

**CREATIVE
CLASSES**
— *for* —
**CURIOUS
MINDS**



SELWYN 20
COMMUNITY
EDUCATION 23

SCAN THIS QR CODE TO VIEW
THE PROGRAMME ONLINE





THE SELWYN COMMUNITY EDUCATION TEAM

Anne Cave (Director) ▪ Helen Carroll ▪ Mandy Beezley

Night Supervisors: Jo Luker and Clare Brooks

Selwyn Community Education is a great place for people who love learning and want to be challenged by trying new experiences and meeting new people. We welcome you in 2023.

3 EASY WAYS TO ENROL

Please Note: Your place is secured only once payment is received. Enrol early to ensure your place – Don't miss out!

1 ONLINE



Visit our website with secure Windcave online enrolment option and email receipting.
www.selwyncomed.school.nz
Visa/Mastercard or bank transfer.

2 PHONE



Telephone **521 9623** with course details and Visa or Mastercard, or ask for our account number for direct deposit via internet banking.

3 IN PERSON



Our office is at Selwyn College:
203 Kohimarama Road, Kohimarama.
Payment options: cash, EFTPOS, Visa or Mastercard.



STAY UP TO DATE!

203 Kohimarama Road, Kohimarama

Phone: 09 521 9623 Email: info@selwyncomed.school.nz

www.selwyncomed.school.nz

COURSE CATEGORIES



Can't find what you're looking for here? **Tell us!** We're always open to suggestions.

THINK TALKS	60, 90	HEALTH, WELL-BEING & FITNESS	50
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ACCOUNTING, MARKETING & MONEY

■ Please note that some of our courses have pre-requisite skills or knowledge. Check details on the website.

ACCOUNTING - THE BASICS

Price: \$88 / \$25 (for qualifying residents)

Understanding accounting concepts will help you successfully read, create and comprehend financial reporting. You will gain useful practical knowledge of accounting principles and methods. This course is designed for those new to accounting.

Monday	13 February	7:00pm - 9:00pm	4 week course
Monday	1 May	7:00pm - 9:00pm	4 week course
Monday	31 July	7:00pm - 9:00pm	4 week course
Monday	16 October	7:00pm - 9:00pm	4 week course

BUDGETING MADE SIMPLE

NEW

Price: \$15

Build on your knowledge and understanding of budgeting and equip yourself to become more actively engaged with your money.

Tuesday	7 March	7:00pm - 8:30pm	4 week course
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CREATING YOUR FUTURE - LIFE AND WORK AFTER 50 (WEEKEND)

Price: \$110 (Register a friend at no additional cost)

The old road-maps that have been used to plan our lives are out of date. We are living longer and doing it differently to previous generations. This workshop is aimed at making sense of the changes that are taking place and equipping you to make informed choices about the next stage in your life.

Saturday	18 November	9:00am - 4:00pm	1 day course
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HOW TO BE SUCCESSFUL IN PROPERTY IN 2023 (NIGHT/WEEKEND)

NEW

Price: \$125

Is 2023 the year to be buying property? We're entering uncertain times and you're probably confused by all the articles, opinions and predictions on what's going to happen. This course will give you the strategies and skills to make sound decisions.

3 Tue + 1 Sat	14 February	7-8:30pm + 9:30am-3:30pm	3 weeks + 1 Saturday
3 Tue + 1 Sat	1 August	7-8:30pm + 9:30am-3:30pm	3 weeks + 1 Saturday

HOW TO BUY YOUR FIRST HOME

Price: \$29

Buying your first home can be an extremely daunting process with many not knowing where or how to start the journey. This course will break down the basics of the lending environment, translate lending jargon into plain English, provide insight into how you are viewed by lenders so you can maximise your borrowing power, and show you how you can best set up and utilise your deposit.

Tuesday

6 June

7:00pm - 8:00pm

4 week course

HOW TO GROW YOUR BUSINESS WITH DIGITAL MARKETING (WEEKEND)

Price: \$80 / \$40 (for qualifying residents)

This class will give you an overview of digital marketing including channels, funnels, audience demographics and behaviour. You will learn how to create an online persona and start your own digital journey.

Saturday

4 March

10:00am - 4:00pm

1 day course

Saturday

26 August

10:00am - 4:00pm

1 day course

HOW TO START AN ONLINE BUSINESS (WEEKEND)

Price: \$142 / \$60 (for qualifying residents)

Find out about this rapidly growing way of doing business. Learn about getting online, market research, case studies and more.

Saturday

4 March

9:00am - 5:00pm

1 day course

Sunday

29 October

9:00am - 5:00pm

1 day course



HOW TO USE CANVA FOR SOCIAL MEDIA MARKETING (WEEKEND) NEW

Price: \$80 / \$40 (for qualifying residents)

Join Seann for an introduction to Canva and how it can help promote your business.

Saturday	10 June	10:00am - 4:00pm	1 day course
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HOW TO USE FACEBOOK FOR MARKETING (WEEKEND)

Price: \$80 / \$40 (for qualifying residents)

This is an introduction for beginners who wish to use Facebook for marketing. You'll learn how to create a profile, write content, as well as gain an overview of video posts, livestreaming, Facebook stories and the Marketplace.

Saturday	1 April	10:00am - 4:00pm	1 day course
Saturday	16 September	10:00am - 4:00pm	1 day course

HOW TO USE INSTAGRAM FOR MARKETING (WEEKEND) NEW

Price: \$80 / \$40 (for qualifying residents)

Come and learn how to produce a profile and different types of content including stories, music, and special effects. You'll get an overview of creating and editing reels and learn how to create a live feed that can be turned into an IGTV video.

Saturday	6 May	10:00am - 4:00pm	1 day course
Saturday	28 October	10:00am - 4:00pm	1 day course

HOW TO USE TIKTOK FOR MARKETING (WEEKEND) NEW

Price: \$80 / \$40 (for qualifying residents)

Come and learn how to create a business profile, write stories, generate posts, make a reel, and create a live feed for video.

Saturday	29 July	10:00am - 4:00pm	1 day course
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MICROSOFT EXCEL - BEGINNERS / CONTINUATION / ADVANCED

See Computing Skills

PLANNING A FINANCIAL FUTURE

Price: \$29

The rules for successful wealth creation start with cashflow security but also follow basic economic rules that are easy to learn and follow. In this course we will consider issues such as tax structures, investments, Kiwisaver, estate planning, risk and reward, shares and property. You will leave the course with the knowledge to make informed financial decisions.

Tuesday	2 May	7:00pm - 8:30pm	4 week course
Tuesday	17 October	7:00pm - 8:30pm	4 week course

SELLING A PROPERTY - WHAT YOU NEED TO KNOW!

NEW

Price: \$29

The rules have changed and property prices have dropped. It is now more important than ever to understand how to get the best possible sale price for a home in difficult times. Come and learn important secrets that will help you sell your home or property.

Tuesday	14 March	7:00pm - 9:00pm	3 week course
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SEO FOR SMALL BUSINESS (WEEKEND)

Price: \$142 / \$60 (for qualifying residents)

An introduction to the key concepts of Search Engine Optimisation (SEO) from an organic perspective (without purchasing advertising).

Sunday	5 March	9:00am - 5:00pm	1 day course
Saturday	28 October	9:00am - 5:00pm	1 day course

SMARTPHONE PHOTOGRAPHY FOR SOCIAL MEDIA

See Photography

WORDPRESS BOOTCAMP (WEEKEND)

See Computing Skills

XERO WEB BASED ACCOUNTING: GETTING STARTED

Price: \$148 / \$60 (for qualifying residents)

Learn how to set up your business in Xero. Get familiar with the Dashboard and basic Xero functions. Students will need their own Xero log on and should have basic computer literacy.

Monday	13 February	7:00pm - 9:00pm	6 week course
Monday	8 May	7:00pm - 9:00pm	6 week course
Monday	7 August	7:00pm - 9:00pm	6 week course
Monday	30 October	7:00pm - 9:00pm	6 week course

ART & CRAFT - PAINTING



ABSTRACTION AND PATTERN (WEEKEND)

NEW

Price: \$95 - (Includes materials)

Join EK and be introduced to abstraction using pattern and repetition. Have a fun day completing an artwork. All materials are included including paper and paints and a large canvas.

Saturday	6 May	10:00am - 4:00pm	1 day course
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ABSTRACT PAINTING

NEW

Price: \$182 - (Includes materials)

This course will introduce you to the world of abstract painting and allow you to create your own abstract works. If you already have some experience, you will be able to extend your painting skills. The course fee includes all materials.

Wednesday	3 May	6:30pm - 8:30pm	8 week course
Wednesday	18 October	6:30pm - 8:30pm	8 week course

ABSTRACT PAINTING WORKSHOP (WEEKEND)

Price: \$95 - (Includes materials)

This one day class will help you focus on the world of abstract painting and allow you to create your own abstract artworks.

Sunday	5 March	10:00am - 4:00pm	1 day course
Sunday	17 September	10:00am - 4:00pm	1 day course

ACTION PAINTING (ABSTRACT EXPRESSIONISM) (WEEKEND)

NEW

Price: \$95 - (Includes materials)

Action painting, sometimes called "gestural abstraction", is a style of painting in which paint is spontaneously dribbled, splashed or smeared onto the canvas, rather than being carefully applied. This workshop will introduce you to the world of action painting and allow you to create your own abstract work.

Sunday	11 June	10:00am - 4:00pm	1 day course
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AUTUMN LANDSCAPES WITH WATERCOLOURS (WEEKEND)

NEW

Price: \$108 - (Includes materials)

Learn about different tones and colour gradients in the autumn palette enabling you to create beautiful watercolour landscapes with realistic trees and leaves.

Sunday 5 March 10:00am - 4:00pm 1 day course

BOTANICAL DRAWING AND PAINTING - WITH SANDRA MORRIS (WEEKEND)

Price: \$205 - (BYO materials)

Love plants? Have a favourite you want to sketch? This workshop is an introduction to plant illustrations and is ideal for anyone interested in drawing and painting the botanical world.

Sat + Sun 18 November 10:00am - 4:00pm 2 day course

CHERRY BLOSSOM PAINTING (WEEKEND)

NEW

Price: \$149 - (Includes materials)

Enjoy a relaxing day of art and design using gouache to create your own cherry blossom painting.

Saturday 4 March 9:30am - 11:30am 1 day course
Saturday 16 September 9:30am - 11:30am 1 day course

CREATING AND UNDERSTANDING RUSSIAN ICONS (WEEKEND)

Price: \$198 - (Includes materials)

Join Libby Brookbanks for this unique class, combining history and painting where students will create their own beautiful gold foiled icon.

Sat + Sun 18+19 November 10:00am - 4:00pm 2 day course

CREATING ART WITH MIXED MEDIA

NEW

Price: \$183 - (Includes materials)

Mixed media artist Sanjay Theodore will introduce you to installation art through mixed media. You will learn to work with paint, pastel, collage, pencil and gauche, and at the end of the course you will be able to create your own large work to take home and feel proud of!

Monday 31 July 7:00pm - 9:00pm 8 week course

EXPERIMENTING WITH NEW MATERIALS & TECHNIQUES - WITH EVAN WOODRUFFE (WEEKEND)

See Art & Craft - Other

FLOWERS IN WATERCOLOUR (WEEKEND)

Price: \$108 - (Includes materials)

Designed for those with some painting experience, this workshop will give students opportunities to experiment and learn various watercolour techniques. This is a chance to explore a less botanical, more expressive and contemporary way of depicting flowers.

Saturday	4 March	10:00am - 4:00pm	1 day course
Saturday	28 October	10:00am - 4:00pm	1 day course

LANDSCAPE PAINTING (WEEKEND)

NEW

Price: \$190 - (Includes materials)

Designed for those with at least a little experience of painting, this workshop will show you how to take a painting from start to finish, focusing on how to lay out your composition and creating an atmosphere/mood for the viewer through colour and tone.

Sat + Sun	18+19 February	10:00am - 4:00pm	2 day course
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OIL PAINTING ESSENTIALS (WEEKEND)

Price: \$183 - (Includes materials)

Oil paints are a popular artistic medium. And for good cause - they're economical, archival (the artwork lasts a long time) and they are versatile. But they can be tricky to learn without knowing the 'rules' and techniques. Learn how with an experienced teacher.

Sat + Sun	26+27 August	10:00am - 4:00pm	2 day course
Sat + Sun	18+19 November	10:00am - 4:00pm	2 day course

PAINT YOUR OWN MEXICAN CROSS (WEEKEND)

NEW

Price: \$180 - (Includes materials)

Be guided by Mexican artist, Anna- Maria Briiesca and create your own beautiful Mexican inspired wooden cross. As a Mayan symbol, the cross represents the four directions of the wind, and the energies that come from the heart, which are essential to growing crops.

Sat + Sun	16+17 September	10:00am - 4:00pm	2 day course
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PAINTING BIRDS WITH SOFT PASTELS

Price: \$164 - (Includes materials)

Learn basic drawing skills and how to paint beautiful birds that fly off the page. You'll learn how to work with pastels and be taught simple drawing techniques to create vibrant paintings of feathered friends.

Wednesday	8 March	7:00pm - 9:00pm	5 week course
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PAINTING WITH ACRYLICS

Price: \$182 - (Includes materials)

Acrylics are extremely versatile, fast-drying paints, and can be used straight from the tube or thinned with water or other mediums. This course is an introduction to working with acrylics and will give you the confidence to start painting and/or extend your painting skills.

Wednesday	15 February	6:30pm - 8:30pm	8 week course
Wednesday	2 August	6:30pm - 8:30pm	8 week course

PAINTING WITH ACRYLICS - WORKSHOP (WEEKEND)

Price: \$95 - (Includes materials)

Acrylics are extremely versatile, fast-drying paints, and can be used straight from the tube or thinned with water or other mediums. This course is an introduction to working with acrylic paint and will give you the confidence to start painting and/or extend your painting skills.

Sunday	2 April	10:00am - 4:00pm	1 day course
Sunday	29 October	10:00am - 4:00pm	1 day course

PORTRAIT PAINTING (WEEKEND)

Price: \$185 - (Includes materials)

Come and learn the skills to paint portraits from photos. Learn the basics of form, value and colour – while stealing a few tricks from some of the old masters. Create your very own masterpieces.

Sat + Sun	6+7 May	10:00am - 4:00pm	2 day course
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SKETCHING AND PAINTING BIRDS

Price: \$198 - (Includes materials)

Come and learn the basics of gestural drawing to capture birds in all their feathery glory. Learn how to create movement and progress to fluid media with watercolour and acrylic paint, putting the birds into their environment and habitat.

Tuesday 1 August 7:00pm - 9:00pm 8 week course

STILL LIFE PAINTING (WEEKEND)

NEW

Price: \$107 - (Includes materials)

In this course, suitable for beginners and those with experience. The goal is that you leave with the confidence and knowledge to continue to develop as a painter.

Saturday 16 September 10:00am - 4:00pm 1 day course

WATERCOLOUR AND DRAWING (WEEKEND)

Price: \$180 - (Includes materials)

Come and learn how to create eye-catching line and wash artwork, combining the linear qualities of pen and ink with the looser characteristics of watercolour. Suitable for beginners.

Sat + Sun 26+27 August 10:00am - 4:00pm 2 day course

WATERCOLOURS - AN INTRODUCTION

Price: \$164 - (Includes materials)

Come and learn the fundamental steps for painting with watercolours. You will learn tips and techniques to create your own masterpieces and you will go home with your own starter watercolour palette, brush and pad.

Monday 13 February 7:00pm - 9:00pm 6 week course
Monday 31 July 7:00pm - 9:00pm 6 week course

WATERCOLOURS - THE NEXT STEP

Price: \$138 - (BYO materials)

A follow on course for those who have completed our beginners course or already have basic watercolour painting skills.

Monday 30 October 7:00pm - 9:00pm 6 week course



ART & CRAFT - OTHER



BLOCK PRINTING ON PAPER & FABRIC (WEEKEND)

Price: \$127 - (Includes some materials)

Join textile artist Lesley on this fun workshop and learn to create your own wooden printing blocks and explore ways to transfer your creativity onto a surface of either paper or fabric.

Sunday	7 May	9:00am - 4:00pm	1 day course
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CALLIGRAPHY - AN INTRODUCTION (WEEKEND)

Price: \$88 - (Includes materials)

Come along and spend a day being introduced to the art of calligraphy and learn techniques to achieve beautiful lettering for stationery, invitations, signs and cards.

Saturday	4 March	9:30am - 3:30pm	1 day course
Saturday	10 June	9:30am - 3:30pm	1 day course
Saturday	28 October	9:30am - 3:30pm	1 day course

CALLIGRAPHY, GOLD FOILING AND EMBOSSING

Price: \$260 - (Includes materials)

During this course you will learn calligraphy skills and other related techniques that will complement your letters, creating a beautiful personalised 'journal story' of our eight weeks together.

Monday	1 May	6:45pm - 8:45pm	8 week course
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CHILDREN'S BOOK ILLUSTRATION - WITH SANDRA MORRIS **- CHARACTER DEVELOPMENT (WEEKEND)**

Price: \$264 - (BYO materials)

Have you got an idea for a storybook character? Learn techniques to create and develop your very own storybook characters. Learn the process of illustrating, developing and producing a children's picture book.

Sat + Sun 29+30 July 9:00am - 5:00pm 2 day course

CHILDREN'S BOOK ILLUSTRATION - WITH SANDRA MORRIS **- STORYBOARDING AND MAKING A DUMMY BOOK (WEEKEND)**

Price: \$230 - (BYO materials)

A follow-on course for those who have attended Children's Book Illustration Character Development or those who have a picture story book (original or borrowed) to work with.

Sat + Sun 16+17 September 9:30am - 4:30pm 2 day course

CHILDREN'S BOOK ILLUSTRATION - WITH SANDRA MORRIS **- TECHNIQUES (WEEKEND)**

Price: \$240 - (BYO materials)

This is Sandra Morris' part three course in our Children's Book Illustration series. Learn extended techniques for children's book illustration. This course is suitable for all art practitioners wanting to learn advanced techniques in illustration.

Sat + Sun 28+29 October 9:30am - 4:30pm 2 day course



CONTEMPORARY TEXTILE ART (WEEKEND)

Price: \$285 - (Includes materials)

Come and work with fabrics, papers, beads and a variety of textiles to make creative art. This is a course for beginners and improvers alike, led by an internationally experienced artist and author. You will leave with your very own book of samples and ideas to pursue your obsession.

Sat + Sun 1+2 April 10:00am - 4:00pm 2 day course
Sat + Sun 16+17 September 10:00am - 4:00pm 2 day course

CRAFTING FOR CHRISTMAS (WEEKEND)

Price: \$102 - (Includes materials)

Get a head start on Christmas and start fashioning lovely paper-based hand-crafted items such as gift tags and bags, decorations, and shaker cards.

Sunday 19 November 10:00am - 4:00pm 1 day course

CREATE A NEVER ENDING CARD (WEEKEND)

NEW

Price: \$96 - (Includes materials)

Create unique folding cards with multiple layers that each open to reveal your personalized messages, photos or art work.

Sunday 2 April 10:00am - 4:00pm 1 day course

CREATE AN EXTRAVAGANT WEARABLE ART PIECE (WEEKEND)

NEW

Price: \$183 - (Includes materials)

Indulge in extravagant creation with a finalist in the NZ Wearable Arts! Join Beatrice Carlson and she will guide you as you design and make your very own creative wearable art adornment.

Sat + Sun 6+7 May 10:00am - 4:00pm 2 day course

CREATE AN INTERNAL SELF PORTRAIT WITH PAPER COLLAGE (WEEKEND)

NEW

Price: \$52 - (Includes materials)

Collage is a relaxing and highly therapeutic art medium that allows self-expression for those without prior art experience and a uniquely inspiring means of artistic exploration. By selecting images that speak to you, you will create a portrait of your inner world and your unique life story taking home your own self-portrait.

Sunday 30 July 10:00am - 2:00pm 1 day course

CREATING BEAUTIFUL NATURAL DYES (WEEKEND)

See Interior Design & Textiles

CREATING SCULPTURAL EMBROIDERED FLOWER BOWLS WITH YOUR SEWING MACHINE (WEEKEND)

NEW

See Interior Design & Textiles

CYANOTYPE PHOTOGRAPHIC PRINTING (WEEKEND)

See Photography



DOT PAINTING (WEEKEND)

Price: \$90 - (Includes materials)

From dropping your first dot on the canvas you'll discover how easy it is to create your own patterns and designs. You will learn about the different tools and be guided through the techniques and you'll leave with the skills to create more of your own designs at home.

