

**CREATIVE
CLASSES**
— *for* —
**CURIOUS
MINDS**



SELWYN 20
COMMUNITY
EDUCATION 24

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THE PROGRAMME ONLINE





THE SELWYN COMMUNITY EDUCATION TEAM

Anne Cave (Director) ▪ Ali Farrelly ▪ Clare Brooks
▪ Jo Luker ▪ Helen Carroll

Selwyn Community Education is a great place for people who love learning and want to be challenged by trying new experiences and meeting new people. We welcome you in 2024.

3 EASY WAYS TO ENROL

Please Note: Your place is secured only once payment is received. Enrol early to ensure your place – Don't miss out!

1 ONLINE



Visit our website with secure Windcave online enrolment option and email receipting.
www.selwyncomed.school.nz
Visa/Mastercard or bank transfer.

2 PHONE



Telephone **521 9623** with course details and Visa or Mastercard, or ask for our account number for direct deposit via internet banking.

3 IN PERSON



Our office is at Selwyn College:
203 Kohimarama Road, Kohimarama.
Payment options:
EFTPOS, Visa or Mastercard.



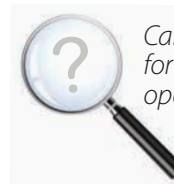
STAY UP TO DATE!

203 Kohimarama Road, Kohimarama

Phone: 09 521 9623 Email: info@selwyncomed.school.nz

www.selwyncomed.school.nz

COURSE CATEGORIES



Can't find what you're looking for here? **Tell us!** We're always open to suggestions.

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ACCOUNTING, MARKETING & MONEY



■ Please note that some of our courses have pre-requisite skills or knowledge. Check details on the website.

ACCOUNTING - THE BASICS

Price: \$88 / \$25 (for qualifying residents)

Understanding accounting concepts will help you successfully read, create and comprehend financial reporting. You will gain useful practical knowledge of accounting principles and methods. This course is designed for those new to accounting.

Wednesday	20 March	7:00pm - 9:00pm	4 week course
Wednesday	12 June	7:00pm - 9:00pm	4 week course
Wednesday	14 August	7:00pm - 9:00pm	4 week course
Wednesday	6 November	7:00pm - 9:00pm	4 week course

DATABASE FUNDAMENTALS AND SOFTWARE DESIGN WITH MICROSOFT ACCESS

NEW

Price: \$150

Learn how to use Microsoft Access to build a simple system from database design through to data entry forms and reports.

Tuesday	7 May	7:00pm - 9:00pm	6 week course
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HOW TO BE SUCCESSFUL IN PROPERTY IN 2024 (NIGHT/WEEKEND)

Price: \$129

Is 2024 the year to be buying property? We're entering uncertain times and you're probably confused by all the articles, opinions and predictions on what's going to happen. This course will give you the strategies and skills to make sound decisions.

Tue + Sat	5 March	7-8:30pm + 9:30am-3:30pm	3 weeks + 1 Saturday
Tue + Sat	13 August	7-8:30pm + 9:30am-3:30pm	3 weeks + 1 Saturday

HOW TO BUY YOUR FIRST HOME

Price: \$29

Buying your first home can be an extremely daunting process with many not knowing where or how to start the journey. This course will break down the basics of the lending environment, translate lending jargon into plain English, provide insight into how you are viewed by lenders so you can maximise your borrowing power, and show you how you can best set up and utilise your deposit.

Tuesday	4 June	7:00pm - 8:00pm	4 week course
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HOW TO GROW YOUR BUSINESS WITH DIGITAL MARKETING (WEEKEND)

Price: \$80 / \$40 (for qualifying residents)

This class will give you an overview of digital marketing including channels, funnels, audience demographics and behaviour. You will learn how to create an online persona and start your own digital journey.

Saturday	2 March	10:00am - 4:00pm	1 day course
Saturday	9 November	10:00am - 4:00pm	1 day course

HOW TO START AN ONLINE BUSINESS (WEEKEND)

Price: \$142 / \$60 (for qualifying residents)

Find out about this rapidly growing way of doing business. Learn about getting online, market research, case studies and more.

Saturday	2 March	9:00am - 5:00pm	1 day course
Sunday	23 June	9:00am - 5:00pm	1 day course
Sunday	10 November	9:00am - 5:00pm	1 day course

HOW TO USE CANVA FOR SOCIAL MEDIA MARKETING (WEEKEND)

Price: \$80 / \$40 (for qualifying residents)

Join Seann for an introduction to Canva and how it can help promote your business.

Saturday	22 June	10:00am - 4:00pm	1 day course
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HOW TO USE FACEBOOK FOR MARKETING (WEEKEND)

Price: \$80 / \$40 (for qualifying residents)

This is an introduction for beginners who wish to use Facebook for marketing. You'll learn how to create a profile, write content, as well as gain an overview of video posts, livestreaming, Facebook stories and the marketplace.

Saturday	6 April	10:00am - 4:00pm	1 day course
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HOW TO USE INSTAGRAM FOR MARKETING (WEEKEND)

Price: \$80 / \$40 (for qualifying residents)

Come and learn how to produce a profile and different types of content including stories, music, and special effects. You'll get an overview of creating and editing reels and learn how to create a live feed that can be turned into an IGTV video.

Saturday	17 August	10:00am - 4:00pm	1 day course
Saturday	30 November	10:00am - 4:00pm	1 day course

MICROSOFT EXCEL - BEGINNERS / CONTINUATION / ADVANCED

See Computing Skills

SEO FOR SMALL BUSINESS (WEEKEND)

Price: \$142 / \$60 (for qualifying residents)

An introduction to the key concepts of Search Engine Optimisation (SEO) from an organic perspective (without purchasing advertising).

Sunday	3 March	9:00am - 5:00pm	1 day course
Saturday	22 June	9:00am - 5:00pm	1 day course

SMARTPHONE PHOTOGRAPHY FOR SOCIAL MEDIA

See Photography

THE SECRETS OF BUYING AND SELLING A PROPERTY

NEW

Price: \$29

Property prices have recently dropped. The rules have changed, lending rules, bright line tests, healthy homes rules, ring fencing of income and REA regulations rules just to name a few. It is now more important than ever to understand how to get the best possible sale price for a home in difficult times.

Tuesday	15 October	7:00pm - 9:00pm	3 week course
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WORDPRESS BOOTCAMP (WEEKEND)

See Computing Skills

XERO WEB BASED ACCOUNTING: GETTING STARTED

Price: \$148 / \$60 (for qualifying residents)

Learn how to set up your business in Xero. Get familiar with the Dashboard and basic Xero functions. Students will need their own Xero log on and should have basic computer literacy.

Monday	19 February	7:00pm - 9:00pm	6 week course
Monday	13 May	7:00pm - 9:00pm	6 week course
Monday	29 July	7:00pm - 9:00pm	6 week course
Monday	21 October	7:00pm - 9:00pm	6 week course

ART & CRAFT - PAINTING



ABSTRACTION AND PATTERN (WEEKEND)

Price: \$95 - (Includes materials)

Join EK and be introduced to abstraction using pattern and repetition. Have a fun day completing an artwork. All materials are included including paper and paints and a large canvas.

Saturday	2 March	10:00am - 4:00pm	1 day course
Saturday	22 June	10:00am - 4:00pm	1 day course

ABSTRACT PAINTING

Price: \$182 - (Includes materials)

This course will introduce you to the world of abstract painting and allow you to create your own abstract works. If you already have some experience, you will be able to extend your painting skills. The course fee includes all materials.

Wednesday	8 May	6:30pm - 8:30pm	8 week course
Wednesday	23 October	6:30pm - 8:30pm	8 week course

ACTION PAINTING (ABSTRACT EXPRESSIONISM) (WEEKEND)

Price: \$95 - (Includes materials)

Action painting, sometimes called "gestural abstraction", is a style of painting in which paint is spontaneously dribbled, splashed or smeared onto the canvas, rather than being carefully applied. This workshop will introduce you to the world of action painting and allow you to create your own abstract work.

Saturday	18 May	10:00am - 4:00pm	1 day course
Saturday	21 September	10:00am - 4:00pm	1 day course

CHILDREN'S BOOK ILLUSTRATION - WITH SANDRA MORRIS

See Art & Craft – Other

CREATING ABSTRACT LANDSCAPES IN OILS (WEEKEND)

NEW

Price: \$160 - (Includes materials)

Spend an inspiring weekend with Sally to develop landscape painting techniques in oils. You will depict, in a semi-abstract form, a landscape that is important to you.

Sat + Sun	22+23 June	10:00am - 4:00pm	2 day course
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CREATING WATER AND SKY WITH WATERCOLOURS (NIGHT/WEEKEND) NEW

Price: \$99 / \$125 - (Includes materials)

Do you want to extend your watercolour skills by painting the ever-changing landscapes of sky and water? Come and learn how to harness light and dark and create atmospheric scenes that you will be proud of.

Wednesday	8 May	6:30pm - 8:30pm	4 week course	\$125
Sunday	23 June	10:00am - 4:00pm	1 day course	\$99

EXPERIMENTING WITH NEW MATERIALS & TECHNIQUES - WITH EVAN WOODRUFFE (WEEKEND)

See Art & Craft - Other

EX-VOTO PAINTING - THE MEXICAN ART OF GRATITUDE (WEEKEND)

Price: \$98 - (Includes materials)

Learn to explore and create these indigenous paintings of gratitude used in Mexico for centuries to offer thanks to the saints for recoveries from misfortune.

Sunday	18 August	10:00am - 4:00pm	1 day course
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JAPANESE CHERRY BLOSSOM PAINTING (WEEKEND) NEW

Price: \$125 - (Includes materials)

Enjoy a relaxing spell of art and design using gouache to create your own Japanese-style cherry blossom painting.

Saturday	9 November	1:00pm - 3:00pm	1 day course
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KEEPING A NATURE JOURNAL WITH SANDRA MORRIS (WEEKEND) NEW

See Art & Craft - Other

MEDITATIVE ART

See Art & Craft - Other

MIXED MEDIA - WITH SALLY BARRON NEW

Price: \$147 - (Includes materials)

Using oils, acrylics and watercolours you will be encouraged to develop your own style under the guidance of an experienced artist.

Monday	29 July	7:00pm - 9:00pm	6 week course
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MIXED MEDIA PORTRAITURE (WEEKEND) NEW

Price: \$105 - (Includes materials)

Using your own portrait photographs we will use acrylic ink and other mediums to merge, blend and collide to create your own unique portraits.

Saturday	17 August	10:00am - 4:00pm	1 day course
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OIL PAINTING - WITH EVAN WOODRUFFE (WEEKEND) NEW

Price: \$173 - (Includes materials)

Join renowned artist Evan Woodruffe to learn the essentials of oil painting including preparation, brush selection, colour selection and composition whilst learning about allergy-friendly painting processes. You will complete several small studies to take home with you.

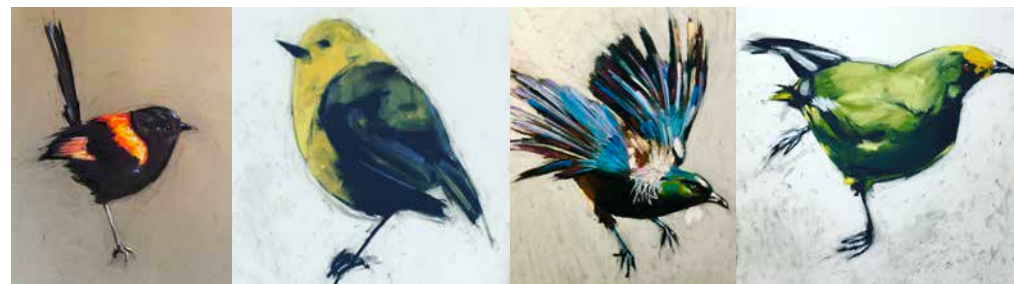
Sat + Sun	6+7 April	10:00am - 3:00pm	2 day course
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PAINTING BIRDS WITH SOFT PASTELS

Price: \$164 - (Includes materials)

Learn basic drawing skills and how to paint beautiful birds that fly off the page. You'll learn how to work with pastels and be taught simple drawing techniques to create vibrant paintings of feathered friends.

Tuesday	7 May	7:00pm - 9:00pm	5 week course
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PAINTING WITH ACRYLICS

Price: \$182 - (Includes materials)

Acrylics are extremely versatile, fast-drying paints, and can be used straight from the tube or thinned with water or other mediums. This course is an introduction to working with acrylics and will give you the confidence to start painting and/or extend your painting skills.

Wednesday	14 February	6:30pm - 8:30pm	8 week course
Wednesday	31 July	6:30pm - 8:30pm	8 week course

PAINTING WITH ACRYLICS - WORKSHOP (WEEKEND)

Price: \$95 - (Includes materials)

Have fun discovering your artistic ability and gain the confidence to start painting with acrylic paints.

Sunday	10 November	10:00am - 4:00pm	1 day course
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SKETCHING AND PAINTING BIRDS

Price: \$198 - (Includes materials)

Come and learn the basics of gestural drawing to capture birds in all their feathery glory. Learn how to create movement and progress to fluid media with watercolour and acrylic paint, putting the birds into their environment and habitat.

Tuesday	27 August	7:00pm - 9:00pm	5 week course
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WATERCOLOUR AND DRAWING (WEEKEND)

Price: \$105 - (Includes materials)

Come and learn how to create eye-catching line and wash artwork, combining the linear qualities of pen and ink with the looser characteristics of watercolour. Suitable for beginners.

Sunday	19 May	10:00am - 4:00pm	1 day course
Saturday	9 November	10:00am - 4:00pm	1 day course

WATERCOLOUR - PATTERN AND ABSTRACTION (WEEKEND)

NEW

Price: \$95 - (Includes materials)

Experiment with watercolours with a focus on pattern and abstraction using line, colour and texture to form and create dynamic compositions.

Sunday	3 March	10:00am - 4:00pm	1 day course
Sunday	10 November	10:00am - 4:00pm	1 day course

WATERCOLOURS - AN INTRODUCTION

Price: \$164 - (Includes materials)

Come and learn the fundamental steps for painting with watercolours. You will learn tips and techniques to create your own masterpieces and you will go home with your own starter watercolour palette, brush and pad.

Monday	19 February	7:00pm - 9:00pm	6 week course
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WORDS AND WATERCOLOURS - A DAY OF POETIC ART (WEEKEND)

NEW

Price: \$105 - (Includes materials)

Use words and watercolours to express feelings and emotions which arise from consideration of nature.

Saturday	22 June	10:00am - 4:00pm	1 day course
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ART & CRAFT - OTHER

BEAUTIFUL FEATHER EARRINGS FROM RECYCLED BICYCLE TUBES (WEEKEND)

Price: \$52 - (Includes materials)

Join waste warrior Ronja Schipper in this fun workshop, crafting a pair of beautiful earrings and a necklace from discarded bicycle inner tube.

Saturday	18 May	9:30am - 12:30pm	1 day course
Saturday	18 May	1:30pm - 4:30pm	1 day course



NEW



BLOCK PRINTING ON FABRIC AND PAPER

See Interior Design & Textiles

CALLIGRAPHY - AN INTRODUCTION (WEEKEND)

Price: \$88 - (Includes materials)

Come along and spend a day being introduced to the art of calligraphy and learn techniques to achieve beautiful lettering for stationery, invitations, signs and cards.

Saturday	2 March	9:30am - 3:30pm	1 day course
Sunday	22 September	9:30am - 3:30pm	1 day course
Saturday	30 November	9:30am - 3:30pm	1 day course

CALLIGRAPHY - USING LETTERS TO MAKE A CALLIGRAPHIC BOOK

Price: \$235 - (Includes materials)

In this evening course you will learn a range of techniques including calligraphy and lettering, gold foiling, embossing, personalised stamps, and simple book binding, to create not just a record but a personal journal story of all we learn over these seven weeks.

Monday	13 May	7:00pm - 9:00pm	7 week course
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CANDLE MAKING - FOR BEGINNERS (WEEKEND)

NEW

See Home, Garden & DIY

CHILDREN'S BOOK ILLUSTRATION - WITH SANDRA MORRIS - CHARACTER DEVELOPMENT (WEEKEND)

Price: \$264 - (BYO materials)

Have you got an idea for a storybook character? Learn techniques to create and develop your very own storybook characters. Learn the process of illustrating, developing and producing a children's picture book.

Sat + Sun	17 August	9:00am - 5:00pm	2 day course
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CONTEMPORARY TEXTILE ART (WEEKEND) - FLAMING HOT FIBRES / - USING METAL

NEW

See Interior Design & Textiles

CREATE AN EXTRAVAGANT WEARABLE ART PIECE (WEEKEND)

Price: \$185 - (Includes materials)

Indulge in extravagant creation with a finalist in the NZ Wearable Arts! Join Beatrice Carlson and she will guide you as you design and make your very own creative wearable art adornment.

Sat + Sun	6+7 April	10:00am - 4:00pm	2 day course
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CREATE AN INTERNAL SELF PORTRAIT WITH PAPER COLLAGE (WEEKEND)

Price: \$53 - (Includes materials)

Collage is a relaxing and highly therapeutic art medium that allows self-expression for those without prior art experience and a uniquely inspiring means of artistic exploration. By selecting images that speak to you, you will create a portrait of your inner world and your unique life story taking home your own self-portrait.

Saturday	18 May	10:00am - 2:00pm	1 day course
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CREATE YOUR OWN COLLAGED MEMORY BOX (WEEKEND)

NEW

Price: \$92 - (Includes materials)

Dive into the world of paper collage and create a personalised keepsake that captures the essence of your life's moments. We provide materials but feel free to bring old photos, personal notes, letters, drawings, or maps from home to make it truly personal.

Saturday 17 August 10:00am - 4:00pm 1 day course

CREATE YOUR OWN PRINTED BOOK COVER (WEEKEND)

NEW

See Interior Design & Textiles

CREATING A VISUAL JOURNAL (WEEKEND)

NEW

Price: \$99 - \$123 - (Includes materials)

Want to learn how to keep a visual diary? The possibilities are endless with Visual Journaling – as varied as your days and as boundless as your art.

Sunday	3 March	10:00am - 4:00pm	1 day course	\$99
Monday	4 March	7:00pm - 9:00pm	4 week course	\$123

CREATING BEAUTIFUL NATURAL DYES (WEEKEND)

See Interior Design & Textiles

CYANOTYPE PHOTOGRAPHIC PRINTING (WEEKEND)

See Photography

DECOUPAGE POTS - INTRODUCTION TO THE ART OF DECOUPAGE

NEW

Price: \$70 - (Includes materials)

Learn the art of decoupage in this evening workshop. Decoupage is the art of decorating a surface with paper, and is a fun way to make everyday items special. You will go home with two of your own creations.

