

16 SELWYN 0 COMMUNITY 2 EDUCATION



Short Courses for Everyone

offering high quality, low-cost courses in:

- Think Talks!
- Art & Architecture
- Boating & Navigation
- Children & Teens
- Computers
- Cooking
- Craft, Textiles & Fashion
- English - ESOL
- Health, Well-being & Fitness
- History, Literature & Society
- Home, Garden & DIY
- Languages & Travel
- Music, Dance & Drama
- Photography
- Professional Development & Business
- Understanding Yourself & Others
- Looking Your Best
- Writing

www.selwyncomed.school.nz



2016 SELWYN COMMUNITY EDUCATION

The Selwyn Community Education Team:

Anne Cave (Director) - **Helen Carroll** - **Mandy Beezley**

Night Supervisors: **Vera Hawkins** and **Rachel Kann**

We welcome you to our 2016 programme and look forward to having you join us this year.

3 Easy Ways to Enrol

Please Note: Your place is secured only once payment is received. **Enrol early to ensure your place - Don't miss out!**

1 ONLINE

Visit our website with secure DPS online enrolment option and email receipting.
www.selwyncomed.school.nz
Visa / Mastercard or by bank transfer.



2 PHONE

Telephone **521 9623** with course details and Visa or Mastercard, or ask for our account number for direct deposit via internet banking.



3 IN PERSON

Our office is at Selwyn College:
203 Kohimarama Road, Kohimarama.
Payment options: cash, cheque, eftpos, Visa or Mastercard.



STAY UP TO DATE!



203 Kohimarama Road, Kohimarama
Phone: 09 521 9623 Email: info@selwyncomed.school.nz

www.selwyncomed.school.nz

General Information



COURSE START DATES:

See individual courses for detailed start dates.

Term 1: Monday 15 February

Term 2: Monday 9 May

Term 3: Monday 1 August

Term 4: Monday 10 October

No classes on public holidays:

Easter: 25-28 March.

Anzac Day: Monday, 25 April.

Queen's Birthday: Monday, 6 June.

Labour Day: Monday, 24 October.



OFFICE HOURS:

Monday, Tuesday and Wednesday: 9:00am - 9:00pm, **Thursday and Friday:** 9:00am - 3:00pm

School-holidays: When courses are running the office is open from 9am - 4pm.

Office Closed: From Friday 16th December 2016.



FINDING THE OFFICE: We are located at the front of Selwyn College to the left of the main reception in the administration building (203 Kohimarama Road, Kohimarama, Gate 2).



FINDING YOUR CLASSROOM: On the first day or evening of your class, come to the Community Education office where you will be met and given directions to your classroom.



FEES: Places are only guaranteed once payment is received.
All fees are GST inclusive.



ENROLMENTS: All courses need a minimum number to proceed. If we do not have enough enrolments to proceed we will let you know approximately 5 days prior to the scheduled start date. Please therefore enrol early to avoid disappointment. There may be opportunities for late enrolments on some courses and some may have waiting lists. Please phone the office to enquire.



ENROLMENT CONFIRMATION: If you have supplied an email address you will receive a reminder of your course start date a couple of days before the course. If you do not hear from us, check our website for up-to-date times and dates. Lists for classes requiring "materials" will be emailed approximately one week before the class starts.



REFUNDS AND TRANSFERS: Refunds will not be given for withdrawals or transfers within 5 days of the class starting or once a class has started. If a class has insufficient enrolments we will advise you and a transfer or full refund will be offered. If you are unable to attend a course and provide us with at least 5 working days notice before the course starts we will refund you, or transfer you, less a \$20 administration fee.



CHANGES TO PROGRAMME: In the case of unforeseen circumstances we reserve the right to change the advertised programme and/or tutor. Every effort will be made to advertise such changes. Please check our website for up-to-date information.



PARKING DETAILS AND FURTHER INFORMATION: Please see page 112.



Full Course List

Over 300 short courses –
with over 100 new this year!

How to EnrolInside Front Cover
General Information.....1 & 112

THINK TALKS!

Neoliberal States, Criminal Justice.....	4
The Intelligence of Birds.....	4
Why Don't Patients Take Medicine?.....	5
Superdiverse Auckland: Immigration.....	5
Managing Conflict and Insecurities.....	6
Why You Are Fat: What to do about it.....	6
A Place to Call Home - Documentary.....	6
Psychological Distance, Environment.....	7
The Psychology of Seeing.....	7
New Media and Communication.....	7

ART & ARCHITECTURE

Art Gallery Tours.....	9
Art Studio with Marjorie.....	9
Beginners' Printmaking.....	9
Botanical Painting.....	10
Botanical Painting, Botanic Gardens.....	10
Children's Book Illustration.....	10
Drawing for Beginners.....	11
Gibbs Sculpture Farm Visit.....	11
Graphic Design - Beginners.....	12
Graphic Design - The Next Step.....	12
Inspiration for Colouring-In.....	12
Journalling at the Zoo.....	13
Painting for Beginners - Acrylics.....	13
Painting for the Petrified.....	13
Painting in Oils and Acrylics.....	13
Painting with Acrylics - Next Step.....	14
Painting /w Watercolours - Beg'.....	14
Painting /w Watercolours - Next Step.....	14
Painting /w Watercolours - Workshop.....	14
Secrets of Italian Architecture.....	15
Talking About Art.....	15
Understand the World Through Film.....	15

BOATING & NAVIGATION

Inboard Engine Maintenance.....	17
Outboard Engine Maintenance.....	17
NZ Day Skipper.....	17
Boatmaster.....	17
Marine VHF Operator.....	17

CHILDREN & TEENS

Art-Making for Children.....	19
Aspiring Young Cooks.....	19
Cupcake Decorating for Kids.....	20
Dazzling Designs.....	20
Henna Hands, Mothers & Daughters.....	21
Marvellous Marble and Movement.....	22
NCEA Literacy - L2 Summer School.....	22
Piano Keyboard - Beginners.....	23
Piano Keyboard - Advanced.....	23
Sparkly Diamond Dust.....	24
Yoga for Children.....	24

COMPUTERS

Apple Mac - An Introduction.....	26
Create your own Android Apps.....	26
How to be Found on the Internet.....	27
How to Start an Online Business.....	27
InDesign.....	28
Introduction to Social Media.....	28
iPhoto and iMovie.....	28
Microsoft Excel - Beginners.....	28
Microsoft Excel - Intermediate.....	29
Microsoft Excel - Advanced.....	29
Microsoft Word - Beginners.....	29
Microsoft Word - The Next Step.....	29
MYOB - Computerised Accounting.....	30
Photoshop - Beginners.....	30
Web Page Design - Dreamweaver.....	31
WordPress Bootcamp.....	31
Xero: Web Acc. - Getting Started.....	31
Xero: Web Acc. - Max Efficiency.....	31

COOKING

Ayurvedic Cooking and Nutrition.....	33
Baking NZ Favourites.....	33
Cake Decorating.....	33
Cake Decorating - Advanced.....	33
Chinese Yum Char.....	34
Christmas Food Gifts.....	34
Complete Chinese Meal.....	34
Continental Cakes.....	34
Cooking 101.....	34
Cupcake Decorating.....	35
Dads and Lads - Kiwi Sizzler.....	35
Fantastic Fish and Seafood.....	35
Finger Foods for Entertaining.....	35
Gluten-Free Cooking.....	35
Foodies Floorshow - Kelly Gibney.....	36
Foodies Floorshow - Nici Wickes.....	36
Good Fat, Bad Fat.....	37
Greek Cooking Odyssey.....	37
Healthy Kids - Lunchboxes / Baking.....	37
How to Make Kim Chi.....	37
Indian Cooking Made Easy.....	37
Italian Favourites.....	38
Japanese Cuisine.....	38
Japanese Cuisine - Continuation.....	38
Knife Skills 101 - Fish & Chicken.....	39
Knife Skills 101 - Vegetables.....	39
Korean Cuisine.....	39
Korean Cuisine - Continuation.....	39
Making Macarons.....	39
Making Sourdough Bread.....	40
Mediterranean Magic.....	40
Mexican Cooking Experience.....	40
Modern Middle Eastern Cooking.....	41
Moroccan Cuisine.....	41
Only Curries.....	41
Perfect Pastries.....	41
Relishes and Jams.....	42
Sugar-Free Living.....	42
Sushi Making.....	42
Sweet Yeast Cakes.....	43
Thai Cooking - The Authentic Way.....	43
The Tea Party.....	43
Turkish Cuisine.....	43
Wholesome Tasty Breads.....	43

CRAFT, TEXTILES & FASHION

Body Shape and Colours.....	45
Celebrate Christmas with Flowers.....	45
Felting: Create Your Own Scarf.....	45
Flax Weaving: Putiputi.....	45
Fun with Floral Design.....	46
Gorgeous Gift Wrapping.....	46
Interior Design: Fabric Items.....	46
Intro' to Digital Textile Design.....	46
Knitwits.....	46
Make Up Application - For the 40+.....	47
Mexican Headbands.....	47
Mosaics.....	47
Pattern Alteration and Design.....	48
Pottery.....	48
Pottery Intensive.....	48
Sewing for Beginners.....	48
Sewing - Next Steps.....	49
Soft Stone Sculpture.....	49
Tivaevae - Cook Islands Quilting.....	49
Upholstery - Bed Headboard.....	49
Upholstery - Footstool.....	49

ENGLISH ESOL

Information and Levels.....	51
-----------------------------	----

DAY COURSES:

English - Level 1.....	52
English - Level 2.....	52
English - Level 3.....	52
English - Level 4.....	52
English Conversation - Level 1.....	53
English Conversation - Level 1-2.....	53
English Conversation - Level 2.....	53
English Conversation - Level 3.....	53
English Conversation - Level 4.....	54
Pre-IELTS - Level 3+.....	54
IELTS Academic - Level 4+.....	54
Business English - Level 3+.....	54
The Treaty of Waitangi.....	55

EVENING COURSES:

English - Level 1.....	55
English - Level 2.....	55
English - Level 3.....	55
English - Level 4.....	56
English Conversation - Level 1-2.....	56
English Conversation - Level 3-4.....	57
IELTS Academic - Level 4+.....	57
Business English - Level 4+.....	57
Advanced English - Level 5.....	57

HEALTH, WELL-BEING & FITNESS

Alexander Technique.....	59
Ashtanga Yoga - Beginners.....	59
Ashtanga Yoga - Continuing.....	59
Brain-Fit For Life.....	60
Brain-Fit For Life - Sharpen Skills.....	60
Dance Courses.....	60
DanceFit.....	60
Dancercise for the 40+.....	61
Eco-Cultural Walk & Talk.....	61

Check out the latest additions and updates at www.selwyncomed.school.nz

Explore Bush & Beach.....	61
Golf for Beginners.....	61
Historic AKL Walk - City.....	62
Historic AKL Walk - Logan Campbell.....	62
Inspiring Wellness.....	62
Make Your Own Skincare Products.....	62
Managing Stress & Anxiety.....	63
Massage - An Introduction.....	63
Mindfulness - Movement & Breath.....	63
Natural Health Remedies.....	63
NZ Native Plant Medicines - Intro'.....	64
Pilates - Beginners.....	64
Pilates - Continuing.....	65
Pilates and Dance Fusion.....	65
Reflexology - Good health.....	65
Saturday Morning Pilates.....	65
Sports Nutrition - Max Performance.....	66
Surya Namaskara - Salute to the Sun.....	66
Tai Chi - Beginners.....	67
Tai Chi - Beginners @ Orakei.....	67
Tai Chi - Intermediate.....	67
Yin Yoga.....	68
Yoga - Beginners.....	68
Yoga - Continuing.....	69
Yoga - General.....	69
Yoga @ Orakei.....	69

HISTORY, RELIGION, LITERATURE & SOCIETY

Ancestry.....	71
Auckland's Volcanoes & Geology.....	71
Dangerous Dames.....	71
Discovering The Bible.....	71
Fact and Fiction in the Cold War.....	72
Finding Your Family History.....	72
Gender Violence, Rape and The Bible.....	72
Introduction to Islam.....	73
Legacies of the Great War.....	73
'Spooks' - Spies, Citizens, Security.....	73
The Great Italian Artists.....	73
The Making of the Modern Middle East.....	74
The New Zealand Novel.....	74
Understand the World Through Film.....	74
Women in Islam.....	74

HOME, GARDEN & DIY

Basic Car Maintenance.....	76
Bike Maintenance 101.....	76
Bird Watching - for Beginners.....	76
Canine Body Language.....	77
Creative, Sustainable Garden Design.....	77
Declutter / Downsize Your Home.....	77
Effective Planting for Your Garden.....	77
Elements of Small Garden Design.....	77
Interior Design.....	78
Interior Design Basics - Workshop.....	78
Interior Design - Fabric Items.....	78
Lampshade Making.....	78
Pet First Aid.....	79
Productive Box, Balcony, Backyard.....	79
Pruning.....	79
Weekend Woodworking - Beginners.....	80
Woodworking - Beginners.....	80
Woodwork and Furniture Restoration.....	80

LANGUAGES & TRAVEL

Arabic - Beginners.....	82
Chinese Mandarin - for Travellers.....	82
Chinese Mandarin - Beginners.....	82
Chinese Mandarin - Improvers.....	82
Learning Chinese Characters.....	82
French - for Travellers.....	83
French - Beginners.....	83
French - Improvers.....	83
French - Intermediate.....	83
French - Conversation.....	83
German - for Travellers.....	84
Hindi - Beginners.....	84
When in Rome!.....	84
Travellers' Italian.....	84
Italian - for Beginners.....	85
Italian - Improvers.....	85
Japanese - for Travellers - Beg'.....	85
Japanese - for Travellers - Cont'.....	85
Learning Japanese Characters.....	85
Korean - Beginners.....	86
Maori Language - Beginners.....	86
Maori Language - Level 2.....	86
Portuguese.....	86
Russian - Beginners.....	86
Spanish - Beginners.....	87
Spanish - Improvers.....	87
Spanish - Intermediate.....	87
Spanish - Conversation.....	87

MUSIC, DANCE & DRAMA

African Dance.....	89
African Drumming.....	89
Ballroom/Latin Dancing, Beginners.....	89
Bollywood Dance.....	89
Douglas Wright, Dance Maker/Writer.....	90
Egyptian Belly Dancing.....	90
Exploring Bob Dylan.....	90
Guitar - Blues - Beginners.....	91
Guitar - Popular - Beginners.....	91
Guitar - Popular - Continuing.....	91
How to Watch Ballet - Giselle.....	92
Piano Keyboard - Beginner/Advanced.....	92
Rock'n'Roll and Jive Dancing Intro'.....	93
Salsa and Bachata - Dancing Beg'.....	93
Selwyn Community Arts Theatre.....	93
Singing for Pleasure - Choir.....	94
Swing Dancing - An Introduction.....	94
Ukulele - Beginners.....	95
Ukulele - The Next Step.....	95
Ukulele - Intermediate.....	95
Zumba.....	95

PHOTOGRAPHY

Celebrate Auckland Domain Seasons.....	97
Digital Photo - Compact Cameras.....	97
Digital Photo - Intro' to DSLR.....	97
Digital Photo - Location & Night.....	97
Digital Photo - DSLR - Beginners.....	98
Digital Photo - DSLR - Next Level.....	98
Digital Photo - DSLR - Creative.....	98
Find Your Voice Through Your Camera.....	99
Phone Photography - Video & Stills.....	99
Portrait Photography.....	99

PROFESSIONAL DEVELOPMENT & BUSINESS

Accounting - Balance Sheet.....	101
Accounting - The Basics.....	101
Adult Literacy Tamaki.....	101
Adult Tutor Training.....	101
ELP - Tutor Training.....	102
How to Make More Money.....	102
Job Skills Training.....	102
Maximise PowerPoint Presentations.....	102
Social Media for Marketing.....	103
You and Dollars and Sense.....	103

UNDERSTANDING YOU, UNDERSTANDING OTHERS

Bridging the Gap, You & Others.....	105
Creating Your Future - After 50.....	105
Hand Analysis for Self-Discovery.....	105
Introduction to Psychology.....	106
Memorising Made Easy.....	106
New Direction Men After Retirement.....	106
NLP for Success.....	106
Persuasive Communication.....	106

WORTH A SECOND GLANCE

Body Shape and Colours.....	108
Look Ten Years Younger.....	108
Make-Up Application - For 40+.....	108
Short Speeches, Special Occasions.....	108
The Fundamentals of Hairdressing.....	108

WRITING

Become a Blogger.....	110
Call Out Your Inner Writer.....	110
Travel Write.....	110
Family Stories to Fiction.....	111
How to Write a 'How To' Book.....	111
Memories, Episodes and Events.....	111
Poetry Cafe.....	111
Writing for Children.....	111

Can't find
what you're
looking
for here?

Tell us!

We're always
open to
suggestions.



THINK Talks!

THINK Talks!

Our very popular Think Talks! continue in 2016 with a series of talks given by specially invited speakers.

Called on to be fresh, riveting and original, these speakers will ignite your curiosity and challenge your perspective on matters of substance, before responding to your comments and questions from the floor.

With a similar format to the groundbreaking TED Talks, this series is sure to spark some crisp debate.



For more information on the speakers please visit our website.



NEOLIBERAL STATES AND CRIMINAL JUSTICE SYSTEMS

| Dr Ronald Kramer - teaches courses in criminology at the University of Auckland

Neoliberalism could easily be understood as one of academia's most recent "buzzwords." It has been utilized in various ways and inflected with multiple meanings. This talk will explore some of these meanings and focus on how neoliberalism is re-shaping the core components of criminal justice, such as policing, courts, prisons, and probations. While all of these areas will be touched upon, the major emphasis will be on lower-level courts, which process most of the individuals charged with a criminal offence.

| Tuesday | 1 March | 7:30pm – 8:30pm | at the Selwyn College Library

► Registration essential, at www.selwyncomed.school.nz ● Gold Coin entrance fee on arrival

THE INTELLIGENCE OF BIRDS

| Dr Alex Taylor - Lecturer at the School of Psychology

One of the great mysteries of biology is intelligence. Why does it evolve? What structure does it take? Can its evolution be predicted? In this talk Alex will discuss his research into the minds of adults, children, crows and keas, using theoretical and experimental approaches from both biology and psychology, in order to gain insight into this area. Can we discover whether the same cognitive structures evolve time and again in response to the same selection pressures?

| Tuesday | 15 March | 7:30pm – 8:30pm | at the Selwyn College Library

► Registration essential, at www.selwyncomed.school.nz ● Gold Coin entrance fee on arrival

Sign up for our newsletter at: www.selwyncomed.school.nz

Where announcements of speakers and dates will be posted as soon as they have been confirmed.

WHY DON'T PATIENTS TAKE THEIR MEDICINES?

| Keith Petrie - Professor of Health Psychology at Auckland University Medical School.

We have effective treatment for large numbers of medical conditions but the ability of doctors to improve the health of patients is limited by the fact that large numbers of patients are non-adherent to prescribed treatment. Non-adherence has been called the largest problem facing medicine today.

This talk will cover how non-adherence is largely driven by the beliefs patients have about their illness and treatment. It will look at some of the background beliefs in modern life that encourage non-adherence and also give some examples of how health psychology can develop interventions to improve adherence.

| Tuesday | 12 April | 7:30pm – 8:30pm | at the Selwyn College Library

► Registration essential, at www.selwyncomed.school.nz ● Gold Coin entrance fee on arrival

A SUPERDIVERSE AUCKLAND: IMMIGRATION AND THE NEW DEMOGRAPHY OF AUCKLAND

| Professor Paul Spoonley - Pro Vice-Chancellor, College of Humanities and Social Sciences, Massey University

For much of its colonial history, immigrant arrivals to Auckland were dominated by those from the UK and Ireland, with modest numbers from other origins. This changed dramatically in the 1960s with migration flows from elsewhere in the Pacific, and has changed again (dramatically) in the 1990s with the significant increase of arrivals from various parts of Asia. It is now an incredibly diverse city, one of the most diverse in the OECD.

This has implications for just about everything, from food and education, to who plays what sports, political engagement (or disengagement), housing and consumption. This talk will outline the demographic changes that have – and will – occur and explore some of the implications for Auckland.

| Tuesday | 31 May | 7:30pm – 8:30pm | at the Selwyn College Library

► Registration essential, at www.selwyncomed.school.nz ● Gold Coin entrance fee on arrival



MANAGING CONFLICT AND INSECURITIES IN CLOSE RELATIONSHIPS

| Nickola Overall - Associate Professor at the University of Auckland.

Close relationships have a powerful impact on our psychological and physical health. Relationships can be the source of our greatest joy and happiness, but unfortunately they can also be the source of our greatest pain. When people have tough relationship experiences, such as when they have been rejected or neglected, they tend to develop distrusting expectations and dysfunctional ways of managing intimate relationships. This talk will outline how people's relationship insecurities influence the way they perceive their partners and manage conflict. More importantly, the talk will identify the factors that overcome these dysfunctional patterns, including how relationship partners can help insecure individuals respond more constructively and protect relationships from the typical damage associated with relationship insecurity.

| Tuesday | 28 June | 7:30pm – 8:30pm | at the Selwyn College Library

► Registration essential, at www.selwyncomed.school.nz 🟡 Gold Coin entrance fee on arrival

WHY YOU ARE FAT: WHAT YOU CAN AND CANNOT DO ABOUT IT

| Dr Robyn Toomath - Clinical Director of General Medicine at Auckland Hospital.

Dr Toomath's thesis is simple. It goes like this: it is not their fault. Obese people did not choose to be that way. No-one would. Instead, they are at the whim, first of their genes – especially those that control appetite – and then, of an environment that is saturated in energy-dense, crappy food options.

In her talk Dr Toomath will discuss her research and book *"Fat Science. Diets and exercise don't work – what does?"* It is written for the people (and their spouses, their children, their parents, and their doctors too) who try to lose weight but fail and for the over-weight people who think it's all their fault.

| Wednesday | 27 July | 7:30pm – 8:30pm | at the Selwyn College Library

► Registration essential, at www.selwyncomed.school.nz 🟡 Gold Coin entrance fee on arrival

A PLACE TO CALL HOME - Feature length documentary film.

| Briar Marsh - Multiple international award-winning film maker.

For more than three generations, families in the Auckland suburb of Glen Innes have been living in state housing. What happens to a community when the people and their homes are forced out? If you missed this film last year here is your chance to see it, and Director Briar Marsh will be attending for a Q & A at the end of the screening. \$12 entrance fee.

| Tuesday | 16 August | 7:30pm – 9:30pm | at the Selwyn College Library

► Registration essential, at www.selwyncomed.school.nz 🟡 \$12 entrance fee

THE PSYCHOLOGICAL DISTANCE OF ENVIRONMENTAL ISSUES

| Taciano L. Milfont - Recipient of the 2013 GV Goddard Early Career Award from the New Zealand Psychological Society for achievement and excellence in research and scholarship.

