions that present solutions to climate change. For children aged 6-12.

| Thursday | 20 July | 9:00am - 3:00pm | 1 session

## Make Your Own Toy Box

NEW!

| Price: \$68\* | Tutor: Anthony Rima, Charlotte Maguire |  \*Price includes all materials

Come along and make your very own wooden toy box. Not only will you complete the construction, but you will also be able to paint it and decorate it. For children aged 8-12. All materials will be supplied courtesy of Bunnings Warehouse.

| Thursday | 27 April | 9:00am - 3:30pm | 1 session  
| Friday | 21 July | 9:00am - 3:30pm | 1 session

## Making Models Through Problem Solving

NEW!

| Price: \$75\* | Tutor: Melvin Din |  \*Price includes all materials

Choose from either a model boat, a racing car, wind craft, telescope or create your own unique construction and learn to make it move. For children aged 8-11.

| Wednesday | 11 October | 10:00am - 4:00pm | 1 session

## Making Polymer Clay Miniatures

| Price: \$68\* | Tutor: Charlotte Maguire |  \*Price includes all materials

Learn to make fun polymer clay miniatures. Will you make a Pokémon character? Delicious donuts? Figurines? Minions from Despicable Me? A garden or a cactus collection? Beautiful beads to turn into a necklace? The choice is yours. For children aged 6-11.

| Thursday | 12 October | 9:00am - 3:00pm | 1 session



## NCEA Literacy Level 2 Summer School

| Price: \$225 | Tutor: Lucy Jansen

This course is designed for Year 12 and 13 students who did not attain their NCEA Level 2 Literacy credits in the previous academic year and wish to catch up. Online applications for this course close on Monday 16 January 2017. Please telephone the office on 521 9623 to express interest after this time. The maximum number of students for this course is 10. See our website for more information.

| Mon - Thurs | 23 January 2017 | 9:00am - 2:30pm | 4 day course

## Open your Eyes to Drama!

| Price: \$89 | Tutor: June Renwick

Do your children relish drama? Give them a fun and positive holiday experience, whilst extending their acting skills. For children aged 8-12.

Tue, Wed, Thur	18 April	9:00am - 12:00pm	3 day course
Mon, Tue, Wed	10 July	9:00am - 12:00pm	3 day course
Mon, Tue, Wed	2 October	9:00am - 12:00pm	3 day course

## Parent and Child Holiday Yoga

| Price: \$45 | Tutor: Lekshe Chodron

Attention children! Bring your parent, grandparent or caregiver along for fun, energising and relaxing yoga classes these school holidays! For children aged 6-10.

Wed, Fri	19 April	10:00am - 11:00am	2 week course
Tue, Thur	11 July	10:00am - 11:00am	2 week course
Tue, Thur	3 October	10:00am - 11:00am	2 week course

## Practical Electronics With Parents and Caregivers

| Price: \$69\* | Tutor: Melvin Din  \*Price includes all materials

Do you like to experiment and invent new products? Come along and learn about basic electronic components, circuits and soldering. Go home with an interactive electronic game made by you. For children aged 8-11, and their parents or caregivers.

| Wednesday | 19 April | 10:00am - 4:00pm | 1 session

## Ring A Rosie – Make A Floral Head Wreath

**NEW!**

| Price: \$68\* | Tutor: Charlotte Maguire  \*Price includes all materials

Collect a range of flowers, leaves or herbs, sketch your specimens, and then we will develop your artwork to create a gorgeous flower crown or wreath. For children aged 6-12.

| Thursday | 5 October | 9:00am - 3:00pm | 1 session

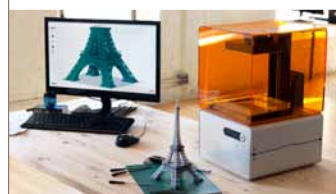


# Computer Skills

## Keep up with technology and become IT-Literate

Our affordable short courses cover everything from Microsoft courses, through to website design, digital storytelling, and how to start an online business.

Enrol today to keep up-to-the-minute with computer programmes and how to use them effectively and efficiently.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)





## Become a Blogger (Weekend)

| See Writing – Page 106

## Digital Storytelling Using Your iPad

| See Writing – Page 108

## Graphic Design – Beginners

| See Art & Craft – Page 18

## How to be Found on the Internet

| Price: \$135 | Tutor: David Partis



An introduction to internet marketing and the key concepts of Search Engine Optimisation (SEO) from an organic perspective, ie without purchasing advertising. Basic computer skills needed.

Saturday	1 April	9:00am - 4:00pm	1 session
Saturday	2 September	9:00am - 4:00pm	1 session

## How to Start an Online Business

| Price: \$135 | Tutor: David Partis



Find out about this rapidly growing way of doing business. Learn about getting online, market research, case studies and more. Basic computer skills needed.

Sunday	2 April	9:00am - 4:00pm	1 session
Sunday	3 September	9:00am - 4:00pm	1 session

## InDesign

| Price: \$135 | Tutor: Ben Hilless

Learn to create well-designed print publications using this industry standard page layout programme. Participants should have a working knowledge of Windows and how to use the mouse.

Tuesday	14 March	7:00pm - 9:00pm	5 week course
Monday	8 May	7:00pm - 9:00pm	5 week course

## Introduction to Digital Textile Design

| See Interior Design & Textiles – Page 76

**NEW!**

**NEW!**

## Microsoft Excel – Beginners

| Price: \$105 | Tutor: Kathy Skellern

This course will give you an introduction to this popular programme and show you how to create spreadsheets and charts, perform calculations with formulae, and analyse numerical information.

Monday	20 February	7:00pm - 9:00pm	5 week course
Monday	8 May	7:00pm - 9:00pm	5 week course
Monday	16 October	7:00pm - 9:00pm	5 week course

## Microsoft Excel – Intermediate

| Price: \$85 | Tutor: Kathy Skellern



Whether you are looking for a new job, or just want to upskill in your current role, this course will take your Excel skills to the next level. You will learn how to manipulate your data by using advanced sorting and filtering techniques, learn more about formulae, get awesome tips for working with multiple spreadsheets, advanced printing and much more.

Wednesday	22 March	7:00pm - 9:00pm	4 week course
Wednesday	14 June	7:00pm - 9:00pm	4 week course

## Microsoft Excel – Advanced

| Price: \$105 | Tutor: Sue O'Brien



Ready for something more advanced? This course includes data tables, macros, templates, customising toolbars, pivot tables, goal seek, protecting spreadsheets, advanced formulas, tips, tricks and more.

Wednesday	9 August	7:00pm - 9:00pm	5 week course
Wednesday	1 November	7:00pm - 9:00pm	5 week course

## Microsoft Word – Beginners

| Price: \$115 | Tutor: Kathy Skellern

Learn or update your computer skills to produce attractive, structured letters and forms. Become adept at copying, cutting, pasting, editing and formatting text, tabs and leaders, tables and columns.

Tuesday	21 February	7:00pm - 9:00pm	6 week course
Tuesday	9 May	7:00pm - 9:00pm	6 week course
Tuesday	8 August	7:00pm - 9:00pm	6 week course

**On our emailing list? Sign up to keep up with new events and special offers!**



## Microsoft Word – Next Steps

| Price: \$55 | Tutor: Kathy Skellern 

Follow-on from the beginners course. Take the next step and pick up more functions and shortcuts and become an MS Word whiz.

| Tuesday | 20 June | 7:00pm - 9:00pm | 2 week course

## Photoshop – Beginners

| Price: \$144 | Tutor: Ben Hilless 

This will give you an introduction to the key concepts of Adobe Photoshop and how to digitally manipulate images (both photos and graphics). You will look at a wide range of techniques including airbrushing, vintage and retro effects. Basic computer skills required.

| Tuesday | 9 May | 7:00pm - 9:00pm | 6 week course  
| Tuesday | 17 October | 7:00pm - 9:00pm | 6 week course



## Using Social Media for Marketing

| Price: \$147 | Tutor: Clark Valmont

Facebook, Twitter, LinkedIn and Instagram. We've all heard of them, but do we really know how to unlock their full potential for enjoyment and business use? In this course, professional Social Media Consultant Clark Valmont teaches you about promoting your business, brand or dream idea on social media and how to get engagement that turns into real business results.

| Saturday | 1 April | 9:00am - 4:30pm | 1 session  
| Saturday | 4 November | 9:00am - 4:30pm | 1 session

## WordPress Bootcamp

| Price: \$276 | Tutor: David Partis 

This two-day course focuses on the background to WordPress, how each version works, and how to edit and manage the WordPress dashboard. You will then go on to install WordPress in class and over the weekend build a website. Basic computer skills required.

| Sat, Sun | 17 June | 9:00am - 5:00pm | 2 day course  
| Sat, Sun | 4 November | 9:00am - 5:00pm | 2 day course

## Xero Web Based Accounting – Getting Started

| Price: \$112 | Tutor: Aisling Cavanagh

Learn how to set up your business in Xero. Get familiar with the Dashboard and basic Xero functions. Students will need their own Xero log on.

| Wednesday | 1 March | 7:00pm - 9:00pm | 5 week course  
| Wednesday | 9 August | 7:00pm - 9:00pm | 5 week course  
| Wednesday | 1 November | 7:00pm - 9:00pm | 5 week course

## Xero Web Based Accounting – Maximising Efficiency

| Price: \$65 | Tutor: Aisling Cavanagh 

A follow on from the Getting Started course or for those who have experience with Xero. This course covers fixed asset management and advanced General Ledger and reporting functions.

| Wednesday | 5 April | 7:00pm - 9:00pm | 2 week course  
| Wednesday | 13 September | 7:00pm - 9:00pm | 2 week course  
| Wednesday | 6 December | 7:00pm - 9:00pm | 2 week course





# Cooking

## Explore, create and taste the flavours of the world

Take your senses on a journey of spices, flavours, aromas and delights with one of our many courses in cooking. Whether you are an absolute beginner or want to cater for guests, create edible gifts, or simply impress someone special, our diverse range has something for everyone. Not only will you learn professional techniques and fantastic recipes, you'll also have a whole lot of fun doing it!

Our tutors are all highly accomplished in the culinary arts – some have run restaurants, catering businesses, and have professional training – ensuring you get the most out of every course.

Give one a try! Your friends, family and taste buds will love you for it!



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



# Basic Skills



## Cooking 101

| Price: \$160\* | Tutor: TBA | \*Price includes \$60 ingredients fee (\$15/class)

Feel you don't know the basics? Need the confidence and skills to cook for yourself and others? This unique course will give you all the basic skills you need to master the basics of cooking.

Tuesday	14 February	6:00pm - 9:00pm	4 week course
Tuesday	1 August	6:00pm - 9:00pm	4 week course

## Knife Skills 101 – Fish and Chicken (Weekend)

| Price: \$70\* | Tutor: Jasbir Kaur | \*Price includes \$20 ingredients fee

Through a combination of demonstration and hands-on experience, our Chef will instruct you in the precise art of cutting, filleting, deboning, carving, selection, handling, sharpening and preservation of knives. This course will give you the professional touch in the kitchen. See also our 'Knife Skills 101 – Vegetables' course.

Saturday	2 September	1:00pm - 5:00pm	1 session
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## Knife Skills 101 – Vegetables (Weekend)

| Price: \$60\* | Tutor: Jasbir Kaur | \*Price includes \$10 ingredients fee

Learn the building blocks for professional knife handling that will have you slicing and dicing a broad selection of ingredients in no time. There will be plenty of drill practice with an emphasis on proper technique and safety. Chef Jaz will introduce you to the 'no more tears method' for cutting an onion and help you identify the correct knife for whatever you are cutting or slicing. Also see 'Knife Skills 101 – Fish and Chicken'.

Saturday	17 June	10:00am - 2:00pm	1 session
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This programme will be constantly reviewed and amended during the year. Please check our website for latest updates.

[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



# Cakes & Sweets



## Cake Decorating

| Price: \$105\* | Tutor: Tim Gasson | \*Price includes \$25 ingredients fee

Come and learn the basics of decorating cakes using rolled fondant, butter icing and piping techniques. Create an icing picture and put it all together to produce completed cakes. Fee includes ingredients.

| Monday | 13 February | 7:00pm - 9:00pm | 4 week course

## Cake Decorating – The Basics

| Price: \$69\* | Tutor: Tim Gasson | \*Price includes \$20 ingredients fee

Techniques covered will include: how to colour icing, basic piping skills, how to roll fondant and cover your cakes, and how to make and work with royal and butter icing. A dummy cake will be provided if you do not wish to bring a ready-made cake base to the workshop.

| Sunday | 2 April | 1:30pm - 4:30pm | 1 session

## Chocolate Making for Easter

**NEW!**

| Price: \$52 | Tutor: Ganesh Khedeker | \*Price includes \$15 ingredients fee

Get ready for Easter! Come along and learn from a master chocolatier the tips and tricks of creating perfect chocolates, including truffles and moulded chocolates.

| Wednesday | 22 March | 6:00pm - 9:00pm | 1 session

## Continental Cakes

| Price: \$98\* | Tutor: June Renwick | \*Price includes \$36 ingredients fee

Do you want to create mouth-watering, delicious and decadent gateaux, tortes, and tartes? June will show you useful techniques and best-kept secrets to create a variety of spectacular and special treats for grand occasions. Classic creations made easy.

| Wednesday | 7 June | 7:00pm - 9:00pm | 3 week course

## Making Chocolates (Weekend)

**NEW!**

| Price: \$80\* | Tutor: Ganesh Khedeker | \*Price includes \$15 ingredients fee

Nine out of 10 people love chocolate – and the 10th person lies! Come along and learn from a master chocolatier the tips and tricks of creating perfect chocolates including truffles and moulded chocolates. You'll never be short of a gift idea again!

| Sunday | 5 November | 10:00am - 4:00pm | 1 session

## Making Macarons (Weekend)

| Price: \$72\* | Tutor: Henrietta Agarwal | \*Price includes \$15 ingredients fee

Delicate and colourful, these little confectioneries will be sure highlights at afternoon tea or as gifts for friends and family. These delicacies are very hard to master without the right guidance. Come and learn from an expert.

| Saturday | 1 April | 10:00am - 2:00pm | 1 session

## Perfect Crêpes

**NEW!**

| Price: \$95\* | Tutor: June Renwick | \*Price includes ingredients

Learn how to make the perfect crêpe! Savoury, sweet, rolled, folded and filled – whatever you fancy!

| Wednesday | 15 February | 7:00pm - 9:00pm | 3 week course

## Perfect Pastries (Weekend)

| Price: \$75\* | Tutor: Henrietta Agarwal | \*Price includes \$18 ingredients fee

Have some fun with choux, from eclairs filled with creme patissiere, profiteroles topped with chocolate sauce to swans swimming on a lake of raspberry coulis. Find out the secrets to the pastries that even chefs shy away from making.

| Saturday | 4 November | 10:00am - 2:00pm | 1 session

## The Art of Tarts

**NEW!**

| Price: \$95 | Tutor: June Renwick | \*Price includes \$39 ingredients fee

Sweet tarts are the ultimate comfort food for relaxed entertaining, family get-togethers and a delicious end to a meal. Gain the confidence to make these delectable desserts time and time again.

| Wednesday | 31 July | 7:00pm - 9:00pm | 3 week course





# Ethnic Cooking



NEW!