Saturday	4 March	10:00am - 4:00pm	1 day course
Sunday	30 July	10:00am - 4:00pm	1 day course
Saturday	28 October	10:00am - 4:00pm	1 day course

DRAWING FOR BEGINNERS

Price: \$135 - (Includes materials)

Join us for a practical introduction to drawing with pencil, charcoal, soft pastels and ink. All materials are included within the course fee.

Tuesday	14 February	7:00pm - 9:00pm	6 week course
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DRAWING FOR BEGINNERS - WORKSHOP (WEEKEND)

Price: \$90 - (Includes materials)

During this one day course you will learn to feel confident using basic art materials to create your own style of drawing. All materials provided.

Sunday	11 June	10:00am - 4:00pm	1 day course
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ECO PRINTING ON FABRIC (WEEKEND)

NEW

Price: \$150 - (Includes materials)

Learn to create beautiful botanical prints on fabric using leaves and flowers from around Auckland.

Saturday	1 April	9:00am - 4:00pm	1 day course
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ECO PRINTING ON PAPER (WEEKEND)

NEW

Price: \$115 - (Includes materials)

Learn to create beautiful botanical prints on paper using leaves and flowers from around Auckland.

Sunday	2 April	10:00am - 3:00pm	1 day course
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EXPERIMENTING WITH NEW MATERIALS & TECHNIQUES

- WITH EVAN WOODRUFFE (WEEKEND)

Price: \$50 - (Includes materials)

Come along and join Evan from Gordon Harris and have some fun experimenting and playing with a range of new art materials that will expand your art practice.

Saturday	10 June	10:00am - 4:00pm	1 day course
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FASHION DRAWING - BEGINNERS

Price: \$150 - (Includes most materials)

Rooted in fine arts and illustration and taking inspiration from fashion, this drawing course will teach fundamental skills in drawing the human body.

Wednesday	3 May	7:00pm - 9:00pm	6 week course
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FRIDA KAHLO PAPIER MÂCHÉ DOLLS (NIGHT/WEEKEND)

Price: \$139 - \$150 - (Includes materials)

Come and learn the exciting and creative process of papier mâché while making your very own Frida Kahlo doll!

Sat + Sun	1+2 April	10:00am - 3:00pm	2 day course	\$150
Monday	1 May	6:00pm - 9:00pm	3 week course	\$139
Sat + Sun	26+27 August	10:00am - 3:00pm	2 day course	\$150
Monday	30 October	6:00pm - 9:00pm	3 week course	\$139



GOLD FOILING (WEEKEND)

Price: \$102 - (Includes most materials)

Everyone loves gold bling! Learn how to add golden delicacies to your cards, calligraphy and even little objects.

Saturday	1 April	9:30am - 3:30pm	1 day course
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HAND EMBOSSEING (WEEKEND)

Price: \$93 - (Includes most materials)

Come and learn the skill of hand embossing using simple tools that will make your lettering and shapes come to life on your piece of paper. You will also learn how to make an embossing die for use in card making, paper crafts and calligraphic art.

Saturday	29 July	9:30am - 3:30pm	1 day course
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INTRODUCTION TO ART HISTORY - RENAISSANCE TO SURREALIST ART

NEW

See History, Architecture & Society

JEWELLERY MAKING - BEGINNERS (NIGHT/WEEKEND)

NEW

Price: \$276 - (Includes materials)

This is an introduction to jewellery-making held off site in a jewellery studio. Through making a wire and a flat ring with copper, you'll gain familiarity with jewellery making tools and processes. You will leave the course with your own wire or copper ring.

Wednesday	8 March	6:00pm - 9:00pm	5 week course
Sat + Sun	10+11 June	9:00am - 4:30pm	2 day course

LIFE DRAWING (WEEKEND)

NEW

Price: \$75 - (Includes materials)

Begin your exploration into drawing the human form, involving both figure and portrait set in a supporting and encouraging environment. 18+ years.

Saturday	29 July	10:00am - 2:30pm	1 day course
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MACHINE KNITTING - FOR BEGINNERS

NEW

See Interior Design & Textiles

MAKE A MACRAME PLANT HOLDER (WEEKEND)

NEW

See Home, Garden & DIY

MANDALA DRAWING (WEEKEND)

NEW

Price: \$65 - (Includes materials)

Enjoy this mindful practice of creating your own mandala. Embrace the process of meditative mark making that grows and expands upon the canvas. Artist Lizzie Snow will guide you through the process as you create your own mandala artwork to take home.

Sunday	11 June	10:00am - 2:00pm	1 day course
Sunday	19 November	10:00am - 2:00pm	1 day course

MEDITATIVE ART

Price: \$135 - (Includes materials)

Using drawing, painting and collage come and learn how to express your thoughts and feelings in a creative way. You don't need to have any artistic talent!

Tuesday	14 February	7:00pm - 8:30pm	7 week course
Tuesday	1 August	7:00pm - 8:30pm	7 week course
Tuesday	17 October	7:00pm - 8:30pm	7 week course



MOSAICS - CONTEMPORARY MOSAICS WITH VINTAGE CHINA (WEEKEND)

Price: \$138 - (Includes materials)

Learn how to create contemporary and fashionable mosaic art from broken vintage (or modern) china, ceramic, glass, beads and trinkets. You will take home your completed artwork at the end of the weekend.

Sat + Sun 26+27 August 10am-4pm + 10am-1pm 2 day course

MOSAICS - CREATE A MOSAIC BIRD BATH (WEEKEND)

Price: \$138 - (Includes materials)

Come and learn how to create your own bird bath or patio bowl using recycled, beautiful broken china and found objects.

Sat + Sun 6+7 May 10am-4pm + 10am-1pm 2 day course

MOSAICS - JUNK STYLE MOSAIC

Price: \$98 - (Includes materials)

Learn to make mosaic art using recycled broken metal, jewellery, nuts and bolts, shells, glass and other bits and bobs.

Saturday 1 April 10:00am - 4:00pm 1 day course

MOSAICS - MOSAIC A GARDEN ROCK OR PAVER STONE (NIGHT/WEEKEND)

Price: \$138 - (Includes materials)

Learn to mosaic and create your own mosaicked rock garden ornament or mosaic a paver stone for your garden. All materials are supplied. Available as an evening or weekend workshop.

Monday 6 March 6:00pm - 9:00pm 3 week course
Sat + Sun 28+29 October 10am-4pm + 10am-1pm 2 day course



OBSERVATIONAL AND BOTANICAL DRAWING

NEW

Price: \$135 - (Includes materials)

Come and learn different techniques to create artwork filled with light, volume, and detail by observing and drawing both botanical and still life items.

Tuesday 2 May 7:00pm - 9:00pm 6 week course

OVERCOME OBSTACLES TO CREATIVITY

Price: \$149 - (Includes materials)

This course will help you discover practical ways to overcome obstacles to your creative expression and to express your feelings through the creative arts process.

Monday	13 February	6:30pm - 8:30pm	6 week course
Wednesday	3 May	6:30pm - 8:30pm	6 week course
Wednesday	2 August	6:30pm - 8:30pm	6 week course
Wednesday	18 October	6:30pm - 8:30pm	6 week course

PEBBLE MOSAICS (WEEKEND)

Price: \$147 - (Includes \$95 of materials)

Learn how to create gorgeous pebble mosaics through the precast indirect reverse method. You will leave the course with your very own garden slab.

Saturday	4 March	10:00am - 4:00pm	1 day course
Saturday	16 September	10:00am - 4:00pm	1 day course

POINTED PEN CALLIGRAPHY (WEEKEND)

Price: \$96 - (Includes materials)

Come and learn the elegant script writing of past generations. You'll learn to use a pointed pen nib to write Script Cursive Lettering. All materials included and you'll take home your pen.

Saturday	1 April	9:30am - 3:30pm	1 day course
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POTTERY - FOR BEGINNERS (NIGHT/WEEKEND)

Price: \$310 - (Includes materials, clay and firing)

Have you ever wanted to work with clay, but not known where to start? Come and learn a range of skills that you can later adapt to help fulfil your creative ideas. Whether functional pottery or sculptural ceramics is your thing, there's plenty here for you!

Tuesday	14 February	7:00pm - 9:00pm	8 week course
Tuesday	2 May	7:00pm - 9:00pm	8 week course
Tuesday	25 July	7:00pm - 9:00pm	8 week course
Tuesday	17 October	7:00pm - 9:00pm	8 week course
Wednesday	15 February	7:00pm - 9:00pm	8 week course
Wednesday	3 May	7:00pm - 9:00pm	8 week course
Wednesday	26 July	7:00pm - 9:00pm	8 week course
Wednesday	18 October	7:00pm - 9:00pm	8 week course
Sat + Sun	4 March	10:00am - 4:30pm	2 day course + glazing session
Sat + Sun	6 May	10:00am - 4:30pm	2 day course + glazing session
Sat + Sun	29 July	10:00am - 4:30pm	2 day course + glazing session
Sat + Sun	28 October	10:00am - 4:30pm	2 day course + glazing session



RARANGA KETE WANANGA (WEEKEND)

Price: \$160 - (Includes materials)

Join this class for a holistic experience of raranga weaving in accordance and alignment with traditional indigenous practices (Tikanga and Kaupapa Māori). You'll learn the basic skills to weave a kete and take it home as a gift or for your own use.

Sat + Sun	4+5 March	9:30am - 4:30pm	2 day course
Sat + Sun	16+17 September	9:30am - 4:30pm	2 day course

RESIN ART (WEEKEND)

Price: \$130 - (Includes materials)

Join resin artist Andrea Waterhouse and make your own personalised piece of resin art to hang on your wall. Artworks need to dry overnight and can be collected the following week.

Saturday	4 March	10:00am - 1:00pm	1 day course
Saturday	10 June	10:00am - 1:00pm	1 day course
Saturday	10 June	2:00pm - 5:00pm	1 day course
Sunday	27 August	10:00am - 1:00pm	1 day course
Saturday	28 October	10:00am - 1:00pm	1 day course
Saturday	28 October	2:00pm - 5:00pm	1 day course

RESIN GLASS COASTERS (WEEKEND)

NEW

Price: \$83 - (Includes materials)

Join resin artist Andrea and learn to create your own glass coasters using flowers, glitter, or even photographs. You'll create four personalised and beautiful glass coasters.

Saturday	1 April	10:00am - 1:00pm	1 day course
Sunday	30 July	10:00am - 1:00pm	1 day course
Sunday	17 September	10:00am - 1:00pm	1 day course

RESIN JEWELLERY (WEEKEND)

NEW

Price: \$70

Explore the awesomeness of resin with jewellery artist Maca Bernal. Learn how to make your own utterly unique resin jewellery incorporating pigments and glitters.

Saturday	1 April	1:30pm - 4:30pm	1 day course
Saturday	10 June	9:30am - 12:30pm	1 day course
Saturday	29 July	9:30am - 12:30pm	1 day course

RETHREAD, REPAIR OR REMAKE BEAD NECKLACES (WEEKEND)

NEW

Price: \$74 - (BYO beads, some materials provided)

Have you got broken necklaces at home that you'd love to repurpose into new jewellery? Bring some of your own old beads and fashion fabulous new necklaces. Beading aficionado Kathy will show you the tricks of turning beads into necklaces.

Saturday	1 April	10:00am - 3:00pm	1 day course
Sunday	19 November	10:00am - 3:00pm	1 day course

SCULPTURES & MURALS IN THE CENTRAL CITY (WEEKEND)

See Tours, Walks & Diversions

SOFT STONE SCULPTURE - WITH GILLIAN ELMSLIE (WEEKEND)

Price: \$138 - (Includes materials)

Create your own masterpiece to enhance your garden or interior spaces. The soft stone sculpture is one of the most accessible mediums to work with as ideas can be quickly realised and easily modified.

Saturday	6 May	11:00am - 4:00pm	1 day course
Sunday	29 October	11:00am - 4:00pm	1 day course
Saturday	18 November	11:00am - 4:00pm	1 day course

STREET ART PHOTOGRAPHY (WEEKEND)

See Photography

SUSTAINABLE FABRIC PACKAGING (WEEKEND)

NEW

See Interior Design & Textiles

THE ART OF FOLDING BOOKS (WEEKEND)

Price: \$49 - (Includes materials)

Learn the art of folding books by using the pages to form beautiful art. You will leave the course with your very own book sculptures and artworks. Warning: It is very addictive!

Sunday	11 June	10:00am - 1:00pm	1 day course
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THE ART OF KINTSUGI (WEEKEND)

Price: \$149 - (Includes materials)

Come and learn this beautiful and healing Japanese art that uses gold or silver-coloured glues to bring together pieces of a broken pottery item and at the same time enhance the breaks.

Saturday	1 April	9:30am - 11:30am	1 day course
Sunday	30 July	9:30am - 11:30am	1 day course
Saturday	28 October	9:30am - 11:30am	1 day course





THE ART OF PAPER COLLAGE (WEEKEND)

Price: \$85 - (Includes materials)

Paper Collage is a versatile technique which can be helpful in a variety of applications, from quilting to scrap-booking, to zines and conceptual artworks and painting. Learn techniques from an experienced art teacher to help you express your ideas through collage.

Sunday	7 May	10:00am - 4:00pm	1 day course
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TRADITIONAL PAPER MAKING - USING NATIVE PLANTS (WEEKEND)

NEW

Price: \$158 - (Includes materials)

This practical workshop will take you from novice to competent papermaker by covering the basic skills needed to make paper, as well as the issues and concepts required to turn plant material into pulp for making paper.

Sunday	7 May	9:30am - 4:00pm	1 day course
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TRAVEL SKETCHING (WEEKEND)

Price: \$99 - (Includes materials)

Join this one day course and learn how to use pen, watercolour and pencil to create your own personal travel journal.

Sunday	11 June	10:00am - 4:00pm	1 day course
Sunday	27 August	10:00am - 4:00pm	1 day course

WEAVING BASKETS FROM YOUR GARDEN

See Home, Garden & DIY

ZENTANGLE ART (WEEKEND)

NEW

Price: \$40 - (Includes materials)

Zentangle® is mindful drawing – creating a miniature abstract work of art with a collection of patterns. All your materials are provided and you will spend two hours of relaxation, drawing structured patterns in a mindful way.

Saturday	26 August	10:00am - 12:00pm	1 day course
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CHILDREN - AFTER SCHOOL



ART AFTER SCHOOL (FOR 6-12 YEARS)

NEW

Price: \$150 - (Includes materials)

This eight week course introduces young art students to fine art drawing (as opposed to craft) where the student is exposed to a wide range of mediums including lead pencils, ink, charcoal, eraser, pastel and pen, anything goes. The classes are very practical and fun, as well as educational.

Tuesday 14 February 3:30pm - 5:00pm 8 week course

See website for information on the programme for Terms 2, 3 and 4.

BEGINNERS DRAMA (FOR 8-10 YEARS)

Price: \$160

This is a wonderful opportunity for children to be introduced to the elements of drama from a highly experienced drama teacher.

Wednesday	8 February	3:30pm - 5:30pm	8 week course
Wednesday	3 May	3:30pm - 5:30pm	8 week course
Wednesday	26 July	3:30pm - 5:30pm	8 week course
Wednesday	18 October	3:30pm - 5:30pm	8 week course

DRAMA PRODUCTION (FOR 9-12 YEARS)

Price: \$160

Following Beginners Drama, this course will extend the children's drama skills further. Please contact the office to enrol or to make enquiries about suitability.

Friday	10 February	3:30pm - 5:30pm	8 week course
Friday	5 May	3:30pm - 5:30pm	8 week course
Friday	28 July	3:30pm - 5:30pm	8 week course
Friday	20 October	3:30pm - 5:30pm	8 week course



CHILDREN - SCHOOL HOLIDAYS



Please visit our website for our school holiday programme, which includes:

■ Cooking ■ Sewing ■ Art and Crafts ■ Film Making ■ Self Defence ■ and more!

GET REAL

- SOCIAL AND ENVIRONMENTAL AWARENESS FOR KIDS (DAY)

3rd – 7th July, 9:00am – 4:30pm, \$80 per day

This unique programme encourages children to make positive changes in the world and in the lives of others.

Each day will begin with a motivating talk given by an inspiring young activist based on the theme of the day. It may be to encourage social or environmental change. The children will then spend the day creating items to be given to people in need.



Please visit our website for more information about GET REAL including a schedule of topics, guest speakers, activities and affiliated community organisations and costs.

Monday 3rd July
9:00am - 4:30pm

CRAFTING for a Cause

Have fun creating and sewing items to donate to people in need.

Name of charity to be advised.

Tuesday 4th July
9:00am - 4:30pm

COOKING for a Cause

Have fun cooking healthy meals for the Glen Innes Foodbank.

Wednesday 5th July
9:00am - 4:30pm

ART for a Cause

Spend the day having fun at a retirement village, talking to the residents about their lives and their memories and then creating works of art based on these discoveries. Then gift these to the residents.

Thursday 6th July
9:00am - 4:30pm

GROWING for a Cause

Today is focussed on the environment and sustainability. The children will have fun creating sustainable products to either gift or use.

Friday 7th July
9:00am - 4:30pm

DRAMA for a Cause

Have fun with improvisation and drama games while gaining an understanding about diversity, empathy, kindness and compassion.

Please visit our website: www.selwyncomed.school.nz

COMPUTING SKILLS



■ Please note that some of our courses have pre-requisite skills and knowledge. Check details on the website.

Some computing courses are subsidised with funding from the Tertiary Education Commission (TEC). Please check our website for details of subsidies, eligibility and conditions.

BASIC COMPUTING SKILLS

Price: \$195 / \$60 (for qualifying residents)

Are you feeling left behind with computers? Are you lacking confidence dealing with email? Join this small group and patient, kind computing teacher Kathy will teach you the basics of using a PC.

Monday	13 February	7:00pm - 9:00pm	8 week course
Monday	1 May	7:00pm - 9:00pm	8 week course
Tuesday	25 July	7:00pm - 9:00pm	8 week course

HOW TO GROW YOUR BUSINESS WITH DIGITAL MARKETING (WEEKEND)

NEW

See Accounting, Marketing & Money

HOW TO START AN ONLINE BUSINESS (WEEKEND)

See Accounting, Marketing & Money

HOW TO USE CANVA FOR SOCIAL MEDIA MARKETING (WEEKEND)

NEW

See Accounting, Marketing & Money

HOW TO USE FACEBOOK FOR MARKETING (WEEKEND)

NEW

See Accounting, Marketing & Money

HOW TO USE INSTAGRAM FOR MARKETING (WEEKEND)

NEW

See Accounting, Marketing & Money

HOW TO USE TIKTOK FOR MARKETING (WEEKEND)

NEW

See Accounting, Marketing & Money

INTRODUCTION TO INDESIGN

Price: \$148 / \$60 (for qualifying residents)

Learn to create well-designed print publications using this industry standard page layout programme. Participants should have strong general computer skills for this introductory level course. Extra courses will be added to meet demand.

Monday	31 July	7:00pm - 9:00pm	6 week course
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INTRODUCTION TO MICROSOFT

Price: \$132 / \$35 (for qualifying residents)

Are you relatively new to computing and would like a quick and interesting introduction to some of Microsoft's popular software programmes? This will give you some fundamental skills in Microsoft Word, Excel, Powerpoint, Outlook, Publisher and Powerpoint.

Tuesday	14 February	7:00pm - 9:00pm	6 week course
Wednesday	18 October	7:00pm - 9:00pm	6 week course

INTRODUCTION TO PHOTOSHOP

Price: \$148 / \$60 (for qualifying residents)

An introduction to the key concepts of Adobe Photoshop and how to digitally manipulate images. Strong general computer skills are needed. Extra courses will be added to meet demand.

Monday	8 May	7:00pm - 9:00pm	6 week course
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MICROSOFT EXCEL - BEGINNERS (NIGHT/WEEKEND)

Price: \$120 / \$30 (for qualifying residents)

An introduction to this popular programme will lead you through how to create spreadsheets, charts, perform calculations with formulae, and analyse numerical information.

Wednesday	15 February	7:00pm - 9:00pm	5 week course
Tuesday	2 May	7:00pm - 9:00pm	5 week course
Monday	24 July	7:00pm - 9:00pm	5 week course
Sat + Sun	4+5 March	9:30am - 3:00pm	2 day course
Sat + Sun	10+11 June	9:30am - 3:00pm	2 day course
Sat + Sun	28+29 October	9:30am - 3:00pm	2 day course



MICROSOFT EXCEL - CONTINUATION (NIGHT/WEEKEND)

Price: \$85 / \$98 / \$25 (for qualifying residents)

Take your Excel skills to the next level and learn more formulae, some awesome tips for working with multiple worksheets, advanced printing, sorting, filtering and more. These topics will really improve your productivity and save you lots of time.