Many psychological barriers can hinder perceiving, understanding, and acting upon environmental issues. In particular, psychological distance refers to feelings that environmental problems are too uncertain, will occur far away (geographical distance), far in the future (temporal distance), and to people different from oneself (social distance).

This talk will summarise research on the negative effect of psychological distance. Results suggest that public engagement in pro-environmental actions might increase by making environmental problems less psychologically distant and more tangible. Practical and theoretical implications of this research programme will be discussed.

| Tuesday | 23 August | 7:30pm – 8:30pm | at the Selwyn College Library

► Registration essential, at www.selwyncomed.school.nz 🟡 Gold Coin entrance fee on arrival

THE PSYCHOLOGY OF SEEING

| Will Hayward - Head of the School of Psychology at the University of Auckland.

For most of us, seeing is effortless. We open our eyes, and the world is instantly available to us. But the ease of the process belies its complexity, and we are only just beginning to understand how the brain creates our visual sense of the world. This lecture will deal with what it means to see and how the brain is more important than the eyes for accomplishing this feat. A range of visual phenomena, like 3D TVs and visual illusions, will be discussed and also why you can't safely talk on your phone while you're driving.

| Tuesday | 20 September | 7:30pm – 8:30pm | at the Selwyn College Library

► Registration essential, at www.selwyncomed.school.nz 🟡 Gold Coin entrance fee on arrival

NEW MEDIA: WHAT IS IT DOING TO COMMUNICATION?

| Pip Mules - Senior Lecturer at the School of Communication Studies, AUT University.

"Technology influences the nature of communication". This is what Neil Postman (1986) meant when he said 'you can't do philosophy with smoke signals'. By this he meant that the unique form of every communication medium forces us to engage in different ways.

We currently live in a world where communication through Facebook, Instagram and 'txt' is often our principal means of communication. What is this doing to what is being communicated and how it is being communicated? Pip Mules will examine how the technology of writing, especially print, allows us to develop abstract ideas but disengages us from close empathic connection with others. She will use, as an example, the 'like' button on Facebook which allows users to express positive emotions such as support or approval, and how a 'dislike' button allows users to express disapproval or lack of support. "We need to encourage forms of media that expand our capacity for humanity, empathy and wellbeing."

| Tuesday | 25 October | 7:30pm – 8:30pm | at the Selwyn College Library

► Registration essential, at www.selwyncomed.school.nz 🟡 Gold Coin entrance fee on arrival

Art & Architecture

Experience life through art!

Whether you want to start sketching, dabble with paints, develop your eye for design or explore galleries and sculpture parks, our courses will refresh your senses and bring into focus the glorious world around you.



For more details or to enrol visit us at www.selwyncomed.school.nz

Art Gallery Tours (Day)

| Price: \$42 | Tutor: Glen Armstrong

Always wanted to explore the galleries with someone who can talk about the artists and the works? Join Glen Armstrong as he takes you through some of Auckland's art precincts, visiting dealer galleries, exploring the current themes, reflecting on some of the issues and meeting some of the people who participate in New Zealand's contemporary art scene.

Enrol in two or more courses on the same order for a 10% discount.

Ponsonby & Newton Galleries	Friday	24 June	11:00am - 2:00pm	1 day course
K' Road Galleries	Friday	12 August	11:00am - 2:00pm	1 day course
Downtown Galleries	Saturday	5 November	11:00am - 2:00pm	1 day course

Art-Making for Children

| See Children & Teens - Page 19

Art Studio with Marjorie (Day)

| Price: \$262 | Tutor: Marjorie MacLean  Bring your own materials

This art studio is held at the Orakei Community Centre. It is the perfect opportunity to pursue your art practices under the expert guidance of artist Marjorie MacLean. Experienced and beginner artists are welcome. Just bring your materials and enjoy the opportunity to get some one-on-one encouragement.

Monday	15 February	12:30pm - 3:30pm	7 week course
Monday	16 May	12:30pm - 3:30pm	7 week course
Monday	8 August	12:30pm - 3:30pm	7 week course
Monday	17 October	12:30pm - 3:30pm	7 week course

Beginners' Printmaking (Weekend)

NEW!

| Price: \$150 | Tutor: Charlotte Maguire

Learn basic printmaking techniques in a relaxed and supportive environment. You will be introduced to dry point and mono-print, mixing media and taking your prints through the press.

Sat, Sun	18 June	10:00am - 4:00pm	2 day course
----------	---------	------------------	--------------

Botanical Painting (Weekend)

| Price: \$205 | Tutor: Sandra Morris

Love plants? Have a favourite you want to sketch? This workshop is an introduction to plant illustrations and is ideal for anyone interested in drawing and painting the botanical world.

| Sat, Sun | 18 June | 9:00am - 4:00pm | 2 day course

Botanical Painting at the Auckland Botanic Gardens (Weekend) **NEW!**

| Price: \$215 | Tutor: Sandra Morris

Spend a weekend in the beautiful Botanic Gardens learning how to capture the detail of flowers and leaves with expert tuition from botanical painter Sandra Morris. This workshop is an introduction to plant illustrations and is ideal for anyone interested in drawing and painting the botanical world. The workshop will be held offsite, at the Auckland Botanic Gardens.

| Sat, Sun | 5 November | 10:00am - 4:00pm | 2 day course

Children's Book Illustration - Character Development (Weekend)

| Price: \$249 | Tutor: Sandra Morris

Have you got an idea for a storybook character? Learn techniques to create and develop your very own storybook characters. Learn the process of illustrating, developing and producing a children's picture book.

| Sat, Sun | 2 April | 9:00am - 5:00pm | 2 day course
| Sat, Sun | 3 September | 9:00am - 5:00pm | 2 day course

Dangerous Dames and Femmes Fatales

- Biblical Women in the Visual Arts

NEW!

| See History, Religion, Literature & Society - Page 71

Dazzling Designs (Holidays)

NEW!

| See Children & Teens - Page 20

This programme will be constantly reviewed and amended during the year. Please check our website for latest updates.

www.selwyncomed.school.nz



Drawing for Beginners

| Price: \$128 | Tutor: Charlotte Maguire

A practical course designed to give you the basic skills of drawing in a positive and encouraging environment. Charlotte will introduce you to a range of drawing media including pencil, charcoal and ink. No experience necessary!

Monday	15 February	6:30pm - 8:30pm	8 week course
Monday	9 May	6:30pm - 8:30pm	8 week course
Monday	1 August	6:30pm - 8:30pm	8 week course
Monday	10 October	6:30pm - 8:30pm	8 week course

Henna Hands for Mothers and Daughters

| See Children & Teens - Page 21

Gibbs Sculpture Farm Visit (Day)

| Price: \$95 | Tutor: Glen Armstrong

Join Glen Armstrong for a day trip by minibus to the famous Gibbs Farm Sculpture Park on the shores of the Kaipara Harbour. Take this rare opportunity to visit this amazing sculpture park, with works by key artists including Andy Goldsworthy, Chris Booth, Len Lye and Richard Serra. There are few better opportunities to engage directly with works of this size and calibre in the Southern Hemisphere. (Please visit our website for more dates).

| Thursday | 18 February | 9:00am - 3:00pm | 1 day course





Graphic Design - Beginners

NEW!

| Price: \$108 | Tutor: Ben Hilless

Know the basics of Indesign and Photoshop but want to take your skills to the next level and expand your creativity? Come and learn from a professional graphic designer and get the inspiration you need for your next project.

| Monday | 8 August | 7:00pm - 9:00pm | 4 week course

Graphic Design - The Next Step

NEW!

| Price: \$108 | Tutor: Ben Hilless

Do you have experience with Adobe Creative Suite but would like to extend your Graphic Design skills further? In this great new class, practising Senior Designer, Ben Hilless, will guide you through helpful steps to help you get the most out of your graphic design project.

| Monday | 31 October | 7:00pm - 9:00pm | 5 week course

How to Watch Ballet - Giselle

NEW!

| See Music, Dance & Drama - Page 92

Inspiration for Colouring-In (Day)

NEW!

| Price: \$55 | Tutor: Charlotte Maguire

Are you enjoying the meditative qualities of colouring-in, but want to gain further insight into HOW to colour? In this course Charlotte will help you discover new materials and create your own moods, effects and palette, through understanding various applications of tone and the colour wheel.

| Sunday | 3 April | 10:00am - 2:30pm | 1 day course

Interior Design

| See Home, Garden & DIY - Page 78 and Craft, Textiles & Fashion - Page 46

Introduction to Digital Textile Design (Weekend)

NEW!

| See Craft, Textiles & Fashion - Page 46

Journalling at the Zoo (Day)

NEW!

| Price: \$151 | Tutor: Sandra Morris

Want to extend your drawing skills to include wildlife? New to drawing and would like to learn the skills to draw wildlife? Here is a unique opportunity to spend a day at the zoo with experienced wildlife illustrator, Sandra Morris.

| Saturday | 15 October | 9:30am - 5:00pm | 1 day course

Marvellous Marble and Movement (Holidays)

NEW!

| See Children & Teens - Page 22

Painting for Beginners - with Acrylics

| Price: \$107 | Tutor: Anton Chapman

Have fun discovering your artistic ability: this practical course aims to provide for both painters with little or no experience and those with some experience. You will gain the confidence to start painting with acrylic paints or to extend your practice.

Tuesday	23 February	7:00pm - 9:00pm	6 week course
Tuesday	17 May	7:00pm - 9:00pm	6 week course
Tuesday	18 October	7:00pm - 9:00pm	6 week course

Painting for the Petrified (Weekend)

| Price: \$164* | Tutor: Charlotte Maguire  *Price includes materials

If you've always wanted to paint, draw or just create, this is the course for you. With a focus on the abstract, indulge yourself in a weekend of playing with paint and colour and collage. No previous experience is required!

| Sat, Sun | 3 September | 10:00pm - 4:00pm | 2 day course

Painting in Oils and Acrylics - Workshop (Weekend)

| Price: \$75 | Tutor: Marjorie MacLean

Uncover painting possibilities: develop your skills with creative exercises designed to increase your knowledge of colour, tone, scale and composition.

Saturday	2 April	10:00am - 4:00pm	1 day course
Saturday	5 November	10:00am - 4:00pm	1 day course



Painting with Acrylics - The Next Step

| Price: \$107 | Tutor: Anton Chapman

This course is ideal for those who have already completed a Beginners' Acrylics course and would like to further develop their art practice.

| Tuesday | 9 August | 7:00pm - 9:00pm | 6 week course

Painting with Watercolours - Beginners

| Price: \$128 | Tutor: Grant Waugh

Discover the amazing qualities of painting with watercolours with experienced artist, Grant Waugh.

| Monday | 15 February | 7:00pm - 9:00pm | 8 week course
| Monday | 1 August | 7:00pm - 9:00pm | 8 week course

Painting with Watercolours - The Next Step

| Price: \$107 | Tutor: Grant Waugh

Take your watercolour skills to the next level. Discover the amazing qualities of painting with watercolours with experienced artist, Grant Waugh.

| Monday | 9 May | 7:00pm - 9:00pm | 6 week course
| Monday | 10 October | 7:00pm - 9:00pm | 6 week course

Painting with Watercolours - Workshop (Weekend)

| Price: \$75 | Tutor: Grant Waugh

Explore the mood and possibilities of watercolours in this one-day painting workshop. Various trade secrets will be revealed, as well as techniques and materials. You will explore the qualities of this amazing medium and discover the radiant colours that can be achieved.

| Sunday | 3 April | 10:00am - 4:00pm | 1 day course
| Sunday | 4 September | 10:00am - 4:00pm | 1 day course



Pottery

| See Craft, Textiles & Fashion - Page 48

Secrets of Italian Architecture (Day and Evening)

| Price: \$156 | Tutor: Cristina Capri

Come along on an armchair tour of some of Italy's most recognisable architecture from the Colosseum in Rome to the medieval castles of northern Italy, and the splendour of Renaissance churches like the Duomo in Florence. Learn fascinating insights into how these buildings, and Italian cities in general, evolved to reflect their historical context.

| Wednesday | 18 May | 1:00pm - 3:00pm | 6 week course
| Wednesday | 17 August | 7:00pm - 9:00pm | 6 week course



Soft Stone Sculpture

| See Craft, Textiles & Fashion - Page 49

Talking About Art (Day)

NEW!

| Price: \$79 | Tutor: Charlotte Maguire

Want to be able to talk about art? Come and join Charlotte as she demystifies the process and gives you the tools to study the art work, break it into object, subject and context, and build dialogue around these understandings. You will look at key NZ artworks and how ideas have changed over time.

| Saturday | 2 April | 10:00am - 4:00pm | 1 day course

The Great Italian Artists

| See History, Religion, Literature & Society - Page 73

Understanding the World Through Film

| See History, Religion, Literature & Society - Page 74



Boating & Navigation

Enjoy our wonderful coastline safely!

Be safe on the water and ensure you and your family and friends enjoy a good experience at sea, whether kayaking, sailing, fishing or powerboating.



Know what you're doing

New Zealand's leading provider of boating courses



www.boatingeducation.org.nz



For more details or to enrol visit us at www.selwyncomed.school.nz

Inboard Engine Maintenance

| Price: \$155 | Tutor: Greg Smith | Price includes Coastguard course pack of \$58.

This comprehensive course covers diesel inboard care, fuel and cooling systems, maintenance, gearboxes, drives and fault-finding.

| Tuesday | 1 November | 6:30pm - 9:00pm | 4 week course

Outboard Engine Maintenance (Weekend)

| Price: \$135 | Tutor: Greg Smith | Price includes Coastguard course pack of \$53.

An essential course covering outboard care and trouble-shooting: fuel, cooling and electrical systems, spares, tools required and faults.

| Saturday | 3 September | 10:00am - 4:00pm | 1 day course

NZ Day Skipper

| Price: \$240 | Tutor: Ross Winterburn | Fee incorporates the Coastguard course pack for \$97 which includes a manual and assessment fee.

An essential introductory course to boating information and safety for all members of your family or crew. Suitable for those new to boating.

If you are a new Coastguard Northern Region member wanting to redeem your \$100 Day Skipper New Member Discount, please book by phone during office hours on 0800 40 80 90 x 0 or email info@boatingeducation.org.nz

| Tuesday | 23 February | 6:00pm - 9:00pm | 5 week course

| Tuesday | 9 August | 6:00pm - 9:00pm | 5 week course

Boatmaster

| Price: \$475 | Tutor: Ross Winterburn | Price includes \$155 Coastguard course pack including workbook and assessment fee.

A comprehensive course for boaties with existing knowledge and experience, or who have completed the Day Skipper course. Useful for all types of vessels.

| Tues + 2x Sat | 17 May | 6:00pm - 9:00pm | 7 week course

| Tues + 2x Sat | 18 October | 6:00pm - 9:00pm | 7 week course

Marine VHF Operator

| Price: \$116 | Tutor: Ross Winterburn | Price includes Coastguard course pack of \$46.

This course covers the minimum requirements for all users of marine VHF radio. The qualification examination will be run at the end of the course.

| Tuesday | 29 March | 6:00pm - 9:00pm | 2 week course

| Monday | 5 September | 6:00pm - 9:00pm | 2 week course

Children & Teens

Make the most of the freedom of youth!

Introduce your child to the appetising alternatives to blobbing in front of a screen.

Our leisure courses are designed to let children and teens harness their creativity and extend their talents in a challenging but non-competitive environment, while they explore the world of music, art and drama through a range of artistic options.



A variety of exciting **school-holiday classes** will be available during the year. Please visit our website to find out more.



For more details or to enrol visit us at www.selwyncomed.school.nz

Art-Making for Children

Price: \$195 | Tutor: Charlotte Maguire

A creative, open-ended class focused on experimenting with different art-making processes – all the while having loads of fun! Class numbers limited to 12 students.

Monday	15 February	3:45pm - 5:45pm	8 week course
Monday	9 May	3:45pm - 5:45pm	8 week course
Monday	1 August	3:45pm - 5:45pm	8 week course
Monday	10 October	3:45pm - 5:45pm	8 week course

Aspiring Young Cooks (Holidays)

NEW!

Price: \$125* | Tutor: Michelle Adelheim



*Price includes \$12 ingredients fee

This school-holiday course will give young students the opportunity to learn the basics of cooking in a fun and safe environment. While learning how to cook a range of healthy meals, they will also learn about; nutrition, presentation, knife skills and, of course, cleaning up! For children aged eight to twelve years.

Tues, Wed	19 April	9:00am - 1:30pm	2 day course
Tues, Wed	27 September	9:00am - 1:30pm	2 day course

Beginners' Drama - for Children 8-10 Years

NEW!

Price: \$152 | Tutor: June Renwick

This fun course is an introduction to the elements of drama through practical activities using improvisation and role play, creating scripts and studying plays written for children. This class is designed for those who are new to drama. We have a continuation class on Friday afternoons for those children who have already learnt the fundamentals.

Wednesday	17 February	3:30pm - 5:30pm	8 week course
Wednesday	18 May	3:30pm - 5:30pm	8 week course
Wednesday	3 August	3:30pm - 5:30pm	8 week course
Wednesday	19 October	3:30pm - 5:30pm	8 week course



Bollywood Dance - for Children 6+ Years

NEW!

| Price: \$98 | Tutor: Rehana Chougale

Get your child moving to the wonderful rhythms of Indian Bollywood music. They will have fun, get fitter and learn techniques and movements in an encouraging atmosphere with teacher, Rehana. Classes are held at Te Oro, Glen Innes.

Thursday	18 February	6:00pm - 7:00pm	8 week course
Thursday	19 May	6:00pm - 7:00pm	8 week course
Thursday	4 August	6:00pm - 7:00pm	8 week course
Thursday	13 October	6:00pm - 7:00pm	8 week course

Chinese Characters for Children 10-14 Years

NEW!

| Price: \$39 | Tutor: Svetlana Chevenko

Kids, come and learn 60 Chinese characters in only 2.5 hours.

| Tuesday | 12 July | 1:30pm - 4:00pm | 1 afternoon

Cupcake Decorating for Kids (Holidays)

NEW!

| Price: \$74* | Tutor: Tim Gasson  *Price includes \$20 ingredients fee

Let your children find their creative side decorating their own cupcakes. Cupcakes and icing equipment will be provided.

| Monday | 26 September | 10:00am - 1:00pm | 1 day course

Dazzling Designs (Holidays)

NEW!

| Price: \$68 | Tutor: Charlotte Maguire

A school-holiday workshop for children aged 6-11 years. Create dazzling patterns on paper using gouache - a deliciously vibrant, smooth and milky paint.

| Friday | 15 July | 10:00am - 4:00pm | 1 day course



Drama Production - for Children 9-12 Years

| Price: \$152 | Tutor: June Renwick

Following on from our popular Beginners' Drama course, Drama Production is a continuation class for those children who want to expand their drama skills.

Friday	19 February	3:30pm - 5:30pm	8 week course
Friday	20 May	3:30pm - 5:30pm	8 week course
Friday	5 August	3:30pm - 5:30pm	8 week course
Friday	21 October	3:30pm - 5:30pm	8 week course

Hair Styling - for Girls 7-12 Years (Holidays)

NEW!

| Price: \$45 | Tutor: Karyn Nola-Job

Come and join Karyn, a professional hairdresser, and have fun learning new ways of doing your hair and your friends' hair with clips, braids, ribbons and elastics.

| Tuesday | 19 April | 10:00am - 12:00pm | 1 day course

Henna Hands for Mothers and Daughters (Holidays)

| Price: \$38 | Tutor: Rehana Chougale

Enjoy a wonderful, artistic, mother and daughter activity during the holidays. (A perfect Mother's Day gift!)

| Sunday | 19 June | 1:30pm - 3:00pm | 1 day course

After School Club

Quality care with fun activities and homework supervision

ASB | STADIUM

2 Hour Sports Parties

\$180 for 12 children
\$299 for up to 35 children

School Holiday Programme & Coaching Courses

Fun trips and activities for all

Huge Range of Activities on Offer



Your Community Facility

For more information or bookings contact Feleti on 09 521 0009 ext3
or email afterschool@asbstadium.co.nz
www.asbstadium.co.nz



Kids Can Cook Kitchen (Holidays)

NEW!

| Price: \$50* | Tutor: Chris Fortune *Price includes \$12 ingredients fee

A kids' workshop where they can learn how to add their own creative flair in the kitchen with this hands-on cooking class that is fun, inspiring and educational.

| Tuesday | 12 July | 10:00am - 1:00pm | 1 day course

Marvellous Marble and Movement (Holidays)

NEW!

| Price: \$68 | Tutor: Charlotte Maguire

Begin by dipping a series of marbled paper and find out what amazingly organic fun it is. Layer this with colour-bursting, line-drawing in pastel on top. In the afternoon, you will have the chance to respond to the movements in your favourite mixed-media artwork by creating a short dance in small groups.

| Friday | 30 September | 10:00am - 4:00pm | 1 day course

NCEA Literacy - Level 2 Summer School

| Price: \$225 | Tutor: Lucy Jansen

This course is designed for Year 12 and 13 students who did not attain their NCEA Level 2 Literacy credits in the previous academic year and wish to catch up.

| Tue - Fri | 26 January | 9:00am - 2:30pm | 4 day course

Open Your Eyes to Drama - for Children 8-12 Years (Holidays)

| Price: \$89 | Tutor: June Renwick

In a friendly and relaxed atmosphere your children will have fun while being introduced to the joy of drama. They will play drama games and be introduced to scripts and improvisations, techniques and conventions, while developing their self-confidence and creativity. Get in quick though as numbers are limited.

Mon, Tue, Wed	18 April	9:00am - 12:00pm	3 day course
Mon, Tue, Wed	11 July	9:00am - 12:00pm	3 day course
Mon, Tue, Wed	26 September	9:00am - 12:00pm	3 day course

Parent and Child Holiday Yoga (Holidays)

| Price: \$35* | Tutor: Lekshe Chodron *Price is per couple

Attention children! Bring your parent, grandparent or caregiver along for fun, energising and relaxing yoga classes these school-holidays!

Tues, Thurs	19 April	10:00am - 11:00am	2 week course
Tues, Thurs	12 July	10:00am - 11:00am	2 week course
Tues, Thurs	27 September	10:00am - 11:00am	2 week course

Piano Keyboard - Beginners - for Children 8+ Years

| Price: \$129 | Tutor: Sriyani Peiris

Learn to read music and play the keyboard in 30 minute, small-group sessions.

Monday	15 February	4:30pm - 5:00pm	16 week course
Monday	1 August	4:30pm - 5:00pm	16 week course

Piano Keyboard - Advanced - for Children 8+ Years

| Price: \$68 | Tutor: Sriyani Peiris

Continue to read music and play the keyboard in 30 minute, small-group sessions. This course now runs term by term. Numbers on courses are strictly limited. If you expect your child to study all year, please contact the office to pencil in your bookings for future terms.