Tuesday	5 March	6:30pm - 8:30pm	1 night course
Tuesday	14 May	6:30pm - 8:30pm	1 night course
Tuesday	6 August	6:30pm - 8:30pm	1 night course



DRAWING BOTANICALS - WITH SANDRA MORRIS (WEEKEND)

NEW

Price: \$133 - (Includes materials)

Here is your chance to learn from one of the best! Sandra Morris is an award winning illustrator and she will introduce you to the world of botanical art using techniques that are a great way to start. You will leave the course not only with new skills but a set of high quality pencils to continue your practice.

Saturday 21 September 9:30am - 4:30pm 1 day course

DRAWING FOR BEGINNERS

Price: \$156 - (Includes materials)

Join us for a practical introduction to drawing with pencil, charcoal, soft pastels and ink.

Tuesday	13 February	7:00pm - 9:00pm	6 week course
Tuesday	22 October	7:00pm - 9:00pm	6 week course

DRAWING FOR BEGINNERS - WORKSHOP (WEEKEND)

Price: \$90 - (Includes materials)

During this one day course you will learn to feel confident using basic art materials to create your own style of drawing.

Sunday	7 April	10:00am - 4:00pm	1 day course
Sunday	22 September	10:00am - 4:00pm	1 day course

EXPERIMENTING WITH NEW MATERIALS & TECHNIQUES - WITH EVAN WOODRUFFE (WEEKEND)

Price: \$50 - (Includes materials)

Come along and join Evan from Gordon Harris and have some fun experimenting and playing with a range of new art materials that will expand your art practice.

Sunday 18 August 10:00am - 4:00pm 1 day course

FASHION DRAWING - FOR BEGINNERS

Price: \$151 - (Includes most materials)

Rooted in fine arts and illustration and taking inspiration from fashion, this drawing course will teach fundamental skills in drawing the human body.

Wednesday 31 July 7:00pm - 9:00pm 6 week course



GELLI PLATE PRINTING (WEEKEND)

NEW

Price: \$225 - (Includes materials)

Gelatin plate printing is a wonderful way to play with printmaking at home with relative ease. The softness of the gelatin plates allows you to capture and print great detail and the results are impressive. Come and learn how.

Sat + Sun 30 Nov + 1 Dec 10:00am - 4:00pm 2 day course

INTRODUCTION TO ART HISTORY - RENAISSANCE TO SURREALIST ART

See History & Society

JAPANESE INCENSE MAKING (WEEKEND)

NEW

See Home, Garden & DIY

KEEPING A NATURE JOURNAL WITH SANDRA MORRIS (WEEKEND)

NEW

Price: \$120 - (Includes some materials)

Keeping a nature journal is a great way of slowing down and being in the moment. Learn the nuts and bolts of effectively observing and recording what you see – whether it be a habitat or a collection of items discovered on your walks.

Sunday 22 September 9:30am - 4:30pm 1 day course

LIFE DRAWING (WEEKEND)

Price: \$88 - (Includes materials)

Begin your exploration into drawing the human form, involving both figure and portrait set in a supporting and encouraging environment. 18+ years.

Sunday 19 May 10:00am - 2:30pm 1 day course

MACHINE KNITTING - FOR BEGINNERS

See Interior Design & Textiles

MAKE A CONCERTINA-STYLE JOURNAL OR SKETCHBOOK (WEEKEND)

NEW

Price: \$120 - (Includes materials)

Come and create your own concertina-style sketch book with a difference – an ideal travel journal or nature journal.

Saturday 21 September 10:00am - 4:00pm 1 day course

MAKE A MACRAME PLANT HOLDER (WEEKEND)

See Home, Garden & DIY

MEDITATIVE ART

Price: \$135 - (Includes materials)

Using drawing, painting and collage come and learn how to express your thoughts and feelings in a creative way. You don't need to have any artistic talent!

Tuesday	27 February	7:00pm - 8:30pm	7 week course
Tuesday	7 May	7:00pm - 8:30pm	7 week course
Tuesday	22 October	7:00pm - 8:30pm	7 week course

MOSAICS - CONTEMPORARY MOSAICS WITH VINTAGE CHINA (WEEKEND)

Price: \$138 - (Includes materials)

Learn how to create contemporary and fashionable mosaic art from broken vintage (or modern) china, ceramic, glass, beads and trinkets. You will take home your completed artwork at the end of the weekend.

Sat + Sun 17+18 August 10am-4pm + 9am-12pm 2 day course

MOSAICS - CREATE A MOSAIC BIRD BATH (WEEKEND)

Price: \$138 - (Includes materials)

Come and learn how to create your own bird bath or patio bowl using recycled, beautiful broken china and found objects.

Sat + Sun 18+19 May 10am-4pm + 9am-12pm 2 day course

MOSAICS - MOSAIC A GARDEN ROCK OR PAVER STONE (NIGHT/WEEKEND)

Price: \$138 - (Includes materials)

Learn to mosaic and create your own mosaicked rock garden ornament or mosaic a paver stone for your garden. All materials are supplied. Available as an evening or weekend workshop.

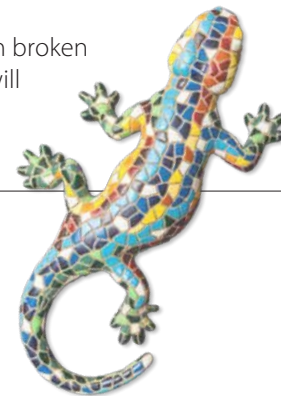
Monday	11 March	6:00pm - 9:00pm	3 week course
Sat + Sun	9+10 November	10am-4pm + 9am-12pm	2 day course

OBSERVATIONAL AND BOTANICAL DRAWING

Price: \$156 - (Includes materials)

Come and learn different techniques to create artwork filled with light, volume, and detail by observing and drawing both botanical and still life items.

Tuesday 7 May 7:00pm - 9:00pm 6 week course



OVERCOME OBSTACLES TO CREATIVITY

Price: \$149 - (Includes materials)

This course will help you discover practical ways to overcome obstacles to your creative expression and to express your feelings through the creative arts process.

Tuesday	5 March	6:30pm - 8:30pm	6 week course
Wednesday	8 May	6:30pm - 8:30pm	6 week course
Tuesday	30 July	6:30pm - 8:30pm	6 week course
Wednesday	23 October	6:30pm - 8:30pm	6 week course

PEBBLE MOSAICS (WEEKEND)

Price: \$147 - (Includes \$55 of materials)

Learn how to create gorgeous pebble mosaics through the precast indirect reverse method. You will leave the course with your very own garden slab.

Saturday	22 June	10:00am - 4:00pm	1 day course
Sunday	1 December	10:00am - 4:00pm	1 day course

POINTED PEN CALLIGRAPHY (WEEKEND)

Price: \$96 - (Includes materials)

Come and learn the elegant script writing of past generations. You'll learn to use a pointed pen nib to write Script Cursive Lettering. All materials included and you'll take home your pen.

Sunday	19 May	9:30am - 3:30pm	1 day course
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POTTERY - FOR BEGINNERS (NIGHT/WEEKEND)

Price: \$310 - (Includes materials, clay and firing)

Have you ever wanted to work with clay, but not known where to start? Come and learn a range of skills that you can later adapt to help fulfil your creative ideas. Whether functional pottery or sculptural ceramics is your thing, there's plenty here for you!

Tuesday	13 February	7:00pm - 9:00pm	8 week course
Tuesday	7 May	7:00pm - 9:00pm	8 week course
Tuesday	30 July	7:00pm - 9:00pm	8 week course
Tuesday	15 October	7:00pm - 9:00pm	8 week course

Wednesday	14 February	7:00pm - 9:00pm	8 week course
Wednesday	8 May	7:00pm - 9:00pm	8 week course
Wednesday	31 July	7:00pm - 9:00pm	8 week course
Wednesday	16 October	7:00pm - 9:00pm	8 week course

Sat + Sun	2 March	10:00am - 4:30pm	2 day course + glazing session
Sat + Sun	18 May	10:00am - 4:30pm	2 day course + glazing session
Sat + Sun	17 August	10:00am - 4:30pm	2 day course + glazing session
Sat + Sun	9 November	10:00am - 4:30pm	2 day course + glazing session



RARANGA KETE WANANGA (WEEKEND)

See Home, Garden & DIY

RESIN ART (WEEKEND)

Price: \$130 - (Includes materials)

Join resin artist Andrea Waterhouse and make your own personalised piece of resin art to hang on your wall. Artworks need to dry overnight and can be collected the following week.

Sunday	3 March	9:00am - 12:00pm	1 day course
Saturday	21 September	9:00am - 12:00pm	1 day course

RESIN GLASS COASTERS (WEEKEND)

Price: \$83 - (Includes materials)

Join resin artist Andrea and learn to create your own glass coasters using flowers, glitter, or even photographs. You'll create four personalised and beautiful glass coasters.

Saturday	18 May	9:00am - 12:00pm	1 day course
Saturday	30 November	9:00am - 12:00pm	1 day course

RESIN DREAM CATCHER (WEEKEND)

Price: \$86 - (Includes materials)

Using a resin mould you will create your own dreamcatcher by adding glitter, small shells, gems or dried foliage – the dream is yours to create. You will assemble your catcher at home once the mould has set.

Sunday	3 March	1:00pm - 4:00pm	1 day course
Saturday	21 September	1:00pm - 4:00pm	1 day course



RESIN JEWELLERY (WEEKEND)

Price: \$70 - (Includes materials)

Explore the awesomeness of resin with jewellery artist Maca Bernal. Learn how to make your own utterly unique resin jewellery incorporating pigments and glitters.

Sunday	7 April	9:30am - 12:30pm	1 day course
Saturday	22 June	9:30am - 12:30pm	1 day course
Sunday	22 September	9:30am - 12:30pm	1 day course

RETHREAD, REPAIR OR REMAKE BEAD NECKLACES (WEEKEND)

Price: \$74 - (BYO beads, some materials provided)

Have you got broken necklaces at home that you'd love to repurpose into new jewellery? Bring some of your own old beads and fashion fabulous new necklaces. Beading aficionado Kathy will show you the tricks of turning beads into necklaces.

Saturday	17 August	10:00am - 3:00pm	1 day course
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SCULPTURES & MURALS IN THE CENTRAL CITY (WEEKEND)

See Tours, Walks & Diversions

SOFT STONE SCULPTURE (WEEKEND)

Price: \$138 - (Includes materials)

Create your own masterpiece to enhance your garden or interior spaces. The soft stone sculpture is one of the most accessible mediums to work with as ideas can be quickly realised and easily modified.

Saturday	2 March	11:00am - 4:00pm	1 day course
Sunday	23 June	11:00am - 4:00pm	1 day course
Saturday	9 November	11:00am - 4:00pm	1 day course

STREET ART PHOTOGRAPHY (WEEKEND)

See Photography

TAMBOUR EMBROIDERY

See Interior Design & Textiles

THE ARTIST'S WAY

See Personal Development

THE ART OF FOLDING BOOKS (WEEKEND)

Price: \$49 - (Includes materials)

Learn the art of folding books by using the pages to form beautiful art. You will leave the course with your very own book sculptures and artworks. Warning: It is very addictive!

Sunday	18 August	10:00am - 1:00pm	1 day course
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THE ART OF KINTSUGI (WEEKEND)

Price: \$165 - (Includes materials)

Come and learn this beautiful and healing Japanese art that uses gold or silver-coloured glues to bring together pieces of a broken pottery item and at the same time enhance the breaks.

Sunday	3 March	9:30am - 11:30am	1 day course
Saturday	22 June	9:30am - 11:30am	1 day course
Saturday	21 September	9:30am - 11:30am	1 day course
Saturday	9 November	9:30am - 11:30am	1 day course



TRAVEL SKETCHING (WEEKEND)

Price: \$105 - (Includes materials)

Join this one day course and learn how to use pen, watercolour and pencil to create your own personal travel journal.

Sunday	19 May	10:00am - 4:00pm	1 day course
Sunday	18 August	10:00am - 4:00pm	1 day course

WATERCOLOUR AND DRAWING (WEEKEND)

See Art & Craft – Painting

ZENTANGLE ART (WEEKEND)

Price: \$64 - (Includes materials)

Zentangle® is mindful drawing – creating a miniature abstract work of art with a collection of patterns. All your materials are provided and you will spend two hours of relaxation, drawing structured patterns in a mindful way.

Saturday	6 April	10:00am - 2:00pm	1 day course
Saturday	17 August	10:00am - 2:00pm	1 day course



CHILDREN - AFTER SCHOOL



ART FOR CHILDREN (FOR 6-14 YEARS)

Price: \$160 - (Includes materials)

This eight week course introduces young art students to fine art drawing (as opposed to craft) and exposed to a wide range of mediums including lead pencils, ink, charcoal, eraser, pastel and pen – anything goes. The classes are very practical and fun, as well as educational.

Tuesday	13 February	3:30pm - 5:00pm	8 week course
Tuesday	7 May	3:30pm - 5:00pm	8 week course
Tuesday	30 July	3:30pm - 5:00pm	8 week course
Tuesday	15 October	3:30pm - 5:00pm	8 week course
Tuesday	13 February	5:00pm - 6:30pm	8 week course
Tuesday	7 May	5:00pm - 6:30pm	8 week course
Tuesday	30 July	5:00pm - 6:30pm	8 week course
Tuesday	15 October	5:00pm - 6:30pm	8 week course

BEGINNERS DRAMA (FOR 8-10 YEARS)

Price: \$165

This is a wonderful opportunity for children to be introduced to the elements of drama from a highly experienced drama teacher.

Wednesday	14 February	3:30pm - 5:30pm	8 week course
Wednesday	8 May	3:30pm - 5:30pm	8 week course
Wednesday	31 July	3:30pm - 5:30pm	8 week course
Wednesday	23 October	3:30pm - 5:30pm	8 week course

DRAMA PRODUCTION (FOR 9-12 YEARS)

Price: \$165

Following Beginners Drama, this course will extend the children's drama skills further. Please contact the office to enrol or to make enquiries about suitability.

Friday	16 February	3:30pm - 5:30pm	8 week course
Friday	10 May	3:30pm - 5:30pm	8 week course
Friday	2 August	3:30pm - 5:30pm	8 week course
Friday	25 October	3:30pm - 5:30pm	8 week course



CHILDREN - SCHOOL HOLIDAYS



Please visit our website for our school holiday programme, which includes:

COOKING

SEWING

ART & CRAFTS

FILM MAKING

SELF DEFENCE

■ and more!

GET REAL

- SOCIAL AND ENVIRONMENTAL AWARENESS FOR KIDS (DAY)

15th – 19th July, 9:00am – 4:30pm, \$85 per day

This unique programme encourages children to make positive changes in the world and in the lives of others.

Each day will begin with a motivating talk given by an inspiring young activist based on the theme of the day. It may be to encourage social or environmental change. The children will then spend the day creating items to be given to people in need.



Please visit our website for more information about GET REAL including a schedule of topics, guest speakers, activities and affiliated community organisations and costs.

Monday 15th July
9:00am - 4:30pm

**CRAFTING
for a Cause**

Have fun creating and sewing items to donate to people in need.

Name of charity to be advised.

Tuesday 16th July
9:00am - 4:30pm

**COOKING
for a Cause**

Have fun cooking healthy meals for the Glen Innes Foodbank.

Wednesday 17th July
9:00am - 4:30pm

**ART
for a Cause**

Spend the day having fun at a retirement village, talking to the residents about their lives and their memories and then creating works of art based on these discoveries. Then gift these to the residents.

Thursday 18th July
9:00am - 4:30pm

**GROWING
for a Cause**

Today is focussed on the environment and sustainability. The children will have fun creating sustainable products to either gift or use.

Friday 19th July
9:00am - 4:30pm

**DRAMA
for a Cause**

Have fun with improvisation and drama games while gaining an understanding about diversity, empathy, kindness and compassion.

Please visit our website: www.selwyncomed.school.nz

COMPUTING SKILLS



■ Please note that some of our courses have pre-requisite skills and knowledge. Check details on the website.

Some computing courses are subsidised with funding from the Tertiary Education Commission (TEC). Please check our website for details of subsidies, eligibility and conditions.

BASIC COMPUTING SKILLS

Price: \$165 / \$60 (for qualifying residents)

Are you feeling left behind with computers? Are you lacking confidence dealing with email? Join this small group and patient, kind computing teacher Kathy will teach you the basics of using a PC.

Tuesday	13 February	6:30pm - 8:30pm	6 week course
Wednesday	8 May	6:30pm - 8:30pm	6 week course
Monday	29 July	6:30pm - 8:30pm	6 week course
Wednesday	23 October	6:30pm - 8:30pm	6 week course

BOOST YOUR DIGITAL LITERACY AND ONLINE SEARCH SKILLS (WEEKEND)

NEW

See Personal Development

DATABASE FUNDAMENTALS AND SOFTWARE DESIGN WITH MICROSOFT ACCESS

NEW

See Accounting, Marketing & Money

HOW TO GROW YOUR BUSINESS WITH DIGITAL MARKETING (WEEKEND)

See Accounting, Marketing & Money

HOW TO START AN ONLINE BUSINESS (WEEKEND)

See Accounting, Marketing & Money

HOW TO USE CANVA FOR SOCIAL MEDIA MARKETING (WEEKEND)

See Accounting, Marketing & Money

HOW TO USE FACEBOOK FOR MARKETING (WEEKEND)

See Accounting, Marketing & Money

HOW TO USE INSTAGRAM FOR MARKETING (WEEKEND)

See Accounting, Marketing & Money

INTRODUCTION TO INDESIGN

Price: \$148 / \$60 (for qualifying residents)

Learn to create well-designed print publications using this industry standard page layout programme. Participants should have strong general computer skills for this introductory level course. Extra courses will be added to meet demand.

Monday	29 July	7:00pm - 9:00pm	6 week course
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INTRODUCTION TO MICROSOFT

Price: \$132 / \$35 (for qualifying residents)

Are you relatively new to computing and would like a quick and interesting introduction to some of Microsoft's popular software programmes? This will give you some fundamental skills in Microsoft Word, Excel, Powerpoint, Outlook, Publisher and Powerpoint.