## A Taste of South America

| Price: \$100 | Tutor: Evelyn Vidal | \*Price includes \$10 ingredients for first class only

Discover how to make a selection of delicious, authentic South American sweet and savoury dishes from countries including Chile, Peru, Brazil and Argentina.

| Monday | 31 July | 7:00pm - 9:00pm | 4 week course

## Greek Cooking Odyssey

| Price: \$84\* | Tutor: Emily Tsaliagkou | \*Price includes \$15 ingredients fee

Emily will teach you the best recipes that Greek cuisine has to offer. You will not only learn about how to prepare Greek food but you will also learn about new ingredients, local recipes and most importantly you will get the real Greek culinary experience.

| Wednesday | 10 May | 7:00pm - 9:00pm | 3 week course

## Indian Cooking Made Easy

| Price: \$92\* | Tutor: Sushila Sharma | \*Price includes \$10 ingredients for first class only

Learn to cook mouth-watering Indian recipes that are well known for their aroma, spices and taste. The recipes are simplified to suit those at a beginner's level, and yet very tasty.

| Tuesday | 9 May | 7:00pm - 9:00pm | 4 week course

## Japanese Cuisine

| Price: \$115\* | Tutor: Efreem Tham | \*Price includes \$14 ingredients for first class only

Look beyond the sushi and liberate yourself from take-aways! Instead, learn to create these truly palate-pleasing Japanese favourites at home, such as Teriyaki Chicken, Tempura and Pork Katsudon.

| Monday | 13 February | 7:00pm - 9:00pm | 5 week course

**On our emailing list?** Sign up to keep up with new events and special offers!



## Jewish Festive Foods (Weekend)

NEW!

| Price: \$89 | Tutor: Shelly Tenenbaum | \*Price includes \$18 ingredients

Make elaborate, plaited Jewish loaves and buns (Challah bread) while learning about their religious and historical significance. While the breads are baking, we'll make authentic Jewish salads and Gehakte Leber, a rich creamy Eastern European paté, and learn about the significance of Jewish feasts and celebrations.

| Sunday | 18 June | 10:00am - 2:00pm | 1 session

## Mexican Cooking Experience

| Price: \$130\* | Tutor: Silvia Gomez-Pineda | \*Price includes \$60 ingredients

This unique cooking experience will lead you through an encounter with the flavours, aromas, spices and the culture of Silvia's beloved Mexico and its flavourful cuisine.

| Tuesday | 14 February | 6:00pm - 9:00pm | 4 week course  
| Monday | 7 August | 6:00pm - 9:00pm | 4 week course

## Modern Middle Eastern Cooking

| Price: \$117\* | Tutor: Sahar Majeed | \*Price includes \$18 ingredients for first class only

Turkey, Persia, Morocco, Lebanon, Iraq and Greece! Come and learn from Sahar how to cook truly authentic dishes from this exotic part of the world.

| Tuesday | 9 May | 7:00pm - 9:00pm | 4 week course



## Moroccan Cuisine

| Price: \$98\* | Tutor: Sahar Majeed  \*Price includes \$18 ingredients for first class only

Discover the exotic flavours of Morocco. This part-demonstration, part-practical class uses aromatic spices like saffron, coriander and cumin to prepare wonderful dishes such as couscous, tagines, preserved lemons and harissa.

| Tuesday | 17 October | 7:00pm - 9:00pm | 4 week course

## Only Curries

| Price: \$115\* | Tutor: Niharika Dave  \*Price includes \$10 ingredients for first class only

Learn to cook authentic, traditional Indian curries, using fresh ingredients.

| Monday | 8 May | 7:00pm - 9:00pm | 5 week course

## Sushi Making (Weekend)

| Price: \$59\* | Tutor: Chang Yin Wong  \*Price includes \$20 ingredients fee

Prepare tasty and nutritious sushi with a variety of fillings: part-demonstration and part-practical course.

| Sunday | 3 September | 9:30am - 12:30pm | 1 session

## Thai Cooking – The Authentic Way

| Price: \$155\* | Tutor: TBA  \*Price includes \$65 ingredients fee

Come and learn the secrets that you won't find in recipe books, and leave with a repertoire of delicious and authentic Thai dishes. Includes ingredients for first night.

| Wednesday | 2 August | 7:00pm - 9:00pm | 5 week course

## The Art of Japanese Tea Making (Weekend)

**NEW!**

| See Healthy Eating – Page 42

## Turkish Cuisine

| Price: \$125\* | Tutor: Sahar Majeed  \*Price includes \$18 ingredients fee for first night only

Immerse yourself in the culture of Turkey and create a complete dinner menu with a range of beautiful, tasty food.

| Wednesday | 2 August | 7:00pm - 9:00pm | 7 week course

# Healthy Eating



## A Crash Course in Practical Nutrition (Weekend)

**NEW!**

| Price: \$85 | Tutor: Ro Ann Tiara Ilao

Learn the fundamentals of good nutrition and how eating the right foods can improve your health and increase energy levels. We'll explore how to make healthier food choices when shopping and cooking; discuss ways of preventing disease; and develop an active lifestyle plan that will invigorate you!

| Saturday | 17 June | 10:00am - 3:00pm | 1 session

## Cooking Delicious Paleo Food

**NEW!**

| Price: \$85\* | Tutor: Jamila Ahmed  \*Price includes \$20 ingredients for the first class only

Come along and learn how to prepare real food using unprocessed ingredients that are grain-free, refined sugar-free and dairy-free. We will make breakfast, lunch and dinner meals, salads and dressings, snacks and dips and sweets, and also learn how to bake dairy-free with grain-free flours.

| Wednesday | 10 May | 7:00pm - 9:00pm | 4 week course



## How to Make Kombucha (Weekend)

**NEW!**

| Price: \$50\* | Tutor: Tracey Wheeler  \*Price includes ingredients

Join Tracey for this hands-on workshop to learn how to make Kombucha, a fermented drink, and understand its health benefits and history. Take home your own scoby (symbiotic culture of bacteria and yeast).

| Sunday | 18 June | 9:00am - 12:30pm | 1 session





## Natural Health Alternatives for Kids (Weekend)

NEW!

| See Health, Well-being & Fitness – Page 58

## Raw Power

NEW!

| Price: \$85\* | Tutor: Jamila Ahmed  \*Price includes \$20 ingredients for the first class only

Come and learn how to prepare raw meals and snacks using whole foods that are refined sugar-free and dairy-free. Learn how to prepare raw meals, raw desserts and delicious and nutritious smoothies and drinks.

| Tuesday | 17 October | 7:00pm - 9:00pm | 4 week course

## Simply Sauerkraut (Weekend)

NEW!

| Price: \$40\* | Tutor: Tracey Wheeler  \*Price includes ingredients

Sauerkraut? Learn about the background of this nourishing food – where it comes from, how it is made and its health benefits. This is a hands-on course where you will make sauerkraut and take some home.

| Sunday | 18 June | 1:30pm - 4:30pm | 1 session

## Sugar-Free Living (Weekend)

| Price: \$92\* | Tutor: Tracey Wheeler  \*Price includes \$8 ingredients

Would you like to quit sugar and make healthier food choices? Do you need some guidance to get you started? By attending this one-day workshop you'll find out how sugar impacts on your health and what the good alternatives are.

| Sunday | 2 April | 10:00am - 4:00pm | 1 session

## The Art of Japanese Tea Making (Weekend)

NEW!

| Price: \$40\* | Tutor: Chiwako Hoshina  \*Price includes tastings

Discover the art of Japanese tea making. Find out the role green tea plays in Japanese lifestyle, culture and cuisine. Learn how Japanese green tea is made; the different kinds of Japanese teas available, and their properties and health benefits.

| Saturday | 4 November | 10:00am - 1:00pm | 1 session



# Specialty Cooking



## Making Chocolates (Weekend)

NEW!

| See Cakes & Sweets – Page 37

## Fantastic Fish and Seafood (Weekend)

| Price: \$75\* | Tutor: June Renwick  \*Price includes \$30 ingredients fee

In this seafood skills workshop you will learn to fillet and prepare fish, and cook a variety of June's favourite innovative fish recipes. You will visit a local fish retailer to distinguish types of fish and how to purchase them. This will be a busy hands-on day as we will visit the fish shop at 9:00am and then go back to Selwyn College to start cooking.

| Saturday | 2 September | 9:00am - 4:00pm | 1 session

## Finger Foods for Entertaining

| Price: \$95\* | Tutor: June Renwick  \*Price includes \$44 ingredients fee

If you want to build a collection of finger food recipes to pull out of the hat for a number of occasions this is the course for you. June will share her recipes to create stylish finger food including canapes, fritters, dips with focaccia, individual pastries and stuffed mushrooms. They are sure to be a hit at any barbecue, picnic or party.

| Monday | 30 October | 7:00pm - 9:00pm | 3 week course

## Making Macarons (Weekend)

| See Cakes & Sweets – Page 37

## Making Sourdough Bread (Weekend)

| Price: \$75\* | Tutor: Karin Puttner  \*Price includes \$10 ingredients fee

Sourdough breads are well known and have been loved in Europe for many centuries. They taste amazing and what's better they keep for ages. Come and learn the secrets of making delicious loaves and rolls using rye and wholemeal flour and take home a sourdough starter at the end of the course.

| Saturday | 4 November | 9:00am - 1:00pm | 1 session

## Perfect Crêpes

| See Cakes & Sweets – Page 37

## Perfect Pastries (Weekend)

| See Cakes & Sweets – Page 37



NEW!

## The Tea Party (Weekend)

| Price: \$75\* | Tutor: Jasbir Kaur \*Price includes \$20 ingredients fee

Always wanted to host the perfect tea party? In this half-day course you not only learn how to organise the party, but how to brew the perfect tea, including bubble and flowering teas, cocktails and mocktails. You will also learn how to make delicate savoury and sweet morsels, and even ways to bake with the left-over tea. This course can be customised for a 'hen's party' or 'baby shower'!

| Saturday | 1 April | 10:00am - 2:00pm | 1 session

## Warming Winter Soups

NEW!

| Price: \$99 | Tutor: June Renwick \*Price includes \$36 ingredients fee

Winter is definitely the time for warm, comforting soups. In this hands-on cooking class you will learn how to make a variety of delicious, nutritious and easy to prepare soups that are June's family favourites.

| Monday | 8 May | 7:00pm - 9:00pm | 3 week course

## Children's Cooking



### Aspiring Young Bakers – for Children 8-12 Years

| See Children & Teens – Page 25

### Aspiring Young Cooks – for Children 8-12 Years – Course 1

| See Children & Teens – Page 25

### Aspiring Young Cooks – for Children 8-12 Years – Course 2

| See Children & Teens – Page 25

# ESOL – English

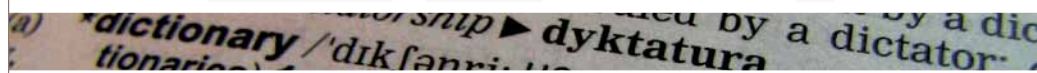
## Improve your English language skills – written and spoken!

Learning to speak, read and write better English will not only improve your way of communicating, it will enhance your experience of life in New Zealand.

Develop your grammar, reading and writing, your conversational ability, prepare for IELTS or focus on English for business – whatever is most important for you.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)





# ESOL English for speakers of other languages



ESOL courses are for people whose first language is not English. It will help you to improve your English skills, to live and work in New Zealand, or to gain skills for further study.

- Courses are subsidised by the Government through the Tertiary Education Commission, for those who have New Zealand residency or citizenship.
- Some places may be available for those on a visitor, work, holiday or study visa, but an additional fee will need to be paid. (Please visit our office or contact us on 521 9623 for information.)
- Please bring your passport and evidence of New Zealand residency to our office before your first lesson.

- All our tutors are qualified, native English speakers.
- Student's books and workbooks are included in fees for General English courses.
- Transport is easy with frequent buses from Britomart stopping outside Selwyn College. The routes are currently 756, 719, 771 and 745, but please check the Auckland Transport website for latest updates.
- There is a small amount of free parking on-site.

## FEES

**NZ Residents:** ESOL courses are subsidised by the Tertiary Education Commission for NZ citizens and residents. Additional information will be collected for statistical purposes and 80% attendance is required.

**People with Visitor, Work, Holiday or Study Visas:** Some places may be available but an additional fee will need to be paid (please visit or call our office for more information).

**Refugees:** There is no fee for those who have refugee status provided evidence is supplied. You will need to purchase your course books.

**Workbooks:** Workbooks are included in your fees. Our programme uses Oxford University Press English File Third Edition for General English Courses and our IELTS uses Official Cambridge Preparation material.

- Please check our website for changes to course times.
- Additional courses may be added if there is demand.

## WE OFFER 5 TYPES OF CLASSES

### 1. General English Classes

Choose day or evening classes to improve your writing, reading, listening and speaking. All course fees include a Student's Book and Workbook.

### 2. Conversation Classes

Choose day or evening classes to improve your listening and speaking skills.

### 3. Fast Track Intensive

Four days per week to improve your speaking, listening, reading and writing skills.

### 4. IELTS (International English Language Testing System)

#### – Introduction to IELTS

For those intending to take IELTS in the future but who are not quite ready yet (less than 5 points).

#### – General IELTS

For students needing 5-6.5 in the General Test. Includes Student's Book.

#### – Academic IELTS

For students needing 6-7.5 plus in the Academic Test. Includes Student's Book.

### 5. Business English Classes

Choose either day or evening.

## WE OFFER 5 DIFFERENT LEVELS

We have 5 levels of day and evening courses from Elementary to Advanced English.

### 1. Elementary

For those starting to understand and use simple English who can already understand everyday expressions and phrases.

### 2. Pre-intermediate

For those with basic communication skills who can interact in a limited way on familiar topics at work, school or leisure.

### 3. Intermediate

For those with a good command of English who can express themselves on a range of topics and interact confidently.

### 4. Upper-intermediate

For those with a very good command of English who can use language flexibly and effectively for social, academic and professional purposes and want new challenges.

### 5. Advanced

For those with an excellent command of English who can express themselves fluently in complex situations and want to improve their level of performance further.



# Day Courses



## Fast Track Your English – Elementary

NEW!

| Price: \$95\* | Non-resident: \$1095\*  \*Price includes workbook

Over four days per week, you can improve your speaking, listening, reading and writing skills.

| Mon - Thurs | 13 February | 16 week course | 11:45am - 2:45pm

## General English – Elementary

| Price: \$240\* | Non-resident: \$387\*  \*Price includes books

For those starting to understand and use simple English who can use everyday expressions and phrases. Minimum 80% attendance is required.