Monday	15 February	8 week course	5:00pm - 5:30pm or 5:30pm - 6:00pm
Monday	9 May	8 week course	5:00pm - 5:30pm or 5:30pm - 6:00pm
Monday	1 August	8 week course	5:00pm - 5:30pm or 5:30pm - 6:00pm
Monday	10 October	8 week course	5:00pm - 5:30pm or 5:30pm - 6:00pm

On our emailing list? Sign up to keep up with new events and special offers!



Practical Electronics (Holidays)

NEW!

| Price: \$68 | Tutor: Melvin Din

Do you like to experiment and invent new products? Come along and learn about basic electronic components and circuits and soldering. Go home with an interactive electronic game made by you.

| Thursday | 14 July | 10:00am - 4:00pm | 1 day course

Robotics and Electronics - for Children & Caregivers (Holidays) **NEW!**

| Price: \$69 | Tutor: Melvin Din

School-holiday fun for parents and children as they work together to create their own driverless car while learning about electrical circuits and soldering.

| Wed, Thurs | 27 April | 10:00am - 1:00pm | 2 day course

Selwyn Community Arts Theatre

| See Music, Dance & Drama - Page 93

Sparkly Diamond Dust (Holidays)

NEW!

| Price: \$68 | Tutor: Charlotte Maguire

This hands-on class is full of bold swirls of colour and pattern. Let your imagination go as you design and create a stunning, psychedelic glitter painting on panel board inspired by Auckland's very own Reuben Patterson.

| Friday | 22 April | 10:00am - 4:00pm | 1 day course

Yoga for Children

| Price: \$86 | Tutor: Lekshe Chodron

Fun classes using story and adventure to support learning through imitating, playing and singing! Complementary to other sports and activities. Designed for children from 6 to 10 years of age.

Wednesday	17 February	4:00pm - 5:00pm	8 week course
Wednesday	19 October	4:00pm - 5:00pm	8 week course



Becoming IT-literate is essential in today's life and work

Our affordable short courses provide everything from an introduction to computing, iPads or Skype, right through to advanced tuition in industry-leading software. We can also help you be more visible using social media.

Our experienced tutors are highly sought after.



For more details or to enrol visit us at www.selwyncomed.school.nz



3D Printing (Weekend)

NEW!

| Price: \$135 | Tutor: Arthur Ramani

3D Printing is taking the world by storm. Being able to print models such as planes, houses, town plans, mechanical parts and new inventions has changed the way society manufactures. Learn, from an expert, the fundamentals of making a model on a computer using a free software package, as well as how to print your own 3D models.

| Saturday | 3 September | 10:00am - 4:00pm | 1 day course

Apple Mac - An Introduction (Weekend)

| Price: \$135 | Tutor: Margaret Marsh  Bring your own Mac

Are you a new Mac user or a PC user migrating to the Mac? During this course we will examine the Finder, the desktop and the dock, system preferences, creating folders and organising files, and much more.

| Saturday | 2 April | 9:00am - 4:00pm | 1 day course

Apple Applications (Weekend)

| Price: \$135 | Tutor: Margaret Marsh

Want to really maximise your Mac? Come and discover the many apps available including setting reminders in Calendar, Contacts, iTunes and Photobooth.

| Saturday | 18 June | 9:00am - 4:00pm | 1 day course

AutoCAD - Essentials (Weekend)

| Price: \$195 | Tutor: Christopher Lovegrove

Learn the features, commands and techniques for creating, editing and printing drawings with the latest version of AutoCAD and AutoCAD LT - one of the most powerful and popular CAD tools.

| Wednesday | 18 May | 7:00pm - 9:00pm | 6 week course

Become a Blogger

| See Writing - Page 110

Create your own Android Mobile Apps

| Price: \$135 | Tutor: James Hancock

Would you like to create Android Apps without learning to write programming code? We'll show you how to use a cloud-based app development platform that allows you to create professional quality Apps quickly and easily using templates.

| Wednesday | 3 August | 7:00pm - 9:00pm | 8 week course



Graphic Design

NEW!

| See Art & Architecture - Page 12

How to be Found on the Internet (Weekend)

| Price: \$135 | Tutor: David Partis

An introduction to Internet marketing and the key concepts of Search Engine Optimisation (SEO) from an organic perspective, ie without purchasing advertising.

| Saturday | 2 April | 9:00am - 4:00pm | 1 day course
| Saturday | 3 September | 9:00am - 4:00pm | 1 day course

How to Start an Online Business (Weekend)

| Price: \$135 | Tutor: David Partis

Find out about this rapidly growing way of doing business. Learn about getting online, market research, case studies and more.

| Sunday | 3 April | 9:00am - 4:00pm | 1 day course
| Sunday | 4 September | 9:00am - 4:00pm | 1 day course



Illustrator CS5

| Price: \$132 | Tutor: Samara Pepperell

This vector-based Adobe software is fun to use and easy to learn. Explore all the main features of this powerful tool in graphic design, ideal for logos, letterheads, business cards, posters and websites.

| Sunday | 3 April | 9:00am - 4:00pm | 1 day course



InDesign

| Price: \$135 | Tutor: Ben Hilless

Learn to create well-designed print publications using this industry standard page layout programme. You should have a working knowledge of Windows and how to use the mouse to attend this course.

Monday	7 March	7:00pm - 9:00pm	5 week course
Monday	9 May	7:00pm - 9:00pm	5 week course

Introduction to Social Media (Weekend)

| Price: \$147 | Tutor: Clark Valmont

This introductory course will enable you to create your own LinkedIn account, Facebook page and Twitter account. By the end of the course you will have become familiar with what is known as the 'Holy Grail' of Social Media: Facebook, LinkedIn and Twitter.



Sunday	19 June	9:00am - 4:00pm	1 day course
--------	---------	-----------------	--------------

iPhoto and iMovie (Weekend)

| Price: \$135 | Tutor: Margaret Marsh  Bring your own Mac

iPhoto and iMovie are easy-to-use Mac applications that offer you many ways to enhance and share your digital photos or edit your video files. In this course you will learn a range of techniques to do this from photographs or original artwork.

Sunday	19 June	9:00am - 4:00pm	1 day course
--------	---------	-----------------	--------------

Maximising Your PowerPoint Presentations

| See Professional Development & Business - Page 102

Microsoft Excel - Beginners

| Price: \$105 | Tutor: Kathy Skellern

This course will give you an introduction to this popular programme and show you how to create spreadsheets and charts, perform calculations with formulae, and analyse numerical information.

Monday	15 February	7:00pm - 9:00pm	5 week course
Monday	9 May	7:00pm - 9:00pm	5 week course
Monday	1 August	7:00pm - 9:00pm	5 week course
Monday	17 October	7:00pm - 9:00pm	5 week course

Microsoft Excel - Intermediate

| Price: \$85 | Tutor: Kathy Skellern

Whether you are looking for a new job, or just want to upskill in your current role, this course will take your Excel skills to the next level. You will learn how to manipulate your data by using advanced sorting and filtering techniques, learn more about formulae, get awesome tips for working with multiple spreadsheets, advanced printing and much more.

Monday	13 June	7:00pm - 9:00pm	4 week course
Monday	5 September	7:00pm - 9:00pm	4 week course

Microsoft Excel - Advanced

| Price: \$105 | Tutor: Andrew Fergus

Ready for something more advanced? This course includes data tables, macros, templates, customising toolbars, pivot tables, goal seek, protecting spreadsheets, advanced formulas, tips & tricks and more.

Wednesday	3 August	7:00pm - 9:00pm	5 week course
Wednesday	2 November	7:00pm - 9:00pm	5 week course

Microsoft Word - Beginners

| Price: \$115 | Tutor: Annette Bannon

Learn or update your computer skills to produce attractive structured letters and forms. Become adept at copying, cutting, pasting, editing and formatting text, tabs and leaders, tables and columns.

Tuesday	16 February	6:30pm - 8:30pm	6 week course
Tuesday	10 May	6:30pm - 8:30pm	6 week course
Tuesday	2 August	6:30pm - 8:30pm	6 week course
Tuesday	18 October	6:30pm - 8:30pm	6 week course

Microsoft Word - The Next Step

| Price: \$55 | Tutor: Annette Bannon

Follow on from the Beginners' course and take the next step. Pick up more functions and shortcuts and become a Word whiz.

Tuesday	5 April	6:30pm - 8:30pm	2 week course
Tuesday	28 June	6:30pm - 8:30pm	2 week course
Tuesday	13 September	6:30pm - 8:30pm	2 week course
Tuesday	6 December	6:30pm - 8:30pm	2 week course

MYOB - Computerised Accounting (Weekend)

| Price: \$295 | Tutor: Anil Lamba

MYOB is used by many small to medium businesses. In this course you will be shown how to use a range of features such as: setting up your accounts, GST reports, Sales and Receivables, Purchases and Payables, Inventory Control, Bank Reconciliation, Balance Sheets and other accounting reports.

| Sat, Sun | 3 September | 9:00am - 5:00pm | 2 day course

Photoshop - Beginners

| Price: \$144 | Tutor: Simon Caswell

This will give you an introduction to the key concepts of Adobe Photoshop and how to digitally manipulate images (both photos and graphics). You will look at a wide range of techniques including airbrushing, vintage and retro effects.

| Tuesday | 10 May | 7:00pm - 9:00pm | 6 week course
| Tuesday | 18 October | 7:00pm - 9:00pm | 6 week course

Social Media for Marketing

NEW!

| See Professional Development & Business - Page 103



Web Page Design - With Dreamweaver (Weekend)

| Price: \$147 | Tutor: Margaret Marsh

Learn how to create a complete professional website which you can use as a base for your own business or family site. Learn how to insert text and images, use features such as lists, tables, and hyperlinks. A brief introduction to HTML and web technologies is included.

| Sunday | 3 April | 9:00am - 4:00pm | 1 day course

WordPress Bootcamp (Weekend)

| Price: \$276 | Tutor: David Partis

This two-day course focuses on the background to WordPress, how each version works, and how to edit and manage the WordPress dashboard. You will then go on to install WordPress in class and over the weekend build a website.

| Sat, Sun | 18 June | 9:00am - 5:00pm | 2 day course

Xero: Web-based Accounting - Getting Started

| Price: \$112 | Tutor: Dianne Muir

Learn how to set up your business in Xero. Get familiar with the Dashboard and basic Xero functions. Students will need their own Xero log on.

| Monday | 22 February | 7:00pm - 9:00pm | 5 week course
| Monday | 8 August | 7:00pm - 9:00pm | 5 week course

Xero: Web-based Accounting - Maximising Efficiency

| Price: \$65 | Tutor: Dianne Muir

A follow on from the Getting Started course or for those who have had experience with Xero. This course covers fixed asset management and advanced GL and reporting functions.

| Monday | 4 April | 7:00pm - 9:00pm | 2 week course
| Monday | 12 September | 7:00pm - 9:00pm | 2 week course



Cooking

Explore, create and taste the flavours of the world

Take your senses on a journey of spices, flavours, aromas and delights with one of our many courses in cooking. Whether you want to cater for guests, create edible gifts, or simply impress someone special, our diverse range has something for everyone. Not only will you learn professional techniques and fantastic recipes, but you'll also have a whole lot of fun doing it!

Our tutors are all highly accomplished in the culinary arts – most have run restaurants, catering businesses and have professional training – ensuring you get the most out of every course.



Give one a try! Your friends, family and your taste buds will love you for it!



For more details or to enrol visit us at www.selwyncomed.school.nz



Ayurvedic Cooking and Nutrition

| Price: \$125* | Tutor: Hansa Rarna *Price includes \$30 ingredients fee

Are you interested in knowing how to achieve a vibrant state of health and well-being through proper use of food? Would you like to learn about the connection between your constitution (body type) and the food you eat? Learn to create simple, tasty and nutritious vegetarian meals by incorporating a range of spices while appreciating their health benefits.

| Tuesday | 15 March | 6:30pm - 9:00pm | 4 week course

Baking NZ Favourites

| Price: \$97* | Tutor: June Renwick *Price includes \$33 ingredients fee

Homemade baking has special appeal with tempting aromas wafting through the kitchen and flavours that cannot be found in commercially prepared goods. June will teach you the tips and techniques of baking and share with you her mother's favourite, easy-to-follow recipes including Cheesecakes, Gems, Anzac Biscuits, Savoury Pies, Scones, Muffins and Napoleon Sponge Cake.

| Monday | 13 June | 7:00pm - 9:00pm | 3 week course

Cake Decorating

| Price: \$105* | Tutor: Tim Gasson *Price includes \$25 ingredients fee

Come and learn the basics of decorating cakes using rolled fondant, butter icing and piping techniques. Create an icing picture and put it all together to produce the completed cakes.

| Monday | 15 February | 7:00pm - 9:00pm | 4 week course

Cake Decorating - Advanced Workshop (Weekend)

| Price: \$99* | Tutor: Tim Gasson *Price includes \$20 ingredients fee

Have you done the Cake Decorating course with Tim and would like to go to the next level? You'll learn to make petal flowers including orchids, frangipani and roses!

| Sunday | 3 April | 10:00am - 2:00pm | 1 day course

Children's Cooking Classes

NEW!

| See Children & Teens - Pages 18-24

Chinese Yum Char (Weekend)

| Price: \$66* | Tutor: Chang Yin Wong  *Price includes \$20 ingredients fee

Prepare quick and tasty Dim Sum dishes and delicacies such as savoury glutinous rice, spring rolls, pot stickers and shau mai using traditional ingredients and techniques.

| Saturday | 5 November | 9:30am - 12:30pm | 1 day course

Christmas Food Gifts

| Price: \$90* | Tutor: June Renwick  *Price includes \$39 ingredients fee

Do you love the idea of giving handmade gifts for Christmas but have never taken the plunge? June has a collection of her favourite festive recipes to share with you for family and friends to enjoy.

| Monday | 21 November | 7:00pm - 9:00pm | 3 week course

Complete Chinese Meal

NEW!

| Price: \$95* | Tutor: Chang Yin Wong  *Price includes \$35 ingredients fee

Join Yin as she takes you through the preparation and cooking of a complete Chinese meal comprising a soup, fried and plain rice, sweet and sour pork, roast pork, steamed fish and a variety of vegetable dishes.

| Saturday | 18 June | 9:30am - 1:30pm | 1 day course

Continental Cakes


| Price: \$98* | Tutor: June Renwick  *Price includes \$36 ingredients fee

Do you want to create mouth-watering, delicious and decadent gateaux, tortes and tarts? June will show you useful techniques and best-kept secrets to create a variety of spectacular and special treats for grand occasions. Classic creations made easy.

| Monday | 5 September | 7:00pm - 9:00pm | 3 week course

Cooking 101

NEW!

| Price: \$160* | Tutor: Michelle Adelheim  *Price includes \$90 ingredients fee (\$15/class)

Feel you don't know the basics? Need the confidence and skills to cook for yourself and others? This unique course will give you all the basic skills you need to master the basics of cooking.

| Tuesday | 10 May | 6:00pm - 9:00pm | 6 week course

Cupcake Decorating (Weekend)

| Price: \$74* | Tutor: Tim Gasson  *Price includes \$20 ingredients fee

Cupcakes are favourites with everyone. Have fun learning different and interesting ways of making your cupcakes look professional.

| Sunday | 19 June | 9:00am - 12:00pm | 1 day course

Dads and Lads - Kiwi Sizzler

NEW!

| Price: \$50* | Tutor: Chris Fortune  *Price includes \$14 ingredients fee

This is the essential BBQ and Smoking cooking class for men and their boys. Learn how to fillet fish, use knives correctly and be the master of your BBQ. This is a demonstration-only class, but helpers will be required and tastings offered!

| Saturday | 14 May | 12:00pm - 3:00pm | 1 day course

Fantastic Fish and Seafood (Weekend)

| Price: \$75* | Tutor: June Renwick  *Price includes \$30 ingredients fee

June will share with you her recipes and techniques for creating an array of fish dishes that you will find useful for a number of occasions. You will be taken to one of the best (and well-hidden!) fish shops to purchase your fish and you will spend a day cooking 12 absolutely delicious fish dishes. What you don't eat you can take home!

| Saturday | 3 September | 9:00am - 4:00pm | 1 day course

Finger Foods for Entertaining

| Price: \$84* | Tutor: June Renwick  *Price includes \$44 ingredients fee

If you want to build a collection of finger-food recipes to pull out of the hat for a number of occasions, this is the course for you. June will share with you her recipes to create stylish finger food, canapés, fritters, dips with focaccia, individual pastries, stuffed mushrooms, gazpacho, boreka, rosti and pakoras. All these recipes are simple to prepare and delectable to eat. They are sure to be a hit at a cocktail party, barbecue or picnic.

| Monday | 31 October | 7:00pm - 9:00pm | 3 week course

Gluten-Free Cooking

| Price: \$110* | Tutor: Karin Puttnr  *Price includes \$20 ingredients fee

Use gluten-free grains to make tasty, healthy meals and breads that supply the nutrients you need. This course is a must for people with food intolerances or allergies or digestive problems. Karin is an experienced nutrition consultant so, as well as teaching the recipes, she can advise you on nutrition.

| Wednesday | 11 May | 7:00pm - 9:00pm | 4 week course

Foodies Floorshow



Foodies Floorshow - with Kelly Gibney **NEW!**

| Price: \$60 | Tutor: Kelly Gibney

Kelly Gibney is a food writer and soon-to-be cookbook author who is passionate about wholefoods and whole-hearted living. She is the author of online recipe journal *bonniedelicious.com*. You will see her work in the pages of *Dish Magazine*, *Green Ideas* magazine and others. She is mother to three-year-old Bonnie so understands the need to find ways to make cooking from scratch and eating in a healthy way possible while juggling a busy lifestyle.

| Sunday | 30 October | 11:00am - 2:00pm | 1 day course



Foodies Floorshow - with Nici Wickes **NEW!**

| Price: \$60 | Tutor: Nici Wickes

Successful food writer, TV chef and published cookbook author Nici is one of New Zealand's most respected foodies. She is all about great food - she travels for it, writes about it and eats it, but more than anything, she enjoys sharing her love of cooking with others, as her fervent mission is to get New Zealanders cooking more, and feeling good about it.

| Sunday | 15 May | 11:00am - 1:00pm | 1 day course



Good Fat, Bad Fat

NEW!

| Price: \$110* | Tutor: Michelle Adelhelm *Price includes \$40 ingredients fee

Confused about what is good fat and bad fat? It is a fact that the body needs fat for good health – but how much and what? Join Michelle and you will not only understand what is myth and what is fact, but you will also learn to cook a variety of delicious and nutritious dishes and leave with a repertoire of fresh, healthy recipes.

| Wednesday | 12 October | 7:00pm - 9:00pm | 4 week course

Greek Cooking Odyssey

NEW!

| Price: \$84* | Tutor: Emily Tsaliagou *Price includes \$15 ingredients fee

Emily will teach you the best recipes that Greek cuisine has to offer. You will not only learn about how to prepare Greek food but you will also learn about new ingredients, local recipes and, most importantly, you will get the real Greek culinary experience.

| Saturday | 14 May | 10:00am - 4:00pm | 1 day course
| Monday | 1 August | 7:00pm - 9:00pm | 3 week course

Healthy Kids - Lunchboxes and Baking

| Price: \$65* | Tutor: Wick Nixon *Price includes \$25 ingredients fee

Struggling to come up with healthy food choices for your kids that are also quick and easy? Are you sick of making the same things for your kids' lunchboxes every day? Are you frustrated because their lunches come home half eaten? Do you need some healthy inspiration?

| Sunday | 19 June | 9:00am - 12:00pm | 1 day course

How to Make Kim Chi (Weekend)

| Price: \$79* | Tutor: Cecilia Kim *Price includes \$20 ingredients fee

Join Cecilia for another fun Korean cooking session. This workshop will focus on Korea's national dish, Kim Chi (also known as kimchee or gimchi).

| Sunday | 19 June | 1:00pm - 5:00pm | 1 day course

Indian Cooking Made Easy

| Price: \$92* | Tutor: Sushila Sharma *Price includes \$10 ingredients for first class only

Have you thought of Indian cooking as complex, or very difficult, yet wanted to enjoy the mouth-watering dishes and impress your friends with your culinary art? Then this is the right course for you.

| Wednesday | 16 February | 7:00pm - 9:00pm | 4 week course



Italian Favourites

| Price: \$95* | Tutor: Sahar Majeed |  *Price includes \$15 ingredients for first class only

Create traditional and authentic Italian meals and sauces, both vegetarian and meat dishes, and learn about the best fresh herbs, ingredients and cheeses to enhance your cooking.

| Tuesday | 10 May | 7:00pm - 9:00pm | 4 week course

Japanese Cuisine

| Price: \$115* | Tutor: Efreem Tham |  *Price includes \$14 ingredients for first class only

Learn to create those traditional and healthy Japanese favourites at home, such as teriyaki chicken, tempura and pork katsu-don. Your experienced tutor will show you how to put together delicious and healthy dishes that can be adapted to suit your personal taste, the season, the occasion, or any special dietary requirement.

| Monday | 15 February | 7:00pm - 9:00pm | 5 week course
| Monday | 1 August | 7:00pm - 9:00pm | 5 week course

Japanese Cuisine - Continuation

| Price: \$115* | Tutor: Efreem Tham |  *Price includes \$14 ingredients for first class only

A continuation for those who have done the Japanese Cuisine course.

| Monday | 9 May | 7:00pm - 9:00pm | 5 week course



Knife Skills 101 - Fish and Chicken (Weekend)

NEW!

| Price: \$70* | Tutor: Jasbir Kaur |  *Price includes \$20 ingredients fee

Confused about carving and filleting meat? Not sure which knife to use for which job? In this class you will be taught by a professional chef not only how to select the correct knife to 'do the job', but you will also be shown how to do it and how to sharpen and care for your knives. At the same time you will be preparing a complete meal!

| Sunday | 19 June | 1:00pm - 5:00pm | 1 day course

Knife Skills 101 - Vegetables (Weekend)

| Price: \$60* | Tutor: Jasbir Kaur |  *Price includes \$15 ingredients fee

Learn the building blocks for professional knife handling that will have you slicing and dicing through a broad range of ingredients in no time. There will be plenty of drill practice with an emphasis on proper technique and safety. Chef Jaz will introduce you to the no-more-tears method for cutting an onion and help you identify the correct knife for whatever you are cutting or slicing.

| Sunday | 6 November | 1:00pm - 5:00pm | 1 day course



Korean Cuisine

| Price: \$170* | Tutor: Cecilia Kim |  *Price includes \$30 ingredients fee

Korean cuisine has evolved through centuries of change, both natural and cultural to create an interesting and tasty array of side dishes.