Wednesday	14 February	7:00pm - 9:00pm	6 week course
Monday	21 October	7:00pm - 9:00pm	6 week course

INTRODUCTION TO PHOTOSHOP

Price: \$148 / \$60 (for qualifying residents)

An introduction to the key concepts of Adobe Photoshop and how to digitally manipulate images. Strong general computer skills are needed. Extra courses will be added to meet demand.

Monday	6 May	7:00pm - 9:00pm	6 week course
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MICROSOFT EXCEL - BEGINNERS (NIGHT/WEEKEND)

Price: \$120 / \$30 (for qualifying residents)

An introduction to this popular programme will lead you through how to create spreadsheets, charts, perform calculations with formulae, and analyse numerical information.

Monday	12 February	7:00pm - 9:00pm	5 week course
Tuesday	30 July	7:00pm - 9:00pm	5 week course
Tuesday	22 October	7:00pm - 9:00pm	5 week course
Sat + Sun	2+3 March	9:30am - 3:30pm	2 day course
Sat + Sun	18+19 May	9:30am - 3:30pm	2 day course
Sat + Sun	21+22 September	9:30am - 3:30pm	2 day course

MICROSOFT EXCEL - CONTINUATION (NIGHT/WEEKEND)

Price: \$98 / \$25 (for qualifying residents)

Take your Excel skills to the next level and learn more formulae, some awesome tips for working with multiple worksheets, advanced printing, sorting, filtering and more. These topics will really improve your productivity and save you lots of time.

Monday	6 May	7:00pm - 9:00pm	4 week course
Tuesday	3 September	7:00pm - 9:00pm	4 week course
Saturday	30 November	9:00am - 4:30pm	1 day course

MICROSOFT EXCEL - ADVANCED - FORMULAE AND FUNCTIONS

Price: \$102 / \$25 (for qualifying residents)

In this course you will learn the top 15 functions you might need to advance your Excel skills, and the techniques you need to make them work harder; absolute and mixed cell references, nesting, using range names and table 'structured references'.

Wednesday	22 May	7:00pm - 9:00pm	4 week course
Wednesday	30 October	7:00pm - 9:00pm	4 week course

MICROSOFT EXCEL - ADVANCED (WEEKEND)

Price: \$70

For experienced Excel users. Learn advanced aspects of this versatile software, utilising features such as automation, analysis, queries, transformations and more.

DASHBOARD BUILDING

Saturday	22 June	9:00am - 1:00pm	1 day course
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DATA ANALYSIS SKILLS

Saturday	17 August	9:00am - 1:00pm	1 day course
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MACROS

Saturday	9 November	9:00am - 1:00pm	1 day course
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PIVOT TABLES

Saturday	6 April	9:00am - 1:00pm	1 day course
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MICROSOFT POWERPOINT - BEGINNERS

Price: \$98 / \$25 (for qualifying residents)

Gain the skills and confidence to prepare simple yet impressive, professional presentations and on-screen slide shows. Basic computer skills essential!

Wednesday	31 July	7:00pm - 9:00pm	4 week course
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MICROSOFT TERRIFIC TEMPLATES

Price: \$75 / \$20 (for qualifying residents)

Microsoft Templates save time – why create a CV, an invoice, or a newsletter from scratch when these are available to us to customise to our own needs?

Monday	10 June	7:00pm - 9:00pm	3 week course
Wednesday	28 August	7:00pm - 9:00pm	3 week course

MICROSOFT WORD - BEGINNERS

Price: \$132 / \$35 (for qualifying residents)

Learn or update your computer skills to produce attractive, structured letters and forms. Become adept at copying, cutting, pasting, editing and formatting text, tabs and leaders, tables and columns.

Tuesday	7 May	7:00pm - 9:00pm	6 week course
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SEO FOR SMALL BUSINESS (WEEKEND)

See Accounting, Marketing & Money

WORDPRESS BOOTCAMP (WEEKEND)

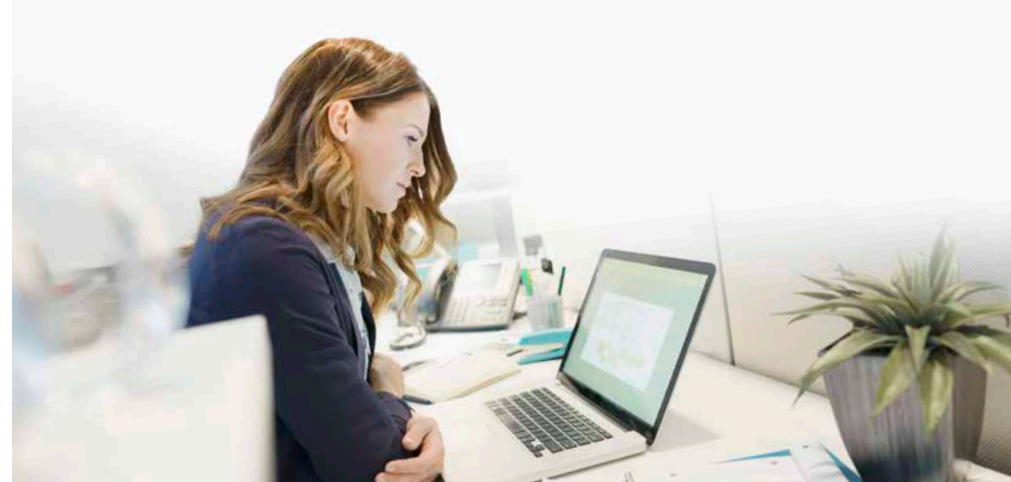
Price: \$276 / \$120 (for qualifying residents)

This two-day course focuses on the background to WordPress, how each version works, and how to edit and manage the WordPress dashboard. You will then go on to install WordPress in class and over the weekend build a website.

Sat + Sun	6+7 April	9:00am - 5:00pm	2 day course
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XERO WEB BASED ACCOUNTING - GETTING STARTED

See Accounting, Marketing & Money



COOKING - BASIC SKILLS



COOKING - FOR ABSOLUTE BEGINNERS

Price: \$149 - (Includes all ingredients)

Feel you don't know the basics? Need the confidence and skills to cook for yourself and others? This unique course will give you all the basic skills you need to master the basics of cooking.

Tuesday	19 March	6:30pm - 8:30pm	4 week course
Tuesday	30 July	6:30pm - 8:30pm	4 week course

HISSING AND SIZZLING - BARBECUE BRILLIANCE (WEEKEND)

See Cooking - Specialty Cooking

KNIFE SKILLS 101 - FISH & CHICKEN (WEEKEND)

Price: \$90 - (Includes all ingredients)

Through a combination of demonstration and hands-on experience, our chef tutor will instruct you in the precise art of cutting, filleting, deboning, carving, selection, handling, sharpening and preservation of knives to give you the professional touch in the kitchen.

Saturday	6 April	9:00am - 1:00pm	1 day course
Saturday	21 September	1:00pm - 5:00pm	1 day course

KNIFE SKILLS 101 - VEGETABLES & FRUIT (WEEKEND)

Price: \$75 - (Includes all ingredients)

Learn the building blocks for professional knife handling that will have you slicing and dicing through a broad range of ingredients in no time.

Saturday	22 June	9:00am - 1:00pm	1 day course
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NUTRITIOUS AND DELICIOUS EASY MEALS - FOR BUSY SINGLES (WEEKEND)

See Cooking - Healthy Eating



COOKING - FOR CHILDREN



Please visit our website to see the full range of courses available.

ASPIRING YOUNG COOKS (FOR 8-12 YEARS)

Price: \$149 - (Includes \$30 ingredients)

This school holiday course will give young students the opportunity to learn cooking skills in a fun and safe environment. October courses full with long waiting lists.

Mon + Tue	15 April	9:00am - 2:00pm	2 day course
Mon + Tue	22 April	9:00am - 2:00pm	2 day course
Mon + Tue	8 July	9:00am - 2:00pm	2 day course
Thur + Fri	18 July	9:00am - 2:00pm	2 day course
Mon + Tue	30 September	9:00am - 2:00pm	2 day course
Mon + Tue	7 October	9:00am - 2:00pm	2 day course

CHRISTMAS COOKING WITH NICHOLE (FOR 8-12 YEARS)

Price: \$149 - (Includes all ingredients and materials)

Join Nichole for two days of cooking for Christmas. During this course you will learn to cook a range of goodies that make great Christmas gifts.

Mon + Tues	18+19 December	9:00am - 2:00pm	2 day course
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COOKING FOR TEENS (FOR 13-16 YEARS)

Price: \$149 - (Includes all ingredients)

Join Nichole for foundation cooking skills these school holidays.

Thur + Fri	18 April	9:00am - 2:00pm	2 day course
Thur + Fri	11 July	9:00am - 2:00pm	2 day course
Thur + Fri	3 October	9:00am - 2:00pm	2 day course
Thur + Fri	10 October	9:00am - 2:00pm	2 day course

DELICIOUS DUMPLINGS (FOR 8-12 YEARS)

Price: \$68 - (Includes all ingredients)

Here is your chance for your children to learn to create and cook a variety of delicious dumplings. They will learn how to make and take home vegetarian, gluten free and traditional dumplings with a range of different wrappings and a dipping sauce.

Wednesday	17 April	9:00am - 1:00pm	1 day course
Wednesday	10 July	9:00am - 1:00pm	1 day course



COOKING - CAKES & SWEETS



CAKE DECORATING - THE BASICS (WEEKEND)

Price: \$65 - (Includes all ingredients)

Bring your own cake base or use a dummy cake to come and learn the basics of decorating.

Sunday	3 March	1:15pm - 4:15pm	1 day course
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CAKE DECORATING - INTRODUCTION

Price: \$130 - (Includes all ingredients)

Come and learn the basics of decorating cakes using rolled fondant, butter icing and piping techniques. Create an icing picture and put it all together to produce the completed cakes.

Monday	10 June	7:00pm - 9:00pm	4 week course
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CAKE DECORATING - MODELLING WITH FONDANT AND SUGAR PASTE (WEEKEND)

Price: \$65 - (Includes all ingredients)

From minions to penguins, elephants to giraffes, and roses to wild flowers, this class will introduce you to working with sugar paste and modelling fondant to make basic animals, flowers and figurines.

Sunday	23 June	9:00am - 12:00pm	1 day course
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CONTINENTAL CAKES

Price: \$120 - (Includes all ingredients)

Come and learn to create mouth-watering, delicious and decadent gateaux, tortes and tarts and learn the secrets to creating a variety of spectacular and special treats for grand occasions.

Monday	9 September	7:00pm - 9:00pm	3 week course
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DELICIOUS ROLLED SPONGE CAKE (WEEKEND)

Price: \$93 - (Includes all ingredients)

During this course we will be making a delicious sponge cake. You will learn to create a light sponge and a delicious cream filling to create a sponge roll.

Sunday	3 March	10:00am - 3:00pm	1 day course
Sunday	19 May	10:00am - 3:00pm	1 day course
Sunday	10 November	10:00am - 3:00pm	1 day course

FRENCH PASTRIES

Price: \$152 - (Includes all ingredients)

Learn authentic French pastry recipes with our French Pastry Chef, Jean Christophe Varnier.

Monday	12 February	7:00pm - 9:00pm	4 week course
Monday	6 May	7:00pm - 9:00pm	4 week course
Monday	29 July	7:00pm - 9:00pm	4 week course
Monday	4 November	7:00pm - 9:00pm	4 week course

HANDMADE CHRISTMAS GIFTS FROM YOUR KITCHEN

NEW

Price: \$139 - (Includes all ingredients)

Take the stress out of what to give at Christmas and learn to make a range of delicious and traditional sweet treats.

Tuesday	3 December	7:00pm - 9:00pm	3 week course
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TRADITIONAL JAPANESE CREAM PUFFS (WEEKEND)

NEW

Price: \$88 - (Includes all ingredients)

Learn to create authentic Japanese cream puffs with delicious crusty choux pastry and filled with a sweet custard filling. You will show you the secrets and you will be able to create your own delicious puffs at home.

Sunday	22 September	10:00am - 3:00pm	1 day course
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COOKING - ETHNIC COOKING



A DUMPLING NIGHT

Price: \$45 - (Includes all ingredients)

Come and learn to make homemade sticky dumplings using pork, chicken or vegetables from scratch. And you will learn how to create a delicious dipping sauce of using Asian inspired ingredients and have fun along the way. More classes will be added based on demand. Check the website for updates.

Wednesday	14 February	6:30pm - 8:30pm	1 night course
Monday	18 March	6:30pm - 8:30pm	1 night course
Wednesday	27 March	6:30pm - 8:30pm	1 night course
Wednesday	19 June	6:30pm - 8:30pm	1 night course
Wednesday	28 August	6:30pm - 8:30pm	1 night course
Monday	2 September	6:30pm - 8:30pm	1 night course
Monday	21 October	6:30pm - 8:30pm	1 night course



BALINESE CUISINE

NEW

Price: \$168 - (Includes all ingredients)

Come and learn to recreate some memorable and delicious Balinese cuisine using authentically Balinese ingredients.

Tuesday	11 June	7:00pm - 9:00pm	4 week course
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DATE NIGHT COOKING - FRENCH CUISINE

Price: \$82 - (Includes all ingredients)

Spice things up with a French Cuisine cooking lesson perfect for couples, friends, family members – these classes are fun and light-hearted with plenty of opportunity for hands-on learning. Then relax and share your delicious meal each evening.

Monday	11 March	6:00pm - 9:00pm	1 night course
Monday	26 August	6:00pm - 9:00pm	1 night course

FRENCH PASTRIES

See Cooking - Cakes & Sweets



HUNGARIAN CUISINE (WEEKEND)

NEW

Price: \$115 - (Includes all ingredients)

Join us for an unforgettable culinary journey as we explore the traditional flavours and techniques of Hungarian cooking.

Sunday	7 April	10:00am - 4:00pm	1 day course
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ITALIAN CUISINE

Price: \$195 - (Includes all ingredients)

Learn a series of authentic Italian dishes with chef Regi who will demonstrate the traditional way of preparing classic Italian dishes – sharing his secrets for creating those uniquely Italian flavours.

Wednesday	13 March	7:00pm - 9:00pm	5 week course
Wednesday	31 July	7:00pm - 9:00pm	5 week course

JAPANESE CUISINE

Price: \$144 - \$149 - (Includes all ingredients)

Join Masami Utsugi, food enthusiast and chef, to learn some authentic Japanese favourites at home.

Wednesday	8 May	7:00pm - 9:00pm	4 week course	\$149	Meat, Fish and Seafood
Wednesday	23 October	7:00pm - 9:00pm	4 week course	\$144	Vegetarian

KOREAN CUISINE

Price: \$157 - (Includes all ingredients)

Korean cuisine has evolved through centuries of change, both natural and cultural to create an interesting and tasty array of side dishes. You'll get to enjoy your creations each night.

Tuesday	7 May	7:00pm - 9:00pm	5 week course
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KOREAN KIMCHI MASTERCLASS (WEEKEND)

Price: \$130 - (Includes all ingredients)

Learn to make authentic kimchi, the popular and healthful Korean fermented cabbage dish. This course is spread over two afternoons so you can learn more about the processes involved in making kimchi.

Sat + Sun 17+18 August 1:30pm - 5:30pm 2 day course

KOREAN VEGETARIAN FOOD (WEEKEND)

Price: \$73 - (Includes all ingredients)

Join Cecilia and learn to make Korean vegetarian foods focusing on lunch dishes.

Saturday 17 August 9:00am - 1:00pm 1 day course

LEBANESE CUISINE

Price: \$153 - (Includes all ingredients)

Join Komal to learn to create some authentic, delicious and healthy Lebanese dishes.

Tuesday 20 February 7:00pm - 9:00pm 4 week course

MEXICAN CUISINE

Price: \$188 - (Includes all ingredients)

Come and take a culinary tour of Mexico, exploring famous dishes from different regions. You'll learn to cook traditional Mexican cuisine full of fragrance and taste, and will enjoy the dishes you prepare each evening.

Monday 11 March 6:00pm - 9:00pm 4 week course
Monday 10 June 6:00pm - 9:00pm 4 week course

STREET FOOD FROM AROUND THE WORLD

Price: \$153 - (Includes all ingredients)

Spice up your cooking with these four classes of authentic and delicious street food from around the world, including Spain, Thailand, India and Labanon.

Tuesday 30 July 7:00pm - 9:00pm 4 week course

THAI CUISINE

Price: \$144 - (Includes all ingredients)

Come and spice up your life with some delicious Thai street food plus a selection of other authentic Thai dishes.

Monday 12 February 7:00pm - 9:00pm 4 week course

TRADITIONAL INDIAN CURRIES

NEW

Price: \$145 - (Includes all ingredients)

Learn to make popular tasty Indian recipes with Vinay's tips and tricks. You'll cook the dishes, learning the recipes, then you'll enjoy the food each evening.

Wednesday 4 September 6:30pm - 8:30pm 4 week course

TRADITIONAL JAPANESE CREAM PUFFS (WEEKEND)

NEW

See Cooking - Cakes & Sweets

VINAY'S BEEF SEEKH KEBABS

Price: \$45 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating as he shows you how to make Beef Seekh Kebab and Yoghurt Raita accompaniment.

Wednesday 13 March 6:30pm - 8:30pm 1 night course

VINAY'S HEALTHY SOUTH EAST ASIAN COOKING CLASS

Price: \$48 - (Includes all ingredients)

In this one-night class you will create one delicious and aromatic meal using banana leaves and less oil than usual South East Asian recipes.

Wednesday 20 March 6:30pm - 8:30pm 1 night course
Wednesday 27 November 6:30pm - 8:30pm 1 night course

VINAY'S VIETNAMESE SPRING ROLLS EVENING

Price: \$45 - (Includes all ingredients)

Join Vinay for an evening of learning, cooking and eating as he helps you to make Vietnamese spring rolls.

Monday 25 March 6:30pm - 8:30pm 1 night course
Wednesday 12 June 6:30pm - 8:30pm 1 night course
Wednesday 20 November 6:30pm - 8:30pm 1 night course



COOKING - HEALTHY EATING



AYURVEDIC COOKING AND NUTRITION

Price: \$150 - (Includes all ingredients)

Would you like to learn about the connection between your constitution (body type) and the food you eat? Learn to create simple, tasty and nutritious vegetarian meals by incorporating a range of spices while appreciating their health benefits.