Tuesday	6 June	7:00pm - 9:00pm	4 week course	\$98 / \$25
Monday	28 August	7:00pm - 9:00pm	4 week course	\$98 / \$25
Saturday	29 July	9:00am - 4:30pm	1 day course	\$85 / \$25
Saturday	18 November	9:00am - 4:30pm	1 day course	\$85 / \$25

MICROSOFT EXCEL - ADVANCED - FORMULAE AND FUNCTIONS

Price: \$98 / \$30 (for qualifying residents)

In this course you will learn the top 15 functions you might need to advance your Excel skills, and the techniques you need to make them work harder; absolute and mixed cell references, nesting, using range names and table 'structured references'.

Wednesday	3 May	7:00pm - 9:00pm	4 week course
Wednesday	26 July	7:00pm - 9:00pm	4 week course
Wednesday	18 October	7:00pm - 9:00pm	4 week course

MICROSOFT EXCEL - ADVANCED (WEEKEND)

Price: \$70

For experienced Excel users. Learn advanced aspects of this versatile software, utilising features such as automation, analysis, queries, transformations and more.

DASHBOARD BUILDING

Saturday	6 May	9:00am - 1:00pm	1 day course
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DATA ANALYSIS SKILLS

Saturday	10 June	9:00am - 1:00pm	1 day course
Saturday	18 November	9:00am - 1:00pm	1 day course

MACROS

Saturday	26 August	9:00am - 1:00pm	1 day course
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PIVOT TABLES

Saturday	1 April	9:00am - 1:00pm	1 day course
Saturday	16 September	9:00am - 1:00pm	1 day course

POWER QUERY OR DATA TRANSFORMATION

Saturday	29 July	9:00am - 1:00pm	1 day course
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MICROSOFT POWERPOINT - BEGINNERS

Price: \$98

Gain the skills and confidence to prepare simple yet impressive, professional presentations and on-screen slide shows. Basic computer skills essential!

Monday	30 October	7:00pm - 9:00pm	4 week course
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MICROSOFT PUBLISHER - BEGINNERS (WEEKEND)

Price: \$120 / \$30 (for qualifying residents)

Learn the basics of this publishing software to produce professional-looking newsletters, pamphlets and brochures. Basic computer skills essential.

Sat + Sun 26+27 August 9:30am - 3:00pm 2 day course

MICROSOFT TERRIFIC TEMPLATES

NEW

Price: \$75

Microsoft Templates save time – why create a CV, an invoice, or a newsletter from scratch when these are available to us to customise to our own needs?

Wednesday 14 June 7:00pm - 9:00pm 3 week course
Wednesday 29 November 7:00pm - 9:00pm 3 week course

MICROSOFT WORD - BEGINNERS

Price: \$132 / \$35 (for qualifying residents)

Learn or update your computer skills to produce attractive, structured letters and forms. Become adept at copying, cutting, pasting, editing and formatting text, tabs and leaders, tables and columns.

Wednesday 3 May 7:00pm - 9:00pm 6 week course

MICROSOFT WORD - THE NEXT STEP

Price: \$98 / \$25 (for qualifying residents)

Follow-on from the beginners course. Take the next step and pick up more functions and shortcuts and become a Word whiz.

Wednesday 26 July 7:00pm - 9:00pm 4 week course

SEO FOR SMALL BUSINESS (WEEKEND)

See Accounting, Marketing & Money

WORDPRESS BOOTCAMP (WEEKEND)

Price: \$276 / \$120 (for qualifying residents)

This two-day course focuses on the background to WordPress, how each version works, and how to edit and manage the WordPress dashboard. You will then go on to install WordPress in class and over the weekend build a website.

Sat + Sun 26+27 August 9:00am - 5:00pm 2 day course

XERO WEB BASED ACCOUNTING - GETTING STARTED

See Accounting, Marketing & Money

COOKING - BASIC SKILLS



COOKING - FOR ABSOLUTE BEGINNERS

Price: \$170 - (Includes all ingredients)

Feel you don't know the basics? Need the confidence and skills to cook for yourself and others? This unique course will give you all the basic skills you need to master the basics of cooking.

Tuesday 14 March 6:30pm - 9:00pm 4 week course

COOKING FOR ONE

Price: \$176 - (Includes all ingredients)

You may want to re-ignite an interest in cooking or start from scratch. Or you may have always had someone cook for you and now you want to learn to cook for yourself.

Wednesday 1 March 7:00pm - 9:00pm 4 week course

KNIFE SKILLS 101 - FISH & CHICKEN (WEEKEND)

Price: \$90 - (Includes all ingredients)

Through a combination of demonstration and hands-on experience, our chef tutor will instruct you in the precise art of cutting, filleting, deboning, carving, selection, handling, sharpening and preservation of knives to give you the professional touch in the kitchen.

Saturday 18 November 9:30am - 1:30pm 1 day course

KNIFE SKILLS 101 - VEGETABLES (WEEKEND)

Price: \$75 - (Includes all ingredients)

Learn the building blocks for professional knife handling from cutting an onion to selecting the correct knife for whatever you are cutting.

Saturday 18 February 9:30am - 1:30pm 1 day course

MAKING DELICIOUS BREAD (WEEKEND)

See Cooking - Healthy Eating

THE PERFECT ROAST EVERY TIME (WEEKEND)

Price: \$94 - (Includes all ingredients)

Learn the secret of making the perfect roast every time, whether it be a whole lamb shoulder, whole chicken or chunky pork belly.

Sunday 27 August 10:00am - 2:00pm 1 day course

COOKING - FOR CHILDREN



Please visit our website to see the full range of courses available.

ASPIRING YOUNG COOKS (FOR 8-12 YEARS)

Price: \$144 - (Includes \$30 ingredients)

This school holiday course will give young students the opportunity to learn cooking skills in a fun and safe environment. October courses full with long waiting lists.

Tues + Wed	11 April	9:00am - 2:00pm	2 day course
Mon + Tue	17 April	9:00am - 2:00pm	2 day course
Mon + Tue	25 September	9:00am - 2:00pm	2 day course
Mon + Tue	2 October	9:00am - 2:00pm	2 day course

COOKING FOR TEENS (FOR 13-16 YEARS)

Price: \$144 - (Includes all ingredients)

Join Nichole for foundation cooking skills these school holidays.

Thur + Fri	20 April	9:00am - 2:00pm	2 day course
Thur + Fri	5 October	9:00am - 2:00pm	2 day course

COOKING FOR A CAUSE

See Children – School Holidays – Get Real

CHRISTMAS COOKING WITH NICHOLE (FOR 8-12 YEARS)

Price: \$144 - (Includes all ingredients)

Join Nichole for two days of cooking for Christmas. During this course you will learn to cook a range of goodies that make great Christmas gifts. Course fee includes ingredients and materials. Suitable for children 8 to 12 years.

Mon + Tues	18+19 December	9:00am - 2:00pm	2 day course
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DELICIOUS DUMPLINGS (FOR 8-12 YEARS)

Price: \$68 - (Includes all ingredients)

Here is your chance for your children to learn to create and cook a variety of delicious dumplings. They will learn how to make and take home vegetarian, gluten free and traditional dumplings with a range of different wrappings and a dipping sauce.

Friday	14 April	9:00am - 1:00pm	1 day course
Friday	29 September	9:00am - 1:00pm	1 day course
Friday	22 December	9:00am - 1:00pm	1 day course

COOKING - CAKES & SWEETS



CAKE DECORATING - THE BASICS (WEEKEND)

Price: \$65 - (Includes all ingredients)

Come and learn the professional techniques including how to colour icing, basic piping skills, foiling fondant and how to make and work with royal and butter icing.

Sunday	19 February	9:00am - 12:00pm	1 day course
Sunday	17 September	9:00am - 12:00pm	1 day course

CAKE DECORATING - INTRODUCTION

Price: \$130 - (Includes all ingredients)

Come and learn the basics of decorating cakes using rolled fondant, butter icing and piping techniques. Create an icing picture and put it all together to produce the completed cakes.

Tuesday	14 March	7:00pm - 9:00pm	4 week course
Tuesday	1 August	7:00pm - 9:00pm	4 week course

CAKE DECORATING - MODELLING WITH FONDANT AND SUGAR PASTE (WEEKEND)

Price: \$65 - (Includes all ingredients)

From minions to penguins, elephants to giraffes, and roses to wild flowers, this class will introduce you to working with sugar paste and modelling fondant to make basic animals, flowers and figurines.

Sunday	7 May	9:00am - 12:00pm	1 day course
Sunday	19 November	9:00am - 12:00pm	1 day course

CHRISTMAS COOKING GIFTS

Price: \$139 - (Includes all ingredients)

Take the stress out of what to give at Christmas and learn to make a range of delicious and traditional sweet treats.

Tuesday	14 November	7:00pm - 9:00pm	3 week course
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CONTINENTAL CAKES

Price: \$116 - (Includes all ingredients)

Come and learn to create mouth-watering, delicious and decadent gateaux, tortes and tarts and learn the secrets to creating a variety of spectacular and special treats for grand occasions.

Monday	12 June	7:00pm - 9:00pm	3 week course
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DELICIOUS ROLLED SPONGE CAKE (WEEKEND)

Price: \$90 - (Includes all ingredients)

During this course you will learn to make a delicious rolled sponge cake. You will learn to create a very light sponge with a delicious cream filling to create a sponge roll.

Saturday	1 April	10:00am - 3:00pm	1 day course
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FRENCH PASTRIES

Price: \$145 - (Includes all ingredients)

Learn authentic French pastry recipes with our French Pastry Chef, Nicolas Drexler.

Monday	13 February	7:00pm - 9:00pm	4 week course
Monday	1 May	7:00pm - 9:00pm	4 week course
Monday	31 July	7:00pm - 9:00pm	4 week course
Monday	30 October	7:00pm - 9:00pm	4 week course

MAKING CHOCOLATES (WEEKEND)

Price: \$90 - (Includes all ingredients)

9 out of 10 people love chocolate... and the 10th person is lying! Come along and learn from a master chocolatier the tips and tricks of creating perfect chocolates, including truffles and moulded chocolates. You will never be short of a gift idea again.

Saturday	16 September	10:00am - 4:00pm	1 day course
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MAKING MACARONS (WEEKEND)

Price: \$75 - (Includes all ingredients)

Take a tour into the world of the macaron. These delicacies are very hard to master without the right guidance. Come and learn from an expert.

Saturday	18 February	9:00am - 1:00pm	1 day course
Saturday	29 July	8:30am - 12:30pm	1 day course

NAKED CAKES (WEEKEND)

Price: \$99 - (Includes all ingredients)

Come and learn how to create a cake that has the WOW factor! Naked cakes have no outside layer of icing allowing you to show off the delicious layers and fillings inside and create amazing toppings. You'll not only learn to make the cake but wow your friends and family with your decorations!

Saturday	26 August	10:00am - 4:00pm	1 day course
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COOKING - ETHNIC COOKING



A DUMPLING NIGHT

Price: \$45 - (Includes all ingredients)

Come and learn to make homemade sticky dumplings using pork, chicken or vegetables from scratch. And you will learn how to create a delicious dipping sauce of using Asian inspired ingredients and have fun along the way. More classes will be added based on demand. Check the website for updates.

Wednesday	5 April	6:30pm - 8:30pm	1 night course
Tuesday	30 May	6:30pm - 8:30pm	1 night course
Wednesday	6 September	6:30pm - 8:30pm	1 night course
Monday	27 November	6:30pm - 8:30pm	1 night course

AUTHENTIC INDIAN HOME COOKING

NEW

Price: \$153 - (Includes all ingredients)

Join Komal to learn some of her favourite Indian dishes with her tips and tricks to producing this delicious food at home. And of course you'll get to enjoy the delicious and authentic Indian cuisine you've prepared.

Tuesday	29 August	7:00pm - 9:00pm	4 week course
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COOK A TRADITIONAL SPANISH FIESTA (WEEKEND)

NEW

Price: \$80 - (Includes all ingredients)

Spend a day with a judge from one of the leading paella restaurants in Valencia and he will introduce you to a range of delicious Spanish tapas including Spanish Tortilla, tostado con tomate, Gambas al Ajillo and Clams in Green Pepper – and lots more. You will leave this course with the skills to create your very own Spanish Fiesta. All ingredients are provided.

Saturday	1 April	10:00am - 2:00pm	1 day course
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DATE NIGHT COOKING - FRENCH CUISINE

NEW

See Cooking - Specialty Cooking

EXOTIC SOUTH ASIAN STREET FOOD

NEW

Price: \$158 - (Includes all ingredients)

Join Vinay and he will introduce you to a selection of traditional foods from exotic India, Vietnam & Thailand. You will learn about spices, flavours and tips and tricks to create an array of authentic and delicious meals which are easy to create at home once you know the secrets!

Wednesday	3 May	7:00pm - 9:00pm	4 week course
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FLAVOURS OF THE CINQUE TERRE

Price: \$176 - (Includes all ingredients)

Join June and she will share with you recipes collected both from her travels and from her Italian friends. Among the local specialities covered in this course are focaccia, farinata, pesto, pansotti, torta della nonna.

Monday	31 July	7:00pm - 9:00pm	4 week course
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FRENCH PASTRIES

Price: \$145 - (Includes all ingredients)

Learn authentic French pastry recipes with our French Pastry Chef, Nicolas Drexler.

Monday	13 February	7:00pm - 9:00pm	4 week course
Monday	1 May	7:00pm - 9:00pm	4 week course
Monday	31 July	7:00pm - 9:00pm	4 week course
Monday	30 October	7:00pm - 9:00pm	4 week course

INDIAN VEGETARIAN LUNCH FEAST (WEEKEND)

Price: \$90 - (Includes all ingredients)

Come and enjoy a delicious and exotic lunch feast with ethnic cuisine chef Clive Pereira who will show you how to create delicious and authentic vegetarian Indian dishes to wow your friends and family.

Sunday	30 July	9:30am - 1:30pm	1 day course
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ITALIAN - COOKING FROM MY GRANDMOTHER'S KITCHEN

Price: \$195 - (Includes all ingredients)

Join Lorenzo and he'll introduce you to a range of delicious home-style Italian recipes from his grandmother – all authentically Italian and infused with passione and amore!

Wednesday	1 March	6:30pm - 8:30pm	5 week course
Wednesday	2 August	6:30pm - 8:30pm	5 week course



ITALIAN CUISINE

Price: \$195 - (Includes all ingredients)

Join Lorenzo for 5 classes of authentic Italian cuisine. He will demonstrate the traditional way of preparing some of his favourite Italian dishes – giving you some secrets to create those unique Italian flavours.

Wednesday	3 May	6:30pm - 8:30pm	5 week course
Wednesday	18 October	6:30pm - 8:30pm	5 week course

JAPANESE CUISINE

Price: \$144 - \$149 - (Includes all ingredients)

Join Masami Utsugi, food enthusiast and chef, to learn some authentic Japanese favourites at home.

Monday	6 March	7:00pm - 9:00pm	4 week course	\$144 Vegetarian
Monday	30 October	7:00pm - 9:00pm	4 week course	\$149 Meat, Fish and Seafood

KOREAN CUISINE

Price: \$134 - (Includes all ingredients)

Korean cuisine has evolved through centuries of change, both natural and cultural to create an interesting and tasty array of side dishes. You'll get to enjoy your creations each night.

Tuesday	14 February	7:00pm - 9:00pm	4 week course
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KOREAN KIMCHI MASTERCLASS (WEEKEND)

Price: \$115 - (Includes all ingredients)

Learn to make authentic kimchi, the popular and healthful Korean fermented cabbage dish. This course is spread over two mornings so you can learn more about the processes involved in making kimchi.

Sat + Sun	10+11 June	9:00am - 1:00pm	2 day course
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KOREAN VEGETARIAN FOOD (WEEKEND)

Price: \$73 - (Includes all ingredients)

Join Cecilia and learn to make Korean vegetarian foods focusing on lunch dishes.

Sunday	2 April	9:00am - 1:00pm	1 day course
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LEBANESE CUISINE

Price: \$153 - (Includes all ingredients)

Join Komal to learn to create some authentic, delicious and healthy Lebanese dishes.

Tuesday	2 May	7:00pm - 9:00pm	4 week course
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MEXICAN CUISINE

NEW

Price: \$185 - (Includes all ingredients)

Come and take a culinary tour of Mexico, exploring famous dishes from different regions. You'll learn to cook traditional Mexican cuisine full of fragrance and taste, and will enjoy the dishes you prepare each evening.

Monday 1 May 6:00pm - 9:00pm 4 week course

MIDDLE EASTERN LUNCH FEAST (WEEKEND)

Price: \$90 - (Includes all ingredients)

Come and enjoy a delicious and exotic lunch feast with ethnic cuisine chef Clive Pereira who will show you how to create delicious and authentic Middle Eastern dishes to wow your friends and family.

Sunday 30 July 9:30am - 1:30pm 1 day course

STREET FOOD FROM AROUND THE WORLD

NEW

Price: \$153 - (Includes all ingredients)

Spice up your cooking with these four classes of authentic and delicious street food from around the world, including Spain, Thailand, India and Labanon.

Tuesday 1 August 7:00pm - 9:00pm 4 week course

THAI CUISINE

Price: \$159 - (Includes all ingredients)

Come and spice up your life with some delicious Thai street food plus a selection of other authentic Thai dishes.

Tuesday 14 February 7:00pm - 9:00pm 4 week course

TRADITIONAL PAELLAS OF VALENCIA (WEEKEND)

NEW

Price: \$80 - (Includes all ingredients)

Learn the techniques, and tricks of the paella masters and how to cook authentic paella in a four hour cooking session that will include the history and origin of this spectacular dish. You will learn the proper techniques, what is permitted and what is not permitted, the differences between the paella rice varieties, the right equipment to use and about the traditional ingredients used in paella and finish by enjoying a traditional Paella Fiesta.

Sunday 2 April 10:00am - 2:00pm 1 day course



VIETNAMESE LUNCH FEAST (WEEKEND)

NEW

Price: \$90 - (Includes all ingredients)

Come and enjoy a delicious and exotic lunch feast with ethnic cuisine chef Clive Pereira who will show you how to create delicious and authentic Vietnamese dishes using fresh herbs and spices. lemongrass, ginger, mint and Saigon cinnamon, bird's eye chilli and lots more.

Saturday

26 August

9:30am - 1:30pm

1 day course

VINAY'S BEEF SEEKH KEBABS

NEW

Price: \$45 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating as he shows you how to make Beef Seekh Kebab and Yoghurt Raita accompaniment.

Monday

18 September

6:30pm - 8:30pm

1 day course

VINAY'S CHICKEN SATAY EVENING

NEW

Price: \$45 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating. In just one night you will learn to create mouth watering satay chicken with a beautiful peanut sauce.

Tuesday

2 May

6:30pm - 8:30pm

1 day course

VINAY'S HEALTHY SOUTH EAST ASIAN COOKING CLASS

Price: \$48 - (Includes all ingredients)

In this one-night class you will create one delicious and aromatic meal using banana leaves and less oil than usual South East Asian recipes.

Wednesday

22 February

6:30pm - 8:30pm

1 day course

VINAY'S VIETNAMESE SPRING ROLLS EVENING

NEW

Price: \$45 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating as he helps you to make Vietnamese spring rolls.

Monday

16 October

6:30pm - 8:30pm

1 day course



COOKING - HEALTHY EATING



AYURVEDIC COOKING AND NUTRITION

Price: \$150 - (Includes all ingredients)

Would you like to learn about the connection between your constitution (body type) and the food you eat? Learn to create simple, tasty and nutritious vegetarian meals by incorporating a range of spices while appreciating their health benefits.

Monday	29 May	6:30pm - 9:00pm	4 week course
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KOREAN KIMCHI MASTERCLASS (WEEKEND)

See Cooking - Ethnic Cooking

MAKING DELICIOUS BREAD (WEEKEND)

Price: \$69 - (Includes all ingredients)

Join pastry chef, Jayshree and learn to make a variety of delicious breads including brioche, focaccia and challah.

Saturday	28 October	10:00am - 3:00pm	1 day course
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MAKING SAUERKRAUT (WEEKEND)

Price: \$49 - (Includes all ingredients)

Sauerkraut? Learn about the background of this nourishing food – where it comes from, how it is made and its health benefits.

Sunday	2 April	2:30pm - 5:00pm	1 day course
Sunday	19 November	2:00pm - 4:30pm	1 day course

PLANT BASED COOKING

Price: \$159 - (Includes all ingredients)

Executive Chef Komal will share her favourite dishes and best hacks for a plant-based diet.

Tuesday	30 May	7:00pm - 9:00pm	4 week course
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PLANT BASED COOKING - WITH AARON BRUNET

- EVERYDAY MEALS (WEEKEND)

Price: \$165 - (Includes all ingredients)

Join Masterchef NZ 2013 winner Aaron Brunet to make and taste delicious plant-based meals. Suitable for those on vegan diets.