| Wednesday | 17 February | 6:30pm - 8:30pm | 7 week course
| Wednesday | 3 August | 6:30pm - 8:30pm | 7 week course

Korean Cuisine - Continuation

NEW!

| Price: \$170* | Tutor: Cecilia Kim |  *Price includes \$30 ingredients fee

If you enjoyed Korean Cuisine with Cecilia, then you will enjoy this continuation class where you will be trying out a broader range of Korean foods.

| Wednesday | 11 May | 6:30pm - 8:30pm | 7 week course

Making Macarons (Weekend)

| Price: \$72* | Tutor: Sara Beillard |  *Price includes \$15 ingredients fee

Take a tour into the world of the macaron. The popularity of French macarons is sweeping the nation! Delicate and colourful, these confectioneries will be sure highlights at an afternoon tea or as gifts for friends and family. Macarons are very hard to master without the right guidance, so come and learn from an expert.

| Sunday | 6 November | 10:00am - 2:00pm | 1 day course



Making Sourdough Bread (Weekend)

| Price: \$75* | Tutor: Karin Puttner  *Price includes \$10 ingredients fee

Sourdough breads are well known and have been loved in Europe for many centuries. They taste amazing and, what's better, they keep for ages. Come and learn the secrets of making delicious loaves and rolls using rye and wholemeal flour and take home a sourdough starter at the end of the course.

| Saturday | 18 June | 9:00am - 1:00pm | 1 day course

Mediterranean Magic

| Price: \$90* | Tutor: June Renwick  *Price includes \$39 ingredients for first class only

Have you read about the Cinque Terre? "The Five Lands" is composed of five villages on a rugged portion of coast along the Italian Riviera. It is a region close to June's heart and in this course she will share with you recipes collected both from her travels and from her Italian friends.

| Monday | 14 March | 7:00pm - 9:00pm | 3 week course

Mexican Cooking Experience

NEW!

| Price: \$130 | Tutor: Silvia Gomez-Pineda

This unique cooking experience will lead you through an encounter with the flavours, aromas, spices and the culture of Silvia's beloved Mexico and its flavourful cuisine. Discover the roots of Mexican Cuisine, the history and traditions behind the dishes, the indigenous ingredients and the way to handle them.

| Tuesday | 15 March | 6:00pm - 9:00pm | 4 week course
| Tuesday | 2 August | 6:00pm - 9:00pm | 4 week course



Modern Middle Eastern Cooking

| Price: \$114* | Tutor: Sahar Majeed  *Price includes \$15 ingredients for first class only

Turkey, Persia, Morocco, Lebanon, Iraq and Greece! Come and learn from Sahar to cook truly authentic dishes from this exotic part of the world.

| Tuesday | 2 August | 7:00pm - 9:00pm | 4 week course

Moroccan Cuisine

| Price: \$95* | Tutor: Sahar Majeed  *Price includes \$15 ingredients for first class only

Discover the exotic flavours of Morocco. This part-demonstration, part-practical class uses aromatic spices like saffron, coriander and cumin to prepare wonderful dishes such as couscous, tagines, preserved lemons and harissa.

| Tuesday | 16 February | 7:00pm - 9:00pm | 4 week course
| Tuesday | 11 October | 7:00pm - 9:00pm | 4 week course

Only Curries

NEW!

| Price: \$115* | Tutor: Niharika Dave  *Price includes \$10 ingredients for first class only

Throw away the instant, ready-to-eat mixes, polish your culinary skills, and be proud of making tasty curries, without any unhealthy preservatives or chemicals. Vegans and vegetarians are also welcome to this course, and special recipes will be provided for you.

| Tuesday | 7 June | 7:00pm - 9:00pm | 5 week course

Perfect Pastries (Weekend)

| Price: \$75* | Tutor: Susanne Huber  *Price includes \$18 ingredients fee

Fun with choux, from eclairs filled with crème pâtissière, profiteroles topped with chocolate sauce to swans swimming on a lake of raspberry coulis. Find out secrets to the pastry that even chefs shy away from making.

| Sunday | 4 September | 10:00am - 2:00pm | 1 day course





Relishes and Jams (Weekend)

NEW!

| Price: \$95* | Tutor: June Renwick | *Price includes \$33 ingredients

Learn the age-old techniques for making relishes and jams that will delight family and friends and have your taste buds soaring.

| Sunday | 3 April | 10:00am - 4:00pm | 1 day course

Sugar-Free Living (Weekend)

| Price: \$92* | Tutor: Tracey Wheeler | *Price includes \$8 ingredients

Have you been thinking about quitting sugar? You know it would be good for your health but don't know how to actually go about it. You've read the books but they are not helping. Tired, scratchy, emotions all over the shop? Having consistent sugar cravings? Come and learn how to get off sugar and cook with healthy alternatives.

| Sunday | 4 September | 10:00am - 4:00pm | 1 day course

Sushi Making (Weekend)

| Price: \$59* | Tutor: Chang Yin Wong | *Price includes \$20 ingredients fee

Prepare tasty and nutritious sushi with a variety of fillings: part-demonstration and part-practical course.

| Saturday | 3 September | 9:30am - 12:30pm | 1 day course

Sweet Yeast Cakes

NEW!

| Price: \$77* | Tutor: Karin Puttner | *Price includes \$12 ingredients fee

Join Karin and create a delicious afternoon tea together using yeast-based dough, to make delicious cakes such as Streuselkuchen, Nutplait, Brioche and Strudel.

| Saturday | 5 November | 9:00am - 1:00pm | 1 day course

Thai Cooking - The Authentic Way

| Price: \$154* | Tutor: TBA | *Price includes \$65 ingredients fee

Come and learn the secrets that you won't find in recipe books, and leave with a repertoire of delicious and authentic Thai dishes.

| Wednesday | 12 October | 7:00pm - 9:00pm | 5 week course

The Tea Party

NEW!

| Price: \$90* | Tutor: Jasbir Kaur | *Price includes \$20 ingredients fee

Always wanted to host the perfect tea party? In this half-day course you not only learn how to organise the party, but how to brew the perfect tea, including bubble and flowering teas, cocktails and mocktails. You will also learn how to make delicate savoury and sweet morsels, and even ways to bake with the left-over tea. This course can be customised for a 'hen's party' or 'baby shower'!

| Saturday | 2 April | 10:00am - 2:00pm | 1 day course

Turkish Cuisine

| Price: \$133* | Tutor: TBA | *Price includes \$65 ingredients fee

Immerse yourself in the culture of Turkey and create a complete menu with a range of beautiful, tasty food.

| Wednesday | 17 February | 7:00pm - 9:00pm | 7 week course

Wholesome Tasty Breads from your Bread Machine (Weekend) **NEW!**

| Price: \$85* | Tutor: Michelle Adelheim | *Price includes \$20 ingredients fee

Tired of disappointing results from your bread machine? Is your bread machine not living up to your expectations and collecting dust? Or are you considering purchasing a bread machine? Join this informative, hands-on course with Michelle and share her bread-baking passion and expertise.

| Saturday | 2 April | 9:00am - 4:00pm | 1 day course



Craft, Textiles & Fashion

Don't fake it - make it!

Experience the fun and satisfaction of seeing your own creativity take shape, whether in wool, felt, fabric, flax, beads or card.

Discover dozens of ways to express yourself while making something beautiful. And if you want to sell your products at a market you can learn how to do that too!



For more details or to enrol visit us at www.selwyncomed.school.nz



Body Shape and Colours - How to look your best

| Price: \$56 | Tutor: Margarita Politis

Learn to dress for your body shape and what colours work for you. Avoid costly mistakes and enhance your best features.

Tuesday	9 August	6:00pm - 9:00pm	1 day course
Tuesday	22 November	6:00pm - 9:00pm	1 day course

Celebrate Christmas with Flowers (Weekend)

| Price: \$90* | Tutor: Kerry Mitchell *Price includes \$20 materials fee

Create flower arrangements to decorate your home and to help celebrate the festive season. In this one-day course you will learn to make gorgeous wreaths and table displays using both traditional and contemporary techniques. Fresh flowers and accessories provided.

Saturday	5 November	10:00am - 3:00pm	1 day course
----------	------------	------------------	--------------

Felting: Create Your Own Scarf (Weekend)

| Price: \$105 | Tutor: Christine Roxburgh

Come and see why this ancient textile has become so popular today. Anyone can learn the straightforward way felt is made using wool fibre. Once you know the basics, you can then use this skill to create a variety of things at home using this wonderful material.

Saturday	18 June	9:00am - 4:00pm	1 day course
----------	---------	-----------------	--------------

Flax Weaving: Putiputi (Weekend)

| Price: \$136* | Tutor: Kelly King *Price includes \$40 materials fee

Become acquainted with harakeke, or native flax, and learn how to prepare this beautiful fibre and how to transform it into putiputi, or flowers. The synthetic dyeing process will be demonstrated, and you will also weave a wrap to encase your putiputi. You will leave the workshop not only with a bouquet creation, but also a deeper appreciation of Maori artistry.

Sunday	19 June	10:00am - 4:00pm	1 day course
--------	---------	------------------	--------------

Fun with Floral Design (Weekend)

| Price: \$95* | Tutor: Kerry Mitchell |  *Price includes \$20 materials fee

Learn the basics of hand-tied bouquets and posies as gifts, and how to create stunning arrangements using Oasis. All designs will be made with fresh flowers and participants will be able to take home their creations.

Saturday	2 April	10:00am - 4:00pm	1 day course
Saturday	18 June	10:00am - 4:00pm	1 day course
Saturday	3 September	10:00am - 4:00pm	1 day course

Gorgeous Gift Wrapping (Weekend)

| Price: \$53 | Tutor: TBA

Come and learn from a professional stylist how to turn your gifts into works of art. Discover the latest wrapping techniques using fabric squares which are environmentally friendly, how to tie the perfect bow and how to wrap unusually shaped presents.

Sunday	3 April	10:00am - 12:30pm	1 day course
Sunday	6 November	10:00am - 12:30pm	1 day course

Interior Design: Curtains, Cushions, Lamps and Rugs

| Price: \$59* | Tutor: Gaye Adsett |  *Price includes \$20 materials fee

Come and learn the tips and tricks of choosing the right furniture, cushions, lamps and rugs. Turn ordinary into WOW!

Monday	7 March	6:30pm - 8:30pm	3 week course
Monday	8 August	6:30pm - 8:30pm	3 week course

Introduction to Digital Textile Design (Weekend) NEW!

| Price: \$249 | Tutor: Angela Fraser

Would you like to design your own fabric? This beginners' course will give you the skills you need to create your own original repeating patterns for digital textile printing using Photoshop software and you will also learn how to prepare your file for a print service to have your unique design printed onto fabric.

Sat, Sun	18 June	9:00am - 4:00pm	2 day course
----------	---------	-----------------	--------------

Knitwits

| Price: \$105 | Tutor: Pamela Day

Open up a whole new world by simply learning the two basic stitches (knit and purl), how to cast on and off, increase and decrease stitches and follow an easy pattern.

Wednesday	18 May	7:00pm - 9:00pm	4 week course
-----------	--------	-----------------	---------------

Lampshade Making (Weekend)

NEW!

| See Home, Garden & DIY - Page 78

Make Up Application - For the 40+

| Price: \$56 | Tutor: Margarita Politis

Are you lacking confidence or feel it's time for a makeover? These make-up tips will help you look fresh-faced and more youthful.

Tuesday	14 June	7:00pm - 9:00pm	2 week course
---------	---------	-----------------	---------------

Mexican Headbands

NEW!

| Price: \$90* | Tutor: Silvia Gomez-Tineda |  *Price includes \$12 materials fee

Love the colourful Frida Kahlo look? Want to learn to make your own floral headbands? Join Silvia and let her teach you some of the secrets of making these gorgeous head pieces. Enjoy some Mexican music and learn about the history of these headpieces. 10% discount for a mother and daughter, 2 sisters or 2 friends enrolling at the same time.



Tuesday	24 May	6:00pm - 9:00pm	2 week course
---------	--------	-----------------	---------------

Mosaics (Weekend)

| Price: \$107 | Tutor: Barbara Mahoney

Everyone has a creative side – unleash yours and be proud of what you can achieve with colour and your own imagination. You don't need to be artistic. Your individuality will shine through by your own use of colour and materials, e.g. tiles, broken crockery, shells, glass or decorative stones. Turn an ugly object into something beautiful. Create a unique piece for your garden or patio.

Sat, Sun	2 April	10:00am - 4:00pm	2 day course
Sat, Sun	3 September	10:00am - 4:00pm	2 day course



Pattern Alteration and Design

| Price: \$135 | Tutor: Jenny Taylor

If you have ever had trouble finding that exact pattern or design you have in mind, or if everything you try on never seems to fit, this is the course for you.

Wednesday	18 May	7:00pm - 9:00pm	8 week course
Monday	1 August	7:00pm - 9:00pm	8 week course
Wednesday	19 October	7:00pm - 9:00pm	8 week course

Pottery

| Price: \$189 | Tutor: Matt McLean

Have you ever wanted to work with clay, but not known where to start? Come and learn a range of skills that you can adapt to help fulfil your creative ideas. Whether functional pottery or sculptural ceramics is your thing, there's plenty here for you! Now an eight-week course due to popular demand.

Tuesday	23 February	7:00pm - 9:00pm	8 week course
Tuesday	10 May	7:00pm - 9:00pm	8 week course
Tuesday	2 August	7:00pm - 9:00pm	8 week course
Tuesday	18 October	7:00pm - 9:00pm	8 week course
Wednesday	24 February	7:00pm - 9:00pm	8 week course
Wednesday	11 May	7:00pm - 9:00pm	8 week course
Wednesday	3 August	7:00pm - 9:00pm	8 week course
Wednesday	19 October	7:00pm - 9:00pm	8 week course

Pottery Intensive (Weekend)

NEW!

| Price: \$175 | Tutor: Matt McLean

In this weekend course you will be introduced to the exciting possibilities of working with clay. Join potter Matt McLean and spend a day indulging in creativity.

Sat, Sun	18 June	10:00am - 4:00pm	2 day course
----------	---------	------------------	--------------

Sewing for Beginners

| Price: \$142 | Tutor: Jenny Taylor

Always wanted to learn to sew? Come along to this fun class and make your own A-line or straight skirt while learning the basics of sewing.

Wednesday	24 February	7:00pm - 9:00pm	8 week course
Monday	9 May	7:00pm - 9:00pm	8 week course
Tuesday	2 August	7:00pm - 9:00pm	8 week course



Sewing - Next Steps

| Price: \$110 | Tutor: Jenny Taylor

 Bring your own materials

Save money and get creative, making clothes for your family or light furnishings for your home. Learn simple and fun sewing techniques: bring pattern, fabric, scissors, pins, and get started.

Tuesday	23 February	7:00pm - 9:00pm	7 week course
Tuesday	17 May	7:00pm - 9:00pm	7 week course
Wednesday	10 August	7:00pm - 9:00pm	7 week course
Tuesday	18 October	7:00pm - 9:00pm	7 week course

Soft Stone Sculpture (Weekend)

| Price: \$130 | Tutor: Gillian Elmslie

Create your own masterpiece to enhance your garden or interior spaces. The soft stone sculpture is one of the most accessible mediums to work with as ideas can be quickly realised and easily modified.

Saturday	2 April	11:00am - 4:00pm	1 day course
Saturday	3 September	11:00am - 4:00pm	1 day course
Saturday	5 November	11:00am - 4:00pm	1 day course

Tivaevae - Cook Islands Quilting

| Price: \$95 | Tutor: Miimetua Tarapu

An introduction to this beautiful and colourful traditional Cook Islands art form.

Wednesday	24 February	6:00pm - 8:00pm	7 week course
Wednesday	10 August	6:00pm - 8:00pm	7 week course
Wednesday	19 October	6:00pm - 8:00pm	7 week course

Upholstery - Make Your Own Bed Headboard (Weekend) NEW!

| Price: \$220 | Tutor: Antonia Marino

Come along and create your own upholstered headboard in your choice of bed size and fabric. You will be provided with your own headboard, supplies and use of tools to create your own masterpiece.

Sunday	4 September	10:00am - 4:00pm	1 day course
--------	-------------	------------------	--------------

Upholstery - Make Your Own Footstool (Weekend)

| Price: \$190 | Tutor: Antonia Marino

Want to learn the essential skills of upholstery. In just one day you will upholster your own unique footstool and, in the process, you will have mastered all the fundamental techniques of upholstery.

Saturday	2 April	10:00am - 4:00pm	1 day course
Saturday	18 June	10:00am - 4:00pm	1 day course



English ESOL

Improve your English language skills!

Strengthen your communication skills in English.

Better English means a better experience of life in New Zealand.
Improve your speaking, listening, reading and writing of English in supportive classes ranging from complete beginners through to advanced.



For more details or to enrol visit us at www.selwyncomed.school.nz

ESOL courses are for people whose first language is not English, who want to improve their English skills to live and work in New Zealand, or to gain skills for further study.

Courses are subsidised by the Government for those who have a New Zealand Resident's visa in their passports.

Some places may be available for those on a visitor, work, holiday, or study visa, but an additional fee will need to be paid. (Please visit our office or contact us on 521 9623 for information.)

There is no fee for those who have refugee status, provided evidence is supplied.

Please bring your passport and evidence of New Zealand residency to our office before your first lesson.

- All our tutors are qualified and are fluent English speakers.
- Text books may be required for some courses. Course price includes all photocopying.
- A certificate will be given to those who attend 80% or more of the classes.
- Transport is easy: secure on-site parking for cars. Bus routes from Britomart Downtown Auckland, stops outside Selwyn College (routes 717, 757, 655, 745 and 595).

LEVELS OF COURSES

Our tutors will advise you on the best level for you.

Level 1	Beginners	For those with little English
Level 2	Pre-Intermediate	For those who can understand and use simple English in everyday situations.
Level 3	Intermediate	For those who can understand and use English in a wide variety of situations.
Level 4	Upper Intermediate	For those who can speak with confidence but need to improve fluency.
Level 5	Advanced	For those who are fluent in most contexts, but would like support in more specific or challenging areas of English.
Pre-IELTS	Upper Intermediate	Above Level 4, but not at IELTS level.
Advanced IELTS		For those who want to prepare for academic training, or who want help in specific areas.



DAY COURSES

English - Level 1

| Price: \$182* | Non-resident: \$324* | Tutor: Anna Smith  *Price includes workbook

Become more accurate in reading, writing, grammar, speaking and listening. Suitable for Beginners. Prices vary according to New Zealand residency status. Minimum 80% attendance is required.

Mon, Wed, Fri	15 February	8 week course	9:15am - 11:15am
Mon, Wed, Fri	9 May	8 week course	9:15am - 11:15am
Mon, Wed, Fri	1 August	8 week course	9:15am - 11:15am
Mon, Wed, Fri	10 October	8 week course	9:15am - 11:15am

English - Level 2

| Price: \$182* | Non-resident: \$324* | Tutor: Frances Battersby  *Price includes workbook

Become more accurate in reading, writing, grammar, speaking and listening. Suitable for Pre-Intermediate students. Prices vary according to New Zealand residency status. Minimum 80% attendance is required.

Mon, Wed, Fri	15 February	8 week course	9:30am - 11:30am
Mon, Wed, Fri	9 May	8 week course	9:30am - 11:30am
Mon, Wed, Fri	1 August	8 week course	9:30am - 11:30am
Mon, Wed, Fri	10 October	8 week course	9:30am - 11:30am

English - Level 3

| Price: \$182* | Non-resident: \$324* | Tutor: Susan Sellers  *Price includes workbook

Become more accurate in reading, writing, grammar, speaking and listening. Suitable for Intermediate students. Prices vary according to New Zealand residency status. Minimum 80% attendance is required.

Mon, Tue, Thur	15 February	8 week course	9:15am - 11:15am
Mon, Tue, Thur	9 May	8 week course	9:15am - 11:15am
Mon, Tue, Thur	1 August	8 week course	9:15am - 11:15am
Mon, Tue, Thur	10 October	8 week course	9:15am - 11:15am

English - Level 4

| Price: \$182* | Non-resident: \$324* | Tutor: Janice O'Connor  *Price includes workbook

Become more accurate in reading, writing, grammar, speaking and listening. Suitable for Upper-Intermediate students. Prices vary according to New Zealand residency status. Minimum 80% attendance is required.

Tue, Wed, Thur	16 February	8 week course	9:15am - 11:15am
Tue, Wed, Thur	10 May	8 week course	9:15am - 11:15am
Tue, Wed, Thur	2 August	8 week course	9:15am - 11:15am
Tue, Wed, Thur	11 October	8 week course	9:15am - 11:15am

English Conversation - Level 1

| Price: FREE | Non-resident: \$184 | Tutor: Christina Wylie

Improve your conversation skills for life and work in New Zealand. Suitable for Level 1 students. Prices vary according to New Zealand residency status. 80% attendance at classes is required.

Tues, Thurs	16 February	8 week course	12:30pm - 2:30pm
Tues, Thurs	10 May	8 week course	12:30pm - 2:30pm
Tues, Thurs	2 August	8 week course	12:30pm - 2:30pm
Tues, Thurs	11 October	8 week course	12:30pm - 2:30pm

English Conversation - Level 1-2

| Price: FREE | Non-resident: \$184 | Tutor: Jan Power

Improve your conversation skills for life and work in New Zealand. Suitable for Beginners - Pre-Intermediate level English speakers. Prices vary according to New Zealand residency status. Minimum 80% attendance is required.

Mon, Wed	15 February	8 week course	12:40pm - 2:40pm
Mon, Wed	9 May	8 week course	12:40pm - 2:40pm
Mon, Wed	1 August	8 week course	12:40pm - 2:40pm
Mon, Wed	10 October	8 week course	12:40pm - 2:40pm

English Conversation - Level 2

| Price: FREE | Non-resident: \$184 | Tutor: Debbie Thackway

Improve your conversation skills for life and work in New Zealand. Suitable for Pre-Intermediate level English speakers. Prices vary according to New Zealand residency status. Minimum 80% attendance is required.

Tues, Fri	16 February	8 week course	Tue: 9:15am - 11:15am, Fri: 12:00pm - 2:00pm
Tues, Fri	10 May	8 week course	Tue: 9:15am - 11:15am, Fri: 12:00pm - 2:00pm
Tues, Fri	2 August	8 week course	Tue: 9:15am - 11:15am, Fri: 12:00pm - 2:00pm
Tues, Fri	11 October	8 week course	Tue: 9:15am - 11:15am, Fri: 12:00pm - 2:00pm

English Conversation - Level 3

| Price: FREE | Non-resident: \$184 | Tutor: Gabriel White

Improve your conversation skills for life and work in New Zealand. Suitable for Intermediate level English speakers. Prices vary according to New Zealand residency status. Minimum 80% attendance is required.