Wednesday 8 May 6:30pm - 9:00pm 4 week course

KOREAN KIMCHI MASTERCLASS (WEEKEND)

See Cooking - Ethnic Cooking

MAKING SAUERKRAUT (WEEKEND)

Price: \$49 - (Includes all ingredients)

Sauerkraut? Learn about the background of this nourishing food – where it comes from, how it is made and its health benefits.

Sunday 7 April 2:00pm - 4:00pm 1 day course

NUTRITIOUS AND DELICIOUS EASY MEALS - FOR BUSY SINGLES (WEEKEND)

NEW

Price: \$165 - (Includes all ingredients)

Do you live alone and have a busy life with no time for planning and preparing healthy meals? Want to learn ways to make the most of your left overs? This course will help you plan quick meals that are seasonal, healthful, and full of flavour and you'll have fun while doing it!

Tuesday	20 February	7:00pm - 9:00pm	4 week course
Tuesday	11 June	7:00pm - 9:00pm	4 week course
Tuesday	22 October	7:00pm - 9:00pm	4 week course



PLANT BASED COOKING

Price: \$159 - (Includes all ingredients)

Executive Chef Komal will share her favourite dishes and best hacks for a plant-based diet.

Monday 6 May 7:00pm - 9:00pm 4 week course

PLANT BASED COOKING - WITH AARON BRUNET - EVERYDAY MEALS (WEEKEND)

Price: \$165 - (Includes all ingredients)

Join Masterchef NZ 2013 winner Aaron Brunet to make and taste delicious plant-based meals. Suitable for those on vegan diets.

Sunday 23 June 10:00am - 4:00pm 1 day course

PLANT BASED COOKING - WITH AARON BRUNET - FOOD FOR LIFE (WEEKEND)

Price: \$165 - (Includes all ingredients)

Join Masterchef NZ 2013 winner Aaron Brunet for this introduction to wholefood plant-based dishes to boost your aliveness. Suitable for those on vegan diets.

Sunday 18 August 10:00am - 4:00pm 1 day course

SOURDOUGH BREAD (WEEKEND)

Price: \$75 - (Includes all ingredients)

Come and learn the secrets of making delicious loaves and rolls using rye and wholemeal spelt flour. Take home a sourdough starter at the end of the course.

Saturday	18 May	9:30am - 12:30pm	1 day course
Saturday	21 September	9:00am - 12:00pm	1 day course



COOKING - SPECIALTY COOKING



BARISTA - FOR BEGINNERS (WEEKEND)

Price: \$98 / \$40 (for qualifying residents)

Through a combination of online learning and hands-on practice, learn about espresso and learn to make popular espresso coffees.

Saturday	2 March	10:00am - 4:00pm	1 day course
Saturday	6 April	10:00am - 4:00pm	1 day course
Saturday	18 May	10:00am - 4:00pm	1 day course
Saturday	17 August	10:00am - 4:00pm	1 day course
Saturday	21 September	10:00am - 4:00pm	1 day course
Sunday	3 March	10:00am - 4:00pm	1 day course
Sunday	23 June	10:00am - 4:00pm	1 day course
Sunday	22 September	10:00am - 4:00pm	1 day course
Sunday	10 November	10:00am - 4:00pm	1 day course

BARISTA - LATTE ART (WEEKEND)

Price: \$98 / \$40 (for qualifying residents)

This course is for those who can already use an espresso machine confidently, and now want upskill milk and pouring.

Sunday	7 April	10:00am - 4:00pm	1 day course
Sunday	18 August	10:00am - 4:00pm	1 day course
Saturday	9 November	10:00am - 4:00pm	1 day course

DATE NIGHT COOKING - FRENCH CUISINE

See Cooking - Ethnic Cooking

DELICIOUS SEAFOOD - WITH JUNE

Price: \$142 - (Includes all ingredients)

Join June for four nights of learning how to create mouthwatering fish dishes. You'll also learn how to scale, gut and fillet fish, make a makeshift smoker, make beer batter and even a traditional bouillabaisse broth - and more!

Monday	4 November	7:00pm - 9:00pm	4 week course
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FOOD STYLING - THE ART OF PLATING

Price: \$95 - (Includes all ingredients)

Food styling is an art form. Come and learn from a professional the basics of plating homemade meals to restaurant quality. Add the wow factor to your dishes (and to your food photos!).

Tuesday	27 August	7:00pm - 9:00pm	2 week course
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HANDMADE CHRISTMAS GIFTS FROM YOUR KITCHEN

NEW

See Cooking - Cakes & Sweets

HISSING AND SIZZLING - BARBECUE BRILLIANCE (WEEKEND)

Price: \$98 - (Includes all ingredients)

Do you want to perfect your barbecue skills? Come along and learn how to produce mouth watering, fall-off-the-bone meat every time you have a BBQ and the importance of rubs, marinades and accompaniments. You will also learn to make a selection of fresh seasonal salads to accompany your meat dishes.

Saturday	2 March	12:00pm - 5:00pm	1 day course
Saturday	30 November	12:00pm - 5:00pm	1 day course

INTRODUCTION TO FOOD PHOTOGRAPHY

See Photography

SOURDOUGH BREAD (WEEKEND)

See Cooking - Healthy Eating

SUMMER PRESERVES - JAMS, PICKLES & CHUTNEYS (WEEKEND)

Price: \$105 - (Includes all ingredients)

Join June for a day of learning how to utilise excess seasonal produce to create your own range of pickles, chutneys and jams.

Saturday	2 March	10:00am - 4:00pm	1 day course
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ENGLISH FOR MIGRANTS



English for Migrants courses are for people whose first language is not English. They will help you to improve your English skills, to live and work in New Zealand, or to gain skills for further study.

- Courses are subsidised by the Government through the Tertiary Education Commission, for those who have New Zealand residency or citizenship.
 - Some places will be available for those on a visitor, work, holiday or study visa, and the higher fee will apply. (Please visit our office or contact us on 521 9623 for information.)
 - Please bring your passport and evidence of New Zealand residency to our office before your first lesson.
-
- All our tutors are qualified, native English speakers.
 - Student's books and workbooks are included in fees for General English courses.
 - Transport is easy with frequent buses from Britomart stopping outside Selwyn College. The routes are currently 762, 781, 782 and 783, but please check the Auckland Transport website for latest updates. Bus stops 7842 and 1030.
 - During the day there is no parking on-site, but street parking is available nearby. For evening and weekend courses there is parking available within the school grounds.

FEES

CITIZENS AND PERMANENT NZ RESIDENTS: English courses are subsidised through funding from the Tertiary Education Commission (TEC) for NZ citizens and permanent migrant adults, their partners on work visas or visitor visas, and refugees. Some additional information will be collected for statistical purposes and 80% attendance is required. Conditions apply.

STUDENTS WITH VISITOR, WORK, HOLIDAY OR STUDY VISAS: We welcome those visiting NZ to join our courses. The unsubsidised fee applies.

REFUGEES: There is no fee for those who have refugee status, provided evidence is supplied. You will need to buy your course books.

STUDENTS' BOOKS: We use a selection of books including Oxford University Press English File and the cost of these books is included in the fees.

- Please check our website for changes to course times.
- Additional courses may be added if there is demand.



WE OFFER 6 TYPES OF CLASSES

- 1 ENGLISH:** Choose day or evening classes to improve your writing, reading, listening and speaking.*
- 2 CONVERSATION CLUB:** Choose day or evening classes to improve your listening and speaking skills.
- 3 INTENSIVE ENGLISH:** Over 8 weeks, 4 or 5 days per week, you can improve your speaking, listening, reading and writing skills.*
- 4 IELTS PREPARATION:** For students needing IELTS for immigration, university study or work.*
- 5 ENGLISH FOR WORK:** Upper Intermediate to Advanced evening classes to improve your English skills and employment options.
- 6 PRONUNCIATION:** Intermediate to Advanced classes to improve your pronunciation skills.

* Books Included



LEVELS

We have 5 levels of day and night courses from Elementary to Advanced English.

ELEMENTARY: For those starting to understand and use simple English, who can understand familiar everyday expressions and phrases.

PRE-INTERMEDIATE: For those with basic communication skills, who can interact in a limited way on familiar topics at work, school or leisure.

INTERMEDIATE: For those with a good command of English, who can express themselves on a range of topics and interact confidently.

UPPER-INTERMEDIATE: For those with a very good command of English, who can use language flexibly and effectively for social, academic and professional purposes, and want new challenges.

ADVANCED: For those with an excellent command of English. This course focuses on building fluency in complex situations.

ENGLISH - DAY COURSES

■ For more information
on Levels please
refer to pages 40 / 41

CONVERSATION CLUB

ENGLISH CONVERSATION CLUB - PRE-INTERMEDIATE (DAY)

Citizens/Residents:	FREE	Others:	\$285
Mon + Wed	12 February	12:30pm - 2:30pm	8 week course
Mon + Wed	6 May	12:30pm - 2:30pm	8 week course
Mon + Wed	29 July	12:30pm - 2:30pm	8 week course
Mon + Wed	21 October	12:30pm - 2:30pm	8 week course

ENGLISH CONVERSATION CLUB - INTERMEDIATE (DAY)

Citizens/Residents:	FREE	Others:	\$285
Tues + Wed	13 February	12:00pm - 2:00pm	8 week course
Tues + Wed	7 May	12:00pm - 2:00pm	8 week course
Tues + Wed	30 July	12:30pm - 2:30pm	8 week course
Tues + Wed	22 October	12:30pm - 2:30pm	8 week course

ENGLISH CONVERSATION CLUB - UPPER INTERMEDIATE (DAY)

Citizens/Residents:	FREE	Others:	\$285
Tues + Wed	13 February	12:00pm - 2:00pm	8 week course
Tues + Wed	7 May	12:00pm - 2:00pm	8 week course
Tues + Wed	30 July	12:00pm - 2:00pm	8 week course
Tues + Wed	22 October	12:00pm - 2:00pm	8 week course

PRONUNCIATION - INTERMEDIATE TO ADVANCED

ENGLISH IMPROVE YOUR PRONUNCIATION SKILLS - PART 1 (WEEKEND)

Citizens/Residents:	\$15	Others:	\$70
Saturday	2 March	9:30am - 3:30pm	1 day course
Saturday	17 August	9:30am - 3:30pm	1 day course

ENGLISH IMPROVE YOUR PRONUNCIATION SKILLS - PART 2 (WEEKEND)

Citizens/Residents:	\$15	Others:	\$70
Saturday	6 April	9:30am - 3:30pm	1 day course
Saturday	21 September	9:30am - 3:30pm	1 day course



ENGLISH

ENGLISH - ELEMENTARY (DAY)

Citizens/Residents:	\$125	Others:	\$560	- (Includes books)
Mon + Wed + Fri	12 February	9:15am - 11:15am	8 week course	
Mon + Wed + Fri	6 May	9:15am - 11:15am	8 week course	
Mon + Wed + Fri	29 July	9:15am - 11:15am	8 week course	
Mon + Wed + Fri	21 October	9:15am - 11:15am	8 week course	

ENGLISH - PRE-INTERMEDIATE (DAY)

Citizens/Residents:	\$125	Others:	\$560	- (Includes books)
Mon + Fri	12 February	9:15am - 12:15pm	8 week course	
Mon + Fri	6 May	9:15am - 12:15pm	8 week course	
Mon + Fri	29 July	9:15am - 12:15pm	8 week course	
Mon + Fri	21 October	9:15am - 12:15pm	8 week course	

ENGLISH - INTERMEDIATE (DAY)

Citizens/Residents:	\$125	Others:	\$560	- (Includes books)
Tue + Wed + Thu	13 February	9:15am - 11:15am	8 week course	
Tue + Wed + Thu	7 May	9:15am - 11:15am	8 week course	
Tue + Wed + Thu	30 July	9:15am - 11:15am	8 week course	
Tue + Wed + Thu	22 October	9:15am - 11:15am	8 week course	

ENGLISH - UPPER INTERMEDIATE (DAY)

Citizens/Residents:	\$125	Others:	\$560	- (Includes books)
Tue + Wed + Thu	13 February	9:15am - 11:15am	8 week course	
Tue + Wed + Thu	7 May	9:15am - 11:15am	8 week course	
Tue + Wed + Thu	30 July	9:15am - 11:15am	8 week course	
Tue + Wed + Thu	22 October	9:15am - 11:15am	8 week course	

ENGLISH - ADVANCED (DAY)

Citizens/Residents:	\$125	Others:	\$560	- (Includes books)
Mon + Fri	12 February	9:15am - 12:15pm	8 week course	
Mon + Fri	6 May	9:15am - 12:15pm	8 week course	
Mon + Fri	29 July	9:15am - 12:15pm	8 week course	
Mon + Fri	21 October	9:15am - 12:15pm	8 week course	

ENGLISH INTENSIVE - ADVANCED (DAY)

Citizens/Residents:	\$95	Others:	\$1225	- (Includes books)
Mon - Thurs	12 February	9:15am - 1:00pm	8 week course	
Mon - Thurs	6 May	9:15am - 1:00pm	8 week course	

ENGLISH - KIWI IDIOMS, SLANG AND EXPRESSIONS (WEEKEND)

Citizens/Residents:	\$25	Others:	\$140
Sat + Sun	18+19 September	9:30am - 3:30pm	2 day course
Sat + Sun	30 Nov + 1 Dec	9:30am - 3:30pm	2 day course



NEW

ENGLISH - NIGHT COURSES

■ For more information on Levels please refer to pages 40 / 41

CONVERSATION CLUB

ENGLISH CONVERSATION CLUB - INTERMEDIATE (NIGHT)

Citizens/Residents:	FREE	Others:	\$215	
Mon + Tue + Wed	12 February	6:00pm - 7:00pm	8 week course	
Mon + Tue + Wed	6 May	6:00pm - 7:00pm	8 week course	
Mon + Tue + Wed	29 July	6:00pm - 7:00pm	8 week course	
Mon + Tue + Wed	14 October	6:00pm - 7:00pm	8 week course	

ENGLISH CONVERSATION CLUB - UPPER INTERMEDIATE TO ADVANCED (NIGHT)

Citizens/Residents:	FREE	Others:	\$177	
Mon + Wed	12 February	6:00pm - 7:00pm	8 week course	
Mon + Wed	6 May	6:00pm - 7:00pm	8 week course	
Mon + Wed	29 July	6:00pm - 7:00pm	8 week course	
Mon + Wed	14 October	6:00pm - 7:00pm	8 week course	



ENGLISH

ENGLISH - ELEMENTARY (NIGHT)

Citizens/Residents:	\$125	Others:	\$560	- (Includes books)
Mon + Tue + Wed	12 February	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	6 May	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	29 July	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	14 October	7:00pm - 9:00pm	8 week course	

ENGLISH - PRE-INTERMEDIATE (NIGHT)

Citizens/Residents:	\$125	Others:	\$560	- (Includes books)
Mon + Tue + Wed	12 February	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	6 May	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	29 July	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	14 October	7:00pm - 9:00pm	8 week course	

ENGLISH - INTERMEDIATE (NIGHT)

Citizens/Residents:	\$125	Others:	\$560	- (Includes books)
Mon + Tue + Wed	12 February	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	6 May	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	29 July	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	14 October	7:00pm - 9:00pm	8 week course	



ENGLISH - UPPER-INTERMEDIATE (NIGHT)

Citizens/Residents:	\$115	Others:	\$425	- (Includes books)
Mon + Wed	12 February	7:00pm - 9:00pm	8 week course	
Mon + Wed	6 May	7:00pm - 9:00pm	8 week course	
Mon + Wed	29 July	7:00pm - 9:00pm	8 week course	
Mon + Wed	14 October	7:00pm - 9:00pm	8 week course	

ENGLISH - ADVANCED (NIGHT)

Citizens/Residents:	\$115	Others:	\$425	- (Includes books)
Mon + Wed	12 February	7:00pm - 9:00pm	8 week course	
Mon + Wed	6 May	7:00pm - 9:00pm	8 week course	
Mon + Wed	29 July	7:00pm - 9:00pm	8 week course	
Mon + Wed	14 October	7:00pm - 9:00pm	8 week course	

NEW

IELTS - (MINIMUM INTERMEDIATE LEVEL)

ENGLISH IELTS PREPARATION (NIGHT)

Citizens/Residents:	\$85	Others:	\$520	- (Includes book)
Mon + Tue + Wed	12 February	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	6 May	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	29 July	7:00pm - 9:00pm	8 week course	
Mon + Tue + Wed	14 October	7:00pm - 9:00pm	8 week course	

ENGLISH IELTS WRITING (NIGHT)

Citizens/Residents:	FREE	Others:	\$92	
Tuesday	13 February	6:00pm - 7:00pm	8 week course	
Tuesday	7 May	6:00pm - 7:00pm	8 week course	
Tuesday	30 July	6:00pm - 7:00pm	8 week course	
Tuesday	15 October	6:00pm - 7:00pm	8 week course	

ENGLISH FOR WORK

ENGLISH FOR BUSINESS - UPPER INTERMEDIATE TO ADVANCED (NIGHT)

Citizens/Residents:	\$15	Others:	\$160	
Tuesday	13 February	7:00pm - 9:00pm	8 week course	
Tuesday	7 May	7:00pm - 9:00pm	8 week course	
Tuesday	30 July	7:00pm - 9:00pm	8 week course	
Tuesday	15 October	7:00pm - 9:00pm	8 week course	

PRONUNCIATION

ENGLISH IMPROVE YOUR PRONUNCIATION SKILLS - INTERMEDIATE + (NIGHT)

Citizens/Residents:	\$15	Others:	\$160	
Tuesday	13 February	7:00pm - 9:00pm	8 week course	
Tuesday	7 May	7:00pm - 9:00pm	8 week course	
Tuesday	30 July	7:00pm - 9:00pm	8 week course	
Tuesday	15 October	7:00pm - 9:00pm	8 week course	

HEALTH, WELL-BEING & FITNESS

AYURVEDIC COOKING AND NUTRITION

See Cooking - Healthy Eating

AROMATIC WELLNESS & SELF CARE WITH ESSENTIAL OILS (WEEKEND)

NEW

See Home, Garden & DIY

BARRE FIT

Price: \$90

Stay fit and have some fun with this class. Classes comprise mat work, simple dance steps to great music and barre work.