Saturday	10 June	10:00am - 4:00pm	1 day course
Sunday	27 August	10:00am - 4:00pm	1 day course

PLANT BASED COOKING - WITH AARON BRUNET

- FOOD FOR LIFE (WEEKEND)

Price: \$165 - (Includes all ingredients)

Join Masterchef NZ 2013 winner Aaron Brunet for this introduction to wholefood plant-based dishes to boost your aliveness. Suitable for those on vegan diets.

Saturday	29 July	10:00am - 4:00pm	1 day course
Sunday	29 October	10:00am - 4:00pm	1 day course

SOURDOUGH BREAD (WEEKEND)

Price: \$75 - (Includes all ingredients)

Come and learn the secrets of making delicious loaves and rolls using rye and wholemeal spelt flour. Take home a sourdough starter at the end of the course.

Saturday	6 May	10:00am - 1:00pm	1 day course
Saturday	16 September	10:00am - 1:00pm	1 day course



COOKING - SPECIALTY COOKING



BARISTA - FOR BEGINNERS (WEEKEND)

Price: \$92 / \$40 (for qualifying residents)

Through a combination of online learning and hands-on practice, learn about espresso and learn to make popular espresso coffees.

Saturday	6 May	10:00am - 4:00pm	1 day course
Saturday	1 April	10:00am - 4:00pm	1 day course
Saturday	10 June	10:00am - 4:00pm	1 day course
Saturday	29 July	10:00am - 4:00pm	1 day course
Sunday	29 October	10:00am - 4:00pm	1 day course

BARISTA - LATTE ART (WEEKEND)

Price: \$92 / \$40 (for qualifying residents)

This course is for those who can already use an espresso machine confidently, and now want upskill milk and pouring.

Sunday	7 May	10:00am - 4:00pm	1 day course
Sunday	30 July	10:00am - 4:00pm	1 day course
Saturday	26 August	10:00am - 4:00pm	1 day course

CHRISTMAS COOKING GIFTS

Price: \$139 - (Includes all ingredients)

Take the stress out of what to give at Christmas and learn to make a range of delicious and traditional sweet treats.

Tuesday	14 November	7:00pm - 9:00pm	3 week course
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DATE NIGHT COOKING - FRENCH CUISINE

NEW

Price: \$79 - (Includes all ingredients)

Spice things up with a French Cuisine cooking lesson perfect for couples, friends and family members. These classes are fun and light-hearted with plenty of opportunity for hands-on learning. And you will end the evening enjoying a delicious meal with a glass of wine. Each night includes a deliciously different menu.

Monday	13 March	6:00pm - 9:00pm	1 day course
Monday	29 May	6:00pm - 9:00pm	1 day course
Monday	28 August	6:00pm - 9:00pm	1 day course
Monday	27 November	6:00pm - 9:00pm	1 day course



DELICIOUS SEAFOOD - WITH JUNE

NEW

Price: \$136 - (Includes all ingredients)

Join June for four nights of learning how to create mouthwatering fish dishes. You'll also learn how to scale, gut and fillet fish, make a makeshift smoker, make beer batter and even a traditional bouillabaisse broth - and more!

Tuesday 17 October 7:00pm - 9:00pm 4 week course

FOOD STYLING - THE ART OF PLATING

Price: \$95 - (Includes all ingredients)

Food styling is an art form. Come and learn from a professional the basics of plating homemade meals to restaurant quality. Add the wow factor to your dishes (and to your food photos!).

Tuesday 17 October 7:00pm - 9:00pm 2 week course

HISSING AND SIZZLING - BARBECUE BRILLIANCE (WEEKEND)

Price: \$99 - (Includes all ingredients)

Do you want to perfect your barbecue skills? Come along and learn how to produce mouth watering, fall-off-the-bone meat every time you have a BBQ and the importance of rubs, marinades and accompaniments. You will also learn to make a selection of fresh seasonal salads to accompany your meat dishes.

Saturday 28 October 10:00am - 3:00pm 1 day course

INTRODUCTION TO FOOD PHOTOGRAPHY

See Photography

PIES AND PASTRY PERFECTION (WEEKEND)

NEW

Price: \$80 - (Includes all ingredients)

Come and learn from a master pastry chef the secrets to perfect pies and pastry goods, with a focus on savoury foods.

Sunday 11 June 9:00am - 2:00pm 1 day course

SUMMER PRESERVES - JAMS, PICKLES & CHUTNEYS (WEEKEND)

NEW

Price: \$105 - (Includes all ingredients)

Join June for a day of learning how to utilise excess seasonal produce to create your own range of pickles, chutneys and jams.

Saturday 25 February 10:00am - 4:00pm 1 day course

THE HISTORY OF FOOD IN AUCKLAND

NEW

See History, Architecture & Society

ENGLISH FOR MIGRANTS



English for Migrants courses are for people whose first language is not English. They will help you to improve your English skills, to live and work in New Zealand, or to gain skills for further study.

- Courses are subsidised by the Government through the Tertiary Education Commission, for those who have New Zealand residency or citizenship.
 - Some places will be available for those on a visitor, work, holiday or study visa, and the higher fee will apply. (Please visit our office or contact us on 521 9623 for information.)
 - Please bring your passport and evidence of New Zealand residency to our office before your first lesson.
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- All our tutors are qualified, native English speakers.
 - Student's books and workbooks are included in fees for General English courses.
 - Transport is easy with frequent buses from Britomart stopping outside Selwyn College. The routes are currently 762, 781, 782 and 783, but please check the Auckland Transport website for latest updates. Bus stops 7842 and 1030.
 - During the day there is no parking on-site, but street parking is available nearby. For evening and weekend courses there is parking available within the school grounds.

FEES

CITIZENS AND PERMANENT NZ RESIDENTS: English courses are subsidised through funding from the Tertiary Education Commission (TEC) for NZ citizens and permanent migrant adults, their partners on work visas or visitor visas, and refugees. Some additional information will be collected for statistical purposes and 80% attendance is required. Conditions apply.

STUDENTS WITH VISITOR, WORK, HOLIDAY OR STUDY VISAS: We welcome those visiting NZ to join our courses. The unsubsidised fee applies.

REFUGEES: There is no fee for those who have refugee status, provided evidence is supplied. You will need to buy your course books.

STUDENTS' BOOKS: We use a selection of books including Oxford University Press English File and the cost of these books is included in the fees.

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- Please check our website for changes to course times.
 - Additional courses may be added if there is demand.



WE OFFER 6 TYPES OF CLASSES

- 1 ENGLISH:** Choose day or evening classes to improve your writing, reading, listening and speaking.*
- 2 CONVERSATION CLUB:** Choose day or evening classes to improve your listening and speaking skills.
- 3 INTENSIVE ENGLISH:** Over 8 weeks, 4 or 5 days per week, you can improve your speaking, listening, reading and writing skills.*
- 4 IELTS PREPARATION:** For students needing IELTS for immigration, university study or work.*
- 5 ENGLISH FOR WORK:** Upper Intermediate to Advanced evening classes to improve your English skills and employment options.
- 6 PRONUNCIATION:** Intermediate to Advanced classes to improve your pronunciation skills.

* Books Included



LEVELS

We have 5 levels of day and night courses from Elementary to Advanced English.

ELEMENTARY: For those starting to understand and use simple English, who can understand familiar everyday expressions and phrases.

PRE-INTERMEDIATE: For those with basic communication skills, who can interact in a limited way on familiar topics at work, school or leisure.

INTERMEDIATE: For those with a good command of English, who can express themselves on a range of topics and interact confidently.

UPPER-INTERMEDIATE: For those with a very good command of English, who can use language flexibly and effectively for social, academic and professional purposes, and want new challenges.

ADVANCED: For those with an excellent command of English. This course focuses on building fluency in complex situations.

ENGLISH - DAY COURSES

■ For more information
on Levels please
refer to pages 43 / 44

CONVERSATION CLUB

ENGLISH CONVERSATION CLUB - PRE-INTERMEDIATE (DAY)

Citizens/Residents: FREE Others: \$280

Mon + Wed	13 February	12:30pm - 2:30pm	8 week course
Mon + Wed	1 May	12:30pm - 2:30pm	8 week course
Mon + Wed	24 July	12:30pm - 2:30pm	8 week course
Mon + Wed	16 October	12:30pm - 2:30pm	8 week course

ENGLISH CONVERSATION CLUB - INTERMEDIATE (DAY)

Citizens/Residents: FREE Others: \$280

Tues + Wed	14 February	12:00pm - 2:00pm	8 week course
Tues + Wed	2 May	12:00pm - 2:00pm	8 week course
Tues + Wed	25 July	12:30pm - 2:30pm	8 week course
Tues + Wed	17 October	12:30pm - 2:30pm	8 week course

ENGLISH CONVERSATION CLUB - UPPER INTERMEDIATE (DAY)

Citizens/Residents: FREE Others: \$280

Tues + Wed	14 February	12:00pm - 2:00pm	8 week course
Tues + Wed	2 May	12:00pm - 2:00pm	8 week course
Tues + Wed	25 July	12:00pm - 2:00pm	8 week course
Tues + Wed	17 October	12:00pm - 2:00pm	8 week course

ENGLISH INTERACTIVE - UPPER INTERMEDIATE CURRENT AFFAIRS (DAY)

Citizens/Residents: FREE Others: \$214

Thursday	16 February	9:30am - 12:30pm	8 week course
Thursday	4 May	9:30am - 12:30pm	8 week course
Thursday	27 July	9:30am - 12:30pm	8 week course
Thursday	19 October	9:30am - 12:30pm	8 week course

■ Course is delivered online via Zoom.



ENGLISH

ENGLISH - ELEMENTARY (DAY)

Citizens/Residents: \$125 Others: \$555 - (Includes books)

Mon + Wed + Fri	10 February	9:15am - 11:15am	8 week course
Mon + Wed + Fri	1 May	9:15am - 11:15am	8 week course
Mon + Wed + Fri	24 July	9:15am - 11:15am	8 week course
Mon + Wed + Fri	16 October	9:15am - 11:15am	8 week course

ENGLISH - PRE-INTERMEDIATE (DAY)

Citizens/Residents: \$125 **Others:** \$555 - (Includes books)

Mon + Fri	10 February	9:15am - 12:15pm	8 week course
Mon + Fri	1 May	9:15am - 12:15pm	8 week course
Mon + Fri	24 July	9:15am - 12:15pm	8 week course
Mon + Fri	16 October	9:15am - 12:15pm	8 week course

ENGLISH - INTERMEDIATE (DAY)

Citizens/Residents: \$125 **Others:** \$555 - (Includes books)

Tue + Wed + Thu	14 February	9:15am - 11:15am	8 week course
Tue + Wed + Thu	2 May	9:15am - 11:15am	8 week course
Tue + Wed + Thu	25 July	9:15am - 11:15am	8 week course
Tue + Wed + Thu	17 October	9:15am - 11:15am	8 week course

ENGLISH - UPPER INTERMEDIATE (DAY)

Citizens/Residents: \$125 **Others:** \$555 - (Includes books)

Tue + Wed + Thu	14 February	9:15am - 11:15am	8 week course
Tue + Wed + Thu	2 May	9:15am - 11:15am	8 week course
Tue + Wed + Thu	25 July	9:15am - 11:15am	8 week course
Tue + Wed + Thu	17 October	9:15am - 11:15am	8 week course

ENGLISH INTENSIVE - ELEMENTARY PLUS (DAY)

Citizens/Residents: \$15 **Others:** \$135

Tue - Fri	7 February	9:15am - 12:15pm	4 day course
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ENGLISH INTENSIVE - INTERMEDIATE PLUS (DAY)

Citizens/Residents: \$95 **Others:** \$845 - (Includes books)

Mon - Thurs	13 February	9:15am - 11:45am	8 week course
Mon - Thurs	1 May	9:15am - 11:45am	8 week course

ENGLISH INTENSIVE - UPPER-INTERMEDIATE (DAY)

Citizens/Residents: \$95 **Others:** \$1220 - (Includes books)

Mon - Fri	24 July	9:15am - 12:15pm	8 week course
Mon - Fri	16 October	9:15am - 12:15pm	8 week course

ENGLISH INTERACTIVE READING - UPPER INT' - ADVANCED (DAY)

Citizens/Residents: FREE **Others:** \$195

Tuesday	14 February	9:30am - 11:30am	8 week course
Tuesday	2 May	9:30am - 11:30am	8 week course
Tuesday	25 July	9:30am - 11:30am	8 week course
Tuesday	17 October	9:30am - 11:30am	8 week course

ENGLISH - KIWI IDIOMS, SLANG AND EXPRESSIONS (WEEKEND)

Citizens/Residents: \$25 **Others:** \$140

Sat + Sun	16+17 September	9:30am - 3:30pm	2 day course
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PRONUNCIATION - INTERMEDIATE TO ADVANCED

ENGLISH IMPROVE YOUR PRONUNCIATION SKILLS - PART 1 (WEEKEND)

Citizens/Residents:	\$15	Others:	\$70
Saturday	4 March	9:30am - 3:30pm	1 day course
Saturday	6 May	9:30am - 3:30pm	1 day course
Saturday	28 October	9:30am - 3:30pm	1 day course

ENGLISH IMPROVE YOUR PRONUNCIATION SKILLS - PART 2 (WEEKEND)

Citizens/Residents:	\$15	Others:	\$70
Saturday	1 April	9:30am - 3:30pm	1 day course
Saturday	29 July	9:30am - 3:30pm	1 day course
Saturday	18 November	9:30am - 3:30pm	1 day course

IELTS - (MINIMUM INTERMEDIATE LEVEL)

ENGLISH IELTS INTENSIVE WEEKEND (WEEKEND)

Citizens/Residents:	\$70	Others:	\$190 - (Includes book)
Sat + Sun	18 February	9:30am - 3:30pm	2 day course
Sat + Sun	6 May	9:30am - 3:30pm	2 day course
Sat + Sun	26 August	9:30am - 3:30pm	2 day course
Sat + Sun	18 November	9:30am - 3:30pm	2 day course

ENGLISH IELTS ONE WEEK INTENSIVE COURSE (DAY)

Citizens/Residents:	\$95	Others:	\$385 - (Includes book)
Mon - Fri	11 December	9:00am - 3:00pm	1 week course

FINDING YOUR VOICE AND IDENTITY AS A MIGRANT WOMAN IN NZ (WEEKEND)

Citizens/Residents: \$20 **Others:** \$68

Do you long for a deeper sense of belonging in NZ as a migrant woman? Would you like to feel more comfortable participating in your community? Come and look at the challenges and barriers that prevent migrant women from fully engaging with their communities and why they might feel isolated at times. Come and learn some tools for deepening your sense of belonging in NZ and develop new friendships and camaraderie.

Saturday 10 June 9:30am - 4:30pm 1 day course



ENGLISH - NIGHT COURSES

■ For more information
on Levels please
refer to pages 43 / 44

CONVERSATION CLUB

ENGLISH CONVERSATION CLUB - INTERMEDIATE (NIGHT)

Citizens/Residents:	FREE	Others:	\$210	
Mon + Tue + Wed	13 February	6:00pm - 7:00pm		8 week course
Mon + Tue + Wed	1 May	6:00pm - 7:00pm		8 week course
Mon + Tue + Wed	24 July	6:00pm - 7:00pm		8 week course
Mon + Tue + Wed	9 October	6:00pm - 7:00pm		8 week course

ENGLISH CONVERSATION CLUB - UPPER INTERMEDIATE to ADVANCED (NIGHT)

Citizens/Residents:	FREE	Others:	\$175	
Mon + Wed	13 February	6:00pm - 7:00pm		8 week course
Mon + Wed	1 May	6:00pm - 7:00pm		8 week course
Mon + Wed	24 July	6:00pm - 7:00pm		8 week course
Mon + Wed	9 October	6:00pm - 7:00pm		8 week course

ENGLISH

ENGLISH - ELEMENTARY (NIGHT)

Citizens/Residents:	\$125	Others:	\$555	- (Includes books)
Mon + Tue + Wed	13 February	7:00pm - 9:00pm		8 week course
Mon + Tue + Wed	1 May	7:00pm - 9:00pm		8 week course
Mon + Tue + Wed	24 July	7:00pm - 9:00pm		8 week course
Mon + Tue + Wed	9 October	7:00pm - 9:00pm		8 week course

ENGLISH - PRE-INTERMEDIATE (NIGHT)

Citizens/Residents:	\$125	Others:	\$555	- (Includes books)
Mon + Tue + Wed	13 February	7:00pm - 9:00pm		8 week course
Mon + Tue + Wed	1 May	7:00pm - 9:00pm		8 week course
Mon + Tue + Wed	24 July	7:00pm - 9:00pm		8 week course
Mon + Tue + Wed	9 October	7:00pm - 9:00pm		8 week course

ENGLISH - INTERMEDIATE (NIGHT)

Citizens/Residents:	\$125	Others:	\$555	- (Includes books)
Mon + Tue + Wed	13 February	7:00pm - 9:00pm		8 week course
Mon + Tue + Wed	1 May	7:00pm - 9:00pm		8 week course
Mon + Tue + Wed	24 July	7:00pm - 9:00pm		8 week course
Mon + Tue + Wed	9 October	7:00pm - 9:00pm		8 week course

ENGLISH - UPPER-INTERMEDIATE (NIGHT)

Citizens/Residents: \$115 Others: \$415 - (Includes books)

Mon + Wed	13 February	7:00pm - 9:00pm	8 week course
Mon + Wed	1 May	7:00pm - 9:00pm	8 week course
Mon + Wed	24 July	7:00pm - 9:00pm	8 week course
Mon + Wed	9 October	7:00pm - 9:00pm	8 week course

IELTS - (MINIMUM INTERMEDIATE LEVEL)

ENGLISH IELTS PREPARATION (NIGHT)

Citizens/Residents: \$85 Others: \$515 - (Includes book)

Mon + Tue + Wed	13 February	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	1 May	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	24 July	7:00pm - 9:00pm	8 week course
Mon + Tue + Wed	9 October	7:00pm - 9:00pm	8 week course

ENGLISH IELTS WRITING (NIGHT)

Citizens/Residents: FREE Others: \$90

Tuesday	14 February	6:00pm - 7:00pm	8 week course
Tuesday	2 May	6:00pm - 7:00pm	8 week course
Tuesday	25 July	6:00pm - 7:00pm	8 week course
Tuesday	10 October	6:00pm - 7:00pm	8 week course

ENGLISH FOR WORK

ENGLISH FOR BUSINESS - UPPER INTERMEDIATE TO ADVANCED (NIGHT)

Citizens/Residents: \$15 Others: \$160

Tuesday	14 February	7:00pm - 9:00pm	8 week course
Tuesday	2 May	7:00pm - 9:00pm	8 week course
Tuesday	25 July	7:00pm - 9:00pm	8 week course
Tuesday	10 October	7:00pm - 9:00pm	8 week course

PRONUNCIATION

ENGLISH IMPROVE YOUR PRONUNCIATION SKILLS - INTERMEDIATE + (NIGHT)

Citizens/Residents: \$15 Others: \$160

Tuesday	14 February	7:00pm - 9:00pm	8 week course
Tuesday	2 May	7:00pm - 9:00pm	8 week course
Tuesday	25 July	7:00pm - 9:00pm	8 week course
Tuesday	10 October	7:00pm - 9:00pm	8 week course

HEALTH, WELL-BEING & FITNESS

AYURVEDIC COOKING AND NUTRITION

See Cooking - Healthy Eating

BANISH ANXIETY, FATIGUE AND OVERWHELM (WEEKEND)

NEW

See Personal Development

BARRE FIT

Price: \$82

Stay fit and have some fun with this class. Classes comprise mat work, simple dance steps to great music and barre work.

Monday	13 February	6:00pm - 7:00pm	8 week course
Monday	1 May	6:00pm - 7:00pm	8 week course
Monday	24 July	6:00pm - 7:00pm	8 week course
Monday	16 October	6:00pm - 7:00pm	8 week course

BECOMING UNSTOPPABLE

NEW

See Personal Development

BUILDING RESILIENCE THROUGH CHALLENGING TIMES

NEW

See Personal Development

CHANGE YOUR MIND ABOUT STRESS (WEEKEND)

NEW

See Personal Development

CREATING YOUR FUTURE - LIFE AND WORK AFTER 50 (WEEKEND)

See Accounting, Marketing & Money



DANCERCISE - FOR THE 40+

Price: \$85

If you are 40+ and want to improve your strength, cardiovascular health, balance, coordination and flexibility then this is the course for you. This class is designed to match the fitness levels of active older adults and those new to cardio exercise.