Tues, Wed	16 February	8 week course	12:15pm - 2:15pm
Tues, Wed	10 May	8 week course	12:15pm - 2:15pm
Tues, Wed	2 August	8 week course	12:15pm - 2:15pm
Tues, Wed	11 October	8 week course	12:15pm - 2:15pm

English Conversation - Level 4

| Price: FREE | Non-resident: \$184 | Tutor: Janice O'Connor

Improve your conversation skills for life and work in New Zealand. Suitable for Upper Intermediate and higher level English speakers. Prices vary according to New Zealand residency status. Minimum 80% attendance is required.

Thurs, Fri	18 February	8 week course	12:15pm - 2:15pm
Thurs, Fri	12 May	8 week course	12:15pm - 2:15pm
Thurs, Fri	4 August	8 week course	12:15pm - 2:15pm
Thurs, Fri	13 October	8 week course	12:15pm - 2:15pm

Pre-IELTS - Level 3+

| Price: \$158 | Non-resident: \$316 | Tutor: Dianne Reeves

This course will teach you the English you need for general training and work in New Zealand. This Pre-IELTS course will get you to a higher level, ready to move on to the IELTS Academic level. Prices vary depending on New Zealand residency status. 80% attendance is required at this course.

Mon, Tue, Thur	15 February	8 week course	Mon: 12:30pm - 2:00pm, Tue/Thur: 9:15am - 11:15am
Mon, Tue, Thur	9 May	8 week course	Mon: 12:30pm - 2:00pm, Tue/Thur: 9:15am - 11:15am
Mon, Tue, Thur	1 August	8 week course	Mon: 12:30pm - 2:00pm, Tue/Thur: 9:15am - 11:15am
Mon, Tue, Thur	10 October	8 week course	Mon: 12:30pm - 2:00pm, Tue/Thur: 9:15am - 11:15am

IELTS Academic - Level 4+

| Price: \$195 | Non-resident: \$495 | Tutor: Frances Battersby

This course is for those students who plan to sit their Academic IELTS examination within 3 months. Prices vary according to New Zealand residency status. Minimum 80% attendance is required at this course.

Mon, Tue, Wed, Fri	15 February	8 week course	12:00pm - 2:30pm
Mon, Tue, Wed, Fri	9 May	8 week course	12:00pm - 2:30pm
Mon, Tue, Wed, Fri	1 August	8 week course	12:00pm - 2:30pm
Mon, Tue, Wed, Fri	10 October	8 week course	12:00pm - 2:30pm

Business English - Level 3+

| Price: \$218 | Non-resident: \$360 | Tutor: Debbie Thackwray

Improve your effectiveness and confidence in the New Zealand workplace. This course is designed for students with a minimum of Intermediate English language ability. Please note that this course is held at the Orakei Community Centre.

Mon, Wed, Fri	15 February	8 week course	Mon/Wed: 12:00pm - 2:00pm, Fri: 12:15pm - 2:15pm
Mon, Wed, Fri	9 May	8 week course	Mon/Wed: 12:00pm - 2:00pm, Fri: 12:15pm - 2:15pm
Mon, Wed, Fri	1 August	8 week course	Mon/Wed: 12:00pm - 2:00pm, Fri: 12:15pm - 2:15pm
Mon, Wed, Fri	10 October	8 week course	Mon/Wed: 12:00pm - 2:00pm, Fri: 12:15pm - 2:15pm

The Treaty of Waitangi for New New Zealanders

NEW!

| Price: \$40 | Tutor: Marisa Maclachlan

In this short course you will gain a greater understanding of Te Tiriti o Waitangi, its signing and various interpretations of it, creating an understanding of how the history of the Treaty relates to New Zealand today and its effects on the Maori people.

| Saturday | 3 September | 10:00am - 4:00pm | 1 day course

EVENING COURSES

English - Level 1

| Price: \$182* | Non-resident: \$324* | Tutor: TBA  *Price includes workbook

Become more accurate in reading, writing, grammar, speaking and listening. Suitable for Beginner level English students. Prices vary according to New Zealand residency status. At least 80% attendance is required for this course.

Mon, Tue, Wed	15 February	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	9 May	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	1 August	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	10 October	8 week course	7:00pm - 9:00pm

English - Level 2

| Price: \$182* | Non-resident: \$324* | Tutor: Jan White  *Price includes workbook

Become more accurate in reading, writing, grammar, speaking and listening. Suitable for Pre-Intermediate level English students. Prices vary depending on New Zealand residency status. At least 80% attendance is required for this course.

Mon, Tue, Wed	15 February	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	9 May	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	1 August	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	10 October	8 week course	7:00pm - 9:00pm

English - Level 3

| Price: \$182* | Non-resident: \$324* | Tutor: Annette Bannon  *Price includes workbook

Become more accurate in reading, writing, grammar, speaking and listening. Suitable for Intermediate level English students. Prices vary according to New Zealand residency status. At least 80% attendance is required for this course.

Mon, Tue, Wed	15 February	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	9 May	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	1 August	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	10 October	8 week course	7:00pm - 9:00pm

English - Level 4

| Price: \$134* | Non-resident: \$224* | Tutor: Diana Fergusson  *Price includes workbook

Become more accurate in reading, writing, grammar, speaking and listening. Suitable for Upper Intermediate level English students. Prices vary depending on New Zealand residency status. At least 80% attendance is required for this course.

Mon, Wed	15 February	8 week course	7:00pm - 9:00pm
Mon, Wed	9 May	8 week course	7:00pm - 9:00pm
Mon, Wed	1 August	8 week course	7:00pm - 9:00pm
Mon, Wed	10 October	8 week course	7:00pm - 9:00pm

English Conversation - Level 1-2

| Price: \$78 | Non-resident: \$156 | Tutor: Gabriel White

Improve your spoken language in everyday situations. Suitable for levels Pre-Intermediate and above. Prices vary depending on New Zealand residency status. At least 80% attendance is required for this course.

Mon, Tue, Wed	15 February	8 week course	6:00pm - 7:00pm
Mon, Tue, Wed	9 May	8 week course	6:00pm - 7:00pm
Mon, Tue, Wed	1 August	8 week course	6:00pm - 7:00pm
Mon, Tue, Wed	10 October	8 week course	6:00pm - 7:00pm

English Conversation - Level 3-4

| Price: \$54 | Non-resident: \$108 | Tutor: Gabriel White

Improve your spoken language in everyday situations. Suitable for levels Pre-Intermediate and above. Prices vary depending on New Zealand residency status. At least 80% attendance is required for this course.

Mon, Wed	15 February	8 week course	6:00pm - 7:00pm
Mon, Wed	9 May	8 week course	6:00pm - 7:00pm
Mon, Wed	1 August	8 week course	6:00pm - 7:00pm
Mon, Wed	10 October	8 week course	6:00pm - 7:00pm

IELTS Academic - Level 4+

| Price: \$158* | Non-resident: \$316* | Tutor: Jonathan Crook  *Price includes photocopying

You will be given the skills and strategies to prepare you for the IELTS Academic Exam. Photocopying fee included. Prices vary according to New Zealand residency status. 80% attendance is required for this course.

Mon, Tue, Wed	15 February	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	9 May	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	1 August	8 week course	7:00pm - 9:00pm
Mon, Tue, Wed	10 October	8 week course	7:00pm - 9:00pm

Business English - Level 4+

| Price: \$54 | Non-resident: \$108 | Tutor: Debbie Thackway

Improve your effectiveness and confidence in the New Zealand workplace. This course is designed for students with Upper Intermediate and Advanced English language ability.

Tuesday	16 February	8 week course	7:00pm - 9:00pm
Tuesday	10 May	8 week course	7:00pm - 9:00pm
Tuesday	2 August	8 week course	7:00pm - 9:00pm
Tuesday	11 October	8 week course	7:00pm - 9:00pm

Advanced English - Level 5

| Price: \$134 | Non-resident: \$224 | Tutor: Gabriel White

For those who want to improve their English at work or socially. Suitable for Advanced English learners. Prices vary depending on New Zealand residency status. 80% attendance is required at this course.

Mon, Wed	15 February	8 week course	7:00pm - 9:00pm
Mon, Wed	9 May	8 week course	7:00pm - 9:00pm
Mon, Wed	1 August	8 week course	7:00pm - 9:00pm
Mon, Wed	10 October	8 week course	7:00pm - 9:00pm

Refugee Education for Adults and Families

English resettlement classes are taught to refugee adults in daily classes. Classes are graded to maximise learning benefits. Classes are free. Children under 5 can attend the Carol White Family Centre, on site, while their parents are in class. Bookings are essential as there is a waiting list.

For further information telephone Margaret Chittenden, on 521 9610 ext. 698, or Robyn Gerrity at the Family Centre on 521 9643.



Our refugee students enjoy a wide range of activities, such as sewing, gardening, cooking and crafts.



Health, Well-being & Fitness

Take responsibility for your health, your happiness and your well-being!

There are options here for everyone, young, old, male and female. Join up to be healthy and fit in mind and body.

Why not gift a class to a friend or family member?



For more details or to enrol visit us at www.selwyncomed.school.nz

Alexander Technique (Weekend)

| Price: \$56 | Tutor: Jann McMichael

Do you lead a busy family life, work long hours, rush, rush, rush? Have you tried the treadmill, had regular massages, gone to the osteopath, and still you fall into bed at night exhausted and hurting? Take the first step to discovering the truth of your inborn strength to regain the liveliness and ease you used to know as a child.

Saturday	18 June	9:30am - 12:30pm	1 day course
Saturday	5 November	9:30am - 12:30pm	1 day course

Ashtanga Yoga - Beginners

| Price: \$112 | Tutor: Sarah Moyes

Ashtanga yoga is an athletic and dynamic practice which focuses on a specific sequence of postures.

Tuesday	23 February	5:30pm - 6:45pm	8 week course
Tuesday	17 May	5:30pm - 6:45pm	8 week course
Tuesday	2 August	5:30pm - 6:45pm	8 week course
Tuesday	18 October	5:30pm - 6:45pm	8 week course

Ashtanga Yoga - Continuing

| Price: \$123 | Tutor: Sarah Moyes

Feel it's time to deepen your yoga practice? Ashtanga Yoga Continuing gives you the opportunity to push yourself both mentally and physically, while gaining even more of the many benefits a regular yoga practice has to offer.

Monday	15 February	6:00pm - 7:30pm	8 week course
Monday	9 May	6:00pm - 7:30pm	8 week course
Monday	1 August	6:00pm - 7:30pm	8 week course
Monday	17 October	6:00pm - 7:30pm	8 week course

Auckland's Volcanoes and Geology - An Introduction **NEW!**

| See History, Religion, Literature & Society - Page 71

Ayurvedic Cooking and Nutrition

| See Cooking - Page 33

Bike Maintenance 101

| See Home, Garden & DIY - Page 76

Bird Watching - for Beginners (Day)

| See Home, Garden & DIY - Page 76

NEW!

Brain-Fit For Life

| Price: \$102 | Tutor: Gillian Eadie

Do you lose your keys? Go to the supermarket for milk and come home with everything but? Have trouble remembering names? Brain-Fit For Life is for you! You will learn how your brain and memory work, and the strategies and skills to overcome worrying memory lapses. Build your memory skills and brain resilience for increased confidence.

| Wednesday | 10 August | 6:00pm - 7:30pm | 5 week course

Brain-Fit For Life - Sharpen Your Skills (Day)

| Price: \$52 | Tutor: Gillian Eadie

A half-day workshop designed as a follow-up to the Brain-Fit for Life course.

| Saturday | 3 September | 10:00am - 1:00pm | 1 day course

Dance Courses

Dancing is a great way to stay in shape – and fun too! We have African dance, Ballroom and Latin dancing, Burlesque, Belly Dancing, Bollywood, Salsa, and more!

| See Music, Dance & Drama - Page 76

DanceFit

| Price: \$69 | Tutor: Katie Swift

Stay fit and have some fun with these simple dance steps to great music.

Monday	15 February	6:00pm - 7:00pm	8 week course
Monday	9 May	6:00pm - 7:00pm	8 week course
Monday	1 August	6:00pm - 7:00pm	8 week course
Monday	10 October	6:00pm - 7:00pm	8 week course

This programme will be constantly reviewed and amended during the year. Please check our website for latest updates.

www.selwyncomed.school.nz



Dancercise for the 40+

| Price: \$69 | Tutor: Rita Farmer

Young ones and gym bunnies need not apply! This class is designed to match the fitness levels of active older adults and those new to cardio exercise. If you are 40+ and want to improve your strength, cardiovascular health, balance, co-ordination and flexibility, then this is the course for you.

Wednesday	24 February	4:00pm - 5:00pm	8 week course	\$69
Wednesday	18 May	4:00pm - 5:00pm	8 week course	\$69
Wednesday	3 August	4:00pm - 5:00pm	8 week course	\$69
Wednesday	19 October	4:00pm - 5:00pm	8 week course	\$69

Eco-Cultural Walk and Talk (Day)

| Price: \$40 | Tutor: Riki Bennett

Enjoy a walk through the beautiful Waitakere Ranges whilst being taken on an educational journey into the medicinal and edible plants traditionally used by Maori. Riki Bennet, keen conservationist and knowledgeable speaker on traditional native plant uses, will share his ethnobotanical knowledge as you get the opportunity to sample a range of edible plants and berries while understanding the medicinal properties.

Saturday	9 April	10:00am - 1:00pm	1 session
Saturday	29 October	10:00am - 1:00pm	1 session

Explore Bush and Beach (Day)

| Price: \$66 | Tutor: Lorna Johnson

A unique opportunity to explore your local area with a friendly walking group and qualified outdoor leader. Each week involves a trip to a bush or coastal area of natural beauty and interest in and around the Auckland area including parks and out-of-the-way reserves, private bush, wetlands and many places you may not have heard of.

Thursday	2 June	10:00am - 1:30pm	4 week course
Thursday	20 October	10:00am - 1:30pm	4 week course

Gluten-Free Cooking

| See Cooking - Page 35

Golf for Beginners

| Price: \$99 | Tutor: Brian Smith

Whether you are a beginner on the golf course or want to improve your golf style and handicap, Brian's personalised tuition will help you with your grip, stance, swing and a variety of shots including putting.

Tues + 2 Sat	23 February	5:30pm - 7:00pm	4 week course + 2 Saturday mornings
Tues + 2 Sat	18 October	5:30pm - 7:00pm	4 week course + 2 Saturday mornings





Historic Auckland Walks - Guided Auckland City Walk (Day) **NEW!**

| Price: \$35 | Tutor: David Hill

Want to find out more about our history? Join David Hill, who is a passionate historian, on a walk to uncover the rich history that lives beneath the pavements of Auckland city.

| Sunday | 26 June | 10:00am - 1:30pm | 1 day course

Historic Auckland Walks - Logan Campbell Walk (Day) **NEW!**

| Price: \$40 | Tutor: David Hill

Learn about what drove a young Scottish doctor to leave Edinburgh and turn up in Auckland in 1839. The stories behind him becoming the 'Father of Auckland', the fortunes won and lost and won again, the hardships of a young aristocrat re-shaping his life on the other side of the world and the enduring legacies he created. This four hour walk will take in parts of Hobson Bay, Parnell and the lower city where his life played out.

| Sunday | 20 March | 9:00am - 1:00pm | 1 day course

Inspiring Wellness (Day) **NEW!**

| Price: \$90 | Tutor: Lekshe Chodron

Modern life can be hectic and sometimes health and wellness can elude us! If you constantly feel tired, stressed, on a never-ending cycle of busyness or your health has taken a turn for the worse then learn how to put the spring back into your step! This workshop will show you how to make lifestyle changes for the better.

| Sunday | 3 April | 10:00am - 3:00pm | 1 day course

Making Your Own Skincare Products

| Price: \$149 | Tutor: Olga Garkavenko

Come and learn how to make a range of gorgeous, inexpensive products for yourself, your family and your friends, and what's more you will get to take them home.

| Monday | 29 February | 7:00pm - 9:00pm | 4 week course
| Monday | 31 October | 7:00pm - 9:00pm | 4 week course

Managing Stress and Anxiety

NEW!

| Price: \$102 | Tutor: Michelle Sime

Is anxiety ruining your life? Anxiety is often commonly known as worry or stress. Whether there is an identifiable cause or not, whether it rears its head at certain times such as public speaking, or is ongoing and you want to live an anxiety-free life, then this course is for you. Learn neuro-linguistic programming tools and life skills to assist you in understanding anxiety and how to get it under control.

| Tuesday | 8 March | 7:00pm - 9:00pm | 4 week course
| Tuesday | 25 October | 7:00pm - 9:00pm | 4 week course

Massage - An Introduction

| Price: \$92 | Tutor: Toni Bryant

Learn professional massage techniques to use on family or friends: it will help relax muscle tension and relieve stress.

| Wednesday | 8 June | 6:45pm - 9:45pm | 3 week course
| Wednesday | 2 November | 6:45pm - 9:45pm | 3 week course

Memorising Made Easy (Day)

NEW!

| See Understanding You, Understanding Others - Page 106

Mindfulness - Movement with Body and Breath

| Price: \$102 | Tutor: Lekshe Chodron

Come to a place within that is a calm, centred presence and discover stillness, simplicity and contentment. Based on yogic practices these classes will include breath awareness with a series of simple and very gentle movements to encourage mindfulness, support healing, relaxation and breath-body-mind connection.

| Wednesday | 17 February | 6:30pm - 8:00pm | 8 week course
| Wednesday | 18 May | 6:30pm - 8:00pm | 8 week course
| Wednesday | 3 August | 6:30pm - 8:00pm | 8 week course
| Wednesday | 19 October | 6:30pm - 8:00pm | 8 week course

Natural Health Remedies (Day)

NEW!

| Price: \$75 | Tutor: HineAhua Tokōtokō (Michelle Sime)

Want to learn some easily accessible and affordable home remedies to help keep your family healthy?

| Sunday | 6 November | 10:00am - 4:30pm | 1 day course



New Directions for Men After Retirement

| See Understanding You, Understanding Others - Page 106

NLP for Success (Day and Evening)

| See Understanding You, Understanding Others - Page 106

NZ Native Plant Medicines - Introduction (Day)

NEW!

| Price: \$55* | Tutor: HineAhua Tokōtokō (Michelle Sime) |  Price includes ingredients and materials.

Join HineAhua Tokōtokō, named for her role in Rongoa Maori, and she will share with you some of the wonders of our native plants and their medicinal properties. Practice preparing tonics, teas and balms and learn a little about Maori traditional medicines.

Monday	15 February	7:00pm - 9:00pm	4 week course
Monday	21 November	7:00pm - 9:00pm	4 week course

Pilates - Beginners

| Price: \$102 | Tutor: Yaron Levy / Kirsten Holiday

This class is designed for those who are new to Pilates. It introduces students to the foundation skills of Pilates breathing, pelvic floor control and isolation of muscle groups for targeted effort.

| Tutor: Yaron Levy

Wednesday	17 February	5:30pm - 6:30pm	8 week course
Wednesday	18 May	5:30pm - 6:30pm	8 week course
Wednesday	3 August	5:30pm - 6:30pm	8 week course
Wednesday	19 October	5:30pm - 6:30pm	8 week course

| Tutor: Kirsten Holiday

Wednesday	17 February	6:30pm - 7:30pm	8 week course
Wednesday	18 May	6:30pm - 7:30pm	8 week course
Wednesday	3 August	6:30pm - 7:30pm	8 week course
Wednesday	19 October	6:30pm - 7:30pm	8 week course



Pilates - Continuing

| Price: \$102 | Tutor: Yaron Levy / Kirsten Holiday

Pilates is perfect for anyone interested in reaching whole-body wellness. It helps you to build core strength and improve your immune system, posture, tone and balance. It reduces the risk of injury through exercises which combine strength and flexibility. It is also a fabulous way to de-stress.

| Tutor: Yaron Levy

Wednesday	17 February	6:30pm - 7:30pm	8 week course
Wednesday	18 May	6:30pm - 7:30pm	8 week course
Wednesday	3 August	6:30pm - 7:30pm	8 week course
Wednesday	19 October	6:30pm - 7:30pm	8 week course

| Tutor: Kirsten Holiday

Wednesday	17 February	7:30pm - 8:30pm	8 week course
-----------	-------------	-----------------	---------------

Pilates and Dance Fusion

NEW!

| Price: \$69 | Tutor: Katie Swift

This unique class combines floor and mat work. You will build strength, suppleness and tone while you dance and stretch. All ages and abilities are welcomed.

Monday	15 February	7:00pm - 8:00pm	8 week course
Monday	9 May	7:00pm - 8:00pm	8 week course
Monday	1 August	7:00pm - 8:00pm	8 week course
Monday	10 October	7:00pm - 8:00pm	8 week course

Reflexology - Good health is just one foot away (Weekend)

| Price: \$74 | Tutor: Ingrid Pilz

Have you ever wondered how, when you massage your feet, you treat your entire body? Discover how to boost your energy levels and reduce problems such as headaches, indigestion, constipation and sleep difficulties through the practice of foot massage.

Saturday	3 September	9:30am - 3:30pm	1 day course
----------	-------------	-----------------	--------------

Saturday Morning Pilates (Weekend)

| Price: \$102 | Tutor: TBA

Pilates is perfect for anyone interested in reaching whole-body wellness. It helps you to build core strength and improve your immune system, posture, tone and balance. It reduces the risk of injury through exercises which combine strength and flexibility. It is also a fabulous way to de-stress.

Saturday	13 February	9:00am - 10:00am	8 week course
Saturday	7 May	9:00am - 10:00am	8 week course
Saturday	30 July	9:00am - 10:00am	8 week course
Saturday	15 October	9:00am - 10:00am	8 week course





Sports Nutrition - Maximising Performance (Weekend)

NEW!

| Price: \$69 | Tutor: Tracey Wheeler

Are you active but not getting the results you want? Training for an event and not sure what to eat? Confused and frustrated about sports nutrition? Not recovering quickly? Come to this half-day course with a qualified nutritionist and you will learn the fundamentals of good sports nutrition.

| Sunday | 19 June | 10:00am - 2:00pm | 1 day course

Sugar-Free Living (Weekend)

NEW!

| See Cooking - Page 42

Surya Namaskara - Salute to the Sun (Weekend)

NEW!

| Price: \$60 | Tutor: Lekshe Chodron

Surya Namaskara is an ancient and powerful yogic practice that consists of a repetition of 12 postures that works on all levels of our being: physically, emotionally, mentally and spiritually. It is a complete and systematic practice in its own right that can work therapeutically to heal, energise and rejuvenate the practitioner.

| Sunday | 19 June | 10:00am - 1:00pm | 1 day course

Tai Chi - Beginners

| Price: \$98 | Tutor: Bruno Rubini

Tai Chi is meditation in motion: learn a series of slow, continuous movements that promote physical and mental well-being, and improve co-ordination and balance.