Monday	12 February	6:00pm - 7:00pm	8 week course
Monday	6 May	6:00pm - 7:00pm	8 week course
Monday	29 July	6:00pm - 7:00pm	8 week course
Monday	14 October	6:00pm - 7:00pm	8 week course

DANCERCISE - FOR THE 40+

Price: \$85 - \$94

If you are 40+ and want to improve your strength, cardiovascular health, balance, coordination and flexibility then this is the course for you. This class is designed to match the fitness levels of active older adults and those new to cardio exercise.

Wednesday	14 February	5:15pm - 6:15pm	9 week course	\$85
Wednesday	14 February	7:00pm - 8:00pm	9 week course	\$85
Wednesday	8 May	5:15pm - 6:15pm	9 week course	\$85
Wednesday	8 May	7:00pm - 8:00pm	9 week course	\$85
Wednesday	24 July	5:15pm - 6:15pm	10 week course	\$94
Wednesday	24 July	7:00pm - 8:00pm	10 week course	\$94
Wednesday	16 October	5:15pm - 6:15pm	10 week course	\$94
Wednesday	16 October	7:00pm - 8:00pm	10 week course	\$94

DITCH THE SELF-DOUBT (WEEKEND)

See Personal Development

FLASHBACK DANCE FITNESS

Price: \$76 - \$85

Improve your fitness by dancing your heart out to ABBA and the Bee Gees. Designed to suit the fitness level of active older adults and those new to cardio. Due to the floor surface, street shoes cannot be worn. Please wear soft leather (dance type) shoes, socks, or bare feet.

Monday	12 February	7:30pm - 8:30pm	8 week course	\$76
Monday	6 May	7:30pm - 8:30pm	8 week course	\$76
Monday	22 July	7:30pm - 8:30pm	9 week course	\$85
Monday	14 October	7:30pm - 8:30pm	8 week course	\$76

JIN SHIN JYUTSU - PRACTICAL SELF-HELP ENERGY MEDICINE

Price: \$94

Come and learn to practice and understand this 5000 year old art of reawakening one's awareness. During this course you will learn conscious breathing and eight powerful mudras (postures and hand positions) for the restoration of health and healing.

Wednesday	14 February	7:00pm - 8:30pm	6 week course
Wednesday	8 May	7:30pm - 8:30pm	6 week course
Saturday	17 August	9:00am - 3:00pm	2 Saturdays

LAWN BOWLS 101 (WEEKEND)

See Tours, Walks & Diversions

MAKE YOUR OWN BODY PRODUCTS - SOOTHING SALVES AND LUXURIOUS LOTIONS (WEEKEND)

Price: \$110 - (Includes all ingredients)

Come and learn how to make a range of gorgeous, inexpensive products for yourself, your family and your friends, and what's more you will get to take them home.

Sunday	19 May	10:00am - 4:00pm	1 day course
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MAKEUP FOR THE 40+ (WEEKEND)

See Personal Development

MĀORI TRADITIONAL MEDICINES AND HOME REMEDIES (WEEKEND)

Price: \$175 - (Includes materials)

Come (Haere Mai), learn more about your local bush and the plants within. Discover some simple home remedies for common ailments and conditions.

Sat + Sun 22+23 June 10:00am - 4:30pm 2 day course



MEDITATIVE ART

See Art & Craft – Other

NAVIGATING TRAUMA - A 3-STEP GUIDE (WEEKEND)

NEW

See Personal Development

NERVOUS SYSTEM ESSENTIALS FOR MAXIMUM WELLBEING (WEEKEND)

Price: \$75

During this course you will discover some quick, easy and effective hacks to access the relaxation response so that you can feel calmer, healthier and happier during uncertain times (and certain times too)! You will walk away feeling more grounded, balanced and peaceful than you have in a very long time!

Sunday 7 April 10:00am - 4:00pm 1 day course
Sunday 22 September 10:00am - 4:00pm 1 day course



NO MORE PEOPLE PLEASING!

See Personal Development

OVERCOME POOR MENTAL HEALTH, EXHAUSTION AND PAIN (WEEKEND)

NEW

See Personal Development

STRETCH AND FLEX

Price: \$100

Come along and be guided through full body stretch exercises to release tense muscle groups, let go of stress, recharge and relax.

Tuesday	13 February	5:00pm - 6:00pm	8 week course
Tuesday	7 May	5:00pm - 6:00pm	8 week course
Tuesday	30 July	5:00pm - 6:00pm	8 week course
Tuesday	15 October	5:00pm - 6:00pm	8 week course

THINK WELL, EAT WELL, BE WELL

NEW

Price: \$85

Reboot your health with these 3 special workshops where you will take a personal health audit and develop a series of achievable steps towards better physical, mental and emotional health.

Monday 6 May 6:30pm - 8:30pm 3 week course

UNDERSTANDING YIN AND YANG ENERGY

NEW

Price: \$25

Learn about Yin and Yang energies to live a more fulfilling life.

Tuesday 5 March 7:00pm - 9:00pm 1 night course

VOICE WORK - UNLOCK THE POWER OF YOUR VOICE (NIGHT/WEEKEND)

See Music, Dance & Drama



HEALTH, WELL-BEING & FITNESS - YOGA, PILATES & TAI CHI

PILATES - BEGINNERS

Price: \$100

This class is designed for those who are new to pilates. It introduces students to the foundation skills of pilates breathing, pelvic floor control and isolation of muscle groups for targeted effort.

Tuesday	13 February	7:00pm - 8:00pm	8 week course
Tuesday	7 May	7:00pm - 8:00pm	8 week course
Tuesday	30 July	7:00pm - 8:00pm	8 week course
Tuesday	15 October	7:00pm - 8:00pm	8 week course

PILATES - FOR EVERYONE

Price: \$100

This course incorporates both beginner and continuing levels in a friendly, easy-going general class.

Monday	12 February	6:00pm - 7:00pm	8 week course
Monday	6 May	6:00pm - 7:00pm	8 week course
Monday	29 July	6:00pm - 7:00pm	8 week course
Monday	14 October	6:00pm - 7:00pm	8 week course
Tuesday	13 February	6:00pm - 7:00pm	8 week course
Tuesday	7 May	6:00pm - 7:00pm	8 week course
Tuesday	30 July	6:00pm - 7:00pm	8 week course
Tuesday	15 October	6:00pm - 7:00pm	8 week course

PILATES AND YOGA

NEW

Price: \$100

Come and learn a range of gentle exercises using a combination of pilates and yoga practices. You will explore gentle breathing and meditation techniques as well as exercises to help with strength and balance. This course is suitable for people new to pilates and yoga.

Monday	12 February	5:00pm - 6:00pm	8 week course
Monday	6 May	5:00pm - 6:00pm	8 week course
Monday	29 July	5:00pm - 6:00pm	8 week course
Monday	14 October	5:00pm - 6:00pm	8 week course
Monday	12 February	7:00pm - 8:00pm	8 week course
Monday	6 May	7:00pm - 8:00pm	8 week course
Monday	29 July	7:00pm - 8:00pm	8 week course
Monday	14 October	7:00pm - 8:00pm	8 week course

TAI CHI IS MEDITATION IN MOTION

Come and learn a series of slow, continuous movements that will promote physical and mental well-being, and improve coordination and balance.

Tai Chi Beginner Levels:

The beginner levels of Tai Chi teach you to find your correct postural position. It includes movements that foster the flow of chi (energy) in your body. It is recommended that students practise at the beginner levels 1 through to 3 for a year or more before moving to the intermediate level. However, many students prefer to continue with this level for longer periods.

Tai Chi Intermediate Levels:

Having mastered correct postures and movements, in this second level of Tai Chi, the focus of learning is to develop an awareness of the balance between internal and external chi. This course is suitable for students who have completed the Tai Chi Beginners Level 3 course and has received a passing grade. In this course you will be introduced to some Tai Chi weapons, learn new Qigong forms and review the Tai Chi forms already learned.

■ Monday sessions held at St Mark's Church, Remuera

TAI CHI BEGINNERS - LEVELS 1, 2 & 3

Price: \$93 - \$115

This class is suitable for beginners and those with some experience.

Monday	19 February	10:00am - 11:30am	6 week course	\$115
Monday	13 May	10:00am - 11:30am	6 week course	\$115
Monday	12 August	10:00am - 11:30am	6 week course	\$115
Monday	4 November	10:00am - 11:30am	6 week course	\$115
Tuesday	20 February	7:30pm - 9:00pm	6 week course	\$93
Tuesday	14 May	7:30pm - 9:00pm	6 week course	\$93
Tuesday	6 August	7:30pm - 9:00pm	6 week course	\$93
Tuesday	22 October	7:30pm - 9:00pm	6 week course	\$93
Wednesday	21 February	7:30pm - 9:00pm	6 week course	\$93
Wednesday	15 May	7:30pm - 9:00pm	6 week course	\$93
Wednesday	7 August	7:30pm - 9:00pm	6 week course	\$93
Wednesday	23 October	7:30pm - 9:00pm	6 week course	\$93

TAI CHI INTERMEDIATE - LEVELS 1 & 2

Price: \$93 - \$115

Invitation only. This intermediate class is for those who have mastered the basic forms and posture and have been invited to progress to this level by teacher Bruno.

Monday	13 May	11:30am - 1:00pm	6 week course	\$115
Monday	12 August	11:30am - 1:00pm	6 week course	\$115
Monday	4 November	11:30am - 1:00pm	6 week course	\$115
Tuesday	20 February	6:00pm - 7:30pm	6 week course	\$93
Tuesday	14 May	6:00pm - 7:30pm	6 week course	\$93
Tuesday	6 August	6:00pm - 7:30pm	6 week course	\$93
Tuesday	22 October	6:00pm - 7:30pm	6 week course	\$93
Wednesday	21 February	6:00pm - 7:30pm	6 week course	\$93
Wednesday	15 May	6:00pm - 7:30pm	6 week course	\$93
Wednesday	7 August	6:00pm - 7:30pm	6 week course	\$93
Wednesday	23 October	6:00pm - 7:30pm	6 week course	\$93

YIN YOGA

Price: \$120

If you're tired, perhaps struggling to manage stress or anxiety, craving energy, or perhaps overstimulated with a busy mind, this might just be the answer.

Wednesday	14 February	6:30pm - 8:00pm	8 week course
Wednesday	8 May	6:30pm - 8:00pm	8 week course
Wednesday	31 July	6:30pm - 8:00pm	8 week course
Wednesday	23 October	6:30pm - 8:00pm	8 week course

YOGA - BEGINNERS

Price: \$110

Want the benefits of yoga but don't know where to start? Concerns about injuries, flexibility and fitness? Stretch, relax and feel good, with kind and experienced instructors.

Monday	12 February	6:30pm - 8:00pm	8 week course
Monday	6 May	6:30pm - 8:00pm	8 week course
Monday	29 July	6:30pm - 8:00pm	8 week course
Monday	14 October	6:30pm - 8:00pm	8 week course

YOGA - CONTINUING

Price: \$105 - \$125

Further explore aspects of traditional Yoga including; breathing, meditation and deep relaxation.

Monday	12 February	6:00pm - 7:30pm	8 week course	\$125
Monday	6 May	6:00pm - 7:30pm	8 week course	\$125
Monday	29 July	6:00pm - 7:30pm	8 week course	\$125
Monday	14 October	6:00pm - 7:30pm	8 week course	\$125

Wednesday	14 February	6:30pm - 7:30pm	9 week course	\$105
Wednesday	8 May	6:30pm - 7:30pm	9 week course	\$105
Wednesday	31 July	6:30pm - 7:30pm	9 week course	\$105
Wednesday	16 October	6:30pm - 7:30pm	9 week course	\$105

YOGA - @ REMUERA (DAY)

Price: \$145 - \$160

Focus on correct breathing, flexibility, yoga and relaxation. Classes are held at St Mark's Church Hall on Remuera Rd.

Thursday	8 February	10:00am - 11:30am	10 week course	\$160
Thursday	2 May	10:00am - 11:30am	10 week course	\$160
Thursday	25 July	10:00am - 11:30am	10 week course	\$160
Thursday	17 October	10:00am - 11:30am	9 week course	\$145



HISTORY & SOCIETY



A JOURNEY UP THE NILE - A STUDY OF ANCIENT EGYPT

Price: \$90

Take a virtual tour up the Nile from Cairo to Aswan and learn about the history of Ancient Egypt. Step back in time with Dr Lawrence Xu-Nan of the University of Auckland and discover the many ancient sites of Egypt while gaining an understanding of Egyptian art, religion and society.

Monday	29 July	6:30pm - 8:30pm	4 week course
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ANCIENT EGYPTIAN RELIGION - MATTERS OF LIFE AND DEATH

NEW

Price: \$90

In this fascinating course you will learn about the concept of life and death through ancient Egyptian religion. Explore Egyptian mythology and cosmogony, and learn how people across Egyptian society interacted with religion, including in their daily lives, politics, literature, and the afterlife.

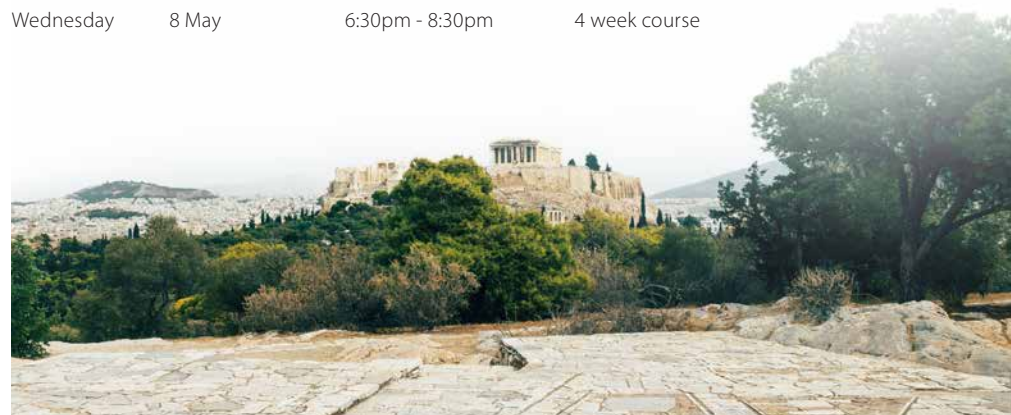
Monday	26 August	6:30pm - 8:30pm	4 week course
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ANCIENT GREECE - FROM THE TROJAN HORSE TO ALEXANDER THE GREAT

Price: \$90

Travel back through time for this four part historical overview of Ancient Greece. This informative and captivating course will cover four periods of Ancient Greek history with a focus on Athens including early Greece (1600-600 BC), the Archaic period, the Classical period and the Hellenistic Period.

Wednesday	8 May	6:30pm - 8:30pm	4 week course
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DEVELOPING INTERCULTURAL COMPETENCE (WEEKEND)

See Personal Development

HISTORIC AUCKLAND WALKS - GUIDED AUCKLAND CITY WALK (WEEKEND)

See Tours, Walks & Diversions

INTRODUCTION TO ART HISTORY - RENAISSANCE TO SURREALIST ART

Price: \$130

Join Anya to learn about the great artists including Michelangelo, Rubens, Van Gogh and Dali. Learn about the broader social and historical influences on art, and how art in turn influences society.

Wednesday 31 July 6:30pm - 8:30pm 6 week course

MYTHOLOGY, MADNESS AND MORALS: THE ANCIENT GREEKS, THEIR GODS AND THE MODERN PSYCHE

Price: \$39

Join Dr Miriam Bissett to explore Greek mythology, philosophy and literature and discover their relevance to the modern psyche.

Wednesday 31 July 6:00pm - 7:30pm 2 week course

PSYCHOLOGY - WHAT'S IT ALL ABOUT?

Price: \$130

Have you always wondered why people behave the way they do? Come and learn how we behave in certain ways based on our environment.

Wednesday 28 February 6:30pm - 8:30pm 6 week course

SOCIAL PSYCHOLOGY

Price: \$132

Why do we act in particular ways in different settings? Why do we stereotype? What is prejudice, 'prosocial' behaviour and the 'bystander effect'?

Wednesday 14 August 6:30pm - 8:30pm 6 week course



THE RISE AND FALL OF THE ROMAN EMPIRE

Price: \$59

Join historian Richard Holtz for an overview of four fascinating periods of Roman History.

Wednesday 28 August 6:30pm - 8:00pm 4 week course

THE WAIKATO WAR (WEEKEND)

See Tours, Walks & Diversions



Please visit our website to see the full range of courses available.

THINKTALKS 2024

■ See website for more information on these series of talks.

SO WHAT SHOULD NEW ZEALAND DO WITH REGARD TO CLIMATE CHANGE?	Speaker: Dr Kevin E Trenberth The University of Auckland	Tuesday, 12 March 7.30pm – 8.30pm
GENERATIVE A.I. WHAT'S GOING ON!	Speaker: Mark Laurence Founder and Generative AI Consultant, Ten Past Tomorrow	Tuesday, 9 April 7.30pm – 8.30pm
TOITŪ TE MARAE O TĀNE, TOITŪ TE MARAE O TANGAROA, TOITŪ TE IWI IF THE LAND AND SEA ARE HEALTHY, THE PEOPLE WILL BE HEALTHY	Speaker: Associate Professor Dan Hikuroa The University of Auckland	Tuesday, 21 May 7.30pm – 8.30pm
SUSTAINABLE TRANSPORTATION IN THE CLIMATE CHANGE ERA	Speaker: Dr Timothy Welch The University of Auckland	Tuesday, 18 June 7.30pm – 8.30pm
THE CRIMINAL JUSTICE SYSTEM IN AOTEAROA NEW ZEALAND A CRITICAL INTRODUCTION	Speaker: Dylan Asafo Senior Lecturer, Law, The University of Auckland	Tuesday, 23 July 7.30pm – 8.30pm
THE USE OF FEAR IN MARKETING RESEARCH INTO WHAT STIMULATES CONSUMERS TO ACT IN FEAR	Speaker: Dr Marilyn Giroux The University of Auckland	Tuesday, 13 August 7.30pm – 8.30pm
URBAN ISSUES - WHAT IS OUR CITY COMING TO?	Speaker: Bill McKay The University of Auckland	Tuesday, 24 September 7.30pm – 8.30pm
THE TWO TREATIES	Speaker: Professor Elizabeth Rata	Tuesday, 5 November 7.30pm – 8.30pm

HOME, GARDEN & DIY



AROMATIC WELLNESS & SELF CARE WITH ESSENTIAL OILS (WEEKEND)

NEW

Price: \$105 - (Includes all materials)

Come along and learn the amazing benefits of essential oils and gain ideas for removing nasty chemicals from your home.