Mon, Wed, Fri	13 February	8 week course	9:15am - 11:15am
Mon, Wed, Fri	8 May	8 week course	9:15am - 11:15am
Mon, Wed, Fri	31 July	8 week course	9:15am - 11:15am
Mon, Wed, Fri	16 October	8 week course	9:15am - 11:15am

## General English – Pre-intermediate

| Price: \$240\* | Non-resident: \$387\*  \*Price includes books

For those with basic communication skills who can interact in a limited way on familiar topics at work, school or leisure. Minimum 80% attendance is required.

Mon, Wed, Fri	13 February	8 week course	9:15am - 11:15am
Mon, Wed, Fri	8 May	8 week course	9:15am - 11:15am
Mon, Wed, Fri	31 July	8 week course	9:15am - 11:15am
Mon, Wed, Fri	16 October	8 week course	9:15am - 11:15am

## General English – Intermediate

| Price: \$240\* | Non-resident: \$387\*  \*Price includes books

For those with a good command of English who can express themselves on a range of topics and interact confidently. Minimum 80% attendance is required.

Mon, Tue, Thur	13 February	8 week course	9:15am - 11:15am
Mon, Tue, Thur	8 May	8 week course	9:15am - 11:15am
Mon, Tue, Thur	31 July	8 week course	9:15am - 11:15am
Mon, Tue, Thur	16 October	8 week course	9:15am - 11:15am

## General English – Upper-intermediate

| Price: \$240\* | Non-resident: \$387\*  \*Price includes books

For those with a very good command of English who can use language flexibly and effectively for social, academic and professional purposes and want new challenges. Minimum 80% attendance is required.

Tue, Wed, Thur	14 February	8 week course	9:15am - 11:15am
Tue, Wed, Thur	9 May	8 week course	9:15am - 11:15am
Tue, Wed, Thur	1 August	8 week course	9:15am - 11:15am
Tue, Wed, Thur	17 October	8 week course	9:15am - 11:15am

## English Conversation – Elementary

| Price: FREE | Non-resident: \$195

Improve your conversation skills for life and work in New Zealand. Minimum 80% attendance at classes is required.

Mon, Fri	13 February	8 week course	12:40pm - 2:40pm
Mon, Fri	8 May	8 week course	12:40pm - 2:40pm
Mon, Fri	31 July	8 week course	12:40pm - 2:40pm
Mon, Fri	16 October	8 week course	12:40pm - 2:40pm

Tue, Thur	14 February	8 week course	12:40pm - 2:40pm
Tue, Thur	9 May	8 week course	12:40pm - 2:40pm
Tue, Thur	1 August	8 week course	12:40pm - 2:40pm
Tue, Thur	17 October	8 week course	12:40pm - 2:40pm

## English Conversation – Pre-intermediate

| Price: FREE | Non-resident: \$195

Improve your conversation skills for life and work in New Zealand. Minimum 80% attendance is required.

Wed, Fri	15 February	8 week course	12:00pm - 2:00pm
Wed, Fri	10 May	8 week course	12:00pm - 2:00pm
Wed, Fri	2 August	8 week course	12:00pm - 2:00pm
Wed, Fri	18 October	8 week course	12:00pm - 2:00pm

## English Conversation – Intermediate

| Price: FREE | Non-resident: \$195

Improve your conversation skills for life and work in New Zealand. Minimum 80% attendance is required.

Mon, Tues	13 February	8 week course	12:15pm - 2:15pm
Mon, Tues	8 May	8 week course	12:15pm - 2:15pm
Mon, Tues	31 July	8 week course	12:15pm - 2:15pm
Mon, Tues	16 October	8 week course	12:15pm - 2:15pm

## English Conversation – Upper-intermediate

Price: FREE | Non-resident: \$195

Improve your conversation skills for life and work in New Zealand. Minimum 80% attendance is required.

Wed, Thurs	15 February	8 week course	12:15pm - 2:15pm
Wed, Thurs	10 May	8 week course	12:15pm - 2:15pm
Wed, Thurs	2 August	8 week course	12:15pm - 2:15pm
Wed, Thurs	18 October	8 week course	12:15pm - 2:15pm

## English in the Workplace – Level 3+

Price: \$145 | Non-resident: \$292

Improve your effectiveness and confidence in the New Zealand workplace. This course is designed for people with a minimum of Intermediate English language ability. Please note that this course is held at the Orakei Community Centre.

Tue, Wed, Thur	14 February	8 week course	9:15am - 11:15am
Tue, Wed, Thur	9 May	8 week course	9:15am - 11:15am
Tue, Wed, Thur	1 August	8 week course	9:15am - 11:15am
Tue, Wed, Thur	17 October	8 week course	9:15am - 11:15am

# Refugee Education for Adults and Families

English resettlement classes are taught to refugee adults in daily classes. Classes are graded to maximise learning benefits. Classes are free. Children under five can attend the Daycare Centre while their parents are in class. Bookings are essential as there is a waiting list.

For further information telephone Margaret Chittenden, on 521 9610 ext. 698 or Robyn Gerrity at the Family Centre on 521 9643



Our refugee students enjoy a wide range of activities, such as sewing, gardening, cooking and crafts.

## Introduction to IELTS

Price: \$145 | Non-resident: \$292

For those intending to take IELTS in the future but who are not quite ready yet (lower than Level 5).

Tue, Wed, Thur	14 February	8 week course	12:45pm - 2:45pm
Tue, Wed, Thur	9 May	8 week course	12:45pm - 2:45pm
Tue, Wed, Thur	1 August	8 week course	12:45pm - 2:45pm
Tue, Wed, Thur	17 October	8 week course	12:45pm - 2:45pm

## General IELTS

NEW!

Price: \$200\* | Non-resident: \$352\*  \*Price includes book

For students needing 5-6.5 in the General Test. Includes Student's Book.

Tue, Thur	14 February	8 week course	11:45am - 2:45pm
Tue, Thur	9 May	8 week course	11:45am - 2:45pm
Tue, Thur	1 August	8 week course	11:45am - 2:45pm
Tue, Thur	17 October	8 week course	11:45am - 2:45pm

## Academic IELTS – Level 4+

Price: \$275\* | Non-resident: \$494\*  \*Price includes book

For students needing 6-7.5 in the General Test. Includes Student's Book.

Mon, Wed, Fri	13 February	8 week course	11:45am - 2:45pm
Mon, Wed, Fri	8 May	8 week course	11:45am - 2:45pm
Mon, Wed, Fri	31 July	8 week course	11:45am - 2:45pm
Mon, Wed, Fri	16 October	8 week course	11:45am - 2:45pm

## The Treaty of Waitangi for New New Zealanders

NEW!

Price: \$40

In this short course you will gain a greater understanding of Te Tiriti o Waitangi, its signing, significance and various interpretations of it. Gain an understanding of how the history of the Treaty relates to New Zealand today and its effects on Māori.

Saturday	17 June	10:00am - 4:00pm	1 session
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# Evening Courses



## General English – Elementary

Price: \$240\* | Non-resident: \$387\* \*Price includes books

For those starting to understand and use simple English who can understand familiar everyday expressions and phrases. Minimum 80% attendance is required.

Mon, Tue, Wed	13 February	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	8 May	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	31 July	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	16 October	8 week course	7:00pm - 9:00pm

## General English – Pre-intermediate

Price: \$240\* | Non-resident: \$387\* \*Price includes books

For those with basic communication skills who can interact in a limited way on familiar topics at work, school or leisure. Minimum 80% attendance is required.

Mon, Tue, Wed	13 February	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	8 May	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	31 July	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	16 October	8 week course	7:00pm - 9:00pm

## General English – Intermediate

Price: \$240\* | Non-resident: \$387\* \*Price includes books

For those with a good command of English who can express themselves on a range of topics and interact confidently. Minimum 80% attendance is required.

Mon, Tue, Wed	13 February	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	8 May	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	31 July	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	16 October	8 week course	7:00pm - 9:00pm

## General English – Upper-intermediate

Price: \$190\* | Non-resident: \$290\* \*Price includes books

For those with a very good command of English who can use language flexibly and effectively for social, academic and professional purposes and want new challenges. Minimum 80% attendance is required.

Mon, Wed	13 February	8 week course	7:00pm - 9:00pm
Mon, Wed	8 May	8 week course	7:00pm - 9:00pm
Mon, Wed	31 July	8 week course	7:00pm - 9:00pm
Mon, Wed	16 October	8 week course	7:00pm - 9:00pm

## English Conversation – Level 1-2

Price: \$FREE | Non-resident: \$146

Improve your spoken language in everyday situations. At least 80% attendance is required for this course.

Mon, Tue, Wed	13 February	8 week course	6:00pm - 7:00pm
Mon, Tue, Wed	8 May	8 week course	6:00pm - 7:00pm
Mon, Tue, Wed	31 July	8 week course	6:00pm - 7:00pm
Mon, Tue, Wed	16 October	8 week course	6:00pm - 7:00pm

## English Conversation – Level 3-4

Price: \$FREE | Non-resident: \$97

Improve your spoken language in everyday situations. At least 80% attendance is required for this course.

Mon, Wed	13 February	8 week course	6:00pm - 7:00pm
Mon, Wed	8 May	8 week course	6:00pm - 7:00pm
Mon, Wed	31 July	8 week course	6:00pm - 7:00pm
Mon, Wed	16 October	8 week course	6:00pm - 7:00pm

## IELTS Academic – Level 4+

Price: \$200\* | Non-resident: \$352\* \*Price includes book

You will learn the skills and strategies to prepare you for the IELTS Academic Exam. Photocopying fee included. Prices vary according to New Zealand residency status. 80% attendance is required for this course.

Mon, Tue, Wed	13 February	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	8 May	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	31 July	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	16 October	8 week course	7:00pm - 9:00pm

## Business English – Level 4+

Price: \$54 | Non-resident: \$108

Improve your effectiveness and confidence in the New Zealand workplace. This course is designed for people with Upper Intermediate and Advanced English language ability.

Tuesday	14 February	8 week course	7:00pm - 9:00pm
Tuesday	9 May	8 week course	7:00pm - 9:00pm
Tuesday	1 August	8 week course	7:00pm - 9:00pm
Tuesday	17 October	8 week course	7:00pm - 9:00pm



## English Advanced – Level 5

Price: \$190\* | Non-resident: \$290\*  \*Price includes book

For those who want to improve their English at work or socially. Suitable for Advanced English learners. Prices vary depending on New Zealand residency status. 80% attendance is required at this course.

Mon, Wed	13 February	8 week course	7:00pm - 9:00pm
Mon, Wed	8 May	8 week course	7:00pm - 9:00pm
Mon, Wed	31 July	8 week course	7:00pm - 9:00pm
Mon, Wed	16 October	8 week course	7:00pm - 9:00pm



### Homestay Families Wanted

We have new international students arriving from different countries around the world to study here during 2017. They will arrive throughout the year and stay 2-4 weeks, half or a full year.

We are looking for warm, welcoming families in the school zone area to be hosts.

- Homestay rate — \$280 per week paid weekly by direct debit
- Students require a private bedroom with desk, dresser, wardrobe and heater.
- 3 meals per day
- Access to laundry, telephone and TV
- Internet at your discretion

Hosting an international student is interesting and culturally rewarding. They generally arrive with good English skills, a very positive attitude and an outgoing personality.

If you are interested, or know of anyone who may be interested, please email [international.office@selwyn.school.nz](mailto:international.office@selwyn.school.nz)



## Health, Well-being & Fitness

### Take responsibility for your health, well-being & happiness

Choose a course that inspires you to get on track with your health and fitness. There are courses for all ages and interests.

Try something which gets you actively engaged in new learning, movement and well-being – all necessary ingredients for a happy, healthy life.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



# Health & Wellness



## A Crash Course in Practical Nutrition

**NEW!**

| See Cooking – Page 41

## Cooking Delicious Paleo Food

**NEW!**

| See Cooking – Page 41

## De-stress and Relax through Mindfulness

| Price: \$102 | Tutor: Lekshe Chodron

Come to a place within that is a calm, centred presence and discover stillness, simplicity and contentment. Based on yogic practices these classes will include breath awareness with a series of simple and very gentle movements to encourage mindfulness, and support healing, relaxation and breath-body-mind connection.

Wednesday	15 February	6:30pm - 8:00pm	8 week course
Wednesday	18 October	6:30pm - 8:00pm	8 week course

## How to Make Kombucha

**NEW!**

| See Cooking – Page 41

## Making Your Own Skincare Products

| Price: \$155\* | Tutor: Olga Garkavenko  \*Price includes ingredients

Come and learn how to make a range of gorgeous, inexpensive products for yourself, your family and your friends, and what's more you will get to take them home.

Tuesday	14 February	6:30pm - 9:00pm	4 week course
Monday	30 October	6:30pm - 9:00pm	4 week course

## Managing Menopause Naturally (Weekend)

**NEW!**

| Price: \$55 | Tutor: Elaine Rasmussen

Re-balance your hormones and relieve the symptoms of menopause with diet, natural supplementation and lifestyle routines.

Saturday	17 June	10:00am - 4:00pm	1 session
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## Managing Stress and Anxiety

| Price: \$102 | Tutor: Natasha Peyman

Is anxiety ruining your life? Anxiety is commonly known as worry or stress. Whether there is an identifiable cause or not, whether it rears its head at certain times such as public speaking or is ongoing. If you want to live life free of excessive or unnecessary anxiety, then this course is for you.

Tuesday	21 March	7:00pm - 9:00pm	4 week course
Wednesday	6 September	7:00pm - 9:00pm	4 week course

## Massage – An Introduction

| Price: \$92 | Tutor: Toni Bryant 

Learn professional massage techniques to use on family or friends. Massage will help relax muscle tension and relieve stress for the giver and receiver.

Wednesday	22 March	6:45pm - 9:45pm	3 week course
Wednesday	8 November	6:45pm - 9:45pm	3 week course

## Memorising Made Easy

| See Personal Development – Page 96

## Mindfulness – An Urban Retreat (Weekend)

**NEW!**

| Price: \$150 | Tutor: Lekshe Chodron

If you are curious about mindfulness and meditation and would like to learn more, then this weekend workshop is for you. Whether you have an established practice or would like to create one, this course will help you go deeper into mindfulness and support you to set up a daily routine.

Sat, Sun	27 May	10:00am - 3:00pm	2 day course
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## Natural and Affordable Home Remedies (Weekend)

| Price: \$74 | Tutor: HineAhua Tokōtokō (Michelle Sime)  \*Price includes \$15 materials fee

Ear, eye, throat and stomach issues tend to be the main health problems for families. There are times for seeking outside assistance, however, if you could solve these minor health issues quickly at home, it can save strain on the family budget and the healing may be faster. Come and learn how.