Wednesday	8 February	5:00pm - 6:00pm	9 week course
Wednesday	3 May	5:00pm - 6:00pm	9 week course
Wednesday	26 July	5:00pm - 6:00pm	9 week course
Wednesday	11 October	5:00pm - 6:00pm	9 week course

DITCH THE SELF-DOUBT (WEEKEND)

NEW

See Personal Development

FINDING YOUR VOICE AND IDENTITY AS A MIGRANT WOMAN IN NZ (WEEKEND)

See English for Migrants

FLASHBACK DANCE FITNESS

Price: \$76 - \$85

Improve your fitness by dancing your heart out to ABBA and the Bee Gees. Designed to suit the fitness level of active older adults and those new to cardio. Due to the floor surface, street shoes cannot be worn. Please wear soft leather (dance type) shoes, socks, or bare feet.

Monday	13 February	7:30pm - 8:30pm	8 week course	\$76
Monday	1 May	7:30pm - 8:30pm	8 week course	\$76
Monday	24 July	7:30pm - 8:30pm	9 week course	\$85
Monday	16 October	7:30pm - 8:30pm	8 week course	\$76

HOW TO BE MORE ASSERTIVE (WEEKEND)

NEW

See Personal Development

HOW TO USE ESSENTIAL OILS (WEEKEND)

Price: \$60 - (Includes ingredients)

Come along and learn the amazing benefits of essential oils and gain ideas for removing nasty chemicals from your home.

Sunday	11 June	9:30am - 12:30pm	1 day course
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JIN SHIN JYUTSU - PRACTICAL SELF-HELP ENERGY MEDICINE

Price: \$92

Come and learn to practice and understand this 5000 year old art of reawakening one's awareness. During this course you will learn conscious breathing and eight powerful mudras (postures and hand positions) for the restoration of health and healing.

Wednesday	8 February	7:00pm - 8:30pm	6 week course
Wednesday	3 May	7:30pm - 8:30pm	6 week course
Wednesday	2 August	7:30pm - 8:30pm	6 week course
Wednesday	18 October	7:30pm - 8:30pm	6 week course

KICK THE OVERWHELM - DON'T JUST MANAGE IT (WEEKEND)

Price: \$35

Are you feeling tired, wired or uninspired? Are you doing 'all the right things' and still feeling anxious, tired or overwhelmed a lot of the time? Do you feel disconnected from yourself and aching to connect to your inner magic? This three hour course is designed to get you off the hamster wheel so that you can be in control of your emotions, stop sweating the small stuff and kiss the overreacting goodbye.

Saturday	29 July	10:00am - 1:00pm	1 day course
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LAWN BOWLS 101 (WEEKEND)

See Walks, Tours & Diversions

MAKE YOUR OWN BODY PRODUCTS - SOOTHING SALVES AND LUXURIOUS LOTIONS (WEEKEND)

Price: \$110 - (Includes all ingredients)

Come and learn how to make a range of gorgeous, inexpensive products for yourself, your family and your friends, and what's more you will get to take them home.

Sunday	7 May	10:00am - 4:00pm	1 day course
Saturday	28 October	10:00am - 4:00pm	1 day course

MAKEUP FOR THE 40+ (WEEKEND)

See Personal Development

MĀORI TRADITIONAL MEDICINES AND HOME REMEDIES (WEEKEND)

Price: \$175 - (Includes materials)

Come (Haere Mai), learn more about your local bush and the plants within. Discover some simple home remedies for common ailments and conditions.

Sat + Sun	4+5 March	10:00am - 4:30pm	2 day course
Sat + Sun	18+19 November	10:00am - 4:30pm	2 day course



MEDITATIVE ART

See Art & Craft – Other

MINDFULNESS AND THE CANCER JOURNEY

NEW

See Personal Development

NERVOUS SYSTEM ESSENTIALS FOR MAXIMUM WELLBEING (WEEKEND)

NEW

See Personal Development

NO MORE PEOPLE PLEASING!

See Personal Development

PLANT BASED COOKING - WITH AARON BRUNET (WEEKEND)

See Cooking - Healthy Eating

STRETCH AND FLEX

Price: \$113

Come along and be guided through full body stretch exercises to release tense muscle groups, let go of stress, recharge and relax.

Tuesday	7 February	5:00pm - 6:00pm	9 week course
Tuesday	2 May	5:00pm - 6:00pm	9 week course
Tuesday	25 July	5:00pm - 6:00pm	9 week course
Tuesday	10 October	5:00pm - 6:00pm	9 week course

THE TIREDNESS SOLUTION (WEEKEND)

Price: \$75 / \$25 (for qualifying residents)

Come along and discover a series of practical, actionable and evidence-based practices that you can do anywhere, anytime, to experience more energy, vitality and calm.

Saturday	10 June	10:00am - 4:00pm	1 day course
Saturday	16 September	10:00am - 4:00pm	1 day course

THINK WELL, EAT WELL, BE WELL

NEW

Price: \$75

Reboot your health with these 3 special workshops where you will take a personal health audit and develop a series of achievable steps towards better physical, mental and emotional health.

Monday	8 May	6:30pm - 8:30pm	3 week course
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HEALTH, WELL-BEING & FITNESS - YOGA, PILATES & TAI CHI

PILATES - BEGINNERS

Price: \$113

This class is designed for those who are new to pilates. It introduces students to the foundation skills of pilates breathing, pelvic floor control and isolation of muscle groups for targeted effort.

Tuesday	7 February	7:15pm - 8:15pm	9 week course
Tuesday	2 May	7:15pm - 8:15pm	9 week course
Tuesday	25 July	7:15pm - 8:15pm	9 week course
Tuesday	10 October	7:15pm - 8:15pm	9 week course

PILATES - FOR EVERYONE

Price: \$100 - \$113

This course incorporates both beginner and continuing levels in a friendly, easy-going general class.

Monday	13 February	6:30pm - 7:30pm	8 week course	\$100
Monday	1 May	6:30pm - 7:30pm	8 week course	\$100
Monday	24 July	6:30pm - 7:30pm	9 week course	\$113
Monday	9 October	6:30pm - 7:30pm	9 week course	\$113
Tuesday	7 February	6:00pm - 7:00pm	9 week course	\$113
Tuesday	2 May	6:00pm - 7:00pm	9 week course	\$113
Tuesday	25 July	6:00pm - 7:00pm	9 week course	\$113
Tuesday	10 October	6:00pm - 7:00pm	9 week course	\$113



Tai Chi is meditation in motion. Come and learn a series of slow, continuous movements that will promote physical and mental well-being, and improve coordination and balance.

The elementary level of Tai Chi teaches you the correct stances and movements that cultivate the flow of chi (energy) in your body. Most students practise at elementary level for a year or more. The focus is on developing the rounded and relaxed movements (steps) of Tai Chi with the correct posture. Once students can perform their steps accurately and with second-nature, the focus shifts to feeling chi in the body.

In the second level of Tai Chi, the focus of learning is to develop an awareness of the balance between internal and external chi. Students may study at this level for several years before progressing. As demand develops, we will offer higher levels of Tai Chi. Please enquire.

TAI CHI AND MINDFULNESS - ELEMENTARY

Price: \$88

This class is suitable for beginners and those with some experience.

Tuesday	28 February	7:30pm - 9:00pm	6 week course
Tuesday	9 May	7:30pm - 9:00pm	6 week course
Tuesday	1 August	7:30pm - 9:00pm	6 week course
Tuesday	24 October	7:30pm - 9:00pm	6 week course
Wednesday	1 March	7:30pm - 9:00pm	6 week course
Wednesday	10 May	7:30pm - 9:00pm	6 week course
Wednesday	2 August	7:30pm - 9:00pm	6 week course
Wednesday	25 October	7:30pm - 9:00pm	6 week course

TAI CHI - LEVEL 2

Price: \$88

Invitation only. This level 2 class is for those who have mastered the basic forms and posture and have been invited to progress to this level by teacher Bruno.

Tuesday	28 February	6:00pm - 7:30pm	6 week course
Tuesday	9 May	6:00pm - 7:30pm	6 week course
Tuesday	1 August	6:00pm - 7:30pm	6 week course
Tuesday	24 October	6:00pm - 7:30pm	6 week course
Wednesday	1 March	6:00pm - 7:30pm	6 week course
Wednesday	10 May	6:00pm - 7:30pm	6 week course
Wednesday	2 August	6:00pm - 7:30pm	6 week course
Wednesday	25 October	6:00pm - 7:30pm	6 week course



YIN YOGA

Price: \$120 - \$135

If you're tired, perhaps struggling to manage stress or anxiety, craving energy, or perhaps overstimulated with a busy mind, this might just be the answer.

Wednesday	8 February	6:00pm - 7:30pm	9 week course	\$135
Wednesday	3 May	6:00pm - 7:30pm	9 week course	\$135
Wednesday	26 July	6:00pm - 7:30pm	9 week course	\$135
Wednesday	18 October	6:00pm - 7:30pm	8 week course	\$120

YOGA - BEGINNERS

Price: \$110 - \$125

Want the benefits of yoga but don't know where to start? Concerns about injuries, flexibility and fitness? Stretch, relax and feel good, with kind and experienced instructors.

Monday	13 February	6:30pm - 8:00pm	8 week course	\$110
Monday	1 May	6:30pm - 8:00pm	8 week course	\$110
Monday	24 July	6:30pm - 8:00pm	9 week course	\$125
Monday	9 October	6:30pm - 8:00pm	9 week course	\$125

YOGA - CONTINUING

Price: \$96 - \$125

Further explore aspects of traditional Yoga including; breathing, meditation and deep relaxation.

Monday	13 February	6:00pm - 7:30pm	8 week course	\$110
Monday	1 May	6:00pm - 7:30pm	8 week course	\$110
Monday	24 July	6:00pm - 7:30pm	9 week course	\$125
Monday	9 October	6:00pm - 7:30pm	9 week course	\$125
Wednesday	8 February	6:30pm - 7:30pm	9 week course	\$96
Wednesday	3 May	6:30pm - 7:30pm	9 week course	\$96
Wednesday	26 July	6:30pm - 7:30pm	9 week course	\$96
Wednesday	11 October	6:30pm - 7:30pm	9 week course	\$96

YOGA - @ REMUERA (DAY)

Price: \$140 - \$155

Focus on correct breathing, flexibility, yoga and relaxation. Classes are held at St Luke's Church Hall on Remuera Rd.

Thursday	9 February	10:00am - 11:30am	9 week course	\$140
Thursday	27 April	10:00am - 11:30am	10 week course	\$155
Thursday	20 July	10:00am - 11:30am	10 week course	\$155
Thursday	12 October	10:00am - 11:30am	10 week course	\$155



HISTORY, ARCHITECTURE & SOCIETY

A GLOBAL HISTORY OF OBJECT DESIGN

Price: \$90

Come along for a fascinating journey following object design through pre-history, classical periods, including pre-history, Art Nouveau, Art Deco, Globalism and finally what might come next.

Tuesday

2 May

7:00pm - 9:00pm

4 week course

A HISTORY OF NEW ZEALAND PRODUCT DESIGN

Price: \$90

This course will begin with Māori models of making, then examine the impact of explorers, sealers, whalers and loggers, the second wave of settlers and multi-cultural migration, and finally look at what we are making of ourselves as we face today's challenges.

Tuesday

1 August

7:00pm - 9:00pm

4 week course

A JOURNEY UP THE NILE - A STUDY OF ANCIENT EGYPT

Price: \$90

Take a virtual tour up the Nile from Cairo to Aswan and learn about the history of Ancient Egypt. Step back in time with Dr Lawrence Xu-Nan of the University of Auckland and discover the many ancient sites of Egypt while gaining an understanding of Egyptian art, religion and society.

Tuesday

1 August

6:30pm - 8:30pm

4 week course

AN INTRODUCTION TO AMERICAN HISTORY

Price: \$90

If you are interested in any aspect of American politics or culture, then this is the course for you as we will explore America's complicated past to make sense of today's issues and challenges the United States face.

Wednesday

2 August

7:00pm - 9:00pm

4 week course



AN INTRODUCTION TO BAUHAUS

Price: \$90 ■ Course is delivered online

Come and learn about the famous Bauhaus. In this lecture series we will explore the life and legacy of the Bauhaus movement by understanding the historic context which gave rise to the movement, its key concepts as well as its legacy and influence on society today.

Tuesday 15 August 6:30pm - 8:30pm 4 week course

AN INTRODUCTION TO CONTEMPORARY ARCHITECTURE

Price: \$90 ■ Course is delivered online

Are you a fan of Grand Designs? Interested in contemporary architecture? Learn more about this fascinating subject with architecture lecturer Peetu.

Tuesday 30 May 6:30pm - 8:30pm 4 week course

ANCIENT GREECE - FROM THE TROJAN HORSE TO ALEXANDER THE GREAT

Price: \$90

Travel back through time for this four part historical overview of Ancient Greece. This informative and captivating course will cover four periods of Ancient Greek history with a focus on Athens including early Greece (1600-600 BC), the Archaic period, the Classical period and the Hellenistic Period.

Wednesday 3 May 6:30pm - 8:30pm 4 week course

ARCHITECTURE OF AOTEAROA

NEW

Price: \$90 ■ Course is delivered online

Come and explore what makes NZ architecture unique, starting with our first human inhabitants, right through to modernism.

Tuesday 24 October 6:30pm - 8:30pm 4 week course

BEHAVIOURAL PSYCHOLOGY

Price: \$130

Have you always wondered why people behave the way they do? Come and learn how we behave in certain ways based on our environment.

Wednesday 9 August 6:30pm - 8:30pm 6 week course

CREATING AND UNDERSTANDING RUSSIAN ICONS (WEEKEND)

See Art & Craft – Painting

DEVELOPING INTERCULTURAL COMPETENCE (WEEKEND)

See Personal Development

DIVE INTO SHAKESPEARE'S TWELFTH NIGHT

NEW

Price: \$156 (Register for two and pay for one)

Here is your chance to delve into the joy of exploring, reading and finally performing a range of classic scenes from Twelfth Night. You will also explore the language of Shakespeare and the way his works engaged his community.

Tuesday

1 August

7:00pm - 9:00pm

8 week course

FINDING YOUR VOICE AND IDENTITY AS A MIGRANT WOMAN IN NZ (WEEKEND)

NEW

See English for Migrants

HAYDN AND MOZART ON FILM (WEEKEND)

NEW

Price: \$80

Spend an informative and entertaining day exploring the portrayal of these two great composers through film with Professor Nancy November of University of Auckland.

Sunday

7 May

10:00am - 4:00pm

1 day course

HISTORIC AUCKLAND WALKS - GUIDED AUCKLAND CITY WALK (WEEKEND)

See Tours, Walks & Diversions

INTRODUCTION TO ART HISTORY - RENAISSANCE TO SURREALIST ART

Price: \$130

Join Anya to learn about the great artists including Michelangelo, Rubens, Van Gogh and Dali. Learn about the broader social and historical influences on art, and how art in turn influences society.

Wednesday

3 May

6:30pm - 8:30pm

6 week course

MYTHOLOGY, MADNESS AND MORALS: THE ANCIENT GREEKS, THEIR GODS AND THE MODERN PSYCHE

Price: \$30

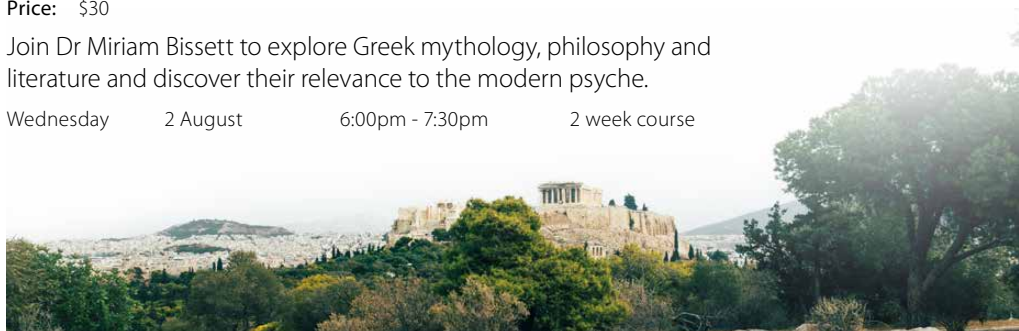
Join Dr Miriam Bissett to explore Greek mythology, philosophy and literature and discover their relevance to the modern psyche.

Wednesday

2 August

6:00pm - 7:30pm

2 week course



THINKTALKS 2023



■ See website for more information on these series of talks.

NEURODIVERSITY - WHAT IS IT?	Speaker: Dr Karen Waldie	Tuesday 28th February 7.30pm – 8.30pm
KIDS AND SCREENS: THE STATE OF PLAY	Speaker: Dr Samantha Marsh	Tuesday 14 March 7.30pm – 8.30pm
DISINFORMATION, DEMOCRACY, AND THE COMMON GOOD: AOTEAROA NZ 2023	Speaker: Kate Hannah (Director and Founder, the Disinformation Project)	Tuesday 4th April 7.30pm – 8.30pm
TRIAL BY PODCAST: A NEW FRONTIER IN MEDIA INFLUENCE	Speaker: Dr Matt Mollgaard	Tuesday 16 May 7.30pm – 8.30pm
DOWN THE RABBIT HOLE? LESSONS FROM PSYCHOLOGICAL RESEARCH ON CONSPIRACY THEORIES	Speaker: Dr Matt Williams	Tuesday 30th May 7.30pm – 8.30pm
THE MARKETING OF SUGAR - ITS IMPACT ON YOU AND WHAT YOU CAN DO ABOUT IT	Speaker: Professor Bodo Lang	Tuesday 27 June 7.30pm – 8.30pm
FAMILY RISK AND RESILIENCE DURING THE COVID-19 PANDEMIC	Speaker: Professor Nickola Overall	Tuesday 25th July 7.30pm – 8.30pm
ORDINARY WOMEN, EXTRAORDINARY LIVES: EMBRACING NEW WAYS OF LIVING IN OLDER ADULTHOOD	Speaker: Dr Trudie Cain	Tuesday 19 September 7.30pm – 8.30pm
MORE THAN A KNOCK ON THE HEAD - DEMENTIA AND CONTACT SPORTS INJURIES	Speaker: Dr Helen Murray	Tuesday 24th October 7.30pm – 8.30pm

PSYCHOLOGY - WHAT'S IT ALL ABOUT?

See Personal Development

SOCIAL PSYCHOLOGY

Price: \$130

Why do we act in particular ways in different settings? Why do we stereotype? What is prejudice, 'prosocial' behaviour and the 'bystander effect'?

Wednesday 17 May 6:30pm - 8:30pm 6 week course



THE HISTORY OF FOOD IN AUCKLAND

Price: \$36

During this course we take a fascinating look at the cultural cuisines of Auckland, starting with traditional Māori food growing, through manufacturing and brands and how they shaped downtown Auckland and looking at today and the food media and how it shapes our tastes.

Tuesday 13 June 7:00pm - 8:30pm 2 week course

THE RISE AND FALL OF THE ROMAN EMPIRE

Price: \$59

Join historian Richard Holtz for an overview of four fascinating periods of Roman History.

Monday

31 July

6:30pm - 8:00pm

4 week course

THE WAIKATO WAR (WEEKEND)

See Tours, Walks & Diversions

TRAVEL TO INDIA (WEEKEND)

NEW

See Languages & Travel - Travel

UNDERSTANDING CLIMATE CHANGE (EVENING/WEEKEND)

NEW

See Personal Development

UNDERSTANDING ISLAM

Price: \$102 / \$20 (for qualifying residents)

▣ Course is delivered online

For many of us, all we know about Islam is what we hear in the media. Here is your chance to learn more about this rich and old religion. Learn about the prophets of God, the holy book The Qur'an (the Koran), women in Islam, the concept of life in Islam, the prohibited, science and Islam today.

Monday

1 May

7:00pm - 8:30pm

5 week course

WOMEN IN ISLAM

Price: \$102 / \$20 (for qualifying residents)

▣ Course is delivered online

Islamic societies and the media have often portrayed a negative image of Muslim women, leaving many with misconceptions and questions about women's status in Islam. This course will explore basic beliefs and principles in regards to Muslim women's rights, duties and responsibilities in Islam.

Monday

31 July

7:00pm - 8:30pm

5 week course



HOME, GARDEN & DIY



BASIC CAR MAINTENANCE (WEEKEND)

NEW

Price: \$52

A hands-on introduction to basic car maintenance which will help keep your car costs low and ensure you know what to do if your car breaks down. Reduce your impact on the environment as well as your wallet. Held in a mechanic's workshop.