Saturday	21 September	9:30am - 3:00pm	1 day course
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BASIC SOAP-MAKING WORKSHOP (WEEKEND)

NEW

Price: \$65

In this three hour workshop, you will learn the basics of soap-making and have a chance to make your own soap from scratch, using oils that you can buy in the supermarket.

Sunday	3 March	9:00am - 12:00pm	1 day course
Saturday	17 August	9:00am - 12:00pm	1 day course
Sunday	10 November	9:00am - 12:00pm	1 day course

BEAUTIFUL FEATHER EARRINGS FROM RECYCLED BICYCLE TUBES (WEEKEND)

NEW

See Art & Craft – Other

CANDLE MAKING - FOR BEGINNERS (WEEKEND)

NEW

Price: \$56

Learn to prepare and fragrance two beautiful container candles.

Saturday	6 April	10:00am - 1:00pm	1 day course
Saturday	21 September	10:00am - 1:00pm	1 day course

CRASH COURSE IN CONTAINER GARDENING (WEEKEND)

Price: \$42

Learn the special tricks of container gardening from an expert.

Sunday	3 March	10:00am - 1:00pm	1 day course
Sunday	18 August	10:00am - 1:00pm	1 day course

CREATING BEAUTIFUL NATURAL DYES (WEEKEND)

See Interior Design & Textiles

DECLUTTER AND/OR DOWNSIZE YOUR HOME (WEEKEND)

Price: \$68

Your lifestyle and life challenges may well dictate a reorganisation of your home priorities and belongings, resulting in a need to downsize and/or declutter. Learn how to manage this process.

Sunday	23 June	10:00am - 3:00pm	1 day course
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DESIGN YOUR OWN FOOD FOREST (WEEKEND)

Price: \$65

Learn how to design and create your own food forest in a suburban-sized backyard, following permaculture principles. You will learn about soil preparation, composting, mulching, plant selection, guilds, propagation and maintenance, and you will go home with your own goody bag of plants. This course is held offsite in Ellen's food forest at St Johns.

Saturday	4 May	9:00am - 1:00pm	1 day course
Saturday	19 October	9:00am - 1:00pm	1 day course

EDIBLE GARDEN WORKSHOP (WEEKEND)

NEW

Price: \$65

Learn how to turn your backyard into a productive garden full of healthy, nutritious fruit, vegetables and herbs for your family. You will learn about how to start with soil preparation, plant selection, and propagation using permaculture ideas. This course is held offsite in Ellen's food forest at St Johns.

Saturday	23 March	9:00am - 1:00pm	1 day course
Saturday	7 September	9:00am - 1:00pm	1 day course
Saturday	23 November	9:00am - 1:00pm	1 day course



FLORAL DESIGN - BEAUTIFUL BOUQUETS (WEEKEND)

Price: \$95 - (Includes all materials)

Learn the basics of floristry and how to tie bouquets. The design will be made with fresh seasonal flowers and participants will be able to take home their creation!

Saturday 6 April 10:00am - 2:00pm 1 day course

FLORAL DESIGN - CELEBRATE CHRISTMAS WITH FLOWERS (WEEKEND)

Price: \$95 - (Includes all materials)

Create flower arrangements to decorate your home and to help celebrate the festive season. In this one day course, you will learn to make gorgeous wreaths and table displays using both traditional and contemporary techniques. Fresh flowers and accessories provided.

Sunday 1 December 10:00am - 2:00pm 1 day course

FLORAL DESIGN - DRIED FLORAL ARRANGEMENTS (WEEKEND)

Price: \$95 - (Includes all materials)

Dried flowers are experiencing a huge revival for interior design and even weddings. Learn to use dried flowers to create a dried floral wreath, as well as the basics of drying flowers.

Saturday 18 May 10:00am - 2:00pm 1 day course
Sunday 18 August 10:00am - 2:00pm 1 day course

FLORAL DESIGN - FORAGING AND ARRANGING WILD FLOWERS FOR YOUR HOME (WEEKEND)

NEW

Price: \$95 - (Includes all materials)

Come and learn how to select and arrange flowers from your rambles along roadsides, parks or beaches. Learn to identify and select local flora, understand seasonal availability and principles to forage sustainably. By selecting interesting textural combinations, leaf patterns and complementary colours, you will learn to arrange unique, sustainable floral designs.

Sunday 3 March 10:00am - 2:00pm 1 day course

FLORAL DESIGN - IKEBANA-INSPIRED ARRANGEMENTS (WEEKEND)

NEW

Price: \$95 - (Includes all materials)

Learn the art of floral expression in this Ikebana-inspired class, where you'll learn the principles of minimalist design using a kenzan pin. This will assist you to achieve the delicate balance between form and impact.

Sunday 22 September 10:00am - 2:00pm 1 day course



FLORAL DESIGN - PERFECT POSIES (WEEKEND)

Price: \$95 - (Includes all materials)

Learn the basics of floristry and how to tie posies. The design will be made with fresh seasonal flowers and participants will be able to take home their creation!

Sunday 10 November 10:00am - 2:00pm 1 day course

GROWING AND CARING FOR INDOOR PLANTS (WEEKEND)

Price: \$53

Learn from a professional container garden trainer how to plant, propagate and care for your indoor plants.

Sunday 7 April 10:00am - 2:00pm 1 day course

HOME STYLING AND BRINGING COLOUR INTO YOUR HOME (WEEKEND)

NEW

See Interior Design & Textiles

INTERIOR DESIGN & COLOUR - BEING ADVENTUROUS WITH COLOUR (WEEKEND)

See Interior Design & Textiles

INTRODUCTION TO BEEKEEPING (WEEKEND)

Price: \$169

Join experienced apiculture teacher, Greg Harrington for this intensive introduction to beekeeping. You will leave this course with enough knowledge to manage your own beehive including queen rearing and how to split a hive.

Sat + Sun 6+7 April 9:00am - 5:00pm 2 day course
Sat + Sun 21+22 September 9:00am - 5:00pm 2 day course



INTRODUCTION TO ORGANIC GARDENING AND PERMACULTURE (WEEKEND)

Price: \$53

Come to this workshop for an introduction to organic gardening and permaculture, and learn how to apply the principles to your garden.

Sunday 19 May 10:00am - 2:00pm 1 day course

JAPANESE INCENSE MAKING (WEEKEND)

NEW

Price: \$125

Come and gain an understanding of this beautiful art form and learn how to make your own incense at home. You will also get to take home your own set of aromatic incense cones.

Sunday 3 March 1:00pm - 3:00pm 1 day course

KEEPING A NATURE JOURNAL WITH SANDRA MORRIS (WEEKEND)

NEW

See Art & Craft - Other

LAMPSHADE MAKING

See Interior Design & Textiles

LEARN TO KNIT / MACHINE KNITTING

See Interior Design & Textiles

MAKE A MACRAME PLANT HOLDER (WEEKEND)

Price: \$80 - (Includes all materials)

Come and learn how to make a fringed, macrame holder for a pot plant.

Saturday 6 April 10:00am - 4:00pm 1 day course

MAKE YOUR OWN BODY PRODUCTS - SOOTHING SALVES AND LUXURIOUS LOTIONS (WEEKEND)

Price: \$110 - (Includes all materials)

Come and learn how to make a range of gorgeous, inexpensive products for yourself, your family and your friends, and what's more you will get to take them home.

Sunday 19 May 10:00am - 4:00pm 1 day course

MĀORI TRADITIONAL MEDICINES AND HOME REMEDIES (WEEKEND)

See Health, Well-being & Fitness

MOSAICS - CONTEMPORARY VINTAGE CHINA MOSAIC (WEEKEND)

See Art & Craft - Other

MOSAICS - CREATE A MOSAIC BIRD BATH (WEEKEND)

See Art & Craft - Other

MOSAICS - MOSAIC A GARDEN ROCK OR PAVER STONE (NIGHT/WEEKEND)

See Art & Craft - Other

PATTERN ALTERATION AND DESIGN

See Interior Design & Textiles

PEBBLE MOSAICS (WEEKEND)

Price: \$147 - (Includes most materials)

Learn how to create gorgeous pebble mosaics through the precast indirect reverse method. You will leave the course with your very own garden slab.

Saturday 22 June 10:00am - 4:00pm 1 day course
Sunday 1 December 10:00am - 4:00pm 1 day course

PRODUCING VEGETABLES AND FRUIT FROM SMALL GARDENS (WEEKEND)

Price: \$53

Come and learn how to get the best out of your small garden to enjoy a full year of produce.

Sunday 23 June 10:00am - 2:00pm 1 day course
Sunday 22 September 10:00am - 2:00pm 1 day course



PRUNING (WEEKEND)

Price: \$53

Discover how to correctly prune fruit trees and ornamental bushes for maximum productivity.

Saturday	22 June	10:00am - 2:00pm	1 day course
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RARANGA KETE WANANGA (WEEKEND)

Price: \$160 - (Includes materials)

Join this class for a holistic experience of raranga weaving in accordance and alignment with traditional indigenous practices (Tikanga and Kaupapa Māori). You'll learn the basic skills to weave a kete and take it home as a gift or for your own use.

Sat + Sun	2+3 March	9:30am - 4:30pm	2 day course
Sat + Sun	21+22 September	9:30am - 4:30pm	2 day course



RESIN ART (WEEKEND)

See Art & Craft - Other

RESIN GLASS COASTERS (WEEKEND)

See Art & Craft - Other

RESIN DREAM CATCHER (WEEKEND)

See Art & Craft - Other

NEW

SEWING - FOR BEGINNERS - MAKE A KIMONO-STYLE ROBE (WEEKEND)

See Interior Design & Textiles

SOFT STONE SCULPTURE (WEEKEND)

See Art & Craft - Other

SOLID SHAMPOO AND CONDITIONER BARS (WEEKEND)

Price: \$65 - (Includes all ingredients)

Great for gifts. Less packaging. Kind on your pocket. Learn to make solid shampoo and conditioner bars.

Saturday	6 April	9:00am - 12:00pm	1 day course
Sunday	22 September	9:00am - 12:00pm	1 day course

TAMBOUR EMBROIDERY

See Interior Design & Textiles

NEW

THE ART OF FOLDING BOOKS (WEEKEND)

See Art & Craft - Other

THE ART OF KINTSUGI (WEEKEND)

See Art & Craft - Other

WEEKEND DIY WORKSHOP (WEEKEND)

Price: \$95

Learn a range of basic cost and time-saving tips for your DIY Projects including painting, gib repairs, using the right tools and lots more. Bring your problems to the course!

Saturday	6 April	10:00am - 4:00pm	1 day course
Sunday	18 August	10:00am - 4:00pm	1 day course
Sunday	10 November	10:00am - 4:00pm	1 day course

WOODWORKING FOR BEGINNERS

Price: \$210 - (BYO materials)

A step-by-step class where you will learn to draw, measure and assemble a simple project. Gain confidence in using machinery, knowledge and characteristics of wood, different cuts, joins and techniques.

Monday	12 February	7:00pm - 9:00pm	8 week course
Monday	6 May	7:00pm - 9:00pm	8 week course
Monday	22 July	7:00pm - 9:00pm	8 week course
Monday	14 October	7:00pm - 9:00pm	8 week course
Tuesday	13 February	7:00pm - 9:00pm	8 week course
Tuesday	7 May	7:00pm - 9:00pm	8 week course
Tuesday	23 July	7:00pm - 9:00pm	8 week course
Tuesday	15 October	7:00pm - 9:00pm	8 week course



INTERIOR DESIGN & TEXTILES



BLOCK PRINTING ON FABRIC AND PAPER (WEEKEND)

Price: \$128 - (Includes some materials)

Join textile artist Lesley on this fun workshop and learn how to create your own wooden printing blocks and explore ways to transfer your creativity onto a surface of either paper or fabric.

Saturday 2 March 9:00am - 4:00pm 1 day course

CONTEMPORARY TEXTILE ART - FLAMING HOT FIBRES (WEEKEND)

NEW

Price: \$285 - (Includes all materials)

Join Alys Midgell-Marsden for this exciting and innovative mixed media workshop where you will experiment ways to use heat, flame and stitch to produce exciting colours, textures and patterns on various materials. You will explore the distinctive properties of Lutradur, Tyvek and Angelina and learn to manipulate these to create richly coloured, textured and embellished surfaces.

Sat + Sun 30 November 10:00am - 4:00pm 2 day course

CONTEMPORARY TEXTILE ART - USING METAL (WEEKEND)

NEW

Price: \$285 - (Includes all materials)

Join Alys Midgell-Marsden for this exciting and innovative textile art workshop using thin metals (including recycled waste) to produce exciting colours, textures and patterns.

Sat + Sun 18 May 10:00am - 4:00pm 2 day course

CREATE YOUR OWN PRINTED BOOK COVER (WEEKEND)

NEW

Price: \$104 - (Includes all materials)

Join textile artist Lesley Pearce to create your own personalised fabric book cover using dyes, stencils and block printing.

Saturday 22 June 10:00am - 3:00pm 1 day course



CREATING BEAUTIFUL NATURAL DYES (WEEKEND)

Price: \$164 - (Includes most materials)

Explore the beauty of natural dyeing on wool and silk. You will learn to prepare the fibre to receive the colour and how to extract the colour from natural plants. Through this beautiful and sustainable process you will go home with your own dyed silk scarf and some dyed wool for future use.

Saturday 22 June 9:00am - 4:00pm 1 day course

CROCHET FOR BEGINNERS

Price: \$138 - (Includes all materials)

Get face to face, hands on instruction over four weeks building your skills from absolute beginner to confident crocheter! All materials are provided – just show up and learn.

Wednesday 20 March 6:30pm - 8:30pm 4 week course
Tuesday 3 September 6:30pm - 8:30pm 4 week course

CROCHET - INTERMEDIATE

NEW

Price: \$105 - (Includes all materials)

If you are looking to take your basic crochet skills up a notch this is for you. You'll learn a range of new stitches and techniques to add to the foundation chain, single and double crochet stitches learnt in the beginners course.

Tuesday 7 May 6:30pm - 8:30pm 4 week course



DECLUTTER AND/OR DOWNSIZE YOUR HOME (WEEKEND)

See Home, Garden & DIY

DECOUPAGE POTS - INTRODUCTION TO THE ART OF DECOUPAGE

NEW

See Art & Craft – Other

FASHION DRAWING FOR BEGINNERS

See Art & Craft – Other

HOME STYLING AND BRINGING COLOUR INTO YOUR HOME (WEEKEND)

NEW

Price: \$99

Are you feeling tired of the current look of your home but don't want to spend a fortune adding some pizzazz to your interiors? Come and join a professional interior designer and she will give you lots of tips to inspire you to refresh your home.

Saturday 21 September 9:30am - 3:30pm 1 day course

INTERIOR DESIGN & COLOUR - BEING ADVENTUROUS WITH COLOUR (WEEKEND)

Price: \$85

Come and learn from a professional interior decorator how to successfully use colour when decorating your home. You will learn how to combine different colours and hue to put texture and pattern together to achieve maximum effort.

Saturday 17 August 9:15am - 3:15pm 1 day course



LAMPSHADE MAKING (WEEKEND)

Price: \$117 - (BYO fabric - kit supplied)

Produce your own stunning fabric lampshade in one short workshop. Everything provided but bring your own fabric.

Saturday	2 March	1:30pm - 4:00pm	1 day course
Saturday	22 June	1:30pm - 4:00pm	1 day course
Saturday	21 September	1:30pm - 4:00pm	1 day course
Saturday	30 November	1:30pm - 4:00pm	1 day course

LEARN TO KNIT

Price: \$110 - (BYO materials)

Always wanted to learn to knit? Here's your chance to learn from scratch. Come and learn from an expert.

Tuesday 27 August 7:00pm - 9:00pm 4 week course

MACHINE KNITTING - FOR BEGINNERS

Price: \$150 - (BYO materials)

Do you own a knitting machine but don't use it well, or at all? Or perhaps you're thinking of buying a knitting machine but not sure if it's right for you? Come and join this course and learn how to knit simple garments and maximise the functions of a knitting machine. Bring your own or a borrowed machine and learn the basics of machine knitting. There are plenty of machines available to use during class if you don't have your own.

Tuesday	7 May	7:00pm - 9:00pm	5 week course
Tuesday	22 October	7:00pm - 9:00pm	5 week course

MACHINE KNITTING - FOR ADVANCED KNITTERS

NEW

Price: \$110 - (BYO materials)

Do you own a knitting machine but don't use it well, or at all? Or perhaps you're thinking of buying a knitting machine but not sure if it's right for you? Come and join this course and learn how to knit simple garments and maximise the functions of a knitting machine. Bring your own or a borrowed machine and learn the basics of machine knitting. There are plenty of machines available to use during class if you don't have your own.

Tuesday 30 July 7:00pm - 9:00pm 5 week course

MAKE A CONCERTINA-STYLE JOURNAL OR SKETCHBOOK (WEEKEND)

NEW

See Art & Craft – Other

PATTERN ALTERATION AND DESIGN

Price: \$167 - (BYO materials)

Learn how to create your own design by altering an existing pattern. At the first lesson, we will discuss your design ideas and look at suitable pattern options on-line. You will then purchase the pattern to alter and tailor.

Wednesday	14 February	7:00pm - 9:00pm	8 week course
Wednesday	8 May	7:00pm - 9:00pm	8 week course
Wednesday	31 July	7:00pm - 9:00pm	8 week course
Wednesday	16 October	7:00pm - 9:00pm	8 week course

RARANGA KETE WANANGA (WEEKEND)

See Home, Garden & DIY

SASHIKO STITCHING - FOR BEGINNERS (WEEKEND)

Price: \$130 - (Includes most materials)

Come and learn the beautiful Japanese art of Sashiko Stitching with a New Zealand flavour. You'll leave the course having embroidered a cushion cover, and with the skills to repair worn clothes, giving them an extended life.

Sunday	23 June	10:00am - 4:00pm	1 day course
Saturday	9 November	10:00am - 4:00pm	1 day course

SEWING - FOR BEGINNERS (NIGHT/WEEKEND)

Price: \$209 - (Includes pattern, BYO fabric)

Always wanted to learn to sew? Come along to this fun class and make your own Tote Bag and Apron while learning the basics of sewing.