Saturday	17 June	10:00am - 4:00pm	1 session
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## Natural Health Alternatives for Kids (Weekend)

NEW!

| Price: \$99 | Tutor: Sheena Hendon

If you are looking for natural and cost-effective alternatives to prevent and treat your children's health problems – from food allergies and intolerances, digestive issues and frequent infections, colds and flu, to glue ear, eczema, anxiety, sleep or behavioural disorders – then this is the workshop for you.

| Sunday | 18 June | 10:00am - 4:00pm | 1 session

## NLP for Parents

NEW!

| Price: \$102 | Tutor: Sheena Hendon

Learn Neuro-Linguistic Programming (NLP) and mindfulness techniques to increase your own peace of mind and help you connect with your children. This is a hands-on course with plenty of opportunities to ask questions and meet with other parents and caregivers for an informative and fun course.

| Wednesday | 10 May | 7:00pm - 9:00pm | 4 week course

## NLP – Neuro Linguistic Programming

| See Personal Development – Page 96

## Posture and Spinal Care

NEW!

| Price: \$60 | Tutor: Marianne Carroll

Join physiotherapist Marianne Carroll and learn how to maintain good posture to assist you with flexibility and good health.

| Sunday | 2 April | 10:00am - 2:00pm | 1 session

## Raw Power

NEW!

| See Cooking – Page 42

## Self-Hypnosis for Healing and Growth

NEW!

| Price: \$102 | Tutor: Natasha Peyman

Do you want to improve self-confidence, reduce pain, develop healthy habits or improve your performance at work or in sport? In this course you will gain an understanding of what hypnosis and trance states are and what they aren't, and dispel misconceptions from pop culture. You will also become proficient and comfortable with using self-hypnosis at home.

| Tuesday | 13 June | 7:00pm - 9:00pm | 4 week course

## Simply Sauerkraut (Weekend)

NEW!

| See Cooking – Page 42

## Spring into Wellness (Weekend)

| Price: \$90\* | Tutor: Lekshe Chodron  \*Price includes a healthy lunch

In this workshop we will look at different aspects of health and wellness, fitness and exercise, diet and food, sleep and relaxation. We will look at the link between our mind states and our overall health. Take some time out to be inspired, relax and receive a delicious lunch.

| Sunday | 3 September | 10:00am - 3:00pm | 1 session

## Sugar-Free Living (Weekend)

| See Cooking – Page 42

## Surya Namaskara – Salute to the Sun (Weekend)

| Price: \$75 | Tutor: Lekshe Chodron

Surya Namaskara is an ancient and powerful yogic practice that consists of the repetition of 12 postures that work on all levels of our being: physical, emotional, mental and spiritual. It is a complete and systematic practice in its own right and can work therapeutically to heal, energise and rejuvenate the participant.

| Sunday | 18 June | 10:00am - 3:00pm | 1 session  
| Saturday | 4 November | 10:00am - 3:00pm | 1 session

## Using Native Plants for Healing (Weekend)

| See Home, Garden & DIY – Page 74

## Wellness As We Grow Older

NEW!

| Price: \$102 | Tutor: Elaine Rasmussen

To stay well as we age, we need to follow a healthy routine and live a low-stress lifestyle. This course is designed to help participants assess their current health, and find out what changes they can make to stay well and age naturally.

| Wednesday | 9 August | 7:00pm - 9:00pm | 4 week course

This programme will be constantly reviewed and amended during the year. Please check our website for latest updates.

[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



# Yoga & Pilates



## Pilates and Ballet

**NEW!**

| Price: \$69 | Tutor: Tharina Bouwer

Come along and enjoy a gentle, strength-focused dance and movement class using pilates and ballet principles. This class will enhance mobility and strengthen your core and back ensuring your body stays limber and challenged. You don't need to have had any dance experience, just come and enjoy some gentle movement.

Monday	13 February	7:15pm - 8:15pm	8 week course
Monday	8 May	7:15pm - 8:15pm	8 week course
Monday	31 July	7:15pm - 8:15pm	8 week course
Monday	16 October	7:15pm - 8:15pm	8 week course

## Pilates – Beginners

| Price: \$102 | Tutor: Natasha Bagley

Come join us! These 8-week Pilates courses are offered as evening or early morning classes. The classes are aimed at beginner level, but will also cater for those wishing to extend themselves with intermediate exercises.

Wednesday	15 February	5:30pm - 6:30pm	8 week course
Wednesday	10 May	5:30pm - 6:30pm	8 week course
Wednesday	2 August	5:30pm - 6:30pm	8 week course
Wednesday	18 October	5:30pm - 6:30pm	8 week course
Thursday	11 May	6:45am - 7:45am	8 week course
Thursday	3 August	6:45am - 7:45am	8 week course
Thursday	19 October	6:45am - 7:45am	8 week course

## Pilates – Continuing

| Price: \$102 | Tutor: Maryam Bagheri Nesami



Build core strength, improve your immune system, posture, tone, balance, and reduce the risk of injury through exercises which combine strength and flexibility. This class is for those who have learned the foundation skills and would like to continue.

Tuesday	14 February	6:30pm - 7:30pm	8 week course
Tuesday	9 May	6:30pm - 7:30pm	8 week course
Tuesday	1 August	6:30pm - 7:30pm	8 week course
Tuesday	17 October	6:30pm - 7:30pm	8 week course

## Saturday Morning Pilates (Weekend)

| Price: \$102 | Tutor: Maryam Bagheri Nesami

Pilates is perfect for anyone interested in reaching whole body wellness. It helps you to build core strength, improve your immune system, posture, tone, balance, and reduce the risk of injury through exercises which combine strength and flexibility. It is also a fabulous way to de-stress. All ages and levels are catered for.

Saturday	11 February	9:00am - 10:00am	8 week course
Saturday	13 May	9:00am - 10:00am	8 week course
Saturday	5 August	9:00am - 10:00am	8 week course
Saturday	21 October	9:00am - 10:00am	8 week course

## Saturday Morning Yoga (Weekend)

| Price: \$102 | Tutor: Janet Sergeant

Stretch, relax and feel good! Yoga helps you to tone, strengthen and revitalise your whole body and learn to manage stress. This is a general class catering to both beginners and those with some yoga experience.

Saturday	11 February	9:00am - 10:30am	8 week course
Saturday	13 May	9:00am - 10:30am	8 week course
Saturday	5 August	9:00am - 10:30am	8 week course
Saturday	21 October	9:00am - 10:30am	8 week course

## Surya Namaskara – Salute to the Sun (Weekend)

| See Health, Well-being & Fitness – Page 59

## Yoga @ Orakei (Day)

| Price: \$115 | Tutor: Lynn Oram

Tone and revitalise your whole body at your own pace. Focus on correct breathing, flexibility, stretching and relaxation. This class, held at the Orakei Community Centre, is suitable for beginners and those with some experience.

Thursday	16 February	10:00am - 11:30am	9 week course
Thursday	11 May	10:00am - 11:30am	9 week course
Thursday	3 August	10:00am - 11:30am	9 week course
Thursday	19 October	10:00am - 11:30am	9 week course

## Yoga for Children

| See Children & Teens – Page 24



## Yoga – Beginners

| Price: \$102 | Tutor: Lekshe Chodron / Janet Sergeant / Muna Ladha

Are you wanting to harness the benefits of yoga but don't know where to start? Do you have concerns about injuries, flexibility and fitness? Join this inclusive class with an experienced tutor who will show you the basics of yoga suited to your body. Stretch, relax and feel good! Yoga helps tone, strengthen and revitalise your whole body, and helps you to manage stress.

| Tutor: Lekshe Chodron

Monday	13 February	6:30pm - 8:00pm	8 week course
Monday	8 May	6:30pm - 8:00pm	8 week course
Monday	31 July	6:30pm - 8:00pm	8 week course
Monday	16 October	6:30pm - 8:00pm	8 week course

| Tutor: Janet Sergeant

Tuesday	14 February	6:00pm - 7:30pm	8 week course
Tuesday	9 May	6:00pm - 7:30pm	8 week course
Tuesday	1 August	6:00pm - 7:30pm	8 week course
Tuesday	17 October	6:00pm - 7:30pm	8 week course

| Tutor: Muna Ladha

Monday	13 February	6:00pm - 7:30pm	8 week course
Monday	8 May	6:00pm - 7:30pm	8 week course
Monday	31 July	6:00pm - 7:30pm	8 week course
Monday	16 October	6:00pm - 7:30pm	8 week course

## Yoga – Continuing

| Price: \$102 | Tutor: Liza Cornelius / Lekshe Chodron



Further explore aspects of traditional Yoga including: breathing, meditation and deep relaxation, and learn more challenging postures.

| Tutor: Liza Cornelius

Monday	13 February	7:00pm - 8:30pm	8 week course
Monday	8 May	7:00pm - 8:30pm	8 week course
Monday	31 July	7:00pm - 8:30pm	8 week course
Monday	16 October	7:00pm - 8:30pm	8 week course

| Tutor: Liza Cornelius / Lekshe Chodron

Wednesday	15 February	6:30pm - 8:00pm	8 week course
Wednesday	10 May	6:30pm - 8:00pm	8 week course
Wednesday	2 August	6:30pm - 8:00pm	8 week course
Wednesday	18 October	6:30pm - 8:00pm	8 week course



## Tai Chi



### Tai Chi – Beginners

| Price: \$105 | Tutor: Bruno Rubini

Tai Chi is meditation in motion. Learn a series of slow, continuous movements that promote physical and mental well being, and improve coordination and balance.

Saturday	11 February	2:00pm - 3:30pm	8 week course
Saturday	13 May	2:00pm - 3:30pm	8 week course
Saturday	5 August	2:00pm - 3:30pm	8 week course
Saturday	21 October	2:00pm - 3:30pm	8 week course
Tuesday	14 February	6:00pm - 7:30pm	8 week course
Tuesday	9 May	6:00pm - 7:30pm	8 week course
Tuesday	1 August	6:00pm - 7:30pm	8 week course
Tuesday	17 October	6:00pm - 7:30pm	8 week course
Tuesday	14 February	7:30pm - 9:00pm	8 week course
Tuesday	9 May	7:30pm - 9:00pm	8 week course
Tuesday	1 August	7:30pm - 9:00pm	8 week course
Tuesday	17 October	7:30pm - 9:00pm	8 week course
Wednesday	15 February	6:00pm - 7:30pm	8 week course
Wednesday	10 May	6:00pm - 7:30pm	8 week course
Wednesday	2 August	6:00pm - 7:30pm	8 week course
Wednesday	18 October	6:00pm - 7:30pm	8 week course

### Tai Chi – Beginners @ Orakei (Day)

| Price: \$115 | Tutor: Bruno Rubini

This class is held at Orakei Community Centre and is suitable for beginners and those with some experience.

Friday	10 February	12:30pm - 2:00pm	9 week course
Friday	12 May	12:30pm - 2:00pm	9 week course
Friday	4 August	12:30pm - 2:00pm	9 week course
Friday	20 October	12:30pm - 2:00pm	9 week course

### Tai Chi – Intermediate

| Price: \$105 | Tutor: Bruno Rubini



In this course you will learn the 24 movements of Tai Chi form, and review the Chi Kung and Tai Chi forms already learned in the Beginners course.

Wednesday	15 February	7:30pm - 9:00pm	8 week course
Wednesday	10 May	7:30pm - 9:00pm	8 week course
Wednesday	2 August	7:30pm - 9:00pm	8 week course
Wednesday	18 October	7:30pm - 9:00pm	8 week course





# Fitness



## DanceFit

| Price: \$69 | Tutor: Katie Swift, Tharina Bouwer

Stay fit and have some fun with simple dance steps to great music.

Monday	13 February	6:00pm - 7:00pm	8 week course
Monday	8 May	6:00pm - 7:00pm	8 week course
Monday	31 July	6:00pm - 7:00pm	8 week course
Monday	16 October	6:00pm - 7:00pm	8 week course

## Dancercise for the 40+

| Price: \$79 | Tutor: Robert Watson

Young ones and gym bunnies need not apply! This fun class is designed to match the fitness levels of active older adults and those new to cardio exercise. If you are 40+ and want to improve your strength, cardiovascular health, balance, coordination and flexibility and have some fun to music then this is for you. The course is held in a dance studio at Te Oro in Glen Innes.

Wednesday	15 February	4:30pm - 5:30pm	8 week course
Wednesday	10 May	4:30pm - 5:30pm	8 week course
Wednesday	2 August	4:30pm - 5:30pm	8 week course
Wednesday	18 October	4:30pm - 5:30pm	8 week course

## Historic Auckland Walks

| See Tours & Walks – Page 104

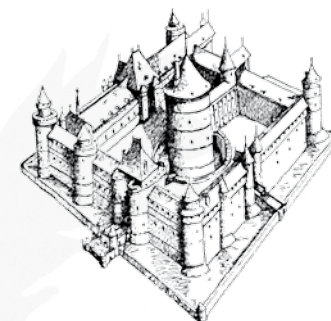


# History, Architecture & Society

## Explore fresh perspectives through history, architecture and social perspectives

Refresh your senses by bringing the world around you into focus from a socio-historical perspective.

History and architecture are strongly linked and studying both provides fascinating insight to our current times and the buildings we live, work and worship in.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

## A Study of Ancient Greece

**NEW!**

| Price: \$105 | Tutor: Miriam Bissett

Have you always wanted to know more about Achilles' Heel? Alexander the Great? The beauty of Aphrodite? Socrates? The power of the Greek tragedy and the hilarity of Greek comedy? Join Miriam, an historian from University of Auckland, who will pull out the juiciest and most interesting facts and stories to introduce you to this most fascinating and influential ancient culture.

| Wednesday | 10 May | 6:30pm - 8:30pm | 6 week course

## Auckland's Volcanoes and Geology – An Introduction

| Price: \$94 | Tutor: Bruce W Hayward

An introduction to Auckland's volcanoes and the wide range of rocks, fossils and landforms of Auckland. You'll learn how they are used to piece together the geological history of our region. Optional weekend field trips will give participants the opportunity to see these in nature. The course will provide basic-level explanations of everything from the oldest greywacke rocks to the young sand dunes and volcanoes of Auckland.

| Tues, Sat | 22 August | 7:00pm - 8:30pm | 3 evenings + 1 Saturday

## Exploring Bob Dylan

| See Music, Dance & Drama – Page 90

## Genealogy: Ancestry

| Price: \$52 | Tutor: Jan Gow

Have you seen the Ancestry commercial on TV and wondered what is involved? Here is the chance to make the most of your free trial or subscription. Jan has been using Ancestry for many years and will show you the tips and tricks to effective searching.

| Monday | 13 March | 7:00pm - 9:00pm | 2 sessions over a fortnight

## Genealogy: Finding Your Family History on the Internet (Weekend)

| Price: \$94 | Tutor: Jan Gow

Discover more about your family tree and ancestors with the help of the Internet and genealogy searches. Where did your family come from? Why? When? How? You could find relatives around the world! Jan, one of NZ's leading genealogists, will take you on this exciting journey.

| Sat, Mon | 4 & 13 November | Sat: 9:00am - 3:00pm, Mon: 7:00pm - 9:00pm | 2 sessions

## Historic Auckland Walks

| See Tours & Walks – Page 104

## Introduction to Islam

| Price: \$56 | Tutor: Reem Ayyub

For many of us, all we know about Islam is what we hear in the media. Here is your chance to learn more about this rich and ancient religion. Learn about the prophets of God, the holy book *The Qur'an*, women in Islam, the concept of life in Islam, the prohibited in Islam, science and Islam today.

| Wednesday | 9 August | 6:30pm - 8:30pm | 3 week course

## Introduction to Psychology

| See Personal Development – Page 95

## Secrets of Italian Architecture (Day and Evening)

| Price: \$156 | Tutor: Cristina Capri

Come along on an armchair tour of some of Italy's most recognisable architecture from the Colosseum in Rome to the medieval castles of northern Italy, and the splendour of Renaissance churches like the Duomo in Florence. Learn fascinating insights into how these buildings, and Italian cities in general, evolved to reflect their historical context.

| Tuesday | 16 May | 9:30am - 11:30am | 6 week course  
| Wednesday | 16 August | 7:00pm - 9:00pm | 6 week course

## The Beatles – Before, Behind and Beyond

**NEW!**

| See Music, Dance & Drama – Page 92

## The Female Form – Inspiration, Intrigue and Titillation (Day) **NEW!**

| Price: \$39 | Tutor: Caroline Blyth

The female form has been a source of inspiration, intrigue and titillation within visual culture across the centuries. Join Dr Caroline Blyth to inquire how women's visual presence in popular culture can be used to convey powerful messages about gender and power.

| Friday | 16 June | 9:30am - 11:00am | 2 week course





## The Great Italian Artists

| Price: \$156 | Tutor: Cristina Capri

Michelangelo, Giotto and Caravaggio were some of Italy's great artists. Always wanted to know more about their art and lives? In this course you will explore the art of some great Renaissance and Baroque artists and the fascinating times they lived in.

| Wednesday | 17 May | 7:00pm - 9:00pm | 6 week course

## The Treaty of Waitangi for New New Zealanders

| See ESOL - English – Page 51

## Women in Islam

**NEW!**

| Price: \$56 | Tutor: Reem Ayyub

Islamic societies and the media have often portrayed a negative image of Muslim women, leaving many with misconceptions, perceptions, and questions about women's status in Islam. This course will explore basic beliefs and principles in regards to Muslim women's rights, duties, and responsibilities in Islam.

| Wednesday | 1 March | 6:30pm - 8:30pm | 3 week course

## THINK Talks!

Broaden your horizons, develop your intellect and challenge your thinking by attending our Think Talk series of one-hour lectures, delivered by academics, researchers and subject experts.