Saturday	13 February	2:00pm - 3:30pm	8 week course
Saturday	7 May	2:00pm - 3:30pm	8 week course
Saturday	30 July	2:00pm - 3:30pm	8 week course
Saturday	15 October	2:00pm - 3:30pm	8 week course
Tuesday	16 February	6:00pm - 7:30pm	8 week course
Tuesday	17 May	6:00pm - 7:30pm	8 week course
Tuesday	2 August	6:00pm - 7:30pm	8 week course
Tuesday	18 October	6:00pm - 7:30pm	8 week course
Tuesday	16 February	7:30pm - 9:00pm	8 week course
Tuesday	17 May	7:30pm - 9:00pm	8 week course
Tuesday	2 August	7:30pm - 9:00pm	8 week course
Tuesday	18 October	7:30pm - 9:00pm	8 week course
Wednesday	17 February	6:00pm - 7:30pm	8 week course
Wednesday	18 May	6:00pm - 7:30pm	8 week course
Wednesday	3 August	6:00pm - 7:30pm	8 week course
Wednesday	19 October	6:00pm - 7:30pm	8 week course

Tai Chi - Beginners @ Orakei (Day)

NEW!

| Price: \$144 | Tutor: Bruno Rubini

Tai Chi is meditation in motion: learn a series of slow, continuous movements that promote physical and mental well-being, and improve co-ordination and balance.

Friday	12 February	12:30pm - 2:00pm	9 week course
Friday	13 May	12:30pm - 2:00pm	9 week course
Friday	29 July	12:30pm - 2:00pm	9 week course
Friday	14 October	12:30pm - 2:00pm	9 week course

Tai Chi - Intermediate

| Price: \$98 | Tutor: Bruno Rubini

In this course you will learn the 24 movements of Tai Chi form, and review the Chi Kung and Tai Chi forms already learned in the Beginners' course.

Wednesday	17 February	7:30pm - 9:00pm	8 week course
Wednesday	18 May	7:30pm - 9:00pm	8 week course
Wednesday	3 August	7:30pm - 9:00pm	8 week course
Wednesday	19 October	7:30pm - 9:00pm	8 week course





Yin Yoga

Price: \$123 Tutor: Sarah Moyes

Yin Yoga gives you the opportunity to completely unwind and relax while allowing your body to stretch, heal and open. One class is all you will need to get hooked to this very slow-paced style of yoga because of its immediate calming and soothing effect.

Tuesday	23 February	6:45pm - 8:15pm	8 week course
Tuesday	17 May	6:45pm - 8:15pm	8 week course
Tuesday	2 August	6:45pm - 8:15pm	8 week course
Tuesday	18 October	6:45pm - 8:15pm	8 week course

Yoga for Children

See Children & Teens - Page 24

Yoga - Beginners

Price: \$102 Tutor: Lekshe Chodron / Janet Sergeant / Muna Ladha

Are you wanting to harness the benefits of yoga but don't know where to start? Do you have concerns about injuries, flexibility and fitness? Join this inclusive class with a patient and experienced tutor who will show you the basics of yoga within the limitations of your body. Stretch, relax and feel good! Yoga helps tone, strengthen and revitalise your whole body, and helps you to manage stress.

Tutor: Lekshe Chodron

Monday	15 February	6:30pm - 8:00pm	8 week course
Monday	9 May	6:30pm - 8:00pm	8 week course
Monday	1 August	6:30pm - 8:00pm	8 week course
Monday	17 October	6:30pm - 8:00pm	8 week course

Tutor: Janet Sergeant

Tuesday	16 February	6:00pm - 7:30pm	8 week course
Tuesday	17 May	6:00pm - 7:30pm	8 week course
Tuesday	2 August	6:00pm - 7:30pm	8 week course
Tuesday	18 October	6:00pm - 7:30pm	8 week course

Tutor: Muna Ladha

Tuesday	16 February	6:00pm - 7:30pm	8 week course
Tuesday	17 May	6:00pm - 7:30pm	8 week course
Tuesday	2 August	6:00pm - 7:30pm	8 week course
Tuesday	18 October	6:00pm - 7:30pm	8 week course

Yoga - Continuing

Price: \$102 Tutor: Liza Cornelius / Muna Ladha

Further explore aspects of traditional Yoga including: breathing, meditation and deep relaxation, and learn more challenging postures.

Tutor: Liza Cornelius

Monday	15 February	7:00pm - 8:30pm	8 week course
Monday	9 May	7:00pm - 8:30pm	8 week course
Monday	1 August	7:00pm - 8:30pm	8 week course
Monday	17 October	7:00pm - 8:30pm	8 week course

Tutor: Muna Ladha

Tuesday	16 February	7:30pm - 9:00pm	8 week course
Tuesday	17 May	7:30pm - 9:00pm	8 week course
Tuesday	2 August	7:30pm - 9:00pm	8 week course
Tuesday	18 October	7:30pm - 9:00pm	8 week course

Yoga - General (Weekend)

Price: \$102 Tutor: Janet Sergeant

Stretch, relax and feel good! Yoga helps you to tone, strengthen and revitalise your whole body and learn to manage stress.

Saturday	13 February	9:00am - 10:30am	8 week course
Saturday	7 May	9:00am - 10:30am	8 week course
Saturday	30 July	9:00am - 10:30am	8 week course
Saturday	15 October	9:00am - 10:30am	8 week course

Yoga @ Orakei (Day)

Price: \$115 Tutor: Lynn Oram

Tone and revitalise your whole body at your own pace. Focus on correct breathing, flexibility, yoga and relaxation.

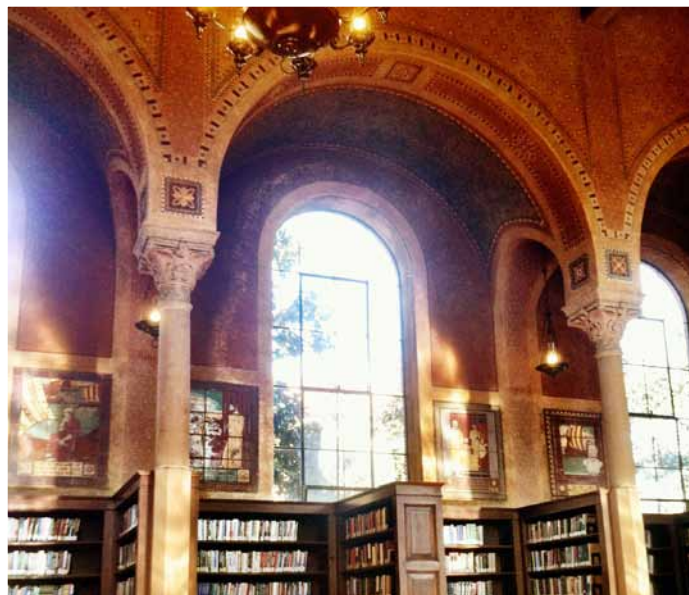
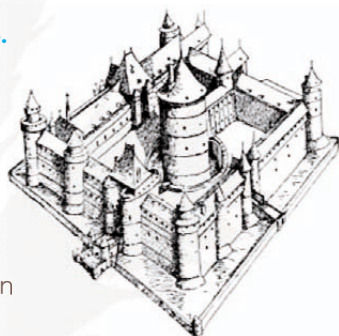
Thursday	25 February	10:00am - 11:30am	9 week course
Thursday	12 May	10:00am - 11:30am	9 week course
Thursday	28 July	10:00am - 11:30am	9 week course
Thursday	20 October	10:00am - 11:30am	9 week course



History, Religion, Literature & Society

Finding fresh perspectives on our everyday thoughts, words and deeds.

Some of the world's most interesting thinkers have captured their finest thoughts in plays, novels and paintings. Explore their words and images and take another look at our world and the way we behave. What's right and what's wrong? Who's good and who's bad? These courses provide plenty to mull over, through stimulating debate and discussion of key contemporary issues.



For more details or to enrol visit us at www.selwyncomed.school.nz

Ancestry

| Price: \$52 | Tutor: Jan Gow

Have you seen the Ancestry commercial on TV and wondered what is involved? Here is the chance to make the most of the Free Trial or your subscription! Jan has been using Ancestry for many years and will show you hints and tips for effective searching.

| Monday | 21 March & 4 April | 7:00pm - 9:00pm | 2 sessions

Auckland's Volcanoes and Geology - An Introduction **NEW!**

| Price: \$94 | Tutor: Bruce W Hayward

An introduction to Auckland's volcanoes and the wide range of rocks, fossils and landforms of Auckland, and how they are used to piece together the geological history of our region. Optional weekend field trips will give participants the opportunity to see these in nature. The course will provide basic-level explanations of everything from the oldest greywacke rocks to the young sand dunes and volcanoes of Auckland.

| Tues, Sat | 30 August | 7:00pm - 8:30pm | 4 week course

Dangerous Dames and Femmes Fatales

- Biblical Women in the Visual Arts

NEW!

| Price: \$56 | Tutor: Caroline Blyth

This course will consider the ways that biblical women are portrayed in visual culture, including art, film and advertising. Focusing on four biblical 'bad girls' – Eve, Delilah, Salome and Mary Magdalen – we will explore their many cultural 'afterlives' on canvas and screen.

| Tuesday | 17 May | 6:00pm - 8:00pm | 2 week course

Discovering The Bible

NEW!

| Price: \$55 | Tutor: Warren Prestige

The Bible is the most influential book in world history and is still the world's top best seller. Yet it is also very complex, wildly controversial and rather daunting. Many misconceptions arise from relying on hearsay, or from cultural or ideological prejudice and many from taking passages out of context. This course will provide an overview of *The Bible's* contents, of the story it unfolds, of its main threads and its key themes.

| Wednesday | 31 August | 6:00pm - 8:00pm | 4 week course



Exploring Bob Dylan

NEW!

| See Music, Dance & Drama - Page 90

Fact and Fiction in the Cold War

- the Life & Writing of Ian Fleming, Graham Green & John Le Carre

| Price: \$156 | Tutor: Gordon Morrell

This course will examine the role of three important British novelists who worked both in the secret intelligence world and wrote fiction about that world for public consumption. It asks questions about the relationship between the real and the fictitious in the writings of these writers and about the role popular culture played in the waging of the Cold War.

| Tuesday | 25 October | 6:30pm - 8:30pm | 6 week course

Finding Your Family History on the Internet (Weekend)

| Price: \$94 | Tutor: Jan Gow

Discover more about your family tree and ancestors with the help of the Internet and genealogy searches. Find out more about your family – where did they come from? Why? When? How? You could find relatives around the world! Jan, one of NZ's leading genealogists, will take you on this wonderful, exciting journey.

| Sat, Mon | 5 & 14 November | Sat: 9:30am - 3:00pm, Mon: 7:00pm - 9:00pm | 2 sessions

Let's Research

Ready to throw your computer out the window?

Having trouble with your email? Frustrated with the internet?

Jan can help!

At your place

With your computer

At your pace

Interested in family history?

*Jan offers a free initial
20 minute consultation*

Ph Jan Gow 521 1518 or letsresearch@genealogy.net.nz

Gender Violence, Rape Culture and The Bible

- an uneasy relationship (Day)

NEW!

| Price: \$104 | Tutor: Caroline Blyth

How are rape and gender violence depicted in the biblical texts? In this course we will examine the power of these texts to perpetuate often harmful ideologies about gender and gender violence within Judaeo-Christian communities.

| Wednesday | 9 March | 6:00pm - 8:00pm | 4 week course

Introduction to Psychology

NEW!

| See Understanding You, Understanding Others - Page 106

Introduction to Islam

NEW!

| Price: \$78 | Tutor: Reem Ayyub

For many of us all we know about Islam is what we hear in the media. Here is your chance to learn more about this rich and old religion. Learn about the prophets of God, the holy book *The Qur'an*, Women in Islam, the concept of life in Islam, the prohibited in Islam, science and Islam today.

| Wednesday | 9 March | 6:30pm - 8:30pm | 3 week course

Legacies of the Great War (Day)

NEW!

| Price: \$156 | Tutor: Gordon Morrell

The global impact of the Great War (1914-1918) cannot be overstated and its legacies continue to this day. Join Gordon Morrell for an examination of the Great War and how it has shaped both domestic and international politics in profound and enduring ways.

| Tuesday | 8 March | 6:30pm - 8:30pm | 6 week course
| Tuesday | 9 August | 2:45pm - 4:45pm | 6 week course

'Spooks' - Spies, Citizens and the Security State

| Price: \$156 | Tutor: Gordon Morrell

This course will examine the history the world of secret intelligence from its modern foundations in the early twentieth century through to the present. Most of the discussion will focus on British, Russian/Soviet and American examples.

| Tuesday | 9 August | 6:30pm - 8:30pm | 6 week course
| Tuesday | 25 October | 2:45pm - 4:45pm | 6 week course



The Great Italian Artists (Day and Evening)

| Price: \$156 | Tutor: Cristina Capri

Michelangelo, Giotto, Caravaggio were some of Italy's great artists. Always wanted to know more about them? In this course you will explore the art and lives of some of the great Renaissance and Baroque artists and the fascinating times they lived in.

| Wednesday | 24 February | 1:00pm - 4:00pm | 6 week course
| Wednesday | 18 May | 7:00pm - 9:00pm | 6 week course



The Making of the Modern Middle East

NEW!

| Price: \$156 | Tutor: Gordon Morrell

This course will examine the history of the Middle East from dissolution of the Ottoman Empire in the late 19th century through to the recent collapse of the 'Arab Spring'.

| Tuesday | 17 May | 6:30pm - 8:30pm | 6 week course

The New Zealand Novel (Day)

NEW!

| Price: \$156 | Tutor: Dan McAuley

Would you like to increase your understanding of the NZ Novel over the last 100 years? In this unique course you will examine the extent to which our novels were seen firstly as imports from Britain and how gradually they were modified by NZ influences. We will look at gender roles, attitudes to the land by both Maori and Pakeha characters. social issues and objective and subjective realism.

| Monday | 29 February | 12:00pm - 2:00pm | 6 week course

The Treaty of Waitangi for New New Zealanders

NEW!

| See English / ESOL - Page 55

Understanding the World Through Film

| Price: \$105 | Tutor: Morteza Hajizadeh

This course surveys major approaches to cultural studies. It will use examples from movies and everyday cultural practices to broaden your thinking about who we are and how we understand the world around us. You will leave this course with a richer sense of what 'cinema' can do as a socio-political form of communication and how movies can reproduce, alter or resist dominant discourses of power.

| Wednesday | 12 October | 6:30pm - 8:00pm | 7 week course

Women in Islam

NEW!

| Price: \$78 | Tutor: Reem Ayyub

Islamic societies and the media have often portrayed a negative image of Muslim women, leaving many with misconceptions, perceptions, and questions about women's status in Islam. This course will explore basic beliefs and principles in regards to Muslim women's rights, duties, and responsibilities in Islam.

| Wednesday | 1 June | 6:30pm - 8:30pm | 3 week course



Home, Garden & DIY

Making your world a more beautiful place!

Are you a master builder? A qualified landscape gardener? A cosmetic chemist? No? Well, that's good – because these courses are for those who are enthusiastic but amateurish when it comes to home and garden.

From planting out an aesthetically pleasing garden to learning how to tinker under the bonnet, there are skills a-plenty to be absorbed and applied here. You don't need to be an expert in any way – in fact, we'd prefer that you're not – just keen to make, design, build, beautify, improve and restore.



For more details or to enrol visit us at www.selwyncomed.school.nz



Basic Car Maintenance (Weekend)

| Price: \$52 | Tutor: Charlotte Joselyn

A hands-on introduction to basic car maintenance which will help keep your car costs low and ensure you know what to do if your car breaks down.

Saturday	2 April	8:30am - 11:30am	1 day course
Saturday	5 November	8:30am - 11:30am	1 day course

Bike Maintenance 101 (Weekend)

| Price: \$12 | Tutor: TBA

This fun, interactive 2-hour workshop takes the mystery out of the bicycle. Be safe, and take care of basic maintenance jobs yourself.

Saturday	18 June	10:00am - 12:00pm	1 day course
Saturday	5 November	10:00am - 12:00pm	1 day course

Bird Watching - for Beginners (Day)

NEW!

| Price: \$135 | Tutor: Nathalia Jellyman

This course is primarily for the fledgling bird-watcher, but designed to be appreciated by bird-watchers of any level. We'll take a walk through some of the best spots in Auckland for viewing. As we go, we'll discuss families of birds, basic avian anatomy, birding by habitat, and how to identify bird songs and appreciate the beauty of birds, their songs and their lives.

Saturday	5 March	1:00pm - 4:00pm	3 week course
Saturday	15 October	1:00pm - 4:00pm	3 week course



Many thanks to 'Don Baldwinson Photography' for these amazing photos.

Canine Body Language (Day)

NEW!

| Price: \$75 | Tutor: Joanna Clough

This course is for anyone who has a dog, who would like to get a dog, who has friends who have dogs and anyone who has children. It is designed to help you recognise and understand dogs and what they are saying. It will also help you anticipate potentially dangerous situations and provide you with the skills to remove yourself without injury.

Saturday	18 June	10:00am - 12:00pm	1 day course
----------	---------	-------------------	--------------

Creative, Sustainable Garden Design

| Price: \$89 | Tutor: Margaret Lenehan

Are you interested in gardening with style, with a desire to work with nature, not against it? Create a garden with soul AND style! Based on key design principles and strong organic and sustainable gardening practices, this course will reward you with hours of pleasure.

Tuesday	14 June	6:00pm - 8:00pm	4 week course
---------	---------	-----------------	---------------

Declutter and/or Downsize Your Home (Day)

NEW!

| Price: \$75 | Tutor: Margarita Politis

Lifestyle and life challenges may well dictate a reorganisation of your home and belongings, resulting in a need to downsize and/or declutter. What to keep, what to let go? Learn tips on how to do this with minimum stress.

Sunday	3 April	10:00am - 4:00pm	1 day course
--------	---------	------------------	--------------

Effective Planting for Your Garden

| Price: \$74 | Tutor: Margaret Lenehan

Transform your garden with confident plant selection, choose the right plant the first time, understand what plants need to grow and flourish, and appreciate what plant combinations work well.

Tues, Sat	1 March	6:00pm - 8:00pm	3 week course
Tues, Sat	1 November	6:00pm - 8:00pm	3 week course

Elements of Small Garden Design

| Price: \$52 | Tutor: Paul Crowhurst

Need to downsize your garden, or want to revamp what you have? Come and learn tips from a professional to create the best from your small courtyard or garden. Learn to use planters to best effect in the space you have and choose the best plants for small spaces.

Monday	8 August	7:00pm - 9:00pm	3 week course
--------	----------	-----------------	---------------



Fun with Floral Design (Weekend)

| See Craft, Textiles & Fashion - Page 46

Interior Design

| Price: \$110 | Tutor: Cristina Capri

Want to achieve a home that is a true reflection of you? In this course you will not only identify what this is, but you will also learn how to use colour, light and space in the most effective way.

| Wednesday | 24 February | 7:00pm - 9:00pm | 6 week course

Interior Design Basics - Weekend Workshop (Weekend)

| Price: \$80 | Tutor: Cristina Capri

Here is your chance to learn the basics of interior design in one day! Come and learn how to use colour, light and space in the most effective way. Learn about contemporary styles and how to create unique and atmospheric spaces.

| Saturday | 18 June | 10:00am - 4:00pm | 1 day course

Interior Design - Curtains, Cushions, Lamps and Rugs **NEW!**

| Price: \$59 | Tutor: Gaye Adsett

Come and learn the tips and tricks of choosing the right furniture, cushions, lamps and rugs. Turn the ordinary into WOW!

Wednesday	16 March	6:30pm - 8:30pm	3 week course
Wednesday	8 June	6:30pm - 8:30pm	3 week course
Wednesday	17 August	6:30pm - 8:30pm	3 week course

Lampshade Making (Weekend) **NEW!**

| Price: \$98* | Tutor: Maryanne Cathro  *Price includes lampshade kit of \$40.50

Come find out how easy it is to make your own lampshades. Join Wellington lampmaker MadeMarion, who is visiting us especially for these classes, to learn the tips and tricks of lampshade making. You don't need any sewing or interior decorating experience and you'll leave with a unique handmade lampshade to add some pizzazz to your home or office.

| Sunday | 13 April | 1 day course | 10:00am - 12:30pm or 1:00pm - 3:30pm

Making Your Own Skincare Products

| See Health, Well-being & Fitness - Page 62

Mosaics (Weekend)

| See Craft, Textiles & Fashion - Page 47

Pet First Aid **NEW!**

| Price: \$179 | Tutor: Joanna Clough

Would you know what to do if your pet stopped breathing? Would you know what to do if your pet was hit by a car? Come and learn how to look after your pet with an expert.

| Tuesday | 8 March | 6:00pm - 8:00pm | 3 week course

Pottery

| See Craft, Textiles & Fashion - Page 48

Productive Boxes, Balconies and Backyards

| Price: \$52 | Tutor: Paul Crowhurst

Imagine having goodies from the garden year-round. Choose the best fruit for your small space and look at new and interesting edible plants. Paul has many years' experience in organic gardening and fruit tree production, and will teach you how to set an edible garden that suits your particular small space.

Wednesday	24 February	7:00pm - 9:00pm	2 week course
Wednesday	7 September	7:00pm - 9:00pm	2 week course

Pruning

| Price: \$45 | Tutor: Paul Crowhurst

Your fruit trees and ornamentals lavish fruit, blooms and beautiful foliage on you. With effective pruning, they will reward you even further.

| Wed, Sat | 15 June | 7:00pm - 9:00pm | 1 evening + 1 Saturday morning



Upholstery

| See Craft, Textiles & Fashion - Page 49

Weekend Woodworking - Beginners (Weekend)

| Price: \$149* | Tutor: Konrard Wojak  *Materials additional

A step-by-step class where you will learn to draw, measure and assemble a simple project. Become confident in using machinery, and gain knowledge about the characteristics of wood, different cuts, joints and techniques.

Sat, Sun	18 June	9:00am - 2:00pm	2 day course
Sat, Sun	3 September	9:00am - 2:00pm	2 day course

Woodworking - Beginners

| Price: \$144* | Tutor: Konrard Wojak  *Materials additional

A step-by-step class where you will learn to draw, measure and assemble a simple project. Become confident in using machinery, and gain knowledge about the characteristics of wood, different cuts, joints and techniques.

Monday	15 February	7:00pm - 9:00pm	8 week course
Monday	9 May	7:00pm - 9:00pm	8 week course
Monday	1 August	7:00pm - 9:00pm	8 week course
Monday	10 October	7:00pm - 9:00pm	8 week course

Woodwork and Furniture Restoration - Beyond Beginners

| Price: \$126* | Tutor: Konrard Wojak  *Materials additional

Gain further skills and knowledge while working on a project of your own choice.