Monday	12 February	7:00pm - 9:00pm	8 week course
Monday	6 May	7:00pm - 9:00pm	8 week course
Monday	29 July	7:00pm - 9:00pm	8 week course
Monday	14 October	7:00pm - 9:00pm	8 week course
Sat + Sun	2+3 March	9:30am - 4:30pm	2 day course
Sat + Sun	21+22 September	9:30am - 4:30pm	2 day course

SEWING - FOR BEGINNERS - MAKE A KIMONO-STYLE ROBE (WEEKEND)

Price: \$140 - (Includes pattern, BYO fabric)

This course is for those new to sewing and will teach fundamental sewing skills. You will leave with your own kimono-style robe.

Sat + Sun	6 April	10:00am - 3:00pm	2 day course
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SEWING - NEXT STEPS (NIGHT/WEEKEND)

Price: \$156 - (BYO materials)

Save money and get creative making clothes for your family or light furnishings for your home. Learn simple and fun sewing techniques: bring pattern, fabric, scissors, pins, and get started. This is a Next Steps course for those who already have basic sewing and machining skills.

Tuesday	13 February	7:00pm - 9:00pm	8 week course
Tuesday	7 May	7:00pm - 9:00pm	8 week course
Tuesday	30 July	7:00pm - 9:00pm	8 week course
Tuesday	15 October	7:00pm - 9:00pm	8 week course
Sat + Sun	17+18 August	9:30am - 4:30pm	2 day course

SUSTAINABLE FABRIC PACKAGING (WEEKEND)

Price: \$98

Using the idea of Japanese furoshiki wrapping, we'll make a gorgeous fabric pouch which can be reused each year for Christmas or birthday wrapping.

Sunday	10 November	10:00am - 4:00pm	1 day course
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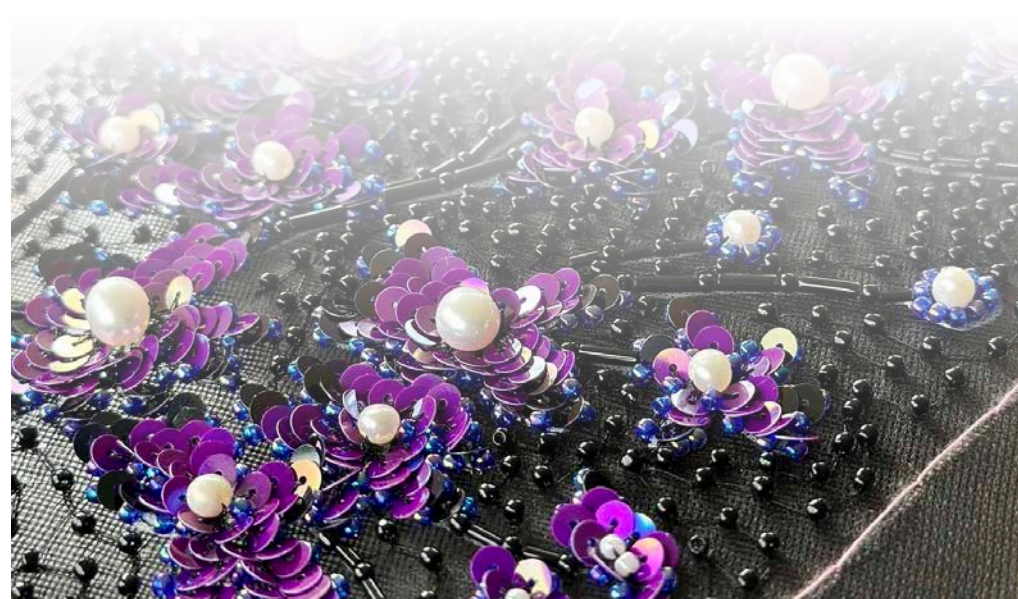
TAMBOUR EMBROIDERY (NIGHT/WEEKEND)

NEW

Price: \$92 - \$220 - (Includes all materials)

Come and learn the exquisite art of Tambour embroidery using beads and sequins. This course will suit beginners but will also suit people wanting to extend their skills.

Saturday	6 April	10:00am - 3:00pm	1 day course	\$92
Wednesday	31 July	6:30pm - 8:30pm	6 week course	\$220



JOB SKILLS



ACCOUNTING - THE BASICS

See Accounting, Marketing & Money

BARISTA - FOR BEGINNERS / BARISTA - LATTE ART (WEEKEND)

See Cooking - Specialty Cooking

BASIC COMPUTING SKILLS

See Computer Skills

GET NOTICED, GET THE JOB (WEEKEND)

Price: \$79 / \$15 (for qualifying residents)

Learn to present your CV and covering letters in a way that stands out from the crowd. Then learn how to create an engaging LinkedIn profile that builds your network.

Saturday	6 April	10:00am - 4:00pm	1 day course
Saturday	30 November	10:00am - 4:00pm	1 day course

HOW TO START AN ONLINE BUSINESS (WEEKEND)

See Accounting, Marketing & Money

HOW TO TEACH ADULTS (WEEKEND)

Price: \$195 (Tutors may qualify for a subsidy)

Are you keen to teach adults? Join this hands-on course covering creating a learning climate, how adults learn, group interactions, course planning and evaluation – suitable both for those already tutoring adults or planning to start.

Saturday	9 March	9:00am - 5:00pm	2 week course	Held at Selwyn College
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HOW TO USE FACEBOOK FOR MARKETING (WEEKEND)

See Accounting, Marketing & Money

HOW TO USE INSTAGRAM FOR MARKETING (WEEKEND)

See Accounting, Marketing & Money

INTRODUCTION TO INDESIGN

See Computing Skills

INTRODUCTION TO MICROSOFT

See Computing Skills

INTRODUCTION TO PHOTOSHOP

See Computing Skills

MICROSOFT EXCEL / POWERPOINT / WORD

See Computing Skills

PLAIN ENGLISH WRITING BOOTCAMP - WITH KATE THOMPSON (WEEKEND)

See Writing

SEO FOR SMALL BUSINESS (WEEKEND)

See Accounting, Marketing & Money

SPEAKING WITH CONFIDENCE - LEVEL 1 & 2

See Personal Development

THE ART OF CONVERSATION (WEEKEND)

See Personal Development

WORDPRESS BOOTCAMP (WEEKEND)

See Computing Skills



LANGUAGES & TRAVEL

LANGUAGES

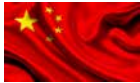
We offer language courses for absolute beginners and travellers, through to conversation classes for more fluent language speakers. Please see our website to see the full range of courses available.

AVAILABLE LANGUAGES:

■ Please see our website for dates, times and prices.



■ ARABIC



■ CHINESE



■ FRENCH



■ HINDI



■ ITALIAN



■ JAPANESE



■ KOREAN



■ RUSSIAN



■ SPANISH



■ TE REO MĀORI

Learn our official language, and improve your understanding of the culture and people of New Zealand.



TRAVEL

FRENCH FOR TRAVELLERS - BEGINNERS (WEEKEND)

See our website for course details

PACKING FOR TRAVEL (WEEKEND)

NEW

Price: \$55

Stressed over your travel packing? Concerned about excess weight? Confused about rolling vs flat packing? Learn essential tips from an expert and take the stress out of your travelling.

Saturday 6 April 10:00am - 2:00pm 1 day course

SOLO TRAVEL FOR WOMEN - EXPLORE THE WORLD FEARLESSLY (WEEKEND)

Price: \$90 (Register for two and pay for one)

Have you dreamed of a fabulous travel adventure, and then given up when you couldn't find someone to go with? In this workshop we'll discuss why you should consider travelling alone, and give you lots of tips to make this possible.

Saturday 18 May 9:30am - 3:30pm 1 day course



SPANISH FOR TRAVELLERS - BEGINNERS

Price: \$115

Are you planning a holiday or are you going to work in Latin America or Spain? Then this beginner level course is for you! It will help you to communicate when buying food, organising transport and booking accommodation. Suitable also for higher level Spanish learners wanting to learn the vocabulary of travel.

Wednesday	14 February	7:30pm - 9:00pm	8 week course
Wednesday	31 July	7:30pm - 9:00pm	8 week course

SPANISH FOR TRAVELLERS - BEGINNERS

See our website for course details

TRAVEL SKETCHING

See Art & Craft - Other

TRAVEL WRITING (WEEKEND)

Price: \$120

Wanting to record your travel experiences whether exploring New Zealand or travelling further afield? Join experienced travel writer Yvonne van Dongen and learn how to put these experiences into words for a blog, an email, a journal or for publication.

Saturday	17 August	10:00am - 4:00pm	1 day course
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WALKING THE CAMINO DE SANTIAGO (WEEKEND)

Price: \$54

Do you have the Camino de Santiago on your bucket list? Find out about the life changing pilgrimage through this captivating workshop and learn the dos and don'ts to successfully tick this one off your list.

Saturday	18 May	10:00am - 3:00pm	1 day course
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MUSIC, DANCE & DRAMA



BALLROOM AND LATIN DANCING - FOR BEGINNERS

Price: \$84 or \$140 per couple

Bring your partner and learn some new easy dance moves. Be introduced to a different style of dance each night – waltz, quickstep, cha cha cha, jive rock 'n' roll, rumba and Argentine tango.

Wednesday	28 February	6:15pm - 7:15pm	6 week course
Wednesday	22 May	7:30pm - 8:30pm	6 week course
Wednesday	7 August	6:15pm - 7:15pm	6 week course
Wednesday	30 October	7:30pm - 8:30pm	6 week course

BARRE FIT

See Health, Well-being & Fitness

BEGINNERS DRAMA (FOR 8-10 YEARS) AND DRAMA PRODUCTION (FOR 9-12 YEARS)

See Children - After School

DANCERCISE - FOR THE 40+

See Health, Well-being & Fitness

FLASHBACK DANCE FITNESS

See Health, Well-being & Fitness

INTRODUCTION TO ARGENTINE TANGO

Price: \$84 \$140 per couple

Enjoy the music, find the rhythm, and dance through the 8 step basics. Then go on to basic turns and further.

Wednesday	7 August	7:30pm - 8:30pm	6 week course
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SALSA AND BACHATA DANCING - FOR BEGINNERS

Price: \$84 \$140 per couple

Bring your dance partner and experience an introduction to salsa and bachata dancing. Enjoy the rhythm of these Latin dances. Learn some easy moves and impress on the dance floor!

Wednesday	28 February	7:30pm - 8:30pm	6 week course
Wednesday	22 May	6:15pm - 7:15pm	6 week course
Wednesday	30 October	6:15pm - 7:15pm	6 week course





UKULELE - FOR BEGINNERS

NEW

Price: \$115 - BYO Ukulele

Be the life of the party and learn the ukulele! Learn basic chords, strumming patterns and tab reading by playing along with new songs each week. No musical experience required.

Wednesday	14 February	6:00pm - 7:30pm	8 week course
Wednesday	8 May	6:00pm - 7:30pm	8 week course
Wednesday	31 July	6:00pm - 7:30pm	8 week course
Wednesday	23 October	6:00pm - 7:30pm	8 week course

VOICE WORK - UNLOCK THE POWER OF YOUR VOICE (NIGHT/WEEKEND)

Price: \$40 - \$120

This voice workshop is for anyone who wants to increase their vocal confidence and enjoy being able to fully express themselves using voice.

Saturday	6 April	10:00am - 1:00pm	1 day course	\$40
Monday	6 May	6:30pm - 8:30pm	5 week course	\$120
Saturday	21 September	10:00am - 1:00pm	1 day course	\$40
Monday	21 October	6:30pm - 8:30pm	5 week course	\$120



WAIATA MĀORI

NEW

Price: \$120 / \$30 (for qualifying residents)

Wind down after work by learning waiata Māori from the traditional sort to those of Rob Ruha. At the pace of the class we will learn the kupu (words), the rangi (tune and harmonies) and actions for waiata-a-ringa (action songs). A great way to destress and socialise. No musical experience required.

Wednesday	14 February	7:30pm - 9:00pm	8 week course
Wednesday	8 May	7:30pm - 9:00pm	8 week course
Wednesday	31 July	7:30pm - 9:00pm	8 week course
Wednesday	23 October	7:30pm - 9:00pm	8 week course



SELWYN COMMUNITY ARTS THEATRE

If you are passionate about theatre, either front of stage or backstage, Selwyn Community Theatre welcomes you.

For more information please email June Renwick
junierenwick@gmail.com



PERSONAL DEVELOPMENT



AROMATIC WELLNESS & SELF CARE WITH ESSENTIAL OILS (WEEKEND)

NEW

See Home, Garden & DIY

BOOST YOUR DIGITAL LITERACY AND ONLINE SEARCH SKILLS (WEEKEND)

NEW

Price: \$42

Increase your critical thinking skills and learn hands-on strategies for online searching techniques, to be more digitally literate when it comes to finding trusted sources on the internet.

Saturday	18 May	10:00am - 1:00pm	1 day course
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CHESS FOR ALL

See Tours, Walks & Diversions

COLOUR ANALYSIS AND MAKEUP WORKSHOP (WEEKEND)

Price: \$94

Personal colour analysis is an investment in yourself and your future. Confidence comes from wearing the colours that enhance you and truly suit your own unique personal colouring. Learn how in this group workshop.

Sunday	3 March	10:00am - 3:00pm	1 day course
Saturday	22 June	10:00am - 3:00pm	1 day course

DECLUTTER AND/OR DOWNSIZE YOUR HOME (WEEKEND)

See Home, Garden & DIY

DEVELOPING INTERCULTURAL COMPETENCE

NEW

Price: \$85 / \$20 (for qualifying residents)

Are you working with multicultural groups of people? Come and identify potential barriers to successful intercultural communication and understand how an awareness of our own and other cultures can influence attitudes and behaviour.

Tuesday	12 March	6:30pm - 8:30pm	3 week course
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DITCH THE SELF-DOUBT (WEEKEND)

Price: \$75 / \$25 (for qualifying residents)

Are you overthinking every small detail of your life? Do you struggle to make decisions? Would you like to stop doubting yourself and experiencing more confidence and calm? Come and unlock the hidden keys to endless calm, clarity and confidence by tapping into the power of your subconscious mind – and learn how to program (and reprogram it).

Sunday	23 June	10:00am - 4:00pm	1 day course
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GET NOTICED, GET THE JOB (WEEKEND)

See Job Skills

HOW TO TEACH ADULTS (WEEKEND)

See Job Skills

MAKEUP FOR THE 40+ (WEEKEND)

Price: \$94 - (Includes materials)

You may be stuck doing the same makeup routine that you have always done. But now that you are in your 40's or older, the makeup look that you loved in your 20's and 30's just isn't right any more. You will identify makeup to suit your skin tone and go home with your own colour palette of makeup.

Sunday	19 May	10:00am - 3:00pm	1 day course
Sunday	18 August	10:00am - 3:00pm	1 day course
Sunday	22 September	10:00am - 3:00pm	1 day course

NAVIGATING TRAUMA - A 3-STEP GUIDE (WEEKEND)

NEW

Price: \$35

In this course, we'll delve into the intricate landscape of trauma, aiming to provide you with a comprehensive understanding of its direct impact on your health.

Saturday	2 March	10:00am - 1:00pm	1 day course
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NERVOUS SYSTEM ESSENTIALS FOR MAXIMUM WELLBEING (WEEKEND)

See Health, Well-being & Fitness

NO MORE PEOPLE PLEASING!

Price: \$155 / \$50 (for qualifying residents)

Do you always put yourself second? Come and learn effective techniques to help you put your own needs first and develop healthier relationships too.

Wednesday 8 May 7:00pm - 9:00pm 8 week course

OVERCOME OBSTACLES TO CREATIVITY

See Art & Craft - Other

OVERCOME POOR MENTAL HEALTH, EXHAUSTION AND PAIN (WEEKEND)

NEW

Price: \$75

This practical course empowers you with a toolkit of mind-body practices that untangle the tensions from the body and from the mind, so you can feel lighter, calmer, happier and more relaxed than you have in a very long time!

Sunday 19 May 10:00am - 4:00pm 1 day course
Saturday 9 November 10:00am - 4:00pm 1 day course

PLAIN ENGLISH WRITING BOOTCAMP - WITH KATE THOMPSON (WEEKEND)

See Writing

PSYCHOLOGY - WHAT'S IT ALL ABOUT?

See History & Society



SPEAKING WITH CONFIDENCE

Price: \$155 / \$50 (for qualifying residents)

Does the mere thought of public speaking make you want to run a mile? Do you dread presentations? Public speaking is a learned skill. Come and learn the skills to become a confident speaker, and have fun getting there.

Tuesday	13 February	5:00pm - 7:00pm	8 week course
Tuesday	7 May	5:00pm - 7:00pm	8 week course
Tuesday	30 July	5:00pm - 7:00pm	8 week course
Tuesday	22 October	5:00pm - 7:00pm	8 week course

SPEAKING WITH CONFIDENCE - LEVEL 2

Price: \$155 / \$50 (for qualifying residents)

This is a follow-on course for those who have completed Speaking With Confidence to continue developing public speaking skills. It may also be suitable for those who can already deliver a speech but want to improve their confidence and skills.

Tuesday	13 February	7:00pm - 9:00pm	8 week course
Tuesday	7 May	7:00pm - 9:00pm	8 week course
Tuesday	30 July	7:00pm - 9:00pm	8 week course
Tuesday	22 October	7:00pm - 9:00pm	8 week course

THE ADVANCED ART OF CONVERSATION (WEEKEND)

Price: \$40

Feel as though you have the basics of conversation but would like to take it up a level? Come and learn how to start a mutually interesting discussion, how to stay up to date with 'hot topics' and how to conclude difficult conversations and how to disagree with respect.

Saturday 17 August 10:00am - 1:00pm 1 day course

THE ART OF CONVERSATION (WEEKEND)

Price: \$80 / \$30 (for qualifying residents)

Never know what to say at a social or networking event? Join us to learn the skills and confidence to introduce yourself in ways that are memorable and how to actively listen to people so you can remember what they're telling you, and how to respond well.

Sat + Sun 18+19 May 10:00am - 1:00pm 2 day course



THE ARTIST'S WAY

NEW

Price: \$175

Get ready to engage, discover, and recover your creative self! "The Artist's Way" by Julia Cameron is considered by many to be THE guidebook to higher creativity.

Monday 6 May 6:30pm - 8:30pm 6 week course

UNDERSTANDING YIN AND YANG ENERGY (WEEKEND)

See Health, Well-being & Fitness

VOICE WORK - UNLOCK THE POWER OF YOUR VOICE (NIGHT/WEEKEND)

See Music, Dance & Drama

THINKTALKS 2024

See website for more information on these series of talks.