- We Need Art, But What For?
- White-Collar and Blue-Collar Financial Crime in NZ
- The Land of Milk and Honey?
- Anatomy of the Mindful Brain
- Obesity and Policy – What Works?
- Communist China in a World of Democracies
- The Truth About Language
- Ethical Clothing
- Political Games: Questions, answers and the power struggles between journalists and politicians
- Auckland Medical Research Foundation Presents a Current Topic in Medical Research

| See Think Talks! – Page 8

New courses will be added to this category throughout the year. Please ensure you sign up for our newsletter to be kept updated.

Visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



# Home, Garden & DIY

## Making your world a more beautiful place!

From planting out an aesthetically pleasing garden to building a bird feeder, or even learning how to use native plants for healing, there are skills a-plenty to be absorbed and applied here.

You don't need to be an expert in any way – in fact, we'd prefer that you're not – just keen to make, design, build, beautify, improve and restore your own home and garden.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



## Art & Interior Design (Weekend)

**NEW!**

| See Interior Design & Textiles – Page 76

## Basic Car Maintenance (Weekend)

| Price: \$52 | Tutor: Charlotte Joselyn

A hands-on introduction to car maintenance which will help keep your car costs low and ensure you know what to do if your car breaks down.

| Saturday | 2 September | 8:30am - 11:30am | 1 session

## Celebrate Christmas with Flowers (Weekend)

| Price: \$90\* | Tutor: Kerry Mitchell  \*Price includes \$20 materials fee

Create flower arrangements to decorate your home and celebrate the festive season. In this one-day course you will learn to make gorgeous wreaths and table displays using both traditional and contemporary techniques. Fresh flowers and accessories provided.

| Sunday | 5 November | 10:00am - 3:00pm | 1 session

## Crash Course in Container Gardening (Weekend)

**NEW!**

| Price: \$49 | Tutor: Paul Crowhurst

This crash course on growing plants in pots will teach you everything you need to know to get started and keep your containers growing healthily and beautifully.

| Saturday | 2 September | 10:00am - 1:00pm | 1 session



## Declutter and/or Downsize Your Home (Weekend)

| Price: \$75 | Tutor: Margarita Politis

Lifestyle and life challenges may well dictate a reorganisation of your home and belongings, resulting in a need to downsize and/or declutter. What to keep, what to let go? Learn tips on how to do this with minimum stress.

| Saturday | 2 September | 10:00am - 4:00pm | 1 session

## Effective Planting for Your Garden

| Price: \$79 | Tutor: Margaret Lenehan

Transform your garden with confident plant selection. Choose the right plant the first time, understand what plants need to grow and flourish and appreciate what plant combinations work well.

| Mon, Sat | 15 May | 7:00pm - 8:30pm | 3 week course, incl. Saturday workshop

## Elements of Small Garden Design

| Price: \$64 | Tutor: Paul Crowhurst

Need to downsize your garden, or want to revamp what you have? Come and learn tips from a professional to create the best from your small courtyard or garden. Learn to use planters to best effect in the space you have and choose the best plants for small spaces.

| Monday | 28 August | 7:00pm - 9:00pm | 3 week course

## Fun with Floral Design (Weekend)

| See Art & Crafts – Page 18

## Gorgeous Gift Wrapping (Weekend)

| See Art & Craft – Page 18

## Interior Design

| See Interior Design & Textiles – Page 76

## Introduction to Digital Textile Design (Weekend)

| See Interior Design & Textiles – Page 76





## Lampshade Making (Weekend)

| Price: \$98\* | Tutor: Gregory Berr  \*Price includes lampshade kit of \$40.50  Bring your own fabric.

Produce your own stunning fabric lampshade in one short workshop.

Saturday	1 April	10:00am - 12:30pm	1 session
Saturday	17 June	10:00am - 12:30pm	1 session
Saturday	2 September	10:00am - 12:30pm	1 session

## Lampshade Making – Next Steps (Weekend)

| Price: \$98\* | Tutor: Gregory Bern  \*Price includes lampshade kit of \$40.50  Bring your own fabric.

Now that you have the basics you can move on to learning the next steps in making lampshades.

Saturday	17 June	1:00pm - 3:30pm	1 session
Saturday	4 November	10:00am - 12:30pm	1 session

## Make Your Own Bird Feeder (Weekend)

**NEW!**

| Price: \$80\* | Tutor: Konrard Wojak  \*Price includes \$30 materials fee

Learn how to make your own bird feeder! There will be two different designs to choose from, both made with plywood. Your tutor will make the building process easy and you'll be able to take your new bird feeder home at the end of the day. At home you can stain or paint the feeder to your liking, and mount it on a tree or fence in the garden. The birds will love it, and so will you.

Sunday	3 September	10:00am - 4:00pm	1 session
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## Making Soap (Weekend)

**NEW!**

| Price: \$95\* | Tutor: Jacqueline Ziegler  \*Price includes \$25 materials fee

Learn how to make soap using a variety of techniques and materials. Course fee includes materials of \$25.

Saturday	17 June	9:00am - 3:00pm	1 session
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## Making Your Own Skincare Products

| See Health, Well-being & Fitness – Page 56

## Mosaics (Weekend)

| See Art & Craft – Page 19

## Natural and Affordable Home Remedies (Weekend)

**NEW!**

| See Health, Well-being & Fitness – Page 57



## Organic Vegetable Gardening – Kelmama Gardens (Weekend) **NEW!**

| Price: \$69 | Tutor: Adrian Roche | Location: Course held at Herne Bay

Join organic gardening guru, Adrian Roche, for three Saturday mornings to learn the secrets of growing your own veges using natural methods.

Saturday	25 February	9:15am - 12:00pm	3 week course
Saturday	13 May	9:15am - 12:00pm	3 week course
Saturday	4 November	9:15am - 12:00pm	3 week course

## Pruning

| Price: \$52 | Tutor: Paul Crowhurst

Discover how to correctly prune fruit trees and ornamental bushes for maximum productivity.

Wed, Sat	14 June	7:00pm - 9:00pm	1 evening + 1 Saturday morning offsite
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## Soft Stone Sculpture (Weekend)

| See Art & Craft – Page 20


## Upholstery

| See Interior Design & Textiles – Page 78





Using Native Plants for Healing (Weekend)

| Price: \$74 | Tutor: HineAhua Tokōtokō (Michelle Sime)  \*Price includes \$15 materials fee

Haere Mai, learn more about your local bush and the plants that grow there and discover how to use them as simple home remedies for common ailments and conditions.


| Saturday | 1 April | 10:00am - 4:00pm | 1 session

Weaving Beautiful Baskets

| See Art & Craft – Page 21

NEW!



Woodworking – Beginners

| Price: \$144\* | Tutor: Konrard Wojak  \*Materials additional

A step-by-step class where you will learn to draw, measure and assemble a simple stool. Gain confidence in using machinery, learn the characteristics of wood, different cuts, joins and techniques.

Monday	13 February	7:00pm - 9:00pm	8 week course
Monday	8 May	7:00pm - 9:00pm	8 week course
Monday	31 July	7:00pm - 9:00pm	8 week course
Monday	16 October	7:00pm - 9:00pm	8 week course

Woodwork and Furniture Restoration – Beyond Beginners

| Price: \$126\* | Tutor: Konrard Wojak  \*Materials additional 

Gain further woodwork skills and knowledge while working on a project of your own choice. (Please check with the office as there are limitations).

Wednesday	15 February	7:00pm - 9:00pm	8 week course
Wednesday	10 May	7:00pm - 9:00pm	8 week course
Wednesday	2 August	7:00pm - 9:00pm	8 week course
Wednesday	18 October	7:00pm - 9:00pm	8 week course



Interior Design & Textiles

Interior decorating, fabric and texture can add vibrancy to your home

Whether you want to learn the basics of interior design or specifics about soft furnishings, art, upholstery, sewing, or how to design digital textiles, here is a wonderful selection of courses that will inspire you to add flair and a personal touch to your home.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



## Art & Interior Design (Weekend)

**NEW!**

| Price: \$80 | Tutor: Cristina Capri

Home owners, renovators, keen interior designers! Join Cristina and learn how to use paintings, sculpture and rugs to add colour and texture to your living spaces. You will learn how to select artworks that reflect your own style and add a personal signature to your interiors.

| Saturday | 4 November | 10:00am - 4:00pm | 1 session

## Gorgeous Gift Wrapping (Weekend)

| See Art & Craft – Page 18

## Interior Design Basics (Weekend)

| Price: \$80 | Tutor: Cristina Capri

Here is your chance to learn the basics of interior design in one day! Come and learn how to use colour, light and space in the most effective way. Learn about contemporary styles and how to create unique and atmospheric spaces.

| Saturday | 17 June | 10:00am - 4:00pm | 1 session

## Interior Design

| Price: \$110 | Tutor: Cristina Capri

Want to achieve a home that is a true reflection of you? In this course you will not only identify your own personal style, but you will also learn how to use colour, light and space in an inspiring way.

| Wednesday | 22 February | 7:00pm - 9:00pm | 6 week course

## Interior Design – with Soft Furnishings

**NEW!**

| Price: \$59 | Tutor: Gaye Adsett

Make your home look fabulous with well-chosen soft furnishings that compliment your existing decor.

| Monday | 7 August | 6:30pm - 8:30pm | 3 week course

## Introduction to Digital Textile Design (Weekend)

| Price: \$249 | Tutor: Angela Fraser



Bring your own materials



Learn a range of techniques to create repeating patterns from photographs or original artwork. Learn how to prepare files for a range of fabric items including panels, scarves, tote bags, cushions or tea towels. Some preparation required.

| Sat, Sun | 1 April | 9:00am - 4:00pm | 2 day course

## Lampshade Making (Weekend)

| See Home, Garden & DIY – Page 72

## Learn to Knit

**NEW!**

| Price: \$105 | Tutor: Pamela Day



Bring your own materials

Open up a whole new world by simply learning two basic stitches (knit and purl), how to cast on and off, increase and decrease stitches, and follow an easy pattern. You will be knitting before you know it!

| Wednesday | 14 June | 7:00pm - 9:00pm | 4 week course

## Learn to Knit – Next Steps

**NEW!**

| Price: \$105 | Tutor: Pamela Day



Bring your own materials



Come and join Pamela and she will show you how to follow a pattern, understand abbreviations, sew up your garment, pick up stitches around a neckline and work with colour.

| Wednesday | 9 August | 7:00pm - 9:00pm | 4 week course

## Mexican Hair Decorations

**NEW!**

| See Art & Craft – Page 19

## Pattern Alteration and Design

| Price: \$135 | Tutor: Jenny Taylor



Bring your own materials



If you have ever had trouble finding that exact pattern or design you have in mind, or if everything you try on never seems to fit, this is the course for you. You'll learn to alter patterns to your own specifications.

| Monday | 8 May | 7:00pm - 9:00pm | 8 week course

| Monday | 16 October | 7:00pm - 9:00pm | 8 week course





## Sewing for Beginners

| Price: \$142 | Tutor: Jenny Taylor  Bring your own materials

Always wanted to learn to sew? Come along to this fun class and make your own A-line or straight skirt while learning the basics of sewing.

Tuesday	21 February	7:00pm - 9:00pm	8 week course
Tuesday	9 May	7:00pm - 9:00pm	8 week course
Tuesday	8 August	7:00pm - 9:00pm	8 week course
Tuesday	17 October	7:00pm - 9:00pm	8 week course

## Sewing – Next Steps

| Price: \$110 | Tutor: Jenny Taylor  Bring your own materials 

Save money and get creative making clothes for your family or light furnishings for your home. Learn simple and fun sewing techniques: bring a pattern, fabric, scissors and pins to get started.

Wednesday	17 May	7:00pm - 9:00pm	7 week course
Wednesday	9 August	7:00pm - 9:00pm	7 week course
Wednesday	18 October	7:00pm - 9:00pm	7 week course

## Tivaevae – Cook Islands Quilting

| Price: \$95 | Tutor: Miimetua Tarapu  Bring your own materials

An introduction to the beautiful and colourful traditional Cook Island art form of quilting.

Wednesday	9 August	6:00pm - 8:00pm	6 week course
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## Upholstery – Make Your Own Bed Headboard (Weekend)

| Price: \$220\* | Tutor: Antonia Marino  \*Price includes headboard.  Bring your own fabric.

Upholster your own headboard in this one day workshop. Enrolments close 1 May to allow time for headboard frames to be manufactured. Course held in Papakura.

Sunday	7 May	10:00am - 4:00pm	1 session
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## Upholstery – Make Your Own Footstool (Weekend)

| Price: \$190 | Tutor: Antonia Marino  \*Price includes footstool.  Bring your own fabric.

In this workshop, Antonia (Voodoo Molly Vintage) will introduce you to the wonderful world of upholstery. Course held in Papakura.

Sunday	11 June	10:00am - 4:00pm	1 session
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# Languages & Travel

## Immerse yourself in learning another language and keep your brain fit!

Learning another language changes the way you see the world and enriches your understanding of other countries and cultures. Did you know learning a language also benefits your health by improving memory, increasing concentration, and enhancing your listening skills?