Wednesday	24 February	7:00pm - 9:00pm	8 week course
Wednesday	18 May	7:00pm - 9:00pm	8 week course
Wednesday	3 August	7:00pm - 9:00pm	8 week course
Wednesday	19 October	7:00pm - 9:00pm	8 week course



NEW!

NEW!

Languages & Travel

Dive into another language and reap the benefits!

Learning another language changes the way you see the world and enriches your travel experience. But did you know that it also benefits your health in terms of improved memory, sharper concentration, and enhanced listening skills?

Bilingualism, say the scientists, delays the onset of Alzheimer's disease in susceptible people by as much as five years.

Come and join a friendly class where the atmosphere is supportive and encouraging. Bring a partner, too, and add an extra dimension to your language-learning challenge.



For more details or to enrol visit us at www.selwyncomed.school.nz



For details, latest updates and to enrol visit: www.selwyncomed.school.nz  Course requires additional materials or ingredients

For details, latest updates and to enrol visit: www.selwyncomed.school.nz  Course requires additional materials or ingredients



Arabic - Beginners

| Price: \$160 | Tutor: Noor Jumaah

An introduction to Standard Arabic which is understood widely throughout all the Arabic speaking countries.

| Tuesday | 24 May | 7:00pm - 9:00pm | 6 week course



Chinese Mandarin - for Travellers

NEW!

| Price: \$130 | Tutor: Renee Huang

Travelling to China for pleasure or business? Come and learn essential Mandarin vocabulary and communication tips to help you enjoy your travels.

| Tuesday | 23 February | 7:00pm - 9:00pm | 8 week course



Chinese Mandarin - Beginners

| Price: \$130 | Tutor: Renee Huang

Are you interested in speaking the Chinese language? Are you working in an organisation which needs to deal with Chinese-speaking people? Are you going to travel in China or conduct business with the Chinese? Join Renee to explore Chinese culture, and start your Chinese language learning journey.

| Tuesday | 17 May | 7:00pm - 9:00pm | 8 week course



Chinese Mandarin - Improvers

| Price: \$130 | Tutor: Renee Huang

Continue learning about the fascinating Chinese language and culture.

| Tuesday | 2 August | 7:00pm - 9:00pm | 8 week course



Learning Chinese Characters - the Revolutionary Way

| Price: \$39 | Tutor: Svetlana Chevenko

A revolutionary crash course! Come and get familiar with 60 Chinese characters in only three hours!

| Wednesday | 18 May | 6:00pm - 9:00pm | 1 evening course



Chinese Characters for Children 10-14 Years

| See Children & Teens - Page 20



French - for Travellers

| Price: \$89 | Tutor: Isabel Zarco

Learn essential language skills needed to enjoy a holiday in France or a French-speaking country. An introductory level course.

| Monday | 29 February | 7:00pm - 8:30pm | 6 week course
 | Monday | 16 May | 7:00pm - 8:30pm | 6 week course



French - Beginners

| Price: \$128 | Tutor: Isabel Zarco

A foundation-level course to learn conversational and writing skills in French.

| Wednesday | 17 February | 7:00pm - 9:00pm | 8 week course
 | Monday | 1 August | 7:00pm - 9:00pm | 8 week course



French - Improvers

| Price: \$128 | Tutor: Isabel Zarco

Continue your studies of spoken and written French. Expand on your knowledge of grammar and vocabulary. Now a 16-hour course. Level 2.

| Tuesday | 23 February | 7:00pm - 9:00pm | 8 week course
 | Wednesday | 18 May | 7:00pm - 9:00pm | 8 week course
 | Monday | 10 October | 7:00pm - 9:00pm | 8 week course



French - Intermediate

| Price: \$128 | Tutor: Isabel Zarco

Review the basics of French and become more confident in your speaking and understanding of the language. Now a 16-hour course. Our third-level class.

| Wednesday | 3 August | 7:00pm - 9:00pm | 8 week course



French - Conversation

NEW!

| Price: \$128 | Tutor: Isabel Zarco

Continue your French language education with a conversation class to develop fluency and vocabulary.

| Tuesday | 17 May | 7:00pm - 8:30pm | 8 week course





German - for Travellers

| Price: \$105 | Tutor: TBA

Make the most of your next trip to Germany and feel confident to find your way around and ask what you need.

| Wednesday | 18 May | 7:00pm - 9:00pm | 6 week course
| Wednesday | 10 August | 7:00pm - 9:00pm | 6 week course



Hindi - Beginners

| Price: \$128 | Tutor: Sushila Sharma

Learn Hindi and explore Indian culture, traditions and language in a friendly, interactive atmosphere.

| Wednesday | 11 May | 7:00pm - 9:00pm | 8 week course



When in Rome! (Weekend)

NEW!

| Price: \$80 | Tutor: Cristina Capri

Venice, Milan, Florence, Rome – the very names conjure up excitement and romance. Before you go, this virtual tour takes you there. The intending traveller to Italy will be introduced to some little-known places and local favourites as well as major tourist attractions. The emphasis is on food and gastronomic tours, best buys and where to shop, and local art and craft that includes the artists' stories. Wise up and go! (10% discount when signing up for 'Travellers' Italian' as well).

| Sunday | 3 April | 10:00am - 4:00pm | 1 day course



Travellers' Italian (Weekend)

NEW!

| Price: \$80 | Tutor: Cristina Capri

Buongiorno. This lively course teaches the basics of the Italian language. Enrich your time in Italy by being able to communicate. Travel is much more rewarding if you can chat a little, buy tickets, book accommodation and order from a menu in the local language. You will also learn about cultural do's and don'ts and how to cope in an emergency. (10% discount when signing up for 'When in Rome!' as well).

| Sunday | 3 April | 10:00am - 4:30pm | 1 day course



Italian - for Beginners

| Price: \$128 | Tutor: Fiorella Tomasi

Buongiorno! Are you planning a trip to Italy? Do you have a fascination with all things Italian? Join us for this absolute beginners' language course.

| Wednesday | 24 February | 7:00pm - 9:00pm | 8 week course
| Monday | 9 May | 7:00pm - 9:00pm | 8 week course
| Monday | 10 October | 7:00pm - 9:00pm | 8 week course



Italian - Improvers

| Price: \$145 | Tutor: Fiorella Tomasi

Continue learning the Italian language.

| Monday | 15 February | 7:00pm - 9:00pm | 8 week course
| Wednesday | 18 May | 7:00pm - 9:00pm | 8 week course
| Monday | 1 August | 7:00pm - 9:00pm | 8 week course



Japanese - for Travellers - Beginners

| Price: \$89 | Tutor: Miyuki Hosoya-Neale

Travelling to Japan? Love Japanese food, movies and anime? Going skiing in Japan? Learn essential vocabulary and effective communication tips. This course will also help you to appreciate the language and culture of the Land of the Rising Sun.

| Wednesday | 24 February | 7:00pm - 8:30pm | 6 week course
| Wednesday | 2 November | 7:00pm - 8:30pm | 6 week course



Japanese - for Travellers - Continuation

| Price: \$89 | Tutor: Miyuki Hosoya-Neale

A follow-on course for those who have taken a beginners' course. Enhance your basic speaking, listening skills and learn more about Japanese culture.

| Wednesday | 25 May | 7:00pm - 8:30pm | 6 week course



Learning Japanese Characters - the Revolutionary Way **NEW!**

| Price: \$65 | Tutor: Svetlana Chevenko

Learn 50 Japanese kanji characters in five hours.

| Saturday | 18 June | 12:00pm - 5:00pm | 1 day course





Korean - Beginners

| Price: \$105 | Tutor: Cecilia Kim

Would you like to learn Korean in a no-stress, exciting environment? This course is designed for beginners who are interested in Korean culture and wish to acquire basic language skills.

Monday	16 May	7:00pm - 9:00pm	6 week course
Monday	31 October	7:00pm - 9:00pm	6 week course



Maori Language - Beginners

| Price: \$63 | Tutor: Tama Pene

Learn the fundamentals of Te Reo Maori, as well as an introduction to mythological stories of Aotearoa, its history and connections to the Pacific. You will also learn the movements and actions of traditional songs and Haka.

Tuesday	23 February	7:00pm - 9:00pm	8 week course
Tuesday	17 May	7:00pm - 9:00pm	8 week course
Tuesday	18 October	7:00pm - 9:00pm	8 week course



Maori Language - Level 2

NEW!

| Price: \$66 | Tutor: Tama Pene

Continue learning Te Reo Maori. For those who have completed Maori Language Beginners with Selwyn Community Education and wish to continue learning.

Tuesday	2 August	7:00pm - 9:00pm	8 week course
---------	----------	-----------------	---------------



Portuguese



Beginner and continuing level. Held at Parnell Trust, 545 Parnell Road, Parnell.

| Phone 555 5164 for details and enrolment, or visit www.parnell.org.nz



Russian - Beginners

| Price: \$105 | Tutor: Eugenia Lukas

Enter the world of Russian culture, literature, music and art. At the end of the course you will be able to greet people, introduce yourself, read and make basic conversation.

Tuesday	17 May	7:00pm - 8:30pm	8 week course
---------	--------	-----------------	---------------



Spanish - Beginners

| Price: \$128 | Tutor: Fabiana Gordo

Would you like to start learning a new language? Why not Spanish, spoken on four continents? Come join us in this fantastic introduction and enter the world of Spanish culture.

Monday	15 February	7:00pm - 9:00pm	8 week course
Tuesday	10 May	7:00pm - 9:00pm	8 week course
Monday	1 August	7:00pm - 9:00pm	8 week course
Tuesday	11 October	7:00pm - 9:00pm	8 week course



Spanish - Improvers

| Price: \$105 | Tutor: Fabiana Gordo

Have you started learning Spanish? Would you like to learn more and improve your Spanish skills? Enrol now to refresh or extend your knowledge.

Tuesday	16 February	6:00pm - 7:30pm	8 week course
Monday	9 May	7:30pm - 9:00pm	8 week course
Tuesday	2 August	7:30pm - 9:00pm	8 week course
Monday	10 October	6:00pm - 7:30pm	8 week course



Spanish - Intermediate

| Price: \$128 | Tutor: Fabiana Gordo

Are you ready for more Spanish? This course will extend your Spanish knowledge and you will become more confident in speaking and understanding the language.

Tuesday	16 February	7:30pm - 9:00pm	8 week course
Monday	9 May	6:00pm - 7:30pm	8 week course
Tuesday	2 August	6:00pm - 7:30pm	8 week course
Monday	10 October	7:30pm - 9:00pm	8 week course



Spanish - Conversation

| Price: \$128 | Tutor: Fabiana Gordo

¿Habras Español? ¿Necesitas practicar tu Español? Si quieres mejorar tu español... ven a este curso ¡que lo vas a pasar fenomenal!

Wednesday	17 February	7:00pm - 9:00pm	8 week course
Wednesday	11 May	7:00pm - 9:00pm	8 week course
Wednesday	3 August	7:00pm - 9:00pm	8 week course
Wednesday	12 October	7:00pm - 9:00pm	8 week course



Travel Write (Weekend)

| See Writing - Page 110

Music, Dance & Drama

Get in touch with your creative side this year!

We have amazing courses and wonderful tutors to keep you moving and grooving.

From guitar, singing, and music appreciation, to dance and drumming, we have an array of enjoyable short courses to develop your skills and creativity.



For more details or to enrol visit us at www.selwyncomed.school.nz

African Dance

| Price: \$96 | Tutor: Laure Tso

Come and move to the beats of Africa. Enjoy the rhythms and vigour of African dance, have fun and exercise while freeing your body of stress and learn some great new dance moves at the same time.

| Tuesday | 18 October | 7:30pm - 9:00pm | 8 week course

African Drumming

| Price: \$79 | Tutor: Laure Tso | Bring your own djembe

Learn how to play the djembe and experience the sounds of the talking drum and sabar. Laure, originally from Cameroon, will share with you not only the African rhythms, but also the culture that is her heritage..

| Tuesday | 9 August | 7:45pm - 9:00pm | 7 week course

Ballroom and Latin Dancing for Beginners

| Price: \$68 | Tutor: Don Cooke

Bring your partner and together learn some easy, new dance moves while you are introduced to a different style of dance each night - waltz, quickstep, cha cha, jive, rock 'n' roll, rumba and the Argentinian tango. \$110 for two dancers.

| Wednesday | 24 February | 6:15pm - 7:15pm | 6 week course

Beginners' Drama - for Children 8-10 Years

NEW!

| See Children & Teens - Page 19

Bollywood Dance

NEW!

| Price: \$98 | Tutor: Rehana Chougale

Whether you love dancing, or you've never danced before, Bollywood Dancing is for you. Get fit and have fun learning techniques and movements which originate from Indian folk dance to create Bollywood magic. This course is held at Te Oro, Glen Innes.

Tuesday	16 February	6:00pm - 7:00pm	8 week course
Tuesday	17 May	6:00pm - 7:00pm	8 week course
Tuesday	2 August	6:00pm - 7:00pm	8 week course
Tuesday	18 October	6:00pm - 7:00pm	8 week course

Dancercise for the 40+

| See Health, Well-being & Fitness - Page 61

Douglas Wright, Dance Maker and Writer

NEW!

| Price: \$65 | Tutor: Jennifer Shennan

This seminar, delivered by dance reviewer Jennifer Shennan from Wellington, will consider the work of outstanding New Zealand artist and Arts Foundation Laureate, choreographer Douglas Wright. It will point towards his latest work, The Kiss Inside.

| Saturday | 20 February | 10:00am - 1:00pm | 1 day course

Egyptian Belly Dancing

| Price: \$89 | Tutor: Candice Frankland

An introduction to this wonderfully exotic and expressive dance, which is suitable for all ages and levels of fitness.

| Wednesday | 18 May | 7:30pm - 8:45pm | 6 week course

Exploring Bob Dylan

NEW!

| Price: \$90 | Tutor: Strahan Cole

Bob Dylan has been as influential as he is mysterious over his long career through the 20th and into the 21st century. Explore the life and work of the songwriter, through his religious, political and romantic lyrical themes, along with his personal history and his influence on pop culture.

| Tuesday | 23 August | 7:00pm - 8:30pm | 5 week course



Guitar - Blues - Beginners

| Price: \$86 | Tutor: Master Mariot

Guitar theory and practical taught in a fun environment. This class is aimed at total beginners. Small group lessons for 1.25 hours per week.

| Wednesday | 11 May | 6:00pm - 7:15pm | 8 week course

Guitar - Popular - Beginners

| Price: \$169 | Tutor: Darmatin Harmadi

Popular songs from the 60s to now. This 40-minute class is specially designed for absolute and relative beginners, and covers melodic playing, chords, strumming and finger picking.

Monday	15 February	5:40pm - 6:20pm	16 week course
Tuesday	16 February	5:40pm - 6:20pm	16 week course
Wednesday	17 February	5:40pm - 6:20pm	16 week course
Monday	1 August	5:40pm - 6:20pm	16 week course
Tuesday	2 August	5:40pm - 6:20pm	16 week course
Wednesday	3 August	5:40pm - 6:20pm	16 week course

Guitar - Popular - Continuing

| Price: \$169 | Tutor: Darmatin Harmadi

Expand your skills and techniques on the guitar in a small group with others of similar ability. These 40-minute classes are for those who have completed the beginners' course, or have taken lessons elsewhere. Class will start either 6:20, 7:00, 7:40 or 8:20pm as directed by the tutor.

Monday	15 February	6:20pm - 9:00pm	16 week course
Tuesday	16 February	6:20pm - 9:00pm	16 week course
Wednesday	17 February	6:20pm - 9:00pm	16 week course
Monday	1 August	6:20pm - 9:00pm	16 week course
Tuesday	2 August	6:20pm - 9:00pm	16 week course
Wednesday	3 August	6:20pm - 9:00pm	16 week course

DAVID SPILLANE
wind instrument tutor

hear his sound at
www.davidspillane.com

Tutor of saxophone, recorder, flute, clarinet, trumpet and guitar for all ages



phone
021 254 77 58





How to Watch Ballet - Giselle

NEW!

| Price: \$190 | Tutor: Marianne Schultz

Why do ballerinas dance on their toes? This question and many others will be answered in this ballet appreciation class that also includes a class observation and an optional extra ticket to the Giselle performance in September.

| Tues, Sat | 26 July | 6:00pm - 8:00pm | 4 week course + 1 Saturday morning

Piano Keyboard - Beginners

| Price: \$172 | Tutor: Sriyani Peiris

Learn to read music and play the keyboard in 45-minute group sessions.

Monday	15 February	7:15pm - 8:00pm	16 week course
Monday	1 August	7:15pm - 8:00pm	16 week course

Piano Keyboard - Advanced

| Price: \$172 | Tutor: Sriyani Peiris

Improve your keyboard ability in 45-minute group sessions.

Monday	15 February	6:30pm - 7:15pm	16 week course
Monday	1 August	6:30pm - 7:15pm	16 week course

Piano Keyboard for Children 8+ - Beginners/Advanced

| See Children & Teens - Page 23

Pilates and Dance Fusion

NEW!

| See Health, Well-being & Fitness - Page 65

Rock'n'Roll and Jive Dancing - An Introduction

NEW!

| Price: \$68 | Tutor: Don Cooke

Enjoy easy dance moves with clear demonstration of dance steps and movements in this introduction to Rock'n'Roll and Jive dancing. \$110 per couple.

| Tuesday | 17 May | 6:15pm - 7:15pm | 6 week course

Salsa and Bachata - Dancing for Beginners

| Price: \$68 | Tutor: Don Cooke

Bring your dance partner and experience an introduction to salsa and bachata dancing and enjoy the rhythm of these Latin dances. Learn some easy moves and be impressive on the dance floor! \$110 per couple.

| Wednesday | 10 August | 7:00pm - 8:00pm | 6 week course

Selwyn Community Arts Theatre

Each year, SCAT stage a community production, usually in Term 4. The production is confirmed in June/July each year and rehearsals usually start in July/August.

Whether backstage, admin, acting, dancing, singing, ticketing, production or support crew, we can find a role for you. Please email if you are interested in being included in the 2016 production. High school students welcome and in some productions there may be roles for children.



Singing for Pleasure - Community Choir

Price: \$210 | Tutor: Sarah Radford

Always wanted to belong to a choir? Join this group for your chance to harmonise with others while experiencing a variety of musical styles. No auditions. Everyone is welcome!

Monday	15 February	7:00pm - 9:00pm	16 week course
Monday	1 August	7:00pm - 9:00pm	16 week course

Swing Dancing - An Introduction

NEW!

Price: \$68 | Tutor: Don Cooke

Here's your chance to feel the beat and learn the easy dance moves in this introduction to West Coast Swing. \$110 per couple.

Tuesday	18 October	6:15pm - 7:15pm	6 week course
---------	------------	-----------------	---------------



Ukulele - Beginners

Price: \$96 | Tutor: Strahan Cole  Bring your own ukulele

Learn to play the uke! Basic chords, strumming patterns and tab. Bring a uke and a smile. Suitable for beginners or those who have basic experience. Ages 13 and above welcome.

Monday	15 February	7:00pm - 8:30pm	8 week course
Monday	9 May	7:00pm - 8:30pm	8 week course
Monday	1 August	7:00pm - 8:30pm	8 week course
Monday	10 October	7:00pm - 8:30pm	8 week course

Ukulele - The Next Step

NEW!

Price: \$96 | Tutor: Ma'ara Maeava

For all those who have completed a beginners' course.

Monday	15 February	7:00pm - 8:30pm	8 week course
Monday	9 May	7:00pm - 8:30pm	8 week course
Monday	1 August	7:00pm - 8:30pm	8 week course
Monday	10 October	7:00pm - 8:30pm	8 week course

Ukulele - Intermediate

NEW!

Price: \$96 | Tutor: Ma'ara Maeava

Finished The Next Step and want to become even more proficient? Master ukulele teacher Ma'ara will take you through a selection of reggae, slow rock and waltzes and of course some traditional Pacific Island music as well. You will finish this course with a new confidence and repertoire.

Wednesday	17 February	7:00pm - 8:30pm	8 week course
Wednesday	3 August	7:00pm - 8:30pm	8 week course
Wednesday	12 October	7:00pm - 8:30pm	8 week course

Zumba

NEW!

Price: \$69 | Tutor: Felicia Alkin

Zumba is for everyone - no matter your age or fitness level.

Wednesday	24 February	7:00pm - 8:00pm	6 week course
Wednesday	18 May	7:00pm - 8:00pm	6 week course
Wednesday	10 August	7:00pm - 8:00pm	6 week course
Wednesday	19 October	7:00pm - 8:00pm	6 week course

This programme will be constantly reviewed and amended during the year. Please check our website for latest updates.

www.selwyncomed.school.nz



Photography

Don't just live your life – capture and share it!

Break away from auto-mode! Make the most of your photography by using all the features of your camera to create professional-looking photos.

Learn the basics, or gain advanced skills with DSLR cameras, night photography and lighting. You can even edit your photos and video to add amazing finishing touches.

Make your treasured memories worth revisiting year after year, and create a lasting record of your life's memorable moments.



For more details or to enrol visit us at www.selwyncomed.school.nz



Celebrating the Auckland Domain Through the Seasons (Weekend)

| Price: \$99 | Tutor: Colin Tyler

Come and see the Auckland Domain through the seasons, through the camera lens. Look at the changing light, how colours change throughout the year and during the time of day. Open your eyes to what's around you and record this vision with your camera over 3 sessions throughout the year.

| Saturdays | 2 April, TBA, TBA | 10:00am - 5:30pm | 3 sessions

Digital Photography - Compact Camera for Beginners

| Price: \$78 | Tutor: Simon Caswell

Looking for a new camera? Want to get the best results from your digital compact camera (not SLR)? Learn the basic functions of the camera, get the correct exposures, and master the technique of copying photos to computers.

| Monday | 7 March | 7:00pm - 9:00pm | 3 week course
| Monday | 7 November | 7:00pm - 9:00pm | 3 week course

Digital Photography - Introduction to DSLR Cameras (Weekend)

| Price: \$95 | Tutor: Ian Eng

Ideal for beginners, this course covers the basics of using your Digital SLR camera in one day.

| Saturday | 2 April | 9:00am - 4:00pm | 1 day course
| Saturday | 18 June | 9:00am - 4:00pm | 1 day course
| Saturday | 5 November | 9:00am - 4:00pm | 1 day course

Digital Photography - Location and Night Photography

| Price: \$115 | Tutor: Simon Caswell

Go on location for exciting night and day photos - for example Mission Bay, Westhaven Marina, plus a city motorway overbridge.

| Wednesday | 15 June | 7:00pm - 9:00pm | 5 week course





Digital Photography - DSLR Cameras - Beginners

| Price: \$115 | Tutor: Ian Eng

Learn the basics of photography and camera modes, aperture, shutter speed, depth of field, night photos and much more.