Saturday	1 April	9:00am - 12:00pm	1 day course
Saturday	28 October	9:00am - 12:00pm	1 day course

CRASH COURSE IN CONTAINER GARDENING (WEEKEND)

Price: \$42

Learn the special tricks of container gardening from an expert.

Saturday	6 May	10:00am - 1:00pm	1 day course
Sunday	30 July	10:00am - 1:00pm	1 day course
Saturday	28 October	10:00am - 1:00pm	1 day course

CREATING BEAUTIFUL NATURAL DYES (WEEKEND)

See Interior Design & Textiles

DECLUTTER AND/OR DOWNSIZE YOUR HOME (WEEKEND)

Price: \$68

Your lifestyle and life challenges may well dictate a reorganisation of your home priorities and belongings, resulting in a need to downsize and/or declutter. Learn how to manage this process.

Sunday	2 April	10:00am - 3:00pm	1 day course
Sunday	17 September	10:00am - 3:00pm	1 day course

DESIGN YOUR OWN FOOD FOREST (WEEKEND)

NEW

Price: \$60

Learn how to design and create your own food forest in a suburban-sized backyard, following permaculture principles. You will learn about soil preparation, composting, mulching, plant selection, guilds, propagation and maintenance, and you will go home with your own goody bag of plants.

Saturday	1 April	10:00am - 2:00pm	1 day course
Saturday	28 October	10:00am - 2:00pm	1 day course

FLORAL DESIGN - ACCESSORISE WITH FLOWERS (WEEKEND)

Price: \$90 - (Includes all materials)

Learn finer wiring techniques to create more detailed floral pieces such as button holes, corsages and flower crowns. Fresh, seasonal flowers will be supplied and participants will be able to take home their creations.

Sunday	27 August	10:00am - 2:00pm	1 day course
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FLORAL DESIGN - BOUQUETS (WEEKEND)

NEW

Price: \$95 - (Includes all materials)

Learn the basics of floristry and how to tie bouquets. The design will be made with fresh seasonal flowers and participants will be able to take home their creation!

Sunday	5 March	10:00am - 2:00pm	1 day course
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FLORAL DESIGN - CELEBRATE CHRISTMAS WITH FLOWERS (WEEKEND)

Price: \$90 - (Includes all materials)

Create flower arrangements to decorate your home and to help celebrate the festive season. In this one day course, you will learn to make gorgeous wreaths and table displays using both traditional and contemporary techniques. Fresh flowers and accessories provided.

Sunday	19 November	10:00am - 2:00pm	1 day course
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FLORAL DESIGN - DRIED FLORAL ARRANGEMENTS (WEEKEND)

Price: \$90 - (Includes all materials)

Dried flowers are experiencing a huge revival for interior design and even weddings. Learn to use dried flowers to create a floral arrangement, as well as the basics of drying flowers.

Sunday	11 June	10:00am - 2:00pm	1 day course
Sunday	30 July	10:00am - 2:00pm	1 day course

FLORAL DESIGN - FLORAL CENTREPIECES TO IMPRESS (WEEKEND)

Price: \$90 - (Includes all materials)

Flowers can 'make' a room and add that perfect finishing touch. With lots of tips to create maximum impact at minimum cost, you'll learn and create an arrangement to suit your home.

Sunday	2 April	10:00am - 2:00pm	1 day course
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FLORAL DESIGN - PERFECT POSIES (WEEKEND)

NEW

Price: \$95 - (Includes all materials)

Learn the basics of floristry and how to tie posies. The design will be made with fresh seasonal flowers and participants will be able to take home their creation!

Sunday	17 September	10:00am - 2:00pm	1 day course
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GROWING AND CARING FOR INDOOR PLANTS (WEEKEND)

Price: \$53

Learn from a professional container garden trainer how to plant, propagate and care for your indoor plants.

Sunday	27 August	10:00am - 2:00pm	1 day course
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HOW TO MAKE YOUR OWN CLOSED TERRARIUM (WEEKEND)

Price: \$92 - (Includes all materials)

Learn to create closed terrariums and take home your own miniature indoor garden at the end of the workshop.

Saturday	6 May	10:00am - 12:00pm	1 day course
Saturday	16 September	10:00am - 12:00pm	1 day course

HOW TO USE ESSENTIAL OILS (WEEKEND)

Price: \$60 - (Includes all materials)

Come along and learn the amazing benefits of essential oils and gain ideas for removing nasty chemicals from your home.

Sunday	11 June	9:30am - 12:30pm	1 day course
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INTERIOR DESIGN COURSES

See Interior Design & Textiles

INTRODUCTION TO BEEKEEPING (WEEKEND)

Price: \$157

Join experienced apiculture teacher, Greg Harrington for this intensive introduction to beekeeping. You will leave this course with enough knowledge to manage your own beehive including queen rearing and how to split a hive.

Sat + Sun	26+27 August	9:00am - 5:00pm	2 day course
Sat + Sun	28+29 October	9:00am - 5:00pm	2 day course



INTRODUCTION TO ORGANIC GARDENING AND PERMACULTURE (WEEKEND)

Price: \$53

Come to this workshop for an introduction to organic gardening and permaculture, and learn how to apply the principles to your garden.

Saturday	16 September	10:00am - 2:00pm	1 day course
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LAMP SHADE MAKING

See Interior Design & Textiles

LEARN TO KNIT / MACHINE KNITTING - FOR BEGINNERS

See Interior Design & Textiles

MAKE A MACRAME PLANT HOLDER (WEEKEND)

NEW

Price: \$80 - (Includes all materials)

Come and learn how to make a fringed, macrame holder for a pot plant.

Saturday	6 May	10:00am - 4:00pm	1 day course
Sunday	30 July	10:00am - 4:00pm	1 day course

MAKE YOUR OWN BODY PRODUCTS - SOOTHING SALVES AND LUXURIOUS LOTIONS (WEEKEND)

Price: \$110 - (Includes all materials)

Come and learn how to make a range of gorgeous, inexpensive products for yourself, your family and your friends, and what's more you will get to take them home.

Sunday	7 May	10:00am - 4:00pm	1 day course
Saturday	28 October	10:00am - 4:00pm	1 day course

MAKE YOUR OWN BOTANICAL FACE CREAM (WEEKEND)

NEW

Price: \$65

Using only natural ingredients, such as floral hydrosols, gentle, nourishing oils, botanical extracts and essential oils, your face cream will be tailored to suit your skin's particular needs.

Sunday	5 March	1:00pm - 4:00pm	1 day course
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MAKING SOAP (WEEKEND)

Price: \$99 - (Includes all materials)

Learn how to make soap using a variety of techniques and materials.

Saturday	4 March	9:30am - 4:00pm	1 day course
Sunday	30 July	9:30am - 4:00pm	1 day course
Sunday	29 October	9:30am - 4:00pm	1 day course

MĀORI TRADITIONAL MEDICINES AND HOME REMEDIES (WEEKEND)

See Health, Well-being & Fitness

MOSAICS - CONTEMPORARY VINTAGE CHINA MOSAIC (WEEKEND)

See Art & Craft - Other

MOSAICS - CREATE A MOSAIC BIRD BATH (WEEKEND)

See Art & Craft - Other

MOSAICS - MOSAIC A GARDEN ROCK OR PAVER STONE (NIGHT/WEEKEND)

See Art & Craft - Other

PATTERN ALTERATION AND DESIGN

See Interior Design & Textiles

PEBBLE MOSAICS (WEEKEND)

Price: \$147 - (Includes most materials)

Learn how to create gorgeous pebble mosaics through the precast indirect reverse method. You will leave the course with your very own garden slab.

Saturday	4 March	10:00am - 4:00pm	1 day course
Saturday	16 September	10:00am - 4:00pm	1 day course

PET FIRST AID (WEEKEND)

NEW

Price: \$198

Our Pet First Aid Course is ideal for the passionate animal lover, those wanting to step into the animal industry or up-skill within the industry, and is ideal as a team/group exercise. Topics covered include rescue breathing, CPR, shock, hypothermia, poisoning, broken bones, and so much more! Each successful participant will receive a certificate, which is valid for two years.

Sunday	7 May	10:00am - 4:00pm	1 day course
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PRINCIPLES OF SMALL GARDEN DESIGN

Price: \$68

A weekend workshop designed to help you plan and landscape your small garden space using the basic principles of landscaping with lots of practical tips and advice.

Wednesday	2 August	7:00pm - 9:00pm	3 week course
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PRODUCING VEGETABLES AND FRUIT FROM SMALL GARDENS (WEEKEND)

Price: \$53

Come and learn how to get the best out of your small garden to enjoy a full year of produce.

Sunday	11 June	10:00am - 2:00pm	1 day course
Sunday	29 October	10:00am - 2:00pm	1 day course

PRUNING (NIGHT/WEEKEND)

Price: \$53

Discover how to correctly prune fruit trees and ornamental bushes for maximum productivity.

Wed + Sat	17+20 May	7-9pm + 10am-12pm	2 day course
Wed + Sat	14+17 June	7-9pm + 1:30-3:30pm	2 day course

RESIN ART (WEEKEND)

See Art & Craft - Other

RESIN GLASS COASTERS (WEEKEND)

NEW

Price: \$83 - (Includes all materials)

Join resin artist Andrea and learn to create your own glass coasters using flowers, glitter, or even photographs. You'll create four personalised and beautiful glass coasters.

Saturday	1 April	10:00am - 1:00pm	1 day course
Sunday	30 July	10:00am - 1:00pm	1 day course
Sunday	17 September	10:00am - 1:00pm	1 day course

SEWING

See Interior Design & Textiles

SOFT STONE SCULPTURE - WITH GILLIAN ELMSLIE (WEEKEND)

See Art & Craft - Other

SOLID SHAMPOO AND CONDITIONER BARS (WEEKEND)

Price: \$62 - (Includes all ingredients)

Great for gifts. Less packaging. Kind on your pocket. Learn to make solid shampoo and conditioner bars.

Sunday	5 March	9:00am - 12:00pm	1 day course
Saturday	6 May	1:00pm - 4:00pm	1 day course

THE ART OF FOLDING BOOKS (WEEKEND)

See Art & Craft - Other

THE ART OF KINTSUGI (WEEKEND)

See Art & Craft - Other

THE SUSTAINABLE GARDENER (WEEKEND)

NEW

Price: \$80

Join Paul Crowhurst to learn tips and tricks to tend to your garden in a sustainable way using fewer chemicals and incorporating lots of organic growing methods.

Sunday	7 May	10:00am - 4:00pm	1 day course
Saturday	26 August	10:00am - 4:00pm	1 day course

TRANSITIONING YOUR GARDEN FOR THE CHANGING SEASONS - AT KINGS PLANT BARN

Price: \$29

Come and learn how to revive your small garden, your patio and your pots for the changing seasons.

Thursday	23 March	6:00pm - 8:00pm	1 day course
Thursday	21 September	6:00pm - 8:00pm	1 day course



WEAVING BASKETS FROM YOUR GARDEN

Price: \$235

Come and learn how to create small baskets using coiling and stitching from plant materials gathered from your garden and surrounding environment.

Sat + Sun 18+19 November 9:30am - 4:30pm 2 day course

WEEKEND DIY WORKSHOP (WEEKEND)

Price: \$80

Learn a range of basic cost and time-saving tips for your DIY Projects including painting, gib repairs, using the right tools and lots more. Bring your problems to the course!

Sunday	2 April	10:00am - 4:00pm	1 day course
Saturday	26 August	10:00am - 4:00pm	1 day course
Sunday	19 November	10:00am - 4:00pm	1 day course

WOODWORKING FOR BEGINNERS

Price: \$205 - (BYO materials)

A step-by-step class where you will learn to draw, measure and assemble a simple project. Gain confidence in using machinery, knowledge and characteristics of wood, different cuts, joins and techniques.

Monday	13 February	7:00pm - 9:00pm	8 week course
Monday	1 May	7:00pm - 9:00pm	8 week course
Monday	24 July	7:00pm - 9:00pm	8 week course
Monday	9 October	7:00pm - 9:00pm	8 week course
Tuesday	14 February	7:00pm - 9:00pm	8 week course
Tuesday	2 May	7:00pm - 9:00pm	8 week course
Tuesday	25 July	7:00pm - 9:00pm	8 week course
Tuesday	10 October	7:00pm - 9:00pm	8 week course



INTERIOR DESIGN & TEXTILES



BLOCK PRINTING ON FABRIC AND PAPER (WEEKEND)

NEW

Price: \$127 - (Includes some materials)

Join textile artist Lesley on this fun workshop and learn how to create your own wooden printing blocks and explore ways to transfer your creativity onto a surface of either paper or fabric.

Sunday 7 May 9:00am - 4:00pm 1 day course

CONTEMPORARY TEXTILE ART (WEEKEND)

Price: \$285 - (Includes all materials)

Come and work with fabrics, papers, beads and a variety of textiles to make creative art. This is a course for beginners and improvers alike, led by an internationally experienced artist and author. You will leave with your very own book of samples and ideas to pursue your obsession.

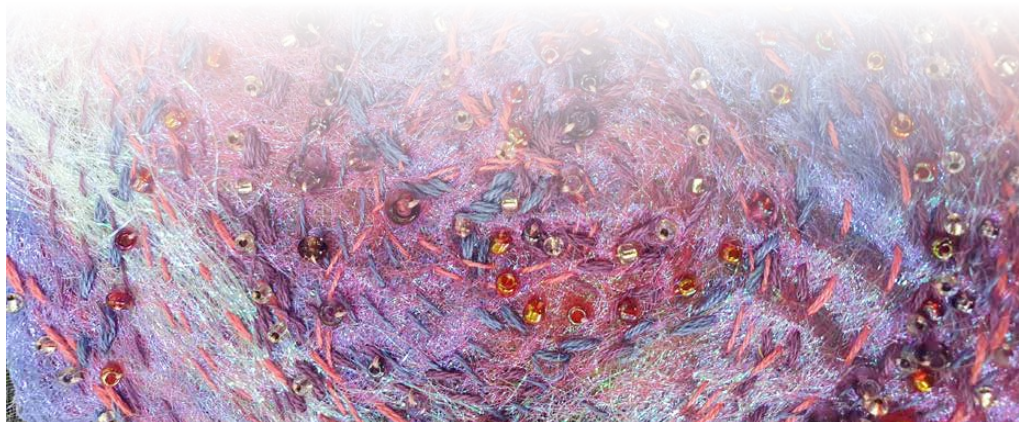
Sat + Sun 1+2 April 10:00am - 4:00pm 2 day course
Sat + Sun 16+17 September 10:00am - 4:00pm 2 day course

CREATING BEAUTIFUL NATURAL DYES (WEEKEND)

Price: \$155 - (Includes most materials)

Explore the beauty of natural dyeing on wool and silk. You will learn to prepare the fibre to receive the colour and how to extract the colour from natural plants. Through this beautiful and sustainable process you will go home with your own dyed silk scarf and some dyed wool for future use.

Saturday 26 August 9:00am - 4:00pm 1 day course



CREATING SCULPTURAL EMBROIDERED FLOWER BOWLS WITH YOUR SEWING MACHINE (WEEKEND)

NEW

Price: \$215 - (Includes most materials)

Using your sewing machine come and create your own pieces of sculptural embroidery including designs of found specimens and eventually your own incredible flower bowl.

Sat + Sun

26+27 August

9:30am - 3:30pm

2 day course

CROCHET FOR BEGINNERS

NEW

Price: \$135 - (Includes materials)

Get face to face, hands on instruction over four weeks building your skills from absolute beginner to confident crocheter! All materials are provided – just show up and learn.

Wednesday

18 October

6:30pm - 8:30pm

4 week course

DECLUTTER AND/OR DOWNSIZE YOUR HOME (WEEKEND)

See Home, Garden & DIY

ECO PRINTING ON FABRIC (WEEKEND)

NEW

Price: \$150 - (Includes materials)

Learn to create beautiful botanical prints on fabric using leaves and flowers from around Auckland.

Saturday

1 April

9:00am - 4:00pm

1 day course

ECO PRINTING ON PAPER (WEEKEND)

NEW

See Art & Craft – Other

FASHION DRAWING FOR BEGINNERS

See Art & Craft – Other

INTERIOR DESIGN & COLOUR - BEING ADVENTUROUS WITH COLOUR (WEEKEND)

NEW

Price: \$85 - (BYO materials)

Come and learn from a professional interior decorator how to successfully use colour when decorating your home. You will learn how to combine different colours and hue to put texture and pattern together to achieve maximum effort.

Saturday

1 April

10:00am - 4:00pm

1 day course



INTERIOR DESIGN COURSE - COLOUR PSYCHOLOGY, TRANSFORMING YOUR LIFE WITH COLOUR (WEEKEND)

Price: \$85 - (BYO materials)

Come and learn about international trends and how professionals implement these and how you can apply them to your home.

Saturday	28 October	10:00am - 4:00pm	1 day course
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LAMPSHADE MAKING (WEEKEND)

Price: \$115 - (BYO fabric - kit supplied)

Produce your own stunning fabric lampshade in one short workshop. Everything provided but bring your own fabric.

Sunday	5 March	10:00am - 12:30pm	1 day course
Saturday	26 August	10:00am - 12:30pm	1 day course

LEARN TO KNIT

Price: \$110 - (BYO materials)

Always wanted to learn to knit? Here's your chance!

Tuesday	16 May	7:00pm - 9:00pm	4 week course
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MACHINE KNITTING - FOR BEGINNERS

Price: \$139 - (BYO materials)

Do you own a knitting machine but don't use it well, or at all? Or perhaps you're thinking of buying a knitting machine but not sure if it's right for you? Come and join this course and learn how to knit simple garments and maximise the functions of a knitting machine. Bring your own or a borrowed machine and learn the basics of machine knitting. There are plenty of machines available to use during class if you don't have your own.

Tuesday	2 May	7:00pm - 9:00pm	5 week course
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PATTERN ALTERATION AND DESIGN

Price: \$167 - (BYO materials)

Learn how to create your own design by altering an existing pattern. At the first lesson, we will discuss your design ideas and look at suitable pattern options on-line. You will then purchase the pattern to alter and tailor.

Wednesday	15 February	7:00pm - 9:00pm	8 week course
Wednesday	3 May	7:00pm - 9:00pm	8 week course
Wednesday	26 July	7:00pm - 9:00pm	8 week course
Wednesday	18 October	7:00pm - 9:00pm	8 week course

RARANGA KETE WANANGA (WEEKEND)

Price: \$160 - (Includes materials)

Join this class for a holistic experience of raranga weaving in accordance and alignment with traditional indigenous practices (Tikanga and Kaupapa Māori). You'll learn the basic skills to weave a kete and take it home as a gift.

Sat + Sun	4+5 March	9:30am - 4:30pm	2 day course
Sat + Sun	16+17 September	9:30am - 4:30pm	2 day course



SASHIKO STITCHING - FOR BEGINNERS (WEEKEND)

Price: \$127 - (Includes most materials)

Come and learn the beautiful Japanese art of Sashiko Stitching with a New Zealand flavour. You'll leave the course having embroidered a cushion cover, and with the skills to repair worn clothes, giving them an extended life.

Saturday	6 May	10:00am - 4:00pm	1 day course
Sunday	29 October	10:00am - 4:00pm	1 day course

SEWING - FOR BEGINNERS (NIGHT/WEEKEND)

Price: \$205 - (Includes pattern, BYO fabric)

Always wanted to learn to sew? Come along to this fun class and make your own Tote Bag and Apron while learning the basics of sewing.

Monday	13 February	7:00pm - 9:00pm	8 week course
Monday	1 May	7:00pm - 9:00pm	8 week course
Monday	24 July	7:00pm - 9:00pm	8 week course
Monday	16 October	7:00pm - 9:00pm	8 week course
Sat + Sun	4+5 March	10:00am - 4:00pm	2 day course
Sat + Sun	10+11 June	10:00am - 4:00pm	2 day course

SEWING - FOR BEGINNERS - MAKE A KIMONO-STYLE ROBE (WEEKEND)

Price: \$98 - (Includes pattern, BYO fabric)

This course is for those new to sewing and will teach fundamental sewing skills. You will leave with your own kimono-style robe.

Sunday	7 May	9:00am - 4:00pm	1 day course
Saturday	28 October	9:00am - 4:00pm	1 day course



SEWING - NEXT STEPS

Price: \$156 - (BYO materials)

Save money and get creative making clothes for your family or light furnishings for your home. Learn simple and fun sewing techniques: bring pattern, fabric, scissors, pins, and get started. This is a Next Steps course for those who already have basic sewing and machining skills.