Come and join a friendly class where the atmosphere is inclusive and encouraging. Bring a friend to add another dimension to your language-learning challenge.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)





# Languages



Please contact us if you are interested in learning a language at a higher level than offered. If we have sufficient interest, we will schedule more courses.



## Chinese Mandarin – Beginners

| Price: \$128 | Tutor: Renee Huang

Are you interested in speaking Chinese Mandarin? Are you working in an organisation which needs to deal with Chinese-speaking people? Are you travelling to China or conduct business with Chinese? Join Renee to explore Chinese culture, and start your Chinese language learning journey.

| Tuesday | 9 May | 7:00pm - 9:00pm | 8 week course



## French – Beginners (Level 1)

| Price: \$128 | Tutor: Isabel Zarco

This course is designed as an introduction to long-term French learning. Suitable for absolute beginners or for those who have learned some French in the past and would like to consolidate basic skills as well as building up their French vocabulary.

| Wednesday | 15 February | 7:00pm - 9:00pm | 8 week course  
| Tuesday | 9 May | 7:00pm - 9:00pm | 8 week course  
| Monday | 16 October | 7:00pm - 9:00pm | 8 week course



## French – Beginners – Continuation (Level 2)

| Price: \$128 | Tutor: Isabel Zarco

A level 2 course to follow on from our French Beginners course.

| Wednesday | 10 May | 7:00pm - 9:00pm | 8 week course  
| Wednesday | 2 August | 7:00pm - 9:00pm | 8 week course



## French – Improvers (Level 3)

| Price: \$128 | Tutor: Isabel Zarco

Continue your studies of spoken and written French. Expand your knowledge of grammar and vocabulary.

| Monday | 13 February | 7:00pm - 9:00pm | 8 week course  
| Wednesday | 18 October | 7:00pm - 9:00pm | 8 week course



## French – Improvers – Continuation (Level 4)

| Price: \$128 | Tutor: Isabel Zarco

This course is designed to follow on from French Improvers.

| Monday | 8 May | 7:00pm - 9:00pm | 8 week course



## French – Intermediate (Level 5)

| Price: \$128 | Tutor: Isabel Zarco

This course is designed for students with a level of French good enough to understand a basic conversation. The course will focus on reading and writing, and listening and speaking in French. We will explore different topics and cultural aspects of the language. We will also work on grammatical skills and pronunciation.

| Monday | 31 July | 7:00pm - 9:00pm | 8 week course



## French – Conversation (Level 6)

| Price: \$128 | Tutor: Isabel Zarco

This course is designed for those students with a good level of French wanting to practise their skills talking about different topics and sharing personal experiences.

| Tuesday | 14 February | 7:00pm - 8:30pm | 8 week course  
| Tuesday | 1 August | 7:00pm - 8:30pm | 8 week course  
| Tuesday | 17 October | 7:00pm - 8:30pm | 8 week course



## German – Beginners

| Price: \$105 | Tutor: Melanie Freiwald

Start learning the basics of German.

| Wednesday | 1 March | 7:00pm - 9:00pm | 6 week course



## Hindi – Beginners

| Price: \$105 | Tutor: Sushila Sharma

Learn Hindi, and explore Indian culture, traditions and language in a friendly, interactive atmosphere.

| Tuesday | 1 August | 7:00pm - 9:00pm | 6 week course



## Travellers' Italian (Weekend)

Price: \$80 | Tutor: Cristina Capri

Buongiorno! This lively course introduces the basics of the Italian language. Enrich your time in Italy by being able to speak some simple phrases.

Saturday | 1 April | 10:00am - 4:00pm | 1 session



## Italian – Beginners (Level 1)

Price: \$128 | Tutor: Fiorella Tomasi

Buongiorno! Are you planning a trip to Italy? Do you have a fascination with all things Italian? Join us for this absolute beginners language course.

Monday	13 February	7:00pm - 9:00pm	8 week course
Wednesday	10 May	7:00pm - 9:00pm	8 week course
Wednesday	18 October	7:00pm - 9:00pm	8 week course



## Italian – Continuation (Level 2)

Price: \$128 | Tutor: Fiorella Tomasi



Continue learning the Italian language in this interactive class.

Wednesday	15 February	7:00pm - 9:00pm	8 week course
Monday	8 May	7:00pm - 9:00pm	8 week course



## Italian (Level 3)

Price: \$128 | Tutor: Fiorella Tomasi



Continue your Italian education with an emphasis on improving fluency of conversation.

Monday	16 October	7:00pm - 9:00pm	8 week course
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**NEW!**



## Japanese – for Travellers – Beginners

Price: \$89 | Tutor: Miyuki Hosoya-Neale

Travelling to Japan? Love Japanese food, movies and anime? Going skiing in Japan? Learn essential vocabulary and effective communication tips to enjoy your visit to Japan. This course will help you to appreciate the language and culture even more.

Wednesday	17 May	7:00pm - 8:30pm	6 week course
Wednesday	25 October	7:00pm - 8:30pm	6 week course



## Spanish – Beginners (Level 1)

Price: \$128 | Tutor: Fabiana Gordo (and with Alejo Pedrera in February)

Would you like to start learning a new language? Why not Spanish, spoken on four continents. Come join us in this fantastic introduction and enter the world of Spanish culture.

Monday	20 February	7:00pm - 9:00pm	8 week course
Monday	8 May	7:00pm - 9:00pm	8 week course
Tuesday	1 August	7:00pm - 9:00pm	8 week course
Tuesday	17 October	7:00pm - 9:00pm	8 week course



## Spanish (Level 2)

Price: \$105 | Tutor: Fabiana Gordo (and with Sonia De Los Rios in February)



A continuation class for those who have studied beginners' Spanish level class. Develop grammar, learn more verbs, increase your confidence listening and responding to questions. Introduction of reflexive verbs and the present continuous tense.

Tuesday	21 February	6:00pm - 7:30pm	8 week course
Tuesday	9 May	6:00pm - 7:30pm	8 week course
Monday	31 July	6:00pm - 7:30pm	8 week course
Monday	16 October	6:00pm - 7:30pm	8 week course



## Spanish (Level 3)

Price: \$105 | Tutor: Fabiana Gordo (and with Sonia De Los Rios in February)



This Spanish class is for those who already have basic ability with present tense, irregular verbs, reflexive verbs and the present continuous tense. This course will introduce the past tense too.

Tuesday	21 February	7:30pm - 9:00pm	8 week course
Monday	16 October	7:30pm - 9:00pm	8 week course





## Spanish (Level 4)

NEW!

| Price: \$105 | Tutor: Fabiana Gordo



This advanced Spanish class is suitable for those who have attended levels 1-3 and understand tenses and reflexive verbs.

Tuesday	9 May	7:30pm - 9:00pm	8 week course
Monday	31 July	7:30pm - 9:00pm	8 week course



## Spanish – Conversation (Level 5)

| Price: \$105 / \$128 | Tutor: Fabiana Gordo



¿Habras Español? ¿Necesitas practicar tu Español? Si quieres mejorar tu español... ven a este curso ¡que lo vas a pasar fenomenal!

Wednesday	8 March	7:00pm - 9:00pm	6 week course	\$105
Wednesday	10 May	7:00pm - 9:00pm	8 week course	\$128
Wednesday	2 August	7:00pm - 9:00pm	8 week course	\$128
Wednesday	18 October	7:00pm - 9:00pm	8 week course	\$128



## Te Reo Māori – Beginners

NEW!

| Price: \$65\* | Non-resident: \$195\* | Tutor: Parekura Tautuhi Pewhairangi

Would you like to learn te reo Māori? This course provides an introduction to the Māori language with an emphasis on pronunciation, greetings, and forms of language in particular cultural contexts. \*This course is subsidised by TEC for NZ citizens and residents.

Tuesday	14 February	7:00pm - 9:00pm	8 week course
Tuesday	9 May	7:00pm - 9:00pm	8 week course
Tuesday	1 August	7:00pm - 9:00pm	8 week course
Tuesday	17 October	7:00pm - 9:00pm	8 week course



## Te Reo Māori (Level 2)

NEW!

| Price: \$65\* | Non-resident: \$195\* | Tutor: Brigitte Te Awe Awe-Bevan



Continue learning Te Reo Māori and participate in an optional overnight marae visit.

\*This course is subsidised by TEC for NZ citizens and residents.

Wed, Fri	22 February	7:00pm - 9:00pm	9 week course
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This programme will be constantly reviewed and amended during the year. Please check our website for latest updates.

[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



# Travel



## Travel expands our minds as much as our horizons

Learning about different countries, cultures, and customs before you travel will deepen your understanding of the people and places you visit, and enrich your travel experience. If you're an armchair traveller, you'll enjoy attending these courses with other like-minded people.



## Travel Writing (Weekend)

| See Writing – Page 106



## When In Northern Italy (Weekend)

NEW!

| Price: \$80 | Tutor: Cristina Capri

This course will give you an overview of some fascinating places to visit in northern Italy. It will cover significant architectural and historical sites such as the Sforza castle in Milan and the Scrovegni Chapel in Padua. We'll also explore the history of Venetian villas and the Duke's Palace in Venice plus discuss highlights of the famous Cinque Terre and coastal walks in Genoa.

Sunday	18 June	10:00am - 4:00pm	1 session
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## When In Rome (Weekend)

NEW!

| Price: \$80 | Tutor: Cristina Capri

Join Cristina for an insider's guide to Rome. Find out where to eat, where to shop, and learn about local arts and crafts, art history, architecture and of course history!

Sunday	2 April	10:00am - 4:00pm	1 session
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## When In South Africa (Weekend)

**NEW!**

| Price: \$80 | Tutor: Cristina Capri

Explore archaeological sites, first settler cities, and the gold rush city of South Africa. Discover the best game parks to visit and the magic of the Karoo desert. Find out the best scenic driving routes to take and interesting places to stop and shop. We'll also discuss some tips for keeping travellers safe.

| Sunday | 3 September | 10:00am - 4:00pm | 1 session



## When In Southern Italy (Weekend)

**NEW!**

| Price: \$80 | Tutor: Cristina Capri

Discover the most interesting parts of the Amalfi Coast to explore. Find out about the southern coastal cities of Naples, Bari, Brindisi, and Taormina in Sicily. Learn some basic Italian so you can greet people and ask simple questions. We'll also cover some tips to help keep travellers safe.

| Saturday | 2 September | 10:00am - 4:00pm | 1 session



## Discover a World of Art & Travel

Are you interested in art, or wanting to discover and explore galleries when you travel? Attend one or all four of these inspiring evenings about the artistic and cultural highlights of North America, Japan, Europe and New Zealand/Australia. Facilitated by art traveller, Glen Armstrong, they will be relaxing evenings of travel discovery via a virtual tour.

| Price: \$25 per class | Tutor: Glen Armstrong



### North America

**NEW!**

Discover the great art destinations of North America. From Los Angeles to New York, Miami to Montreal there is a huge range of art to seek out on your travels. We will look at cutting edge contemporary art, craft, painting and sculpture.

| Tuesday | 6 June | 7:00pm - 8:30pm | 1 session



### Japan

**NEW!**

Join us for an evening learning about some of the artistic highlights of Japan. From contemporary Tokyo to cultural Kyoto, the art island of Naoshima, Hakone and more. Discover the exquisite detail and beauty of Japanese art, ceramics and gardens.

| Tuesday | 13 June | 7:00pm - 8:30pm | 1 session



### Europe

**NEW!**

We will take a wide-ranging romp across Europe stopping in Spain, Germany, Italy and elsewhere. In Spain we'll visit Barcelona and Madrid before venturing into the Basque country of San Sebastian and Bilbao. We will also explore Venice, Florence, Rome and Naples in Italy, as well as stopping off in Sicily. In Germany our focus will be on Berlin, renowned for its rich artistic heritage.

| Tuesday | 20 June | 7:00pm - 8:30pm | 1 session



### NZ & Australia

**NEW!**

Don't leave home till you've seen the country... and visited your closest neighbour! From Gisborne to Gore and from Hobart to Cairns, our two countries have some of the best and most under-rated art galleries and museums you will ever come across. We'll even cross the ditch to visit galleries and museums in Cairns, Brisbane, Sydney, Melbourne and of course Hobart.

| Tuesday | 27 June | 7:00pm - 8:30pm | 1 session



# Music, Dance & Drama

## Get in touch with your creative side this year!

We have amazing courses and wonderful tutors to keep you moving and grooving.

From guitar to keyboard – even Bob Dylan and The Beatles – we have an array of enjoyable short courses to develop your skills, your musical appreciation and your creativity.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

## Ballroom and Latin Dancing for Beginners

| Price: \$68 | Tutor: Don Cooke

Bring your partner and learn some new easy dance moves together. You will be introduced to a different style of dance each night – waltz, quickstep, cha cha cha, jive rock 'n' roll, rumba and Argentine tango. \$110 per couple.

| Wednesday | 22 February | 6:15pm - 7:15pm | 6 week course

## Beginners' Drama – for Children 8-10 Years

| See Children & Teens – Page 23

## Bollywood Dance

| Price: \$98 | Tutor: Rehana Chougale

No matter your experience or fitness level, this fun class with Rehana will have you moving to the unique sounds of Bollywood. Get fit, have fun and learn techniques and movements which originate from Indian folk dance to create Bollywood magic.

| Tuesday | 1 August | 6:00pm - 7:00pm | 8 week course

## Dancercise for the 40+

| See Health, Well-being & Fitness – Page 64

## Drama: Audition Strategies – for Children 9-16 Years

**NEW!**

| See Children & Teens – Page 24

## Drama Production – for Children 9-12 Years – Level 1 & 2

| See Children & Teens – Page 23

**On our emailing list?** Sign up to keep up with new events and special offers!





## Exploring Bob Dylan

| Price: \$90 | Tutor: Graham Reid

Learn more about the 2016 Nobel Prize winner. Bob Dylan has been as influential as he is mysterious over his long career through the 20th and into the 21st century. Explore the life and work of the songwriter, through his religious, political and romantic lyrical themes, along with his personal history and influence on pop culture.

| Tuesday | 14 March | 7:00pm - 8:30pm | 5 week course

## Folk Dancing

**NEW!**

| Price: \$105 | Tutor: Bronwen Arlington

Do you love to dance and enjoy folk music? Come and learn a range of new folk dances from different countries around the Mediterranean and Black Sea.

| Tuesday | 14 February | 7:00pm - 8:30pm | 8 week course

## Guitar – Blues – Beginners

| Price: \$86 | Tutor: Master Mariot  Bring your own guitar

Guitar theory and practical taught in a fun environment. This class is aimed at total beginner guitar players. Small group lessons for 1.25 hours per week.

| Wednesday | 10 May | 6:00pm - 7:15pm | 8 week course  
| Wednesday | 25 October | 6:00pm - 7:15pm | 8 week course