SO WHAT SHOULD NEW ZEALAND DO WITH REGARD TO CLIMATE CHANGE?	Speaker: Dr Kevin E Trenberth The University of Auckland	Tuesday, 12 March 7.30pm – 8.30pm
GENERATIVE A.I. WHAT'S GOING ON!	Speaker: Mark Laurence Founder and Generative AI Consultant, Ten Past Tomorrow	Tuesday, 9 April 7.30pm – 8.30pm
TOITŪ TE MARAE O TĀNE, TOITŪ TE MARAE O TANGAROA, TOITŪ TE IWI IF THE LAND AND SEA ARE HEALTHY, THE PEOPLE WILL BE HEALTHY	Speaker: Associate Professor Dan Hikuroa The University of Auckland	Tuesday, 21 May 7.30pm – 8.30pm
SUSTAINABLE TRANSPORTATION IN THE CLIMATE CHANGE ERA	Speaker: Dr Timothy Welch The University of Auckland	Tuesday, 18 June 7.30pm – 8.30pm
THE CRIMINAL JUSTICE SYSTEM IN AOTEAROA NEW ZEALAND A CRITICAL INTRODUCTION	Speaker: Dylan Asafo Senior Lecturer, Law, The University of Auckland	Tuesday, 23 July 7.30pm – 8.30pm
THE USE OF FEAR IN MARKETING RESEARCH INTO WHAT STIMULATES CONSUMERS TO ACT IN FEAR	Speaker: Dr Marilyn Giroux The University of Auckland	Tuesday, 13 August 7.30pm – 8.30pm
URBAN ISSUES - WHAT IS OUR CITY COMING TO?	Speaker: Bill McKay The University of Auckland	Tuesday, 24 September 7.30pm – 8.30pm
THE TWO TREATIES	Speaker: Professor Elizabeth Rata	Tuesday, 5 November 7.30pm – 8.30pm

PHOTOGRAPHY



CYANOTYPE PHOTOGRAPHIC PRINTING (WEEKEND)

Price: \$65

Come and learn this 19th century photographic printing process, also known as shadowgraphs or blue-prints. You will learn to create your own fine art prints, cards or bespoke books.

Sunday 3 March 9:30am - 12:30pm 1 day course
Sunday 10 November 9:30am - 12:30pm 1 day course

INTRODUCTION TO FOOD PHOTOGRAPHY

Price: \$87 - BYO Camera

Wanting to create great photos for Facebook and Instagram or a blog? Join Ian and learn how to take fabulous food photos.

2 Tues + 1 Sat 10 September 7-9pm + 9:30-11:30am 2 week course + 1 Saturday

INTRODUCTION TO PHOTOSHOP

See Computing Skills

LANDSCAPE PHOTOGRAPHY (WEEKEND)

Price: \$57 - BYO Camera

This course will help you transform your snaps into beautiful landscape portraits. It is held in the field and incorporates compositional elements, camera settings, equipment, techniques for depth of field and capturing motion and location/perspective. Held at Coyle Park Reserve, Pt Chev.

Sunday 10 March 2:00pm - 6:00pm 1 day course



PHOTOGRAPHY - DSLR CAMERAS - BEGINNERS

Price: \$124 - BYO Camera

Learn the basics of DSLR photography and camera modes, aperture, shutter speed, depth of field, night photos and much more.

4 Mon + 1 Sat	19 February	7-9pm + 9:30-11:30am	4 week course + 1 Saturday
4 Mon + 1 Sat	4 November	7-9pm + 9:30-11:30am	4 week course + 1 Saturday

PHOTOGRAPHY - DSLR CAMERAS - BEGINNERS WORKSHOP (WEEKEND)

Price: \$87 - BYO Camera

Learn the basics of DSLR photography and camera modes, aperture, shutter speed, depth of field, night photos and much more.

Saturday	22 June	10:00am - 4:00pm	1 day course
Saturday	30 November	10:00am - 4:00pm	1 day course

PHOTOGRAPHY - DSLR CAMERAS - THE NEXT LEVEL

Price: \$124 - BYO Camera

Knowing the basics of DSLR, explore different types of photography and continue your learning.

3 Mon + 2 Sat	6 May	7-9pm + 9:30-11:30am	3 week course + 2 Saturdays
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SMARTPHONE PHOTOGRAPHY FOR SOCIAL MEDIA (WEEKEND)

Price: \$124 - BYO Camera

Come and learn how to create amazing photos including food, portraits, selfies, night photos and landscapes.

Mon+Thur+Sat	5 August	7-9pm + 9:30-11:30am	3 Mondays + 1 Thursday + 1 Saturday
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STREET ART PHOTOGRAPHY (WEEKEND)

Price: \$44 - BYO Camera

Street art can be found in the strangest and most surprising places. This session is a walk around some of the most significant pieces of street art in the central city with practical support on photographing the walk and artworks.

Sunday	22 September	10:00am - 1:00pm	1 day course
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SUNSET PHOTOGRAPHY (WEEKEND)

NEW

Price: \$44 - BYO Camera

Learn basic techniques for taking good sunset photography. You'll arrive on location early allowing time to choose vantage points, set up gear, take test shots including water reflections, and throughout the process get expert advice on exposure, lens, filters and composition.

Sunday	5 May	4:00pm - 7:00pm	1 day course
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TAKE YOUR CAMERA OFF AUTO (WEEKEND)

NEW

Price: \$87

Come and learn from an expert how to maximise the features of your camera – get more out of your investment! You will learn about capturing light and motion, focussing features and a range of other features.

Saturday	17 August	10:00am - 4:00pm	1 day course
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TOURS, WALKS & DIVERSIONS



A WALKING FOOD TOUR OF PONSONBY ROAD (WEEKEND)

Price: \$36

Come for a stroll down Ponsonby's memory lane and relive the food history which makes Ponsonby 3 Lamps area so fascinating. Find out about a murder, a brothel owner, and a sly grog operation.

Sunday 8 September 2:00pm - 4:30pm 1 day course

CHESS FOR ALL

Price: \$115

Join a national chess coach and develop your memory, concentration and focus.

Tuesday 7 May 7:00pm - 9:00pm 6 week course

HISTORIC AUCKLAND WALKS - GUIDED AUCKLAND CITY WALK (WEEKEND)

Price: \$35

Join this entertaining and fascinating 2 hour walking tour around the central city in which you will learn about almost a thousand years of history since Māori first settled Tāmaki Makarau. Meet in the Auckland CBD.

Saturday 6 April 10:00am - 12:00pm 1 day course
Saturday 14 September 10:00am - 12:00pm 1 day course

KEEPING A NATURE JOURNAL WITH SANDRA MORRIS (WEEKEND)

NEW

See Art & Craft - Other

LAWN BOWLS 101 (WEEKEND)

Price: \$65

Learn the basics of lawn bowls, the strategic, challenging and fun sport for ages 12+. These classes are held at the Kohimarama Bowling Club.

Please visit our website for dates and times.



SCULPTURES & MURALS - IN THE CENTRAL CITY (WEEKEND)

Price: \$35

Join us for a central city walk of art that will embrace sculpture, murals and commissioned art and the influence it has on public spaces. Meet in the Auckland CBD.

Saturday 2 November 10:00am - 12:00pm 1 day course

STREET ART PHOTOGRAPHY (WEEKEND)

See Photography

THE WAIKATO WAR (WEEKEND)

Price: \$190

Join historian David Hill on this fascinating one day coach trip to the Waikato following the path of the British Army during the Land Wars. We will stop to visit a number of military redoubts - Pokeno, Whangamarino, and Pirongia and survey battle sites including Rangiriri and Orākau, and we will visit the church at Rangiaowhia. Depart and return Selwyn College.

Sunday 3 March 7:30am - 5:30pm 1 day course
Sunday 22 September 7:30am - 5:30pm 1 day course

WRITING



CREATIVE WRITING - THE WRITER'S TOOLKIT (WEEKEND)

Price: \$220

After a weekend of learning about tools, structure, voice and character, participants should be well on the way to possessing the necessary tools to write a compelling short story or novel.

Sat + Sun 17+18 August 10:00am - 4:00pm 2 day course

INTRODUCTION TO MEMOIR WRITING - WITH MARIA DE JONG (WEEKEND)

Price: \$220

This workshop will be inspiring for those who want to jump start their memoir writing project or need motivation to keep writing.

Sat + Sun 17+18 August 9:30am - 3:30pm 2 day course

PLAIN ENGLISH WRITING BOOTCAMP - WITH KATE THOMPSON (WEEKEND)

Price: \$79 / \$15 (for qualifying residents)

Do you do a lot of writing? Then make your words count, by learning some simple techniques to get your writing into shape. Your readers will thank you!

Saturday 17 August 9:30am - 3:30pm 1 day course

TRAVEL WRITING (WEEKEND)

Price: \$120

Wanting to record your travel experiences whether exploring New Zealand or travelling abroad? Learn how to put these experiences into words for a blog, an email, a journal or for publication.

Saturday 17 August 10:00am - 4:00pm 1 day course

WORDS AND WATERCOLOURS - A DAY OF POETIC ART (WEEKEND)

NEW

See Art & Craft - Painting

WRITING FICTION - WITH RUBY PORTER (WEEKEND)

Price: \$220

Learn about characterisation, setting, dramatic arcs and emotional arcs. You'll come away with a concrete understanding of what makes fiction work on the page.

Sat + Sun 17+18 August 10:00am - 4:00pm 2 day course

WRITING POEMS FOR CHILDREN - WITH ELENA DE ROO (WEEKEND)

Price: \$60

Are you interested in writing poems for children? Join Elena de Roo to learn the key elements of crafting poetry for children. (This course is for adults who want to write poetry for children).

Saturday 17 August 10:00am - 1:00pm 1 day course

WRITING POETRY FROM THE HEART - TIHEI MAURI ORA - WITH LEILANI TAMU

NEW

Price: \$220

An interactive poetry workshop to help you unlock your inner poetic voice, improve creative flow and explore gateways into poetic memory. Learn to shape and edit your work using poetic structures and frameworks as tools for experimenting with poetry as craft.

Sat + Sun 17+18 August 10:00am - 4:00pm 2 day course

WRITING ROMANCE

NEW

Price: \$155 / \$120

Always wanted to write a romance novel but didn't know where to begin? This course will take you from start to finish, with either a one-day workshop or an evening course over six weeks.

Tuesday	7 May	7:00pm - 9:00pm	6 week course	\$155
Sunday	18 August	10:00am - 4:00pm	1 day course	\$120

A WRITER'S WEEKEND 17/18 AUGUST 2024

the **WOMEN'S**
BOOKSHOP

CREATE A NEW WORLD - OR SHARE THIS ONE!

Welcome to a wonderful weekend of writing workshops. These hands-on sessions offer a range of non-fiction and fiction writing styles to choose from. Try your hand at writing for children, travel writing, short story writing and romance writing. Find out about self-publishing. These workshops will be facilitated by writers who are experts in their field.

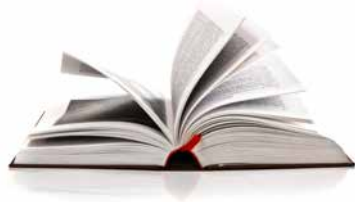
WRITER'S WEEKEND OPENING ADDRESS: RAVES AND FAVES - WITH CAROLE BEU (WEEKEND)

You are invited to attend our free Writer's Weekend opening address at 9am on Saturday 17 August 2024. Carole Beu from The Women's Bookshop will fire up the day with an early morning talk on her raves and faves. Have a cuppa, listen to Carole and meet others.

Saturday 17 August 9:00am - 10:00am FREE

■ Visit the website for more information and more courses.

GENERAL INFORMATION



COURSE START DATES:

See individual courses for detailed start dates.

Term 1: Monday 12 February

Term 2: Monday 6 May

Term 3: Monday 29 July

Term 4: Monday 14 October

No classes on public holidays:

Easter: Friday 29 March - Monday 1 April.

King's Birthday: Monday 3 June.

Matariki: Friday 28 June.

Labour Day: Monday 28 October.



OFFICE HOURS:

Monday, Tuesday and Wednesday: 9:00am - 9:00pm, **Thursday and Friday:** 9:00am - 3:00pm

School-holidays: When courses are running the office is open from 9:00am - 3:00pm.

Office Closed: From Friday 13th December 2024, until Monday 13th January 2025.



FINDING THE OFFICE: We are located at the front of Selwyn College to the left of the main reception in the administration building (203 Kohimarama Road, Kohimarama, via Gate 2).



FINDING YOUR CLASSROOM: On the first day or evening of your class, come to the Community Education office where you will be met and given directions to your classroom.



FEES: Places are only guaranteed once payment is received.
All fees are GST inclusive.



ENROLMENTS: All courses need a minimum number to proceed. If we do not have enough enrolments to proceed, we will let you know approximately five days prior to the scheduled start date. Please enrol early to avoid disappointment. There may be opportunities for late enrolments on some courses and some may have waiting lists. Please phone the office to enquire.



ENROLMENT CONFIRMATION: If you have supplied an email address you will receive a reminder of your course start date a couple of days before the course. Check your spam folder if you can't see it. If you do not hear from us, check our website for up-to-date times and dates. Lists for classes requiring "materials" will be emailed approximately one week before the class starts. Telephone us on 521 9623 if you're unsure.



REFUNDS AND TRANSFERS: If you are unable to attend a course and provide at least five working days notice before the course starts, the following options are available:

- Refund your course fee - less \$25 administration charge.
- Transfer your course fee towards a different course - less \$25 administration charge.
- Hold a credit, as requested - less \$25 administration charge.

Refunds or transfers or credits will not be given for withdrawals within five working days of the class start date, or once a class has started as decisions about whether courses can proceed are based on the number of enrolments. This policy applies if unexpected circumstances impact on your attendance, in which case you are welcome to send someone in your place as long as you notify us prior to the course start.



CHANGES TO PROGRAMME: In the case of unforeseen circumstances, we reserve the right to change the advertised programme and/or tutor. Every effort will be made to advertise such changes, and we always endeavour to be fair. Please check our website for up-to-date information.



CARS AND PARKING:

The main carpark is situated at the front of the school. We advise caution if parking at the Barfoot & Thompson Stadium which adjoins the school. Many car parking spaces have restrictions. Parking is not permitted in gateways or on grassed areas. Vehicles that block access or are incorrectly parked may be towed away. The carpark is locked from 9:15pm, when evening classes are running.

Evening Courses: Parking is available on the school grounds but can often be limited. There may be parking in the Barfoot & Thompson Stadium carpark which adjoins the school, or if not there is street parking close to the school.

Weekend Courses: There is normally ample parking on the school grounds.

Weekday Courses: There is no parking on the school grounds, but there is street parking close by.



DISABLED PARKING:

A disabled car park is labelled and available beside the Selwyn Community Education office. Users of the disabled park must display a permit.



NO SMOKING OR VAPING:

Smoking is not permitted anywhere in or around school buildings or anywhere within the school grounds.



PERSONAL PROPERTY / LIABILITY:

Please do not leave valuables in your car or unattended in classrooms.

The Selwyn College Board of Trustees will in no way be liable for any loss resulting from any damage to, or the theft of, any property belonging to an employee or a student. Accordingly, any student must arrange their own personal insurance to cover loss or damage to personal property while it is situated at the College.



To minimise the risk of damage, students should ensure that their personal property is secured, preferably in alarmed areas, and that vehicles are parked in allocated parking spaces.



COVID:

Please see our website for latest updates.

CHECK OUT THE LATEST ADDITIONS AND UPDATES AT: www.selwyncomed.school.nz



ON OUR EMAILING LIST?

Sign up to keep up to date with new events and special offers.

This programme will be constantly reviewed and amended during the year. Please check our website for the latest updates.

www.selwyncomed.school.nz

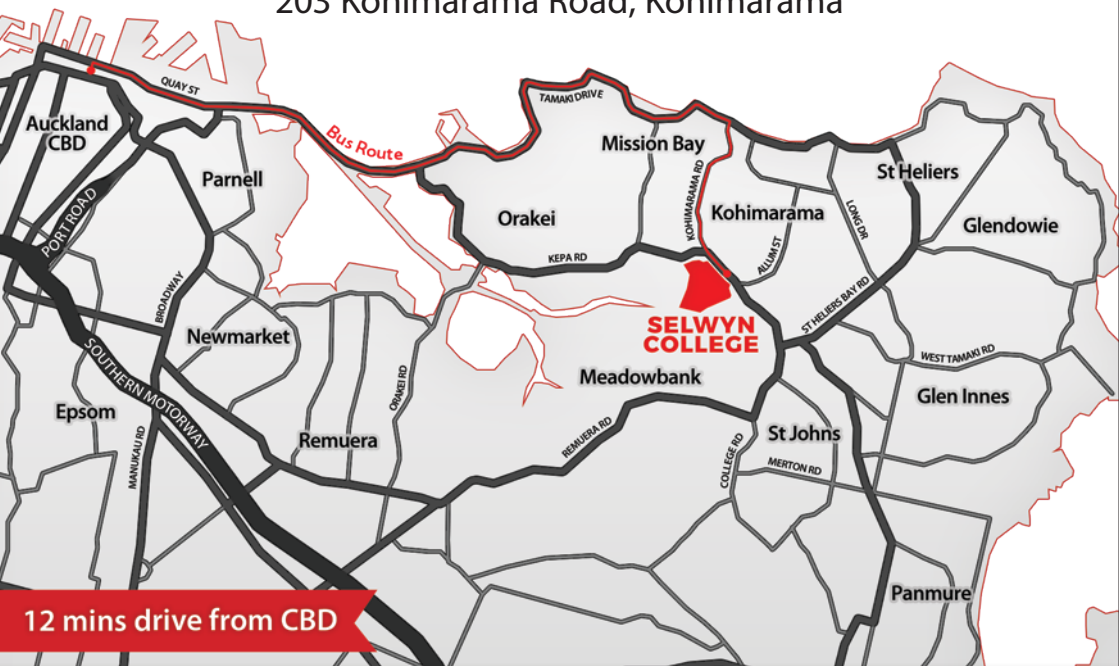




SELWYN 20 COMMUNITY EDUCATION 24

www.selwyncomed.school.nz

Phone: 09 521 9623 Email: info@selwyncomed.school.nz
203 Kohimarama Road, Kohimarama



CREATIVE CLASSES *for* CURIOUS MINDS