Tuesday	14 February	7:00pm - 9:00pm	8 week course
Tuesday	2 May	7:00pm - 9:00pm	8 week course
Tuesday	25 July	7:00pm - 9:00pm	8 week course
Sat + Sun	29+30 July	10:00am - 4:00pm	2 day course
Tuesday	17 October	7:00pm - 9:00pm	8 week course

SUSTAINABLE FABRIC PACKAGING (WEEKEND)

NEW

Price: \$98 - (BYO materials)

Using the idea of Japanese furoshiki wrapping, we'll make a gorgeous fabric pouch which can be reused each year for Christmas or birthday wrapping.

Saturday	18 November	10:00am - 4:00pm	1 day course
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TIVAEVAE - COOK ISLANDS QUILTING

Price: \$129 - (BYO materials)

An introduction to this beautiful and colourful traditional Cook Islands art form.

Wednesday	17 May	6:00pm - 8:00pm	6 week course
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JOB SKILLS



ACCOUNTING - THE BASICS

See Accounting, Marketing & Money

BARISTA - FOR BEGINNERS / BARISTA - LATTE ART (WEEKEND)

See Cooking - Specialty Cooking

BASIC COMPUTING SKILLS

See Computer Skills

DEVELOPING INTERCULTURAL COMPETENCE (WEEKEND)

See Personal Development

GET NOTICED, GET THE JOB (WEEKEND)

Price: \$75 / \$25 (for qualifying residents)

Learn to present your CV and covering letters in a way that stands out from the crowd. Then learn how to create an engaging LinkedIn profile that builds your network.

Saturday	1 April	10:00am - 4:00pm	1 day course
Sunday	17 September	10:00am - 4:00pm	1 day course

HOW TO BE MORE ASSERTIVE (WEEKEND)

NEW

See Personal Development

HOW TO START AN ONLINE BUSINESS (WEEKEND)

See Accounting, Marketing & Money

HOW TO TEACH ADULTS (WEEKEND)

Price: \$195 (Tutors may qualify for a subsidy)

Are you keen to teach adults? Join this hands-on course covering creating a learning climate, how adults learn, group interactions, course planning and evaluation – suitable both for those already tutoring adults or planning to start.

Saturday	18 March	9:00am - 5:00pm	2 week course	Held at Rutherford College
Saturday	9 September	9:00am - 5:00pm	2 week course	Held at Selwyn College

HOW TO USE FACEBOOK FOR MARKETING (WEEKEND)

See Accounting, Marketing & Money

HOW TO USE INSTAGRAM FOR MARKETING (WEEKEND)

See Accounting, Marketing & Money

HOW TO USE TIKTOK FOR MARKETING (WEEKEND)

See Accounting, Marketing & Money

NEW

INTRODUCTION TO INDESIGN

See Computing Skills

INTRODUCTION TO MICROSOFT

See Computing Skills

INTRODUCTION TO PHOTOSHOP

See Computing Skills

MICROSOFT EXCEL - BEGINNERS TO ADVANCED LEVELS

See Computing Skills

MICROSOFT POWERPOINT - BEGINNERS

See Computing Skills

MICROSOFT PUBLISHER - BEGINNERS (WEEKEND)

See Computing Skills

MICROSOFT WORD - BEGINNERS / THE NEXT STEP

See Computing Skills



OVERCOMING SOCIAL ANXIETY

See Personal Development

PLAIN ENGLISH WRITING BOOTCAMP - WITH KATE THOMPSON (WEEKEND)

See Writing

SEO FOR SMALL BUSINESS (WEEKEND)

See Accounting, Marketing & Money

SMART PROBLEM SOLVING FOR EVERYONE (WEEKEND)

NEW

See Personal Development

SPEAKING WITH CONFIDENCE - LEVEL 1 & 2

See Personal Development

THE ART OF CONVERSATION (WEEKEND)

See Personal Development

THE TIREDNESS SOLUTION (WEEKEND)

See Personal Development

WORDPRESS BOOTCAMP (WEEKEND)

See Computing Skills



LANGUAGES & TRAVEL



LANGUAGES



We offer language courses for absolute beginners and travellers, through to conversation classes for more fluent language speakers. Please see our website to see the full range of courses available.

AVAILABLE LANGUAGES:

■ Please see our website for dates, times and prices.



■ CHINESE



■ FRENCH



■ HINDI



■ ITALIAN



■ JAPANESE



■ KOREAN



■ RUSSIAN



■ SPANISH



■ TE REO
MĀORI

Learn our official language, and improve your understanding of the culture and people of New Zealand.





TRAVEL

FRENCH FOR TRAVELLERS - BEGINNERS (WEEKEND)

See our website for course details

SOLO TRAVEL FOR WOMEN - EXPLORE THE WORLD FEARLESSLY (WEEKEND)

Price: \$90 (Register for two and pay for one)

Have you dreamed of a fabulous travel adventure, and then given up when you couldn't find someone to go with? In this workshop we'll discuss why you should consider travelling alone, and give you lots of tips to make this possible.

Saturday 6 May 9:30am - 3:30pm 1 day course

SPANISH FOR TRAVELLERS - BEGINNERS

See our website for course details

TRAVEL SKETCHING

See Art & Craft - Other

TRAVEL TO INDIA (WEEKEND)

NEW

Price: \$80 (Register for two and pay for one)

Understand India and its intricate culture before you travel to this magical land.

Saturday 10 June 10:00am - 4:00pm 1 day course

TRAVEL WRITING - WITH YVONNE VAN DONGEN (WEEKEND)

Price: \$120

Wanting to record your travel experiences whether exploring New Zealand or travelling further afield? Join experienced travel writer Yvonne van Dongen and learn how to put these experiences into words for a blog, an email, a journal or for publication.

Saturday 6 May 10:00am - 4:00pm 1 day course
Saturday 26 August 10:00am - 4:00pm 1 day course

WALKING THE CAMINO DE SANTIAGO (WEEKEND)

Price: \$54

Do you have the Camino de Santiago on your bucket list? Find out about the life changing pilgrimage through this captivating workshop and learn the dos and don'ts to successfully tick this one off your list.

Saturday 1 April 10:00am - 3:00pm 1 day course

MUSIC, DANCE & DRAMA



BALLROOM AND LATIN DANCING - FOR BEGINNERS

Price: \$84 or \$140 per couple

Bring your partner and learn some new easy dance moves. Be introduced to a different style of dance each night – waltz, quickstep, cha cha cha, jive rock 'n' roll, rumba and Argentine tango.

Monday	20 February	6:15pm - 7:15pm	6 week course
Wednesday	22 February	6:15pm - 7:15pm	6 week course
Monday	8 May	7:30pm - 8:30pm	6 week course
Wednesday	9 August	6:15pm - 7:15pm	6 week course
Wednesday	1 November	7:30pm - 8:30pm	6 week course

BARRE FIT

See Health, Well-being & Fitness

BEGINNERS DRAMA (FOR 8-10 YEARS) AND DRAMA PRODUCTION (FOR 9-12 YEARS)

See Children - After School

DANCE TO THE MUSIC

NEW

Price: \$84 \$140 per couple

Bring your dance partner to this course and you'll both have fun learning a variety of popular dance styles – Salsa, Ballroom, Latin, West Coast Swing, Jive, Cha Cha Cha and Rumba.

Monday	7 August	6:15pm - 7:15pm	6 week course
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DANCERCISE - FOR THE 40+

See Health, Well-being & Fitness

DIVE INTO SHAKESPEARE'S TWELFTH NIGHT

NEW

Price: \$156 (Register for two and pay for one)

Here is your chance to delve into the joy of exploring, reading and finally performing a range of classic scenes from Twelfth Night. You will also explore the language of Shakespeare and the way his works engaged his community.

Tuesday	1 August	7:00pm - 9:00pm	8 week course
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FLASHBACK DANCE FITNESS

See Health, Well-being & Fitness

GUITAR

See website for details

HAYDN AND MOZART ON FILM (WEEKEND)

NEW

Price: \$80

Spend an informative and entertaining day exploring the portrayal of these two great composers through film with Professor Nancy November of University of Auckland.

Sunday	7 May	10:00am - 4:00pm	1 day course
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INTRODUCTION TO ARGENTINE TANGO

Price: \$84 \$140 per couple

Enjoy the music, find the rhythm, and dance through the 8 step basics. Then go on to basic turns and further.

Wednesday	10 May	7:30pm - 8:30pm	6 week course
Monday	30 October	6:15pm - 7:15pm	6 week course

SALSA AND BACHATA DANCING - FOR BEGINNERS

Price: \$84 \$140 per couple

Bring your dance partner and experience an introduction to salsa and bachata dancing. Enjoy the rhythm of these Latin dances. Learn some easy moves and impress on the dance floor!

Wednesday	22 February	7:30pm - 8:30pm	6 week course
Wednesday	10 May	6:15pm - 7:15pm	6 week course
Monday	7 August	7:30pm - 8:30pm	6 week course
Wednesday	9 August	7:30pm - 8:30pm	6 week course
Monday	30 October	7:30pm - 8:30pm	6 week course



SCOTTISH COUNTRY DANCING 101

NEW

Price: \$35

Come and learn the steps and common formations that form the basis of traditional Scottish set dances. Held at Kohimarama Bowling Club.

Tuesday	14 March	7:30pm - 8:45pm	3 week course
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SHAKE RATTLE N ROLL AND JIVE

NEW

Price: \$84 \$140 per couple

Bring your dance partner and enjoy easy dance moves with clear demonstration of dance steps and movements in this introduction to Rock'n'Roll and Jive dancing.

Monday	8 May	6:15pm - 7:15pm	6 week course
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UKULELE - FOR BEGINNERS

Price: \$115

Learn to play the uke! Basic chords, strumming patterns and tab. Bring a uke and a smile. Suitable for beginners or those who have basic experience. Ages 13 and above welcome.

Tuesday	14 February	6:00pm - 7:30pm	8 week course
Tuesday	2 May	6:00pm - 7:30pm	8 week course
Tuesday	1 August	6:00pm - 7:30pm	8 week course
Tuesday	10 October	6:00pm - 7:30pm	8 week course

UKULELE - THE NEXT STEP

Price: \$115

For those who are ready to progress in their ukulele practice.

Tuesday	14 February	7:30pm - 9:00pm	8 week course
Tuesday	2 May	7:30pm - 9:00pm	8 week course
Tuesday	1 August	7:30pm - 9:00pm	8 week course
Tuesday	10 October	7:30pm - 9:00pm	8 week course



VOICE WORK - UNLOCK THE POWER OF YOUR VOICE (WEEKEND)

NEW

Price: \$40

This voice workshop is for anyone who wants to increase their vocal confidence and enjoy being able to fully express themselves using voice.

Saturday

6 May

1:00pm - 4:00pm

1 day course

WEST COAST SWING - FOR OVER 50'S (WEEKEND)

NEW

Price: \$84 \$140 per couple

Enjoy easy dance moves with clear demonstration of dance steps and movements in this introduction to West Coast Swing.

Monday

20 February

7:30pm - 8:30pm

6 week course

Wednesday

1 November

6:15pm - 7:15pm

6 week course



SELWYN COMMUNITY ARTS THEATRE

If you are passionate about theatre, either front of stage or backstage, Selwyn Community Theatre welcomes you.

For more information please email June Renwick junierenwick@gmail.com



PERSONAL DEVELOPMENT



BANISH ANXIETY, FATIGUE AND OVERWHELM (WEEKEND)

NEW

Price: \$75 / \$25 (for qualifying residents)

Empower yourself with a toolkit of mind-body practices that will untangle the tensions from the body and from the mind, so you can feel lighter, calmer, happier and more relaxed.

Saturday

26 August

10:00am - 4:00pm

1 day course

BECOMING UNSTOPPABLE

NEW

Price: \$75 / \$25 (for qualifying residents)

Feeling stuck, tired, and not able to motivate yourself? Discover where our limiting beliefs come from, how they affect our lives and impact our wellbeing.

Wednesday

15 March

6:30pm - 8:30pm

3 week course

BUDGETING MADE SIMPLE

See Accounting, Marketing & Money

BUILDING RESILIENCE THROUGH CHALLENGING TIMES

NEW

Price: \$75 / \$25 (for qualifying residents)

Feeling of anxious, angry or depressed at challenges that are outside of your control? Health, income, routine and lifestyle feeling threatened? Come and learn some simple coping mechanisms leading to long-lasting peace, calm and security.

Tuesday

2 May

7:00pm - 8:30pm

4 week course

CAREER CLARITY - FIGURE OUT YOUR NEXT MOVE (WEEKEND)

NEW

Price: \$36

Ready for a change in your career but not sure what you want to do next? Fed up with job-hopping from one unfulfilling job to the next? In this half day workshop, you'll take a fresh approach to finding a job you love.

Saturday

4 March

10:00am - 1:00pm

1 day course

CHANGE YOUR MIND ABOUT STRESS (WEEKEND)

Price: \$75 / \$25 (for qualifying residents)

Stress and anxiety are all around us. Workplaces are stressful, child-rearing is stressful, relationships can be stressful, the cost of living is stressful and add to that, the global pandemic. This short course will empower you with the mindset science to eliminate chronic stress, and not just manage or reduce it.

Saturday 28 October 10:00am - 4:00pm 1 day course

CHESS FOR ALL

See Tours, Walks & Diversions

COLOUR ANALYSIS AND MAKEUP WORKSHOP (WEEKEND)

Price: \$94

Personal colour analysis is an investment in yourself and your future. Confidence comes from wearing the colours that enhance you and truly suit your own unique personal colouring. Come and discover what suits you best.

Sunday 7 May 10:00am - 3:00pm 1 day course
 Sunday 17 September 10:00am - 3:00pm 1 day course

CREATING YOUR FUTURE - LIFE AND WORK AFTER 50 (WEEKEND)

Price: \$110 (Register a friend at no additional cost)

The old road-maps that have been used to plan our lives are out of date. We are living longer and doing it differently to previous generations. This workshop is aimed at making sense of the changes that are taking place and equipping you to make informed choices about the next stage in your life.

Saturday 18 November 9:00am - 4:00pm 1 day course

DECLUTTER AND/OR DOWNSIZE YOUR HOME (WEEKEND)

See Home, Garden & DIY

DEVELOPING INTERCULTURAL COMPETENCE (WEEKEND)

Price: \$85 / \$20 (for qualifying residents)

This course will help you develop an understanding of how to effectively communicate and build relationships with people from other cultures. You will identify potential barriers to successful intercultural communication and understand how an awareness of our own and other cultures can influence attitudes and behaviour.

Saturday 1 April 9:00am - 4:00pm 1 day course

DITCH THE SELF-DOUBT (WEEKEND)

NEW

Price: \$75 / \$25 (for qualifying residents)

Are you overthinking every small detail of your life? Do you struggle to make decisions? Would you like to stop doubting yourself and experiencing more confidence and calm? Come and unlock the hidden keys to endless calm, clarity and confidence by tapping into the power of your subconscious mind – and learn how to program (and reprogram it).

Saturday

1 April

10:00am - 4:00pm

1 day course

DIVE INTO SHAKESPEARE'S TWELFTH NIGHT

NEW

See Music, Dance & Drama

FINDING YOUR VOICE AND IDENTITY AS A MIGRANT WOMAN IN NZ (WEEKEND)

NEW

See English for Migrants

GET NOTICED, GET THE JOB (WEEKEND)

See Job Skills

HOW TO BE MORE ASSERTIVE (WEEKEND)

NEW

Price: \$75 / \$25 (for qualifying residents)

Learn how to become more confident and comfortable with personal assertiveness, how to cope with other people's negativity and how to respond when someone else is being overbearing or aggressive towards you.

Saturday

4 March

10:00am - 4:00pm

1 day course

HOW TO TEACH ADULTS (WEEKEND)

See Job Skills

KICK THE OVERWHELM - DON'T JUST MANAGE IT (WEEKEND)

NEW

See Health, Well-being & Fitness

MAKEUP FOR THE 40+ (WEEKEND)

Price: \$94 - (Includes materials)

You may be stuck doing the same makeup routine that you have always done. But now that you are in your 40's or older, the makeup look that you loved in your 20's and 30's just isn't right any more. You will identify makeup to suit your skin tone and go home with your own colour palette of makeup.

Sunday
Saturday

5 March
28 October

10:00am - 3:00pm
10:00am - 3:00pm

1 day course
1 day course

MENTAL WELLNESS / WEIGHT LOSS / TIREDNESS / RESILIENCE

Check our Health, Well-being & Fitness category

MINDFULNESS AND THE CANCER JOURNEY

NEW

Price: \$45

If you are going through the cancer journey or are worried about the cancer reoccurring, then join these four classes to explore the mind, body, and spirit connection.

Wednesday

2 August

6:30pm - 7:30pm

4 week course

NERVOUS SYSTEM ESSENTIALS FOR MAXIMUM WELLBEING (WEEKEND)

NEW

Price: \$35

During this course you will discover some quick, easy and effective hacks to access the relaxation response so that you can feel calmer, healthier and happier during uncertain times (and certain times too)! You will walk away feeling more grounded, balanced and peaceful than you have in a very long time!

Sunday

5 March

10:00am - 1:00pm

1 day course

NO MORE PEOPLE PLEASING!

Price: \$155 / \$50 (for qualifying residents)

Do you always put yourself second? Come and learn effective techniques to help you put your own needs first and develop healthier relationships too.

Tuesday

17 October

7:00pm - 9:00pm

8 week course

OVERCOME OBSTACLES TO CREATIVITY

NEW

See Art & Craft - Other



OVERCOMING SOCIAL ANXIETY (WEEKEND)

Price: \$75 / \$25 (for qualifying residents)

Does the thought of entering a room full of people scare you? Do you shy away from social events? Come along and learn some very easy techniques to enable you to feel more confident and self-assured.

Saturday	6 May	10:00am - 4:00pm	1 day course
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PLAIN ENGLISH WRITING BOOTCAMP - WITH KATE THOMPSON (WEEKEND)

See Writing

PSYCHOLOGY - WHAT'S IT ALL ABOUT?

Price: \$132

Come and learn about the foundations of psychology, as well as the major theories associated with a number of branches of the subject – biological psychology, social psychology, cognition and perception, developmental psychology and health psychology.

Wednesday	1 March	6:30pm - 8:30pm	6 week course
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RAISING HAPPY, CONFIDENT AND RESILIENT KIDS

NEW

Price: \$15

Resilience makes a world of difference, but our children need encouragement to develop this valuable life skill. Learn how.

Tuesday	9 May	7:30pm - 8:30pm	1 day course
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SMART PROBLEM SOLVING FOR EVERYONE (WEEKEND)

NEW

Price: \$29

Come and learn simple and practical techniques for improving your problem-solving and decision-making skills either for work or for your own personal effectiveness.

Sunday	2 April	10:00am - 12:30pm	1 day course
Sunday	27 August	10:00am - 12:30pm	1 day course

SPEAKING WITH CONFIDENCE

Price: \$155 / \$50 (for qualifying residents)

Does the mere thought of public speaking make you want to run a mile? Do you dread presentations? Public speaking is a learned skill. Come and learn the skills to become a confident speaker, and have fun getting there.

Tuesday	14 February	6:30pm - 8:30pm	8 week course
Tuesday	2 May	6:30pm - 8:30pm	8 week course
Wednesday	2 August	6:30pm - 8:30pm	8 week course
Tuesday	17 October	6:30pm - 8:30pm	8 week course

SPEAKING WITH CONFIDENCE - LEVEL 2

NEW

Price: \$155 / \$50 (for qualifying residents)

This is a follow-on course for those who have completed Speaking With Confidence to continue developing public speaking skills. It may also be suitable for those who can already deliver a speech but want to improve their confidence and skills.

Tuesday

1 August

6:30pm - 8:30pm

8 week course

STAYING CONNECTED IN THE TEEN YEARS

NEW

Price: \$15

Maintaining communication and connection with your children is key but it can take a lifetime to understand the uniqueness of the children as they hit the teen years. Come and learn about what's going on in the teenage brain, begin to understand teenage emotions and gain an understanding of how you can support their wellbeing.

Wednesday

16 August

7:30pm - 8:30pm

1 day course

THE ADVANCED ART OF CONVERSATION (WEEKEND)

NEW

Price: \$40

Feel as though you have the basics of conversation but would like to take it up a level? Come and learn how to start a mutually interesting discussion, how to stay up to date with 'hot topics' and how to conclude difficult conversations and how to disagree with respect.

Saturday

29 July

10:00am - 1:00pm

1 day course

THE ART OF CONVERSATION (WEEKEND)

Price: \$80 / \$30 (for qualifying residents)

Never know what to say at a social or networking event? Join us to learn the skills and confidence to introduce yourself in ways that are memorable and how to actively listen to people so you can remember what they're telling you, and how to respond well.

Sat + Sun

10+11 June

10:00am - 1:00pm

2 day course



THE CHALLENGES WITH TECHNOLOGY AND CHILDREN AND TEENS

Price: \$15

In this presentation we will look at how much is too much, how we can keep our kids safe, and how we can track with our kids digital needs and wants as they grow and mature.