## Guitar – Popular – Beginners

| Price: \$276\* | Tutor: Darmatin Harmadi  Bring your own guitar

Come and learn popular songs from the 60s to now. This 60-minute class is specially designed for absolute and relative beginners, and covers melodic playing, chords, strumming and finger picking. \*The tutor will charge you \$40 directly for sheet music.

| Monday | 13 February | 5:40pm - 6:40pm | 16 week course  
| Monday | 31 July | 5:40pm - 6:40pm | 16 week course

## Guitar – Popular – Continuing

| Price: \$169\* | Tutor: Darmatin Harmadi  Bring your own guitar

Expand your skills and techniques on the guitar in a group with others of similar ability. These 80-minute classes are for those who have completed the beginners' course or have taken lessons elsewhere.

| Monday | 13 February | 6:40pm - 8:00pm | 16 week course  
| Tuesday | 14 February | 6:40pm - 8:00pm | 16 week course



## Piano Keyboard – Adults – Beginners

| Price: \$172 | Tutor: Sriyani Peiris

Learn to read music and play the keyboard in 45-minute group sessions.

| Monday | 13 February | 6:00pm - 6:45pm | 16 week course  
| Monday | 31 July | 6:00pm - 6:45pm | 16 week course

## Piano Keyboard – Adults – Advanced

| Price: \$172 | Tutor: Sriyani Peiris 

Improve your keyboard ability in 45-minute group sessions.

| Monday | 13 February | 6:45pm - 7:30pm or 7:30 - 8:15pm | 16 week course  
| Monday | 31 July | 6:45pm - 7:30pm or 7:30 - 8:15pm | 16 week course

## Piano Keyboard for Children 8+ – Beginners/Advanced

| See Children & Teens – Page 24

## Pilates and Ballet

**NEW!**

| See Health, Well-being & Fitness – Page 60

## Rock'n'Roll and Jive Dancing – An Introduction

| Price: \$82\* | Tutor: Don Cooke | Location: Course held at Te Oro in Glen Innes

Learn easy dance moves with a clear demonstration of dance steps and movements in this introduction to Rock'n'Roll and Jive dancing. \*Discount rate of \$150 per couple.

| Wednesday | 9 August | 6:15pm - 7:15pm | 6 week course

## Salsa and Bachata – Dancing for Beginners

| Price: \$68\* | Tutor: Don Cooke

Bring your dance partner and experience an introduction to salsa and bachata dancing. Enjoy the rhythm of these Latin dances and learn some easy moves and impress on the dance floor! \*Discount rate of \$110 per couple.

| Tuesday | 23 May | 7:00pm - 8:00pm | 6 week course







## Selwyn Community Arts Theatre (SCAT)

Each year SCAT stage a community production, usually in Term 2. The production is confirmed in January and rehearsals will start in February.

Whether backstage, admin, acting, dancing, singing, ticketing, production or support crew, we can find a role for you. Please email if you are interested in being included in the 2017 production. High school students welcome and in some productions there may be roles for children.

## Swing Dancing – An Introduction

| Price: \$68\* | Tutor: Don Cooke

Enjoy easy dance moves with a clear demonstration of dance steps and movements in this introduction to West Coast Swing. \*Discount rate of \$110 per couple.

| Tuesday | 24 October | 6:15pm - 7:15pm | 6 week course

## The Beatles – Before, Behind and Beyond

**NEW!**

| Price: \$90 | Tutor: Graham Reid

Join renowned critic and music writer Graham Reid who will use some rare and unreleased music by the Beatles to explain their rise from Liverpool and the seedy clubs of Hamburg to world dominance.

| Tuesday | 22 August | 7:00pm - 8:30pm | 5 week course

## Ukulele – Beginners

| Price: \$96 | Tutor: Anna Fisher  Bring your own ukulele

Learn to play the uke! Basic chords, strumming patterns and tab. Bring a uke and a smile. Suitable for beginners or those who have basic experience. Ages 13 and above welcome.

Monday	13 February	7:00pm - 8:30pm	8 week course
Monday	8 May	7:00pm - 8:30pm	8 week course
Monday	7 August	7:00pm - 8:30pm	8 week course
Monday	16 October	7:00pm - 8:30pm	8 week course

## Ukulele – Next Steps

| Price: \$96 | Tutor: Ma'ara Maeava  Bring your own ukulele

For those who are ready to progress in their ukulele practice.

Monday	13 February	7:00pm - 8:30pm	8 week course
Monday	8 May	7:00pm - 8:30pm	8 week course
Monday	7 August	7:00pm - 8:30pm	8 week course
Monday	16 October	7:00pm - 8:30pm	8 week course

## Ukulele – Intermediate

| Price: \$96 | Tutor: Ma'ara Maeava  Bring your own ukulele

This class is for those who have finished The Next Step and want to become even more proficient. Join master ukulele teacher Ma'ara and he will take you through a selection of reggae, slow rock and waltzes and of course some traditional Pacific Island music as well. You will finish this course with new confidence and a repertoire.

Wednesday	15 February	7:00pm - 8:30pm	8 week course
Wednesday	10 May	7:00pm - 8:30pm	8 week course
Wednesday	9 August	7:00pm - 8:30pm	8 week course
Wednesday	18 October	7:00pm - 8:30pm	8 week course

## Understanding and Appreciating Ballet – Romeo & Juliet

| Price: \$130 | Tutor: Marianne Schultz

Why do ballerinas dance on their toes? This question and many others will be answered in this ballet appreciation class that includes a Royal New Zealand Ballet class observation. You can also buy an optional ticket to the Romeo & Juliet matinee performance in September.

| Tues, Sat | 9 August | 6:00pm - 8:00pm | 4 week course + 1 Saturday morning



# Personal Development

## Understanding Yourself

Understanding yourself – and why you behave the way you do can have a positive impact on relationships at work and home.

Learn how to bridge the gap between yourself and others with effective ways of communicating. Self-discovery can be an interesting and inspiring journey.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

## Creating Your Future – Life and Work After 50 (Weekend)

| Price: \$105 | Tutor: Muriel Roake

The old road maps that have been used to plan our lives are out of date. We are living longer and doing it differently to previous generations. This two-part course is aimed at making sense of the changes that are taking place and equipping you to make informed choices for your future.

| Sat, Sun | 17 June | 9:00am - 12:30pm | 2 day course

## Genealogy

| See History, Architecture & Society – Page 66

## Introduction to Islam

| See History, Architecture & Society – Page 67

## Introduction to Psychology

| Price: \$150 | Tutor: Eadaoin Butler

This six-week course will cover the foundations of psychology, as well as the major theories associated with a number of branches of the subject – biological psychology, social psychology, cognition and perception, developmental psychology and health psychology.

| Tuesday | 7 March | 7:00pm - 9:00pm | 6 week course  
| Tuesday | 15 August | 7:00pm - 9:00pm | 6 week course

## Job Skills Training

| Phone the programme coordinator to enrol, on 527 6380.

Upskill and gain confidence for job seeking. This free course covers basic computer skills, interview techniques, etc. Held on Friday mornings at Te Waipuna Puawai, 12a Umere Cres, Ellerslie.

## Managing Stress and Anxiety

| See Health, Well-being & Fitness – Page 57

## Memorising Made Easy (Weekend)

| Price: \$110 | Tutor: Gillian Eadie

This course will suit anyone who wants to memorise easily or perhaps wants to know the secret of keeping the brain active and sharp for longer. These practical strategies will be useful for actors, students, singers, presenters, business people, seniors, hobbyists, the absent-minded, and others.

| Saturday | 17 June | 10:00am - 4:00pm | 1 session

## NLP for Success

| Price: \$102 | Tutor: Natasha Peyman

If you want to know how to negotiate and manage the daily challenges of life, move on from past hurts, and get in step with others, join Natasha to learn the tools to reframe your thinking, feel confident and live a life with more choices.

| Wednesday | 3 May | 7:00pm - 9:00pm | 4 week course

## NLP in a Day (Weekend)

| Price: \$102 | Tutor: Michelle Sime

If you want to know how to negotiate and manage the daily challenges of life, move on from past hurts, and get in step with others, come along and reframe your thinking, feel more confident and live a life with abundant choices.

| Saturday | 2 September | 9:00am - 5:00pm | 1 session

## Public Speaking and Speech-Making for Beginners **NEW!**

| Price: \$98 | Tutor: John McLean

Overcome the fear of public speaking and learn how to enjoy giving a speech for any occasion.

| Monday | 15 May | 7:00pm - 9:00pm | 5 week course

## Self-Defence for Mothers and Daughters **NEW!**

| Price: \$49 | Tutor: Rana Moir

Violence against girls and women is a major problem in New Zealand with serious, sometimes fatal, consequences. During this workshop specially designed for mothers and daughters (from 10 years up) you will learn the essential skills to keep yourselves safe.

| Saturday | 17 June | 10:00am - 4:00pm | 1 session

## Short Speeches for Special Occasions

| Price: \$78 | Tutor: John McLean

Throughout life we are often required to give a short speech. Most people hate speaking in public and avoid it if possible. The purpose of this course is to learn the skills that will enable attendees to feel confident in making that important speech and enjoy doing it.

| Tuesday | 31 October | 7:00pm - 9:00pm | 3 week course

## The Art of Conversation **NEW!**

| Price: \$54 | Tutor: Julia West

Are you often lost for words at business or social events? Join us to learn skills which will make conversations more enjoyable. You'll learn to introduce yourself in a variety of situations and find out how to 'actively listen' so you can remember what people are telling you. These techniques are aimed to help you build rapport with other people and make talking with others less challenging.

| Tuesday | 16 May | 7:00pm - 9:00pm | 3 sessions over 5 weeks

## **THINK** Talks!

Broaden your horizons, develop your intellect and challenge your thinking by attending our Think Talk series of one-hour lectures, delivered by academics, researchers and subject experts.

- We Need Art, But What For?
- White-Collar and Blue-Collar Financial Crime in NZ
- The Land of Milk and Honey?
- Anatomy of the Mindful Brain
- Obesity and Policy – What Works?
- Communist China in a World of Democracies
- The Truth About Language
- Ethical Clothing
- Political Games: Questions, answers and the power struggles between journalists and politicians
- Auckland Medical Research Foundation Presents a Current Topic in Medical Research

| See Think Talks! – Page 8

## Women in Islam

| See History, Architecture & Society – Page 68





## Improve your Literacy; Learn to Teach Adults; or Be a Volunteer Teaching English to New Migrants

Take your pick from three adult learning courses that will give you new skills and confidence for work and home. If your literacy skills need improving come to free Adult Literacy classes. If you would like to teach a new course with us or elsewhere come and learn the essential skills of how to teach adults. Or how about training to become a volunteer teaching English to new migrants or refugees.



### Adult Tutor Training (Weekend)

| For information on cost and for application forms, phone 834 4099 during school hours.

A basic course designed for both current and potential tutors of adults. Covers: how adults learn, group building, planning, evaluation and the presentation of a mini lesson.

| 2x Saturdays | 1, 8 April | 9:00am - 5:00pm | Selwyn College, Kohimarama Rd, Kohimarama

| 2x Saturdays | 16, 23 Sept | 9:00am - 5:00pm | Rutherford College, 16 Kotuku St, Te Atatu Peninsula

### Adult Literacy Tamaki

| Phone: 570 4140 | Email: [admin@adulthoodliteracy.org.nz](mailto:admin@adulthoodliteracy.org.nz)

FREE help to improve your Reading, Writing, Spelling, Grammar, Computing, Everyday Maths or Driver Licence Preparation. Held at Glen Innes and Freemans Bay.

### English Language Partners – Tutor Training

Are you interested in volunteering to teach English to new migrants and refugees? Enrol now for one of our 25-hour, NZQA approved courses. Excellent resources & support provided. Term 1 March; Term 2 May; Term 3 August; Term 4 October.

Phone English Language Partners on 523 0071 or

Email: [aucklandcentral@englishlanguage.org.nz](mailto:aucklandcentral@englishlanguage.org.nz) for more information.

Website: [www.englishlanguage.org.nz](http://www.englishlanguage.org.nz)



# Photography

## Capture and share your life through the art of photography

Break free from auto-mode and use all the fantastic features on your camera. By learning photography basics and gaining more advanced skills, you'll be able to take wonderful photos and videos.

Make those treasured moments, celebrations and events into a lasting record you can share with family and friends, and revisit again over the years.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)





## Celebrating the Auckland Domain Through the Seasons (Weekend)

| Price: \$99 | Tutor: Chris Zwaagdyk Bring your own camera

Come and experience the seasons in the Auckland Domain, through the camera lens. Look at the changing light, how colours change throughout the year and during different times of day. Open your eyes to what's around you and record this vision with your camera over three sessions throughout the year.

| Sun, 2 April / Sat, 5 August / Sat, 16 September | 10:00am - 5:30pm | 3 sessions

## Digital Photography – Beginners – DSLR (Weekend)

| Price: \$95 | Tutor: Chris Zwaagdyk Bring your own camera

This course is designed as an introduction to the DSLR camera.

Saturday	1 April	9:00am - 4:00pm	1 session
Saturday	17 June	9:00am - 4:00pm	1 session
Saturday	4 November	9:00am - 4:00pm	1 session

## Digital Photography – DSLR Beginners

| Price: \$115 | Tutor: Ian Eng Bring your own camera

Learn the basics of photography and camera modes, aperture, shutter speed, depth of field, night photos and much more.

Monday	20 February	7:00pm - 9:00pm	5 week course
Monday	22 May	7:00pm - 9:00pm	5 week course
Wednesday	9 August	7:00pm - 9:00pm	5 week course
Monday	30 October	7:00pm - 9:00pm	5 week course

## Digital Photography – DSLR Beginners – The Next Level

| Price: \$115 | Tutor: Ian Eng Bring your own camera

You know the basics, now explore different types of photography and continue your learning. This course includes a Saturday off-site session.

Mon, Sat	31 July	7:00pm - 9:00pm	4 week course + 1 Sat
Tue, Sat	31 October	7:00pm - 9:00pm	4 week course + 1 Sat



## Digital Photography – DSLR Cameras – Creative

| Price: \$115 | Tutor: Chris Zwaagdyk Bring your own camera

Are you disappointed with the photos you get using programmed modes on your DSLR? This course will teach you how to control the images you take and be in control of your camera rather than the camera controlling you. Great techniques and professional tips are taught by a patient, skilful teacher.

| Mon, Sat | 22 May | 7:00pm - 9:00pm | 4 week course + 1 Sat

## "A Festival of Learning" Adult Learners' Week He Tangata Matauranga

Celebrating Lifelong Learning  
in our Community

4 - 10 September 2017

**On our emailing list?** Sign up to keep up with new events and special offers!





# Tours & Walks

## Discover your world!

Take a walking tour to discover more about Auckland's history or join our art bus and visit some of our city and suburban art galleries. You'll be amazed what a rich art scene lies tucked away close by and on the outskirts of Auckland.