Monday	22 February	7:00pm - 9:00pm	5 week course
Wednesday	1 June	7:00pm - 9:00pm	5 week course
Monday	8 August	7:00pm - 9:00pm	5 week course
Wednesday	10 August	7:00pm - 9:00pm	5 week course
Wednesday	26 October	7:00pm - 9:00pm	5 week course

Digital Photography - DSLR Cameras - The Next Level

| Price: \$115 | Tutor: Ian Eng

You know the basics, now explore different types of photography and continue your learning.

Mon, Sat	13 June	7:00pm - 9:00pm	4 week course + 1 Saturday
Mon, Sat	31 October	7:00pm - 9:00pm	4 week course + 1 Saturday

Digital Photography - DSLR Cameras - Creative

| Price: \$115 | Tutor: Simon Caswell

Are you disappointed with the photos you get using the programmed modes on your DSLR? This course will teach you how to control the images you take and be in control of your camera rather than have the camera control you. Great techniques and professional tips are taught with a very understanding and patient teacher.

Tuesday	23 February	7:00pm - 9:00pm	5 week course
Tuesday	25 October	7:00pm - 9:00pm	5 week course

Finding Your Voice Through Your Camera

| Price: \$104 | Tutor: Paul Nathan

Want to find more meaning in your photography? This course will help you have a clearer idea of what you are drawn to and what inspires you. You will finish the course with tools to strengthen your photographs and you will feel more confident about the direction in which you are heading with your photography.

Tuesday	23 February	6:30pm - 8:30pm	4 week course
Tuesday	9 August	6:30pm - 8:30pm	4 week course

Phone Photography - Video and Stills

| Price: \$115 | Tutor: Simon Caswell

Want to ensure you get the very best out of your phone photos and videos? Unsure of how to upload to YouTube? This course will cover both the aesthetics and technical aspects of taking great photos and videos and preserving your videos on YouTube.

Wednesday	17 August	7:00pm - 9:00pm	5 week course
-----------	-----------	-----------------	---------------

Portrait Photography

| Price: \$104 | Tutor: Paul Nathan



Bring your own images

Want to take your portrait photography to the next level? This course will improve your skills and confidence so you can capture stronger portrait images. Bring along your own images so you can discover where your strengths are, and where you can improve!

Tuesday	7 June	6:30pm - 8:30pm	4 week course
Tuesday	1 November	6:30pm - 8:30pm	4 week course

Adult Learners' Week

He Tangata Matauranga

Celebrating Lifelong Learning
in our Community

Monday 5th to Sunday 11th
September 2016

On our emailing list? Sign up to keep
up with new events and special offers!



Professional Development & Business

Looking for change?

Want to improve your performance at work? Wish to assist your staff? Need to improve the efficiency of your business? Our professional and experienced tutors will help you find a way forward.

We offer a range of courses to help you upskill, gain specialist training, increase your confidence and find a job.



For more details or to enrol visit us at www.selwyncomed.school.nz

Accounting - The Balance Sheet Explained

| Price: \$49 | Tutor: Bill Ferguson

What the Balance Sheet and Profit and Loss tell the owner, banker and the investor. Learn to unlock key business information and use it to your advantage. Understand the signals and their consequences.

| Tuesday | 7 June | 7:00pm - 9:00pm | 3 week course

Accounting - The Basics

| Price: \$96 | Tutor: Bill Ferguson

Understanding accounting concepts will help you successfully read, create and comprehend financial reporting. You will gain useful practical knowledge of accounting principles and methods. Prior accounting knowledge is not a prerequisite.

| Tuesday | 15 March | 7:00pm - 9:00pm | 4 week course
| Tuesday | 25 October | 7:00pm - 9:00pm | 4 week course

Adult Literacy Tamaki

| Phone: 570 4140 | Email: admin@adulthoodliteracy.org.nz

FREE help to improve your Reading, Writing, Spelling, Grammar, Computing, Everyday Maths or Driver Licence Preparation. Held at Glen Innes and Freemans Bay.

Adult Tutor Training (Weekend)

| For information on cost and for application forms, phone 834 4099 during school hours.

A basic course designed for both current and potential tutors of adults. Covers: how adults learn, group building, planning, evaluation and the presentation of a mini lesson.

| 2x Saturdays | 2 April | 9:00am - 5:00pm | Selwyn College, Kohimarama Rd, Kohimarama
| 2x Saturdays | 19 November | 9:00am - 5:00pm | Onehunga High School, 24 Pleasant Street, Onehunga

On our emailing list? Sign up to keep up with new events and special offers!



English Language Partners - Tutor Training

Are you interested in volunteering to teach English to new migrants and refugees? Enrol now for one of our 25 hour, NZQA approved courses. Excellent resources & support provided. Term 1 March, Term 2 May, Term 3 August, Term 4 October.

Phone English Language Partners on 523 0071 or
Email: aucklandcentral@englishlanguage.org.nz for more information.
Website: www.englishlanguage.org.nz

How to Be Found on the Internet

| See Computing - Page 27

How to Make More Money - Think Like an Entrepreneur

| Price: \$94 | Tutor: Sam Airy

Start or buy a business and make it make you lots of money! Learn the skills of becoming an entrepreneur. This course will cover many aspects of business, including how to: choose a business; get started; build your business to profitability; market and promote your service or product; keep records, and work with your accountant.

Monday	15 February	7:00pm - 9:00pm	8 week course
Monday	9 May	7:00pm - 9:00pm	8 week course
Monday	1 August	7:00pm - 9:00pm	8 week course
Monday	17 October	7:00pm - 9:00pm	8 week course

Introduction to Social Media (Weekend)

| See Computing - Page 28

Job Skills Training

| Phone the programme coordinator to enrol, on 527 6380.

Upskill and gain confidence. This free course covers basic computer skills, interview techniques, etc. Held on Friday mornings at Te Waipuna Puawai, 12a Umere Cres, Ellerslie.

Maximising Your PowerPoint Presentations

| Price: \$96 | Tutor: Janet Xuccoa

Public speaking is a skill that can be learnt and a fear that can be overcome. All too often, the PowerPoint dominates the presentation instead of supporting it. Learn both together to avoid the traps and make the most of this invaluable tool.

Wednesday	23 March	7:00pm - 9:00pm	4 week course
Monday	7 November	7:00pm - 9:00pm	4 week course

MYOB - Computerised Accounting (Weekend)

| See Computers - Page 30

NLP for Success (Day and Evening)

| See Understanding You, Understanding Others - Page 106

Social Media for Marketing

NEW!

| Price: \$147 | Tutor: Clark Valmont

Want to maximise social media to promote yourself or your business? In this course social media consultant Clark Valmont will show you how to use Facebook, Twitter, LinkedIn and Instagram to maximum advantage to promote your business, your brand or your dream idea and how to get engagement that turns into real business results.

Saturday	2 April	9:00am - 4:30pm	1 day course
Saturday	5 November	9:00am - 4:30pm	1 day course

Xero: Web-based Accounting

| See Computing - Page 31

You and Dollars and \$ense

NEW!

| Price: \$96 | Tutor: Janet Xuccoa

If you've ever wondered how to control your budget, make ends meet and then move towards a more peaceful financial life, this course is for you. It's packed full of information that will give you the monetary skills you need in your day-to-day life to build a solid financial future.

Wednesday	8 June	7:00pm - 9:00pm	4 week course
-----------	--------	-----------------	---------------



Understanding You, Understanding Others

Happy lives take a little understanding

Sometimes some people just aren't that easy to get along with!

Relationships need maintenance, and you need to know where you stand and what your values are to reap the rewards of meaningful interaction.

Let's check in with ourselves and others as we explore the possibilities for enhanced confidence, clarity and communication in our personal and work relationships.



For more details or to enrol visit us at www.selwyncomed.school.nz

Brain-Fit For Life

| See Health, Well-being & Fitness - Page 60

Bridging the Gap Between You and Others

| Price: \$102 | Tutor: Michelle Sime

Do you wish that you got on better with people? This course is perfect if you would like to improve relationships with family, friends or business associates. Learn how to use neuro-linguistic programming (NLP) tools and life skills to bridge the gap between you and others by becoming an effective communicator and creating rapport with ease.

| Tuesday | 30 August | 7:00pm - 9:00pm | 4 week course

Creating Your Future - Life and Work After 50 (Day) **NEW!**

| Price: \$105 | Tutor: Muriel Roake

The old roadmaps that have been used to plan our lives are out of date. We are living longer and doing it differently to previous generations. This two-part course is aimed at making sense of the changes that are taking place and equipping you to make informed choices.

| Sat, Sun | 2 April | 9:00am - 12:30pm | 2 day course

Hand Analysis for Self-Discovery **NEW!**

| Price: \$104 | Tutor: Romy Hume

Our hands show our personality type, how we process things, how we interact with others, how we react to the impacts of life, and much more. During this course you will understand how hand analysis can be used as a tool to improve self-awareness and appreciate the diversity of scope of human nature.

| Wednesday | 17 August | 6:30pm - 8:30pm | 4 week course

This programme will be constantly reviewed and amended during the year. Please check our website for latest updates.
www.selwyncomed.school.nz



Introduction to Psychology

NEW!

| Price: \$150 | Tutor: Eadaoin Butler

This six-week course will cover the foundations of psychology, as well as the major theories associated with a number of branches of the subject – biological psychology, social psychology, cognition and perception, developmental psychology and health psychology.

| Monday | 23 May | 7:00pm - 9:00pm | 6 week course

Managing Stress and Anxiety

NEW!

| See Health, Well-being & Fitness - Page 63

Memorising Made Easy (Day)

NEW!

| Price: \$110 | Tutor: Gillian Eadie

Want to be able to memorise more easily? This course will offer a series of practical strategies which will be useful for actors, students, singers, presenters, business people, seniors, hobbyists, the absent-minded, and anyone wanting to keep their brain active.

| Sunday | 19 June | 10:00am - 4:00pm | 1 day course

New Directions for Men After Retirement (Day)

| Price: \$78 | Tutor: TBA

So you've retired from a busy career and you're wondering "now what?". This course will assist you to explore new ways to find a sense of purpose in your life.

| Wednesday | 25 May | 3:30pm - 5:00pm | 4 week course

NLP for Success (Day and Evening)

| Price: \$102 | Tutor: Michelle Sime

Neuro-Linguistic Programming (NLP) is used widely by businesses or anyone in a personal relationship who wants to feel, think or look better than ever before.

| Tuesday | 17 May | 7:00pm - 9:00pm | 4 week course
| Saturday | 3 September | 9:00am - 5:00pm | 1 day course

Persuasive Communication

NEW!

| Price: \$102 | Tutor: Michelle Sime

Mystified by communication with others? Having trouble getting people to do what you want? Tired of being a victim? Learn new techniques and solve your communication issues with NLP.

| Tuesday | 2 August | 7:00pm - 9:00pm | 4 week course



Worth a Second Glance

Look good - feel great!

It doesn't take an hour in front of the mirror each day to look magnificent – especially once you've mastered the tips and tricks that our tutors will offer through this selection of courses focusing on making the most of you.

Refresh your look, revive your style, and know just what it takes to be your best.



For more details or to enrol visit us at www.selwyncomed.school.nz



Body Shape and Colours - How to look your best!

| Price: \$56 | Tutor: Margarita Politis

Learn to dress for your body shape and what colours work for you. Avoid costly mistakes and enhance your best features.

| Tuesday | 9 August | 6:00pm - 9:00pm | 1 evening course
| Tuesday | 22 November | 6:00pm - 9:00pm | 1 evening course

Look Ten Years Younger Without Plastic Surgery!

| Price: \$48 | Tutor: Margarita Politis

Come and learn tips and tricks to look younger without cosmetic intervention.

| Tuesday | 8 March | 7:00pm - 9:00pm | 1 evening course

Make-Up Application - For the 40+

| Price: \$56 | Tutor: Margarita Politis

Are you lacking confidence or feel it's time for a makeover? These make-up tips will help you look fresh-faced and more youthful.

| Tuesday | 14 June | 7:00pm - 9:00pm | 2 week course

Short Speeches for Special Occasions

NEW!

| Price: \$78 | Tutor: John McLean

Through life we are often required to give a short speech. Most people hate speaking in public and avoid it if possible. The purpose of this course is to learn the skills that will enable attendees to feel confident to make that important speech and enjoy doing it.

| Tuesday | 18 October | 7:00pm - 9:00pm | 3 week course

The Fundamentals of Hairdressing

| Price: \$98 | Tutor: Karyn Nola-Job

Want to learn basic cutting and clipper techniques? Want to give your family professional at-home styling? Wondering if hairdressing might be your career? Join this course and gain a good grounding in the fundamentals of hairdressing. Note: Models are necessary from the second week onwards so you can practice new skills.

| Wednesday | 25 May | 7:00pm - 9:00pm | 6 week course



Writing

Create a new world - or share this one!

Our writing tutors are here to help you through every step of the writing process – from nailing down your ideas and developing an outline, to finding the right words, overcoming any stumbles, and ushering your manuscript into the world to the delight of a receptive readership.

Once upon a time...



For more details or to enrol visit us at www.selwyncomed.school.nz



Become a Blogger (Day and Weekend)

| Price: \$120 | Tutor: Lindsey Dawson

Always wanted to blog but not known where to start? This course will give you the know-how to get started and get your blog out to the world.

Saturday	18 June	10:00am - 4:00pm	1 day course
Saturday	5 November	10:00am - 4:00pm	1 day course

Call Out Your Inner Writer (Day and Weekend)

NEW!

| Price: \$216 | Tutor: Lindsey Dawson

If you've ever thought you'd like to try creative writing, but don't know where to start, join author and editor Lindsey Dawson in a writing adventure where you can dive into a rich stream of written expression.

Sat, Sun	2 April	10:00am - 4:00pm	2 day course
Thurs, Fri	29 September	10:00am - 4:00pm	2 day course

Children's Book Illustration

| See Art & Architecture - Page 10

Travel Write (Weekend)

| Price: \$220 | Tutor: Jill Malcolm

This lively interactive workshop is for anyone who wants to write about their journeys, whether just for family and friends or as a published and paid travel writer. Exotic locations, your own place, the next town, or your experiences as you travel through life - here's your chance to learn what readers and editors really want (in print and electronically).

Sat, Sun	3 September	9:30am - 4:30pm	2 day course
----------	-------------	-----------------	--------------



Writers' Week

Family Stories to Fiction (Day)

NEW!

| Price: \$220 | Tutor: Stephanie Johnson  Bring your own family stories

Several of Stephanie Johnson's historical novels were inspired by family stories. In this course, participants will bring along family stories and workshop them into fiction. What do we leave out? What do we keep in? What do we make up? How much extra research will be required? What is the difference between true stories and historical fiction? How do we make our family stories into stories that have wide appeal?

Mon, Tue	26 September	10:00am - 4:00pm	2 day course
----------	--------------	------------------	--------------

How to Write a 'How To' Book (Day)

NEW!

| Price: \$120 | Tutor: Lindsey Dawson

When you want to share your knowhow, the next logical step is to write about it, either for print or online media. Your subject matter can be anything at all. It can be business-related - as in how to close a deal or manage a team or run a great conference. Or it might be a personal passion such as how to mend a broken heart, or backpack through Asia or bake the best cakes ever! Come and learn how!

Wednesday	28 September	10:00am - 4:00pm	1 day course
-----------	--------------	------------------	--------------

Memories, Episodes and Events (Day)

NEW!

| Price: \$220 | Tutor: Jill Malcolm

Rather than writing a whole memoir, this interactive course teaches how to write well about single events.

Tues, Wed	27 September	10:00am - 4:00pm	2 day course
-----------	--------------	------------------	--------------

Poetry Cafe (Day)

NEW!

| Price: \$120 | Tutor: Vana Manasiadis

This workshop will focus on fun, creativity, play, writing, and great discussion. This course will give you the confidence needed to enjoy the world of poetry, whether you write to be read by others, or just for yourself.

Tuesday	27 September	10:00am - 4:00pm	1 day course
---------	--------------	------------------	--------------

Writing for Children (Day)

NEW!

| Price: \$120 | Tutor: Leonie Agnew

Interested in writing for children? Want some tips? Got a story in your head but can't quite get it into words? Want to understand the trends in publishing? Here is your chance to learn from an award winning children's author.

Tuesday	27 September	10:00am - 4:00pm	1 day course
---------	--------------	------------------	--------------



General Information

Continued from page 1



CARS AND PARKING:

The main carpark is situated at the front of the school. There is parking around the ASB Stadium which adjoins the school. Parking is not permitted in gateways or on grassed areas. Vehicles that block access or are incorrectly parked may be towed away. The carpark is locked from 9.15pm.

Evening Courses: Parking is available on the school grounds but can often be limited.

There may be parking in the ASB Stadium carpark which adjoins the school, or if not, there is street parking close to the school.

Weekend Courses: There is normally ample parking on the school grounds.

Weekday Courses: There is no parking on the school grounds. There may be parking in the ASB Stadium carpark which adjoins the school, or if not, there is street parking close to the school.



DISABLED PARKING:

A disabled car park is labelled and available beside the Selwyn Community Education office. Users of the disabled parks must display a permit.



NO SMOKING: Smoking is not permitted anywhere in or around school buildings or anywhere within the school grounds.



PERSONAL PROPERTY / LIABILITY:

Please do not leave valuables in your car or unattended in classrooms.

The Selwyn College Board of Trustees will in no way be liable for any loss resulting from any damage to, or the theft of, any property belonging to an employee or a student.

Accordingly, an employee or student must arrange his or her own personal insurance to cover loss or damage to personal property while it is situated at the College. To minimise the risk of damage, employees and students should ensure that their personal property is secured, preferably in alarmed areas, and that vehicles are parked in allocated parking spaces.



On our emailing list? Sign up to keep up with new events and special offers





This programme will be constantly reviewed and amended during the year. Please check our website for latest updates.

www.selwyncomed.school.nz



SELWYN COLLEGE CELEBRATES OUR 60th 2016 PROGRAMME



march	FOUNDATION ERA ALUMNI CELEBRATION, 1956 - 1965 A DAY AT SCHOOL 5 March, 10am - 4pm	EX STAFF CELEBRATION: STAFFROOM DRINKS 12 March, 3pm - 6pm	LEWIS ERA ALUMNI CELEBRATION, 1966 - 1979 WELCOME BACK 19 March, 3pm - 6pm
april	CELEBRATION FOR THE 1980S - 2015 ERA ALUMNI: BACK TO SCHOOL 2 April, 6pm - 10pm	CAMERA CLASS: FOCUS ON ARCHITECTURAL DETAILS OF THE SCHOOL 16 April, 10am - 12.30pm	
may	ALUMNI LOUNGE: EX-STAFF HOST ALUMNI AND FRIENDS 28 May, 3pm - 6pm		
june	ALUMNI LOUNGE: EX-STAFF HOST ALUMNI AND FRIENDS 25 June, 3pm - 6pm		
This programme includes events for classmates from specific eras as well as events that are open to all alumni and friends of the college. Attendees must register and pay for events in advance.			
august	ALUMNI CELEBRITY COOKING SHOW 7 Aug, 10am - 12.30pm	SECRETS FROM OUR ARCHIVES 27 Aug, 2pm - 4pm	
september	SELWYN 60TH CELEBRATION SHOWCASE 30 Sept, 8pm		
october	SELWYN 60TH CELEBRATION SHOWCASE 1 October, 2pm & 8pm	SELWYN SPEAKS: ALUMNI PANEL PRESENTS ... 18 October, 7pm - 9pm	

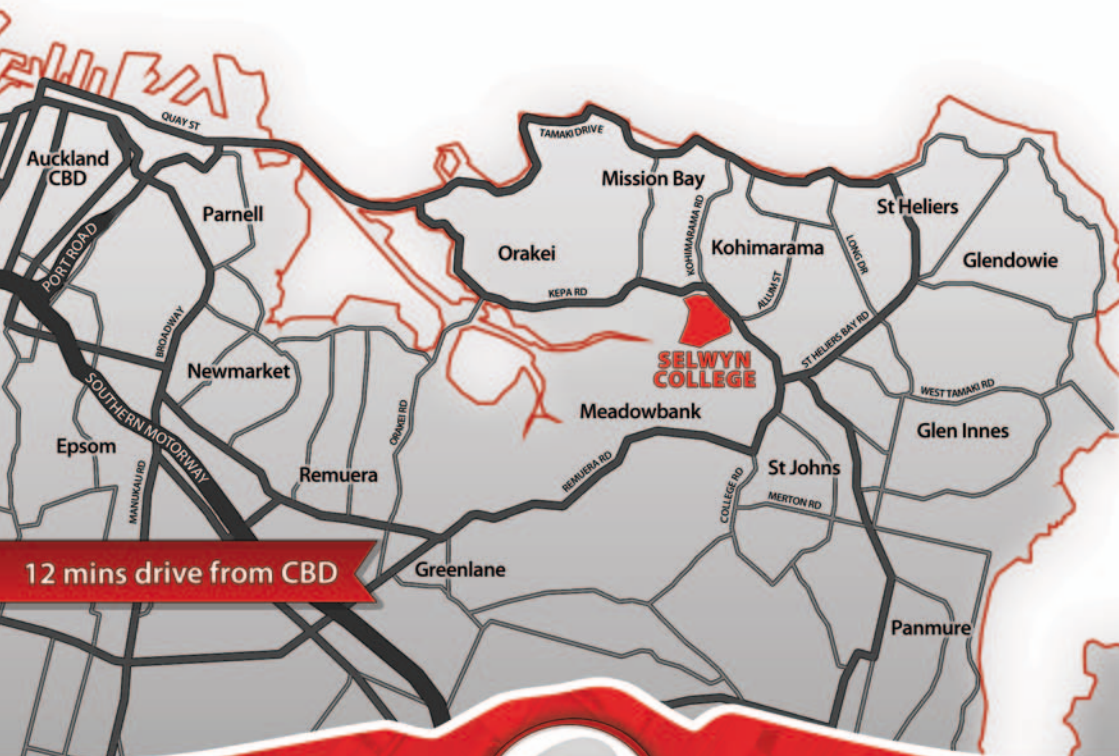
Bookings, including payment on line, will open on 1st February 2016. Go to www.selwyn.school.nz and click on **Our 60th** link.

It is also possible to register and pay in person with the college cashier. All events will take place at Selwyn College.



2016 SELWYN

COMMUNITY EDUCATION



203 Kohimarama Road, Kohimarama

Phone: 09 521 9623

Email: info@selwyncomed.school.nz

www.selwyncomed.school.nz