Wednesday

21 June

7:30pm - 8:30pm

1 day course

THE SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE

Price: \$152

Would you like to learn the tools and skills to become more focused, productive and effective in your daily life? Based on Stephen Covey's hugely successful book, this course will cover the seven habits that build a strong foundation for a values-driven, effective and productive life – at work and home.

Tuesday

2 May

7:00pm - 9:00pm

7 week course

THINKTALKS 2023



■ See website for more information on these series of talks.

NEURODIVERSITY - WHAT IS IT?

Speaker:
Dr Karen Waldie

Tuesday 28th February
7.30pm – 8.30pm

KIDS AND SCREENS: THE STATE OF PLAY

Speaker:
Dr Samantha Marsh

Tuesday 14 March
7.30pm – 8.30pm

DISINFORMATION, DEMOCRACY, AND THE COMMON GOOD: AOTEAROA NZ 2023

Speaker: Kate Hannah
(Director and Founder, the
Disinformation Project)

Tuesday 4th April
7.30pm – 8.30pm

TRIAL BY PODCAST: A NEW FRONTIER IN MEDIA INFLUENCE

Speaker:
Dr Matt Mollgaard

Tuesday 16 May
7.30pm – 8.30pm

DOWN THE RABBIT HOLE? LESSONS FROM PSYCHOLOGICAL RESEARCH ON CONSPIRACY THEORIES

Speaker:
Dr Matt Williams

Tuesday 30th May
7.30pm – 8.30pm

THE MARKETING OF SUGAR - ITS IMPACT ON YOU AND WHAT YOU CAN DO ABOUT IT

Speaker:
Professor Bodo Lang

Tuesday 27 June
7.30pm – 8.30pm

FAMILY RISK AND RESILIENCE DURING THE COVID-19 PANDEMIC

Speaker:
Professor Nickola Overall

Tuesday 25th July
7.30pm – 8.30pm

ORDINARY WOMEN, EXTRAORDINARY LIVES: EMBRACING NEW WAYS OF LIVING IN OLDER ADULTHOOD

Speaker:
Dr Trudie Cain

Tuesday 19 September
7.30pm – 8.30pm

MORE THAN A KNOCK ON THE HEAD - DEMENTIA AND CONTACT SPORTS INJURIES

Speaker:
Dr Helen Murray

Tuesday 24th October
7.30pm – 8.30pm

THE TIREDNESS SOLUTION (WEEKEND)

See Health, Well-being & Fitness

UNDERSTANDING CLIMATE CHANGE (EVENING/WEEKEND)

NEW

Price: \$30

Do you want to help tackle climate change but don't have the time to become a climate scientist? In just three hours, this collaborative and playful science-based workshop enables you to understand climate change's physics, causes, and consequences and empowers you to take action.

Tuesday	21 March	6:00pm - 9:00pm	1 day course
Sunday	27 August	9:30am - 12:30pm	1 day course

UNDERSTANDING ISLAM

See History, Architecture & Society

VOICE WORK - UNLOCK THE POWER OF YOUR VOICE (WEEKEND)

NEW

See Music, Dance & Drama

WOMEN IN ISLAM

See History, Architecture & Society



PHOTOGRAPHY



CYANOTYPE PHOTOGRAPHIC PRINTING (WEEKEND)

Price: \$65

Come and learn this 19th century photographic printing process, also known as shadowgraphs or blue-prints. You will learn to create your own fine art prints, cards or bespoke books.

Sunday 29 October 9:30am - 12:30pm 1 day course

INTRODUCTION TO FOOD PHOTOGRAPHY

Price: \$85 - BYO Camera

Wanting to create great photos for Facebook and Instagram or a blog? Join Ian and learn how to take fabulous food photos.

2 Wed + 1 Sat 14 June 7-9pm + 10am-12pm 2 week course + 1 Saturday

INTRODUCTION TO PHOTOSHOP

See Computing Skills

LANDSCAPE PHOTOGRAPHY (WEEKEND)

NEW

Price: \$55 - BYO Camera

This course will help you transform your snaps into beautiful landscape portraits. It is held in the field and incorporates compositional elements, camera settings, equipment, techniques for depth of field and capturing motion and location/perspective. Held at Muriwai Beach.

Sunday 30 April 2:00pm - 6:00pm 1 day course

PHOTOGRAPHY - DSLR CAMERAS - BEGINNERS

Price: \$120 - BYO Camera

Learn the basics of DSLR photography and camera modes, aperture, shutter speed, depth of field, night photos and much more.

4 Mon + 1 Sat	27 February	7-9pm + 10am-12pm	4 week course + 1 Saturday
4 Mon + 1 Sat	8 May	7-9pm + 10am-12pm	4 week course + 1 Saturday
4 Mon + 1 Sat	30 October	7-9pm + 10am-12pm	4 week course + 1 Saturday



PHOTOGRAPHY - DSLR CAMERAS - BEGINNERS WORKSHOP (WEEKEND)

Price: \$85 - BYO Camera

Learn the basics of DSLR photography and camera modes, aperture, shutter speed, depth of field, night photos and much more.

Saturday	10 June	10:00am - 4:00pm	1 day course
Saturday	18 November	10:00am - 4:00pm	1 day course

PHOTOGRAPHY - DSLR CAMERAS - THE NEXT LEVEL

Price: \$120 - BYO Camera

You know the basics of DSLR, now explore different types of photography and continue your learning.

3 Mon + 2 Sat	8 March	7:00pm - 9:00pm	3 week course + 2 field trips (day + night)
3 Mon + 2 Sat	7 August	7:00pm - 9:00pm	3 week course + 2 field trips (day + night)
3 Mon + 2 Sat	8 November	7:00pm - 9:00pm	3 week course + 2 field trips (day + night)

PHOTOGRAPHY THROUGH THE SEASONS (WEEKEND)

NEW

Price: \$40 - BYO Camera

See the seasons through the camera lens at the Auckland Domain. Look at the changing light, how colours change throughout the year and during the time of day. Open your eyes to what's around you and record this vision with your camera.

Sunday	26 March	4:30pm - 7:00pm	5 week course
Sunday	17 September	4:30pm - 7:00pm	5 week course

SMARTPHONE PHOTOGRAPHY FOR SOCIAL MEDIA (WEEKEND)

Price: \$120 - BYO Camera

Come and learn how to create amazing photos including food, portraits, selfies, night photos and landscapes.

4 Wed + 1 Sat	9 August	7pm-9pm + 10am-1pm	4 week course + 1 Saturday
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STREET ART PHOTOGRAPHY (WEEKEND)

NEW

Price: \$42 - BYO Camera

Street art can be found in the strangest and most surprising places. This session is a walk around some of the most significant pieces of street art in the central city with practical support on photographing the walk and artworks.

Sunday	29 October	10:00am - 1:00pm	1 day course
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TOURS, WALKS & DIVERSIONS



A GLOBAL HISTORY OF OBJECT DESIGN

See History, Architecture & Society

A WALKING FOOD TOUR OF PONSONBY ROAD (WEEKEND)

Price: \$36

Come for a stroll down Ponsonby's memory lane and relive the food history which makes Ponsonby 3 Lamps area so fascinating. Find out about a murder, a brothel owner, and a sly grog operation.

Sunday 10 September 2:00pm - 4:30pm 1 day course

AN INTRODUCTION TO BAUHAUS

See History, Architecture & Society

AN INTRODUCTION TO CONTEMPORARY ARCHITECTURE

See History, Architecture & Society

CHESS FOR ALL

Price: \$115

Join a national chess coach and develop your memory, concentration and focus.

Tuesday 2 May 7:00pm - 9:00pm 6 week course

GIBBS SCULPTURE FARM VISIT (DAY)

Price: \$95

Visit Gibbs Sculpture Farm with an experienced guide and art historian.

Check our website for dates and to register interest for the next tour.

HISTORIC AUCKLAND WALKS - GUIDED AUCKLAND CITY WALK (WEEKEND)

Price: \$35

Join this entertaining and fascinating 2 hour walking tour around the central city in which you will learn about almost a thousand years of history since Māori first settled Tāmaki Makarau. Meet in the Auckland CBD.

Saturday 1 April 10:00am - 12:00pm 1 day course

HOW TO MAKE YOUR OWN CLOSED TERRARIUM (WEEKEND)

See Home, Garden & DIY

LAWN BOWLS 101 (WEEKEND)

Price: \$65

Learn the basics of lawn bowls, the strategic, challenging and fun sport for ages 12+. These classes are held at the Kohimarama Bowling Club.

Sunday	1 October	10:00am - 12:00pm	3 week course
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SCULPTURES & MURALS - IN THE CENTRAL CITY (WEEKEND)

Price: \$35

Join us for a central city walk of art that will embrace sculpture, murals and commissioned art and the influence it has on public spaces. Meet in the Auckland CBD.

Saturday	28 October	10:00am - 12:00pm	1 day course
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STREET ART PHOTOGRAPHY (WEEKEND)

NEW

See Photography

THE WAIKATO WAR (WEEKEND)

Price: \$190

Join historian David hill on this fascinating one day coach trip to the Waikato following the path of the British Army during the Land Wars. We will stop to visit a number of military redoubts - Pokeno, Whangamarino, and Pirongia and survey battle sites including Rangiriri and Orākau, and we will visit the church at Rangiaowhia. Depart and return Selwyn College.

Saturday	4 March	7:30am - 5:30pm	1 day course
Saturday	17 September	7:30am - 5:30pm	1 day course

URBAN ART AND DESIGN WALK (WEEKEND)

NEW

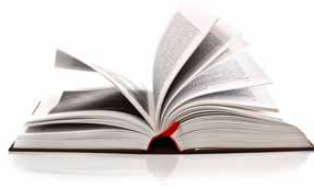
Price: \$35

Come and explore and learn about the evolving urban design along the city centre's beautiful Viaduct, Wynyard Quarter and Silo Park. Learn about the unique design partnership between Te Kaunihera o Tāmaki Makaurau | Auckland Council, Auckland Transport and Mana Whenua which has introduced a new, collaborative way of approaching large scale public realm developments. Meet in the Auckland CBD.

Saturday	2 September	10:00am - 12:00pm	1 day course
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WRITING



CREATIVE WRITING - THE WRITER'S TOOLKIT - WITH SIOBHAN HARVEY (WEEKEND)

Price: \$220

After a weekend of learning about tools, structure, voice and character, participants should be well on the way to possessing the necessary tools to write a compelling short story or novel.

Sat + Sun 26 August 10:00am - 4:00pm 2 day course

INTRODUCTION TO MEMOIR WRITING - WITH MARIA DE JONG (WEEKEND)

NEW

Price: \$120

This workshop will be inspiring for those who want to jump start their memoir writing project or need motivation to keep writing.

Sunday 27 August 10:00am - 4:00pm 1 day course

PLAIN ENGLISH WRITING BOOTCAMP - WITH KATE THOMPSON (WEEKEND)

Price: \$75 / \$15 (for qualifying residents)

Do you do a lot of writing? Then make your words count, by learning some simple techniques to get your writing into shape. Your readers will thank you!

Saturday 4 March 9:30am - 4:00pm 1 day course

TRAVEL WRITING - WITH YVONNE VAN DONGEN (WEEKEND)

Price: \$120

Join an experienced travel writer and record your travel experiences for use in a blog, an email, a journal or even for publication.

Saturday 6 May 10:00am - 4:00pm 1 day course
Saturday 26 August 10:00am - 4:00pm 1 day course

WRITING CHILDREN'S PICTURE BOOKS - WITH MELINDA SZYMANIK (WEEKEND)

Price: \$120

This course will teach you techniques for developing your ideas, organising them into a story, polishing them into a finished manuscript and finally submitting for publishing or competitions.

Sunday 2 April 10:00am - 4:00pm 1 day course
Saturday 26 August 10:00am - 4:00pm 1 day course

WRITING FICTION - WITH RUBY PORTER

NEW

Price: \$220

Come and learn about characterisation, setting, dramatic arcs and emotional arcs. You'll come away with a concrete understanding of what makes fiction work on the page.

Monday	1 May	7:00pm - 9:00pm	6 week course
Tuesday	26 August	10:00am - 4:00pm	2 day course

WRITING POEMS FOR CHILDREN - WITH ELENA DE ROO (WEEKEND)

Price: \$60

Would you like to learn to write poems for children? In this short course you will learn how to craft effective and engaging poems for children. (This course is for adults writing for children).

Saturday	26 August	10:00am - 1:00pm	1 day course
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WRITING SHORT IMPACTFUL NON-FICTION - WITH KARIM LAKHANI

NEW

Price: \$136

Come and learn how to compose impactful and creative pieces of non-fiction under 500 words, known as flash writing. The imperative of brevity compels lucid and inventive writing.

Tuesday	2 May	7:00pm - 9:00pm	6 week course
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A WRITER'S WEEKEND 26/27 AUGUST 2023

the **WOMEN'S**
BOOKSHOP

CREATE A NEW WORLD - OR SHARE THIS ONE!

Welcome to a wonderful weekend of writing workshops. These hands-on sessions offer a range of non-fiction and fiction writing styles to choose from. Try your hand at writing for children, travel writing, short story writing and romance writing. Find out about self-publishing. These workshops will be facilitated by writers who are experts in their field.

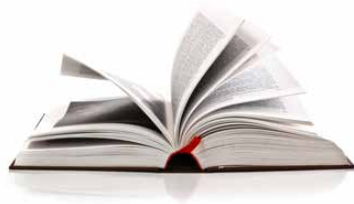
Join Carole Beu from The Women's Bookshop and she will discuss her 'faves and raves' and what makes a really good book. She'll also have a display of books available for purchase.

Saturday	26 August	9:00am - 10:00am	FREE
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|---|------------------------------------|
| ■ CREATIVE WRITING - THE WRITER'S TOOLKIT | ■ WRITING CHILDREN'S PICTURE BOOKS |
| ■ INTRODUCTION TO MEMOIR WRITING | ■ WRITING FICTION |
| ■ TRAVEL WRITING - WITH YVONNE VAN DONGEN | ■ WRITING POEMS FOR CHILDREN |

■ Visit the website for more information and more courses.

GENERAL INFORMATION



COURSE START DATES:

See individual courses for detailed start dates.

Term 1: Tuesday 7 February

Term 2: Monday 1 May

Term 3: Monday 24 July

Term 4: Monday 9 October

No classes on public holidays:

Easter: Friday 7 April - Monday 10 April.

King's Birthday: Monday 5 June.

Matariki: Friday 14 July.

Labour Day: Monday 23 October.



OFFICE HOURS:

Monday, Tuesday and Wednesday: 9:00am - 9:00pm, **Thursday and Friday:** 9:00am - 3:00pm

School-holidays: When courses are running the office is open from 9:00am - 3:00pm.

Office Closed: From Friday 15th December 2023, until Monday 15th January 2024.



FINDING THE OFFICE: We are located at the front of Selwyn College to the left of the main reception in the administration building (203 Kohimarama Road, Kohimarama, via Gate 2).



FINDING YOUR CLASSROOM: On the first day or evening of your class, come to the Community Education office where you will be met and given directions to your classroom.



FEES: Places are only guaranteed once payment is received.

All fees are GST inclusive.



ENROLMENTS: All courses need a minimum number to proceed. If we do not have enough enrolments to proceed, we will let you know approximately five days prior to the scheduled start date. Please enrol early to avoid disappointment. There may be opportunities for late enrolments on some courses and some may have waiting lists. Please phone the office to enquire.



ENROLMENT CONFIRMATION: If you have supplied an email address you will receive a reminder of your course start date a couple of days before the course. Check your spam folder if you can't see it. If you do not hear from us, check our website for up-to-date times and dates. Lists for classes requiring "materials" will be emailed approximately one week before the class starts. Telephone us on 521 9623 if you're unsure.



REFUNDS AND TRANSFERS: Refunds will not be given for withdrawals or transfers allowed within 5 days (2 weeks for English) of the class starting or once a class has started. If a class has insufficient enrolments we will advise you and a transfer or full refund will be offered. If you are unable to attend a course and provide us with at least five working days notice before the course starts we will refund you, or transfer you, less a \$25 administration fee.



CHANGES TO PROGRAMME: In the case of unforeseen circumstances, we reserve the right to change the advertised programme and/or tutor. Every effort will be made to advertise such changes, and we always endeavour to be fair. Please check our website for up-to-date information.

CHECK OUT THE LATEST ADDITIONS AND UPDATES AT: www.selwyncomed.school.nz



CARS AND PARKING:

The main carpark is situated at the front of the school. We advise caution if parking at the Barfoot & Thompson Stadium which adjoins the school. Many car parking spaces have restrictions. Parking is not permitted in gateways or on grassed areas. Vehicles that block access or are incorrectly parked may be towed away. The carpark is locked from 9:15pm, when evening classes are running.

Evening Courses: Parking is available on the school grounds but can often be limited. There may be parking in the Barfoot & Thompson Stadium carpark which adjoins the school, or if not there is street parking close to the school.

Weekend Courses: There is normally ample parking on the school grounds.

Weekday Courses: There is no parking on the school grounds, but there is street parking close by.



DISABLED PARKING:

A disabled car park is labelled and available beside the Selwyn Community Education office. Users of the disabled park must display a permit.



NO SMOKING OR VAPING:

Smoking is not permitted anywhere in or around school buildings or anywhere within the school grounds.



PERSONAL PROPERTY / LIABILITY:

Please do not leave valuables in your car or unattended in classrooms.

The Selwyn College Board of Trustees will in no way be liable for any loss resulting from any damage to, or the theft of, any property belonging to an employee or a student. Accordingly, any student must arrange their own personal insurance to cover loss or damage to personal property while it is situated at the College.



To minimise the risk of damage, students should ensure that their personal property is secured, preferably in alarmed areas, and that vehicles are parked in allocated parking spaces.



COVID:

Please see our website for latest updates.



ON OUR EMAILING LIST?

Sign up to keep up to date with new events and special offers.

This programme will be constantly reviewed and amended during the year. Please check our website for the latest updates.

www.selwyncomed.school.nz

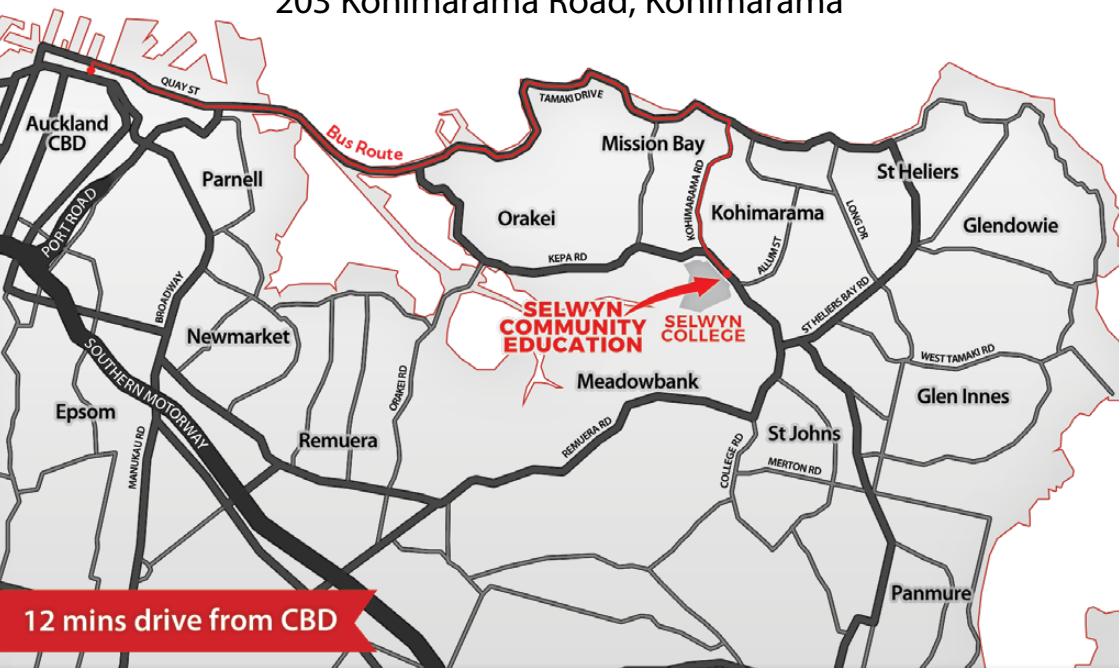




SELWYN 20 COMMUNITY EDUCATION 23

www.selwyncomed.school.nz

Phone: 09 521 9623 Email: info@selwyncomed.school.nz
203 Kohimarama Road, Kohimarama



CREATIVE CLASSES *for* CURIOUS MINDS