If you're wanting to travel further afield come to one of our new Travel Talks about the delights of North and South Italy or the highlights of travelling in South Africa.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

## Art Gallery Tours (Weekend)

| Price: \$42 | Tutor: Glen Armstrong

Always wanted to explore the galleries with someone who can talk about the artists and their works? Join Glen Armstrong as he takes you through some of Auckland's art precincts, visiting dealer galleries, exploring the current themes, reflecting on some of the issues, and meeting people who participate in New Zealand's contemporary art scene. Enrol in both tours on the same order for a 10% discount.

<a href="#">Ponsonby &amp; Newton Galleries</a>	Saturday	12 August	11:00am - 2:00pm	1 session
<a href="#">K' Road Galleries</a>	Saturday	14 October	11:00am - 2:00pm	1 session

## Talking About Art – at the Auckland Art Gallery (Weekend)

| See Art & Craft – Page 20

## Auckland's Volcanoes and Geology – An Introduction

| See History, Architecture & Society – Page 66

## Bird Watching – for Beginners (Weekend)

| Price: \$135 | Tutor: Nathalia Jellyman

Would you like to discover more about our local birds? Come along with your binoculars and as we walk through local bush, estuaries or seashore you will learn about the habits and habitat of the birds we see. This course is primarily for the fledgling bird watcher, but designed to be appreciated by bird watchers of any level.

Saturday	11 March	1:00pm - 4:00pm	3 week course
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## Eco-Cultural Walk and Talk (Weekend)

| Price: \$40 | Tutor: Riki Bennett

Enjoy a walk through some beautiful native bush while being taken on an educational journey into the medicinal and edible plants traditionally used by Māori. Riki Bennett, keen conservationist and knowledgeable speaker on traditional native plant uses, will share his ethnobotanical knowledge as you get the opportunity to sample a range of edible plants and berries while understanding the medicinal properties.

Saturday	2 September	10:00am - 1:00pm	1 session
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## Gibbs Sculpture Farm Visit (Day)

| Price: \$95 | Tutor: Glen Armstrong

Join Glen Armstrong for a day trip by minibus to the famous Gibbs Farm Sculpture Park on the shores of the Kaipara Harbour. Take this rare opportunity to visit this amazing sculpture park with works by key artists including Andy Goldsworthy, Chris Booth, Len Lye and Richard Serra. There are few better opportunities to engage directly with works of this size and calibre in the Southern Hemisphere.

| Please visit our website for dates and times: [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

## Historic Auckland Walks: Guided Auckland City Walk

| Price: \$35 | Tutor: David Hill

An entertaining 3.5 hour exploration around Auckland's central city. Enjoy rich encounters with almost a thousand years of history since Māori first settled Tamaki Makaurau.

| Sunday | 17 September | 10:00am - 1:30pm | 1 session

## Historic Auckland Walks: Logan Campbell Walk

| Price: \$40 | Tutor: David Hill

Learn what drove a young Scottish doctor to leave Edinburgh and turn up in Auckland in 1839. Hear the stories behind "the father of Auckland", the fortunes won and lost and won again, the hardships, and his enduring legacy. This four-hour walk will take in parts of Hobson Bay, Parnell and the lower city where his life played out.

| Sunday | 28 May | 9:00am - 1:00pm | 1 session

## Sculptures and Murals in the Central City

**NEW!**

| Price: \$35 | Tutor: David Hill

Join us for a central city walk exploring public art that includes sculpture, murals and commissioned art. Learn about the influence art has on public spaces.

| Sunday | 26 March | 10:00am - 1:00pm | 1 session

## West Auckland Art Tour

**NEW!**

| Price: \$95 | Tutor: Glen Armstrong

Join art historian Glen Armstrong for an informative and fascinating bus tour to explore the art and art history of Auckland's west. Visit McCahon House, known as Te Toi Uku, in Titirangi to see how the artist, his wife and family lived. Enjoy the Crown Lynn Museum, and experience Te Uru Contemporary Art Gallery with its Anne McCahon Exhibition and amazing views. We'll swing by Corban Estate Art Centre too, time permitting.

| Thursday | 15 June | 9:30am - 4:30pm | 1 session

For details, latest updates and to enrol visit: [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



Pre-requisite knowledge required for these courses

# Writing

## Create a new world – or share this one!

Our writing tutors are here to help you through every step of the writing process – from nailing down your ideas and developing an outline, to finding the right words, overcoming any road blocks, and ushering your manuscript into the world to the delight of a receptive readership.



For more details or to enrol visit [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)

For details, latest updates and to enrol visit: [www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



Course requires additional materials or ingredients

## Become a Blogger (Weekend)

| Price: \$120 | Tutor: Lindsey Dawson

Have you always wanted to blog but not known where to start? This course will give you the know-how to get your blog out to the world, using Weebly.

| Sunday | 18 June | 10:00am - 4:00pm | 1 session

## How to Write a 'How To' Book (Weekend)

**NEW!**

| Price: \$120 | Tutor: Lindsey Dawson

When you want to share your know-how, the next logical step is to write about it, either for print or online media. Your subject matter can be anything at all. It can be business-related – as in how to close a deal or manage a team or run a great conference. Or it might be a personal passion – such as how to mend a broken heart, back-pack through Asia, or bake the best cakes ever. Come and learn 'how to'.

| Sunday | 3 September | 10:00am - 4:00pm | 1 session

## Travel Writing (Weekend)

| Price: \$220 | Tutor: Jill Malcolm

Would you like to record your travel experiences whether cycling in New Zealand or traveling across Asia? Join experienced travel writer Jill Malcolm and learn how to put these experiences into words for a blog, a journal or for publication.

| Sat, Sun | 1 April | 9:30am - 4:30pm | 2 day course



# Writing Weekend 19-20 August 2017

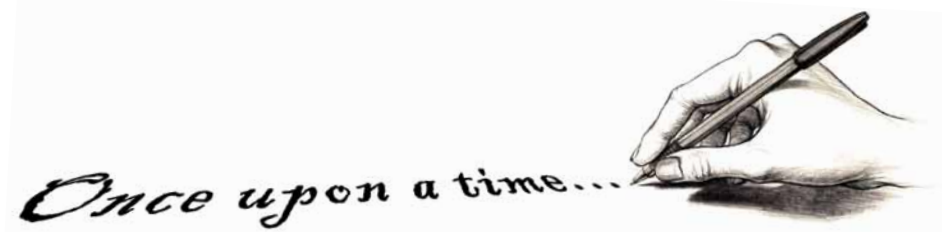
## Create a new world – or share this one!

Welcome to a wonderful weekend of writing workshops. These hands-on sessions offer a range of non-fiction and fiction writing styles to choose from. Try your hand at writing for children, poetry, digital storytelling, or book reviewing. Start recording family memories or learn how to structure fiction. These workshops will be facilitated by writers who are experts in their field. You will get to meet fellow budding writers and be able to purchase books from a Poppies Bookstore display.

Fire up the day with an early morning talk by Metro Books Editor, Susanna Andrew. Get a sense of the writing communities at large, the lay of the literary landscape, and where and how to stay tuned in to a writing life.

Susanna Andrew is Metro Books Editor and co-editor with Jolisa Gracewood of the Auckland University Press annual anthology *"Tell You What: Great New Zealand Non-fiction"*.

	Tutor	Date	Day	Time	Price
The Literary Landscape	Susanna Andrew	19 August	Sat	9:00am - 10:00am	Free
Creative Writing Weekend	Lindsey Dawson	19 August	Sun, Sat	10:00am - 4:00pm	\$220
Family Stories to Fiction	Stephanie Johnson	19 August	Sun, Sat	10:00am - 4:00pm	\$220
Moments, Memories and Milestones	Jill Malcolm	19 August	Sun, Sat	10:00am - 4:00pm	\$220
Poetry Cafe	Vana Manasiadis	19 August	Sat	10:00am - 4:00pm	\$120
Writing Children's Picture Books	Melinda Szymanik	19 August	Sat	10:00am - 4:00pm	\$120
Writing For Children	Leonie Agnew	19 August	Sat	10:00am - 4:00pm	\$120
Digital Storytelling Using Your iPad	Tessa Gray	20 August	Sun	10:00am - 4:00pm	\$120
How to Review a Book	Nicholas Reid	20 August	Sun	10:00am - 4:00pm	\$120



## Creative Writing Weekend

**NEW!**

| Price: \$220 | Tutor: Lindsey Dawson

If you have ever thought you'd like to try creative writing, but don't know where to start, join author and editor Lindsey Dawson in a writing adventure where you can dive into a rich stream of written expression.

| Sat, Sun | 19 August | 10:00am - 4:00pm | 2 day course

## Digital Storytelling Using Your iPad (Weekend)

**NEW!**

| Price: \$120 | Tutor: Tessa Gray

Learn how to record personal or family histories using your iPad. You will learn the basics of how to plan and create a digital story – from storyboarding to crafting and editing in iMovie using special effects, visuals, sound and narration. You will need to bring an iPad with iMovie and iPhoto loaded.

| Sunday | 20 August | 10:00am - 4:00pm | 1 session

## Family Stories to Fiction (Weekend)

| Price: \$220 | Tutor: Stephanie Johnson

Several of Stephanie Johnson's historical novels were inspired by family stories. In this course, participants will bring along family stories and workshop them into fiction. What do we leave out? What do we keep in? What do we make up? How much extra research will be required? What is the difference between true stories and historical fiction? You'll learn how to make our family stories into stories that have wide appeal.

| Sat, Sun | 19 August | 10:00am - 4:00pm | 2 day course

## How to Review a Book (Weekend)

**NEW!**

| Price: \$120 | Tutor: Nicholas Reid

Do you need to review books for your book club? Would you like to review books for a blog or a publication? Join experienced book reviewer Nicholas Reid and learn the techniques of a good critique.

| Sunday | 20 August | 10:00am - 4:00pm | 1 session

## Moments, Memories and Milestones (Weekend)

**NEW!**

| Price: \$220 | Tutor: Jill Malcolm

Rather than writing a whole memoir, this interactive course teaches how to write well about single events.

| Sat, Sun | 19 August | 10:00am - 4:00pm | 2 day course

## Poetry Cafe (Weekend)

| Price: \$120 | Tutor: Vana Manasiadis

Spend a day with a focus on fun, creativity, play, writing, and great discussion. During the day you will firstly look at a number of poems, poetic language, style, and sound, and then at some of the pathways into writing poetry. Using exercises as starting off points, you will write your own poems, and have the opportunity to share, perform, and be inspired by each other's reflections.

| Saturday | 19 August | 10:00am - 4:00pm | 1 session

## Writing Children's Picture Books (Weekend)

| Price: \$120 | Tutor: Melinda Szymanik

Always wanted to write a picture book? This course will teach you tips and techniques for developing your ideas, organising them into a story, polishing them into a finished manuscript, and submitting them to publishers and for competitions.

| Saturday | 19 August | 10:00am - 4:00pm | 1 session

## Writing For Children (Weekend)

| Price: \$120 | Tutor: Leonie Agnew

Interested in writing for children? This course is designed for adult learners. Leonie Agnew will take you through a discussion on her career, including writing tips and inside information on the current NZ publishing scene. This course is mainly for those interested in writing junior fiction and does not include feedback on current manuscripts. It targets writing material for the 8 - 12 age group.

| Saturday | 19 August | 10:00am - 4:00pm | 1 session





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# General Information

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## COURSE START DATES:

See individual courses for detailed start dates.

**Term 1:** Monday 13 February

**Term 2:** Monday 8 May

**Term 3:** Monday 31 July

**Term 4:** Monday 16 October

**No classes on public holidays:**

Easter: 14-17 April.

Anzac Day: Tuesday 25 April.

Queen's Birthday: Monday 5 June.

Labour Day: Monday 23 October.



## OFFICE HOURS:

**Monday, Tuesday and Wednesday:** 9:00am - 9:00pm, **Thursday and Friday:** 9:00am - 3:00pm

**School-holidays:** When courses are running the office is open from 9:00am - 4:00pm.

**Office Closed:** From Friday 15th December 2017, until 8 Jan 2018.



**FINDING THE OFFICE:** We are located at the front of Selwyn College to the left of the main reception in the administration building (203 Kohimarama Road, Kohimarama, via Gate 2).



**FINDING YOUR CLASSROOM:** On the first day or evening of your class, come to the Community Education office where you will be met and given directions to your classroom.



**FEES:** Places are only guaranteed once payment is received. All fees are GST inclusive.



**ENROLMENTS:** All courses need a minimum number to proceed. If we do not have enough enrolments to proceed, we will let you know approximately five days prior to the scheduled start date. Please enrol early to avoid disappointment. There may be opportunities for late enrolments on some courses and some may have waiting lists. Please phone the office to enquire.



**ENROLMENT CONFIRMATION:** If you have supplied an email address you will receive a reminder of your course start date a couple of days before the course. If you do not hear from us, check our website for up-to-date times and dates. Lists for classes requiring "materials" will be emailed approximately one week before the class starts.



**REFUNDS AND TRANSFERS:** Refunds will not be given for withdrawals or transfers within 5 days (2 weeks for ESOL) of the class starting or once a class has started. If a class has insufficient enrolments we will advise you and a transfer or full refund will be offered. If you are unable to attend a course and provide us with at least five working days notice before the course starts we will refund you, or transfer you, less a \$20 administration fee.



**CHANGES TO PROGRAMME:** In the case of unforeseen circumstances, we reserve the right to change the advertised programme and/or tutor. Every effort will be made to advertise such changes. Please check our website for up-to-date information.



## CARS AND PARKING:

The main carpark is situated at the front of the school. There is parking around the ASB Stadium which adjoins the school. Parking is not permitted in gateways or on grassed areas. Vehicles that block access or are incorrectly parked may be towed away. The carpark is locked from 9:15pm.

**Evening Courses:** Parking is available on the school grounds but can often be limited. There may be parking in the ASB Stadium carpark which adjoins the school, or if not there is street parking close to the school.

**Weekend Courses:** There is normally ample parking on the school grounds.

**Weekday Courses:** There is no parking on the school grounds. There may be parking in the ASB Stadium carpark which adjoins the school, or if not there is street parking close by.



## DISABLED PARKING:

A disabled car park is labelled and available beside the Selwyn Community Education office. Users of the disabled parks must display a permit.



**NO SMOKING:** Smoking is not permitted anywhere in or around school buildings or anywhere within the school grounds.



## PERSONAL PROPERTY / LIABILITY:

Please do not leave valuables in your car or unattended in classrooms.

The Selwyn College Board of Trustees will in no way be liable for any loss resulting from any damage to, or the theft of, any property belonging to an employee or a student. Accordingly, an employee or student must arrange his or her own personal insurance to cover loss or damage to personal property while it is situated at the College. To minimise the risk of damage, employees and students should ensure that their personal property is secured, preferably in alarmed areas, and that vehicles are parked in allocated parking spaces.



**On our emailing list?** Sign up to keep up to date with new events and special offers.

This programme will be constantly reviewed and amended during the year. Please check our website for the latest updates.

[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)



# 2017 SELWYN COMMUNITY EDUCATION

*Something for Everyone*



12 mins drive from CBD



203 Kohimarama Road, Kohimarama

Phone: 09 521 9623

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[www.selwyncomed.school.nz](http://www.selwyncomed.school.nz